

RINGMORE PARISH NEWSLETTER

Issue 312

OCTOBER 2011



Egg Throwing winners: Sorana Hay & Sacha Stack



Photo by GP

Photos by Mike W.P

DIARY DATES:

Monday	Short Mat Bowls	7.30pm
Tuesday	Table Tennis	8.00pm
Wednesdays:	Carols at Barnford (from 26th Oct)	7.30pm
Thursdays:	Quiz Night, Journeys End	

October

2nd	Harvest Festival Lunch, Parish Rm	12.30pm
5th	RBL Meeting, JE	7.30pm
7th	Gospel Singers, Parish Rm	7.30pm
10th	Tearfund Lunch, WI Hall	12.00-2.00pm
13th	WI Meeting, Flower Weaving	8.00pm
15th	Skip, Bus Shelter	
18th	Parish Council Meeting Darts Match, JE	7.00pm
22nd	RBL Film, Memorial Hall	6.45 for 7.30pm
23rd	Autumn Tea, WI Hall	2.45 - 5.30pm
26th	Carols at Barnford commences	7.30pm
29th	Operation Christmas Child, WI Hall	
	Contributions: 10.00-12.30	Packing: 2.00pm

November

2nd	RBL Meeting & AGM, Dolphin	7.30pm
7th	Tearfund Lunch, WI Hall	12.00-2.00pm
11th	RBL Auction, JE	
19th	Bazaar, Parish Rm	11.00am
22nd	Parish Council Meeting	7.00pm
30th	RHS AGM & Talk, WI Hall	

December

5th	Tearfund Lunch, WI Hall	12.00-2.00pm
7th	RBL Meeting, JE	7.30pm
18th	Candlelit Carol Service	6.00pm
25th	Christmas Lunch, Journeys End	

MOBILE LIBRARY TUES. 11th & 25th

Ringmore Church 11.10-11.55



Rainfall

Last month:	43 mm
10 year average:	46 mm
10 year high:	105 mm (2008)
10 year low:	13 mm (2002)



APOLOGIES to those who were not able to get through to us by email this month. We had problems and have set up a new email: ringmorenews@btconnect.com

Please send items for inclusion in the newsletter to e-mail: ringmorenews@btconnect.com or contact any of the team:

Emily 811210, Jane 811218, Gillian 810303, Karen 810382, Sandy / Billy 810572, Lynn 810093

All opinions expressed in this newsletter are those of individual writers, and not necessarily those of the Editorial team. The Parish Council does not guarantee or accept liability for any literature, advertised goods or services. They have not inspected or made checks regarding suppliers. The Editorial Team's decision is final.

TEARFUND LUNCHES

That time of year is here again!

We are starting this year on October 10th (i.e. 2nd Monday) to give everyone a chance to recover from the Harvest Lunch!

Thereafter the lunches will be on the 1st Monday.

The venue is W.I. Hall 12nd-2pm

You will be served delicious home made soup and roll followed by fruit crumble and coffee or tea.

All we ask is aonation towards the work of Tearfund, A Christian charity which works with deprived communities throughout the third world.

We look forward to seeing you there.

Judy Bull, Alison Wynne-Powell, Drina Williams
And Gill Tomlin

Royal British Legion Film Show in aid of the Poppy Appeal 2011 Bigbury Memorial Hall.

22 October, 6.45 for 7.30.

Bring &Share supper and drinks.

Tickets £ 10 from Holywell Stores or
Jane & James Stevenson

"Last Chance Harvey" is a funny romance with tons of optimism and good humour. Harvey Shine (Dustin Hoffman) is a stressed-out jingle writer briefly over in London for his daughter's wedding. When he meets Kate (Emma Thompson), gentle chemistry between them leads to a summer romance full of complications and twists. This is a film with plenty of laughs but please, ladies, don't forget to bring your Kleenex for the occasional tear.

These RBL film shows are a lot of fun in a good cause.

James Stevenson

2012

The Ringmore Calendar



Sold in aid of the
Ringmore Parish Room

AVAILABLE FROM:

Holywell Stores
Parkdean Holidays
Fryer Tuck's

OR FROM

James Parkin
Barry Old

Makes an ideal Christmas
present.
£5.95

Also on sale at the
Christmas Bazaar on
19th November

BRITISH LEGION AUCTION

The Annual Auction of Pledges and Useful Items will be held at the Journey's End Inn on Friday, 11th November. All contributions (pledges or items) will be gratefully received nearer the time. Please contact James Stevenson on 810151 or friargoose@btinternet.com

FRIDAY BUS SERVICE

Departs Challaborough 09.55/Ringmore 09.47—Arrives Plymouth 10.49
Departs Plymouth 13.30—Arrives Ringmore 14.34/Challaborough 14.38

Village Transport Scheme

Please remember, if you need a car and driver to get you to hospital or to the dentist, then phone Phill or Sally Errett on 810547.



Nothing to Report

FARE CAR SCHEME run by Ivy Cabs for Devon County Council. Mondays—Saturdays. From Ringmore and Challaborough to Modbury, Ivybridge, Lee Mill and Ivybridge Station.

The list of trained First Aiders

REMEMBER TO ALWAYS RING 999 FIRST

Sandy Hammond

810572

Emily & Andi King

811210

Alan Eaves

810648

Karen Purdy

810382

Mike Wilson

810211

Jane Reynolds

811218

Debbie Mercy

811276



CHURCH SERVICES & THOUGHT FOR THE MONTH

	Bigbury 11.00 am	Kingston 9.30 am	Ringmore 9.30 am
2 nd October	Family Communion	Family Communion	Harvest Festival
9 th October	Family Service	Family Service	Family Service
16 th October	Family Service	Holy Communion (BCP)	Village Service
19 th October (Wednesday)	Holy Communion at the Korniloff (2.30 pm)		
23 rd October	Holy Communion (BCP)	Family Service	Family Communion
30 th October	Team Service in East Allington (10.30 am)		

Fragrance in our lives

It seems that summer has finally been and gone although we may still get some good sunny days during the month. Summer holidays have been and gone and probably are now a distant memory, if we were lucky enough to get one. School holiday are well behind us and the prospect of the Christmas holidays are looming far too fast. The whole year is passing us by far too fast and will soon also have been and gone to be replaced by another that will pass by just as fast and so things come and things go. People come and go, possibly touching our lives just for a brief moment but having some influence on us just the same very often without us realising it. Most things then are transient but never the less they leave their mark.

Where then are the constants in our lives? We are all unique and therefore will have differing constants on which to rely. One of these must surely be God, our creator. He is constant throughout our lives and He loves us dearly no matter what we might do. Yes, of course He must get upset, as any parent will, whenever we do things that offend against His laws but He will forgive us if we are really sorry and ask Him to do so. We need to be aware of the guidance of the Holy Spirit, the third part of the Divine Trinity. The Holy Spirit is always there for us even though we may not realise it and cannot see Him. We can be aware of His presence with us and we can listen for the voice of God speaking through the Holy Spirit, advising us when we are likely to do a wrong thing.

One way of trying to understand how we might be aware of the Holy Spirit is to think of lavender although there are other examples that people may prefer. Lavender is one of the most delightful flowers in the garden. It has a lovely purplish-blue colour and is very fragrant. The uses of lavender are many and varied but it is generally accepted that its fragrance can aid people to unwind and relax, be less stressed. If we touch lavender either by accident or on purpose it leaves its scent on whatever has touched it. The scent of the lavender then goes with you everywhere. So it is with the Holy Spirit.

The Holy Spirit lives in us even though it is difficult to understand because the Spirit is something we cannot see. It is like the wind which we can hear, but cannot see, or the fragrance which we smell, but cannot see. After we have touched a lavender plant we will smell its scent on our hands and clothes, even though we cannot see it. The fragrance goes with us everywhere. The Holy Spirit is like that. He also goes with us everywhere, reminding us of the presence of God, helping us to make good choices and have a less stressful life.

Rev'd John Aldous

*Team Rector: The Rev'd Neil Barker (830260: not available on Mondays)
Team Vicar: The Rev'd Lesley Valiant (550933: not available on Fridays)
Team Readers: Chris Lally (521587), Michael Tagent (810520), Terry Valiant (550933)*

RINGMORE PARISH COUNCIL MEETING TUESDAY 20TH SEPTEMBER 2011 WI HALL 7.00PM

PRESENT Chairman M.Hammond Vice Chairman J.Parkin
Cllrs J.Deverson B.Lambell S.Hitchmough J.Reynolds
B.Carson Clerk M.Wood 1 Member of the public

APOLOGIES – W.Mumford

DECLARATION OF PREJUDICIAL INTERESTS - None

The Chairman stated that during the course of the meeting any councillor who considered they had an interest in any subject they could declare this.

OPEN SESSION – Nothing to report.

MINUTES OF JULY MEETING –Signed as correct

MATTERS ARISING

Darkie Lane – Cllr.Deverson reported that Nick Coulton from Highways has agreed to supply and install a drop drain, and possibly supply a 150ml pipe to drain the water to the bottom of the garden of The Veau.

Rocky Path – After considerable consultation with Highways there seems to be no suitable solution to this problem. Highways are not able to provide any further signage that will deter large vehicles from travelling down Rocky Path. It has been suggested that truck operators are using the cheaper sat-navs which are meant for ordinary cars instead of the more expensive systems.

Parish Council New Project - No replies have been received from parishioners.

Cllr Parkin suggested that they might try to make area around the bus shelter a central feature. The Chairman mentioned that the bus shelter was in need of some t.l.c and a coat of woodstain would help. Cllrs.B.Lambell and J.Deverson will look into this matter.

Dog Fouling – Cllr.Carson will enquire whether it is possible to place dog fouling notices on normal litter bins. He also stated that dog fouling bags can be put into normal bins providing they are double wrapped. Cllrs. discussed the possibility of having an extra litter bin at the start of Aymer Path and Folletts. Cllr.Carson will pursue this request.

Grit Bins – Item to be carried over to the next meeting. Awaiting update from D.C.C.

Neighbourhood Watch Co-ordinators – Item to be removed from the agenda.

Snow Warden – Leaflets were distributed to all Cllrs. regarding a snow warden and community self help scheme. After discussion Cllr. Deverson agreed to take on this role and undertake the necessary training on the understanding that parishioners will help and that assistance with spreading salt is within reasonable hours. Under this scheme grit bins will be filled and also a supply of salt will be provided. Gritting of roads by Highways is done on a scale which is based on the population numbers.

B.CARSON

Cllr.Carson put a question to the council on a proposal that the parishes of Ringmore, Bigbury and Kingston, maybe Aveton Gifford. could have a joint council meeting once or twice a year to discuss items related to all the parishes. He stated that budgets are being cut and gave an example that some roadside verges that were cut 6 times are now only being done 4 times. County Council are trying to get rid of some jobs that they do by passing them down to Parish Councils, this will involve the appointment of a Link Officer who will provide support to Town and Parish Councils. In the first instance a list of services for potential devolution will be discussed to determine whether county council/district council or parish councils will be required to carry out these services.

ENVIRONMENTAL MATTERS

Cllr.Deverson was asked to investigate a collapsed drain pipe by Hillside House. Highways have visited the site and stated this is the responsibility of the landowner as this is a Private Road.

Cllr. Lambell asked if it could be confirmed if the WI Hall was in the conservation area, and it was agreed that our map shows that it is not. However, it could be in the area of outstanding natural beauty, the reason for this enquiry is that the WI wish to remove a tree from their grounds. Cllr Lambell will contact the Tree Warden to obtain a new conservation area map

Cllr Reynolds stated that there was a sycamore tree by the wall of the Parish Room which is leaning over causing the wall to bulge – Cllr.Parkin will raise this item at the next Parish Room Committee Meeting.

PLANNING – None to report

PARISH PLAN

After discussion it was agreed that the emergency plan list will be deleted.

However Cllr Reynolds would like to pursue the orchard project along with the National Trust. Any parishioners wishing to volunteer should contact him.

Oil prices with Watson's have been negotiated to 54.95 per litre.

Cont.....

FINANCE

Cheques agreed and signed –
Clerk Salary & Expenses
Audit Commission £90.00

The Clerk reported that the annual return for the year ended 31st March 2011 had been returned with no comments.
The £3000 loan which parish council gave to the Parish Room has now been repaid and a letter of thanks was received..

ANY OTHER BUSINESS

It has been reported that there is a heap of mud by the church – Cllrs.Lambell and Deverson will investigate this.

A skip has been provisionally ordered for Saturday 15th October in Ringmore

The Chairman showed Cllrs a map of the Boundary Commission proposed boundary changes to our Parliamentary Constituency.

The affordable home project in Bigbury Parish now has five sites at St.Ann's Chapel to evaluate.

DATE OF NEXT MEETING – 18th OCTOBER.

20 Years Ago

There was no newsletter published in
October 1991

10 Years Ago

Here in the village the change of season heralds the recommencement of familiar activities. Short Mat Bowls enthusiasts are attempting, with guile or brute force, to vanquish their opponents; Table Tennis exponents are belting a small ball at, probably, a neighbour with frightening ferocity; Step Aerobics ladies are leaping about in a way which they would not do in public and on Thursday nights a column of weary brains can be seen leaving the Journey's End..... and it is all done in the name of fun!

Sadly Mollie Trueman died on 10th September. A number of people have joined in writing an appreciation of the lady and their friendship.

PENGUINS

Did you ever wonder why there are no dead penguins on the ice in Antarctica—where do they go? Wonder no more! It is a known fact that the penguin is a very ritualistic bird which lives an extremely ordered and complex life. The penguin is very committed to it's family and will mate for life, as well as maintaining a form of compassionate contact with it's offspring throughout it's life. If a penguin is found dead on the ice surface, other members of the family and social circle have been known to dig holes in the ice, using their vestigial wings and beaks, until the hole is deep enough for the dead bird to be rolled into and buried. The male penguins then gather in a circle, around the fresh grave and sing:



"Freeze a jolly good fellow", "Freeze a jolly good fellow"
Then they kick him in the ice hole.

Sent in by Bob and Margaret Wood

the WI
INSPIRING WOMEN

SEPTEMBER MEETING

"Change of plan!"

The last meeting was to be a supper at the Bay Cafe, but as there were not many people able to go it was decided to have a short meeting in the WI Hall to catch up with the agenda for October. First will be a demonstration of "Flower Weaving" given by Anne McLaren on 13 September in the WI Hall, at 7.30pm. Sounds intriguing! On 22nd October at 7.30pm the Group Meeting will be hosted by Ringmore; the speaker will be Adam Hart-Davis, the well-known broadcaster who is keen to find out how things work! This time his theme will be "What did the Victorians do for your Village?" Each institute will make a display on a table 24x 24ins representing the achievements in their village, which promises to be interesting.

Jane Stevenson



CRAFT FAIR



Saturday 8th October 2011

11am - 4pm

Venue: Modbury Memorial Hall

Free Admission

Back Street, Modbury, PL21 0RF



A fantastic range of Crafts & Gifts
Greeting Cards, Gift wrap, Tags and Bows.
Hair Accessories & Jewellery Including Dichroic Glass
Stained Glass & Wood Turned Gifts
Hand Knitted & Hand Woven Scarves & Hats
Yarn, Fabric and Fabric Advent Calendar Panel
Jams, Marmalades, Preserves,
Sweets and Halloween Chocolate Shapes



Beauty Corner for the young and young at heart
Glitter and Henna Tattoos, Have your Nails Painted
and unwind with a Massage Treatment
(seated back or hand massage)

Tables decorated by the Brownies with Handmade Flower Arrangements

Refreshments in aid of 1st Modbury Brownies

Tea, Coffee and hand-made cakes on sale throughout the day
Bacon rolls available 12 noon - 2pm
Plenty of seating available



For further information please contact:
Charlotte Aylward (Possum)

01548 830592 or e-mail possumaylward@aol.com



Teas, coffees and home-made cakes on sale throughout the day

Cream teas and crumpets . . .

Toasted muffins and tea cakes . . .

Just a selection of our



Autumn Teas

Put your
feet up
and
enjoy!

in Ringmore W.I. Hall
on Sunday 23rd October
from 2.45 to 5.30 pm

Profits divided between St Luke's Hospice and Ringmore W.I. Hall

NEWS FROM ALL HALLOWS

Fete

Ringmore celebrated another fantastic traditional church fete with crowds enjoying the gorgeous sunshine and festivities that took place. The local community put on a wonderful array of stalls to cater for age groups. The refreshment tent selling cream teas and home made cakes did a roaring trade throughout the afternoon. The Hog Roast being washed down with a glass of wine or for the younger ones a refreshing ice cream. Music provided by the Mint Julip Band kept the party spirit swinging all afternoon.

Alice Thornton did a splendid job in organising the Family games and it was lovely to see races for all age groups from toddlers, owners with their dogs through to the grandmother race which was won by Ann Lambell from the village. Visitors enjoyed getting stuck into the activities and events which featured Tug of War contests for children and adults, crockery smashing, bric a brac, splat the rat, roll a penny, horse racing, skittles, treasure map, bouncy castle, jewellery and greeting cards. The fete eventually ended with traditional egg throwing contest providing much entertainment, if somewhat messy, for all ages in the glorious weather.

Many thanks to all the community for their, support, donations, effort and hard work in making it such a special and enjoyable day. Special thanks to Holywell Stores, The Journey's End, Bigbury Bay Café and Fryer Tucks for their generosity, time and support. Once again Phill did an amazing job in organising the fete which raised a record £2,951.

New Vicar

There was an inspiring service on the 4th September at St. Georges Modbury, to license Lesley Valiant as our new Team Vicar, and her husband Terry as a Team Reader. Bishop Michael of Exeter conducted the service, and the singing was led by a Team choir of over 30 singers, with the Modbury worship group. It was wonderful to be in a full church, celebrating the beginning of a new era in the Modbury Team.

Lesley took her first service in the Team at Ringmore on 11th September. It was a BCP service, well attended and very well received. It was generally felt that she took an excellent service and that she will be a great asset to the Team. She and her husband Terry were presented with a framed photograph of them with the Bishop outside St. George's/ The photograph was taken and presented by Mike Wynne-Powell. Lesley will be taking services here on the 2nd. Sunday of the month. Do come along to meet her.

Harvest Festival

Our Harvest Festival will be on 2nd October at 9.30 am. We shall be decorating the church on the Friday or Saturday before, and any gifts of fruit, vegetables or flowers would be gratefully received. As the news letter comes out at the same time as the Harvest festivities and all fruit and vegetables are donated to Korniloff after the service, if you would like to add to the thanksgiving, any further gifts of produce could be left in the porch and we shall make sure everything is distributed together.

Harvest Lunch

This celebration follows the church service at 12.30 for 1pm, in the Parish Room. Tickets are available from Drina (810405) and Judy(810420), and there may still be some available. The food will be provided by the Journey's End, so it is sure to be excellent!

Concert - Friday 7th October

The Modbury Gospel Singers will be giving a concert in the Ringmore Parish Room starting at 7.30pm. Tickets, including a glass of wine and finger food are £2 for friends of All Hallows or £6 for non members (£4 back for those who join the Friends on the evening). So do gather your friends and neighbours and come along to what promises to be a most enjoyable evening.

Judy Bull

CHURCH FETE

We are very grateful to the Church for allowing us to do a bit of fund raising in the form of selling the Cryptic Quiz and holding the "World Famous" Egg Throwing Competition at the Fete and many thanks to Andy King for organising this for us. In all, we raised about £100 for the newsletter funds.

Editorial Team



MODBURY GOSPEL SINGERS

**In concert
At the PARISH ROOM
On Friday October 7th
At 7.30 pm**

**In aid of All Hallows Church
Tickets: (including a glass of wine & finger food)
£2 (for Friends of All Hallows)
or £6 (£4 back if you join the Friends)**

**Available from - Holywell Stores
Adrian and Judy Bull
Christopher and Rosemary Piercy
Phill and Sally Errett**



BAZAAR

THE RINGMORE NEWSLETTER BAZAAR WILL TAKE PLACE ON
SATURDAY 19TH NOVEMBER 2011
IN THE PARISH ROOM
11.00am—2.00 pm

ANYONE WISHING TO HAVE A STALL AT THIS EVENT, PLEASE TELEPHONE
GILLIAN ON 810303 OR EMAIL: ringmorenews@btconnect.com
BY 25TH OCTOBER 2011

PLEASE KEEP THIS DATE FREE AND COME AND DO YOUR CHRISTMAS
SHOPPING AND HAVE SOME MULLED WINE AND A MINCE PIE

National Trust



The summer is a distant memory and the leaves are falling from the trees but there is no better time to get out and about enjoying the beautiful autumnal colours of the countryside. The beaches and coastal paths are quieter so it is a great time to go out walking and watch the harvest being gathered.

Fruits and berries are at their prime at this time of the year, all ripe and ready to be harvested. We have seen many people out walking in the countryside foraging for wild berries in the hedgerows. There has definitely been an abundance of blackberries and sloes in the countryside around Ringmore and Kingston this autumn. The blackberries are juicy and fresh now but towards the end of October they will lose their sweet taste so make sure you get out gathering your berries soon!

The National Trust orchard at Ringmore is full of wide variety of fruit trees that are now yielding delicious apples, pears and plums. Jane, one of our regular volunteers has been out picking the apples in the orchard and the juicy blackberries around Ringmore to make her very tasty blackberry and apple crumble. Jane's delightful recipe can be found on the National Trust blog at www.ntsouthdevoncountryside.co.uk

The recent stormy weather has meant the ranger team has been out checking the trees around Kingston and Ringmore, ensuring that no damage has been caused during the high winds. This is a safety procedure that is carried out after every storm in the high risk areas. As well as after storm checks all the trees across the property are on an inspection schedule to ensure they are healthy and safe.

This colourful time of the year is not to be missed so we will hopefully see you out gathering a taste of the countryside!

By Holly Cummings
Countryside Intern

October Events:

Green Wood Working – Countryside Skills Workshop

Tuesday 11th & Wednesday 12th October 10am – 4pm

Tuckenhay Nr. Totnes

Join the National Trust ranger team for two days of wood work. Discover how to turn wood and learn the crafts of coppicing and cleaving in a beautiful woodland setting. Make your own rake, spoon, mallet and gate.

Adult £50 BE

Paddle Power – A Canoe Adventure (full day)

Tuesday 25th October 9am – 4pm Millbay

Join us for an adventure upstream on board a Canadian canoe, paddling from Salcombe to Kingsbridge. Learn essential paddling techniques and discover history and wildlife whilst exploring shallow creeks and hidden beaches along the estuary. Suitable for more experienced paddlers. 16+ years.

Adult £50 BE

After Dark – Halloween at Overbeck's

Friday 28th October 6.30 – 9pm Salcombe

Take a torch & walk through the house with our resident friendly ghost. Discover strange after dark activity in the garden looking for bats and other wildlife that goes bump in the night. Finish with a sausage sizzle and Halloween games. All children in Halloween costume will receive a toffee apple.

Adult £7 Child £5 J BE

Dear Editor

I write a brief holding note about the September article on the N.T. orchard. The History Society Committee holds some documents which might be of interest in establishing the age and previous ownership of the area in which fruit trees have now been planted. There are many references over the years to 'orchards' in our Archive but at first brief glance none of the references gives a name for the exact plot that the N.T. has now planted. What we can say is that the adjacent wood is not very old. Until quite recently, (during the nineteenth century), it was still being referred to as 'Scrub'. This may mean that part of it was 'treed' but not, apparently, as accepted 'woodland'. Barry Old, the Society Archivist, and I will be away shortly but we hope to have a more definitive analysis from the Archive in time for the November Newsletter and the Society's A.G.M.

Yours sincerely,
Dennis Collinson



OPERATION CHRISTMAS CHILD



Last year our shoe boxes, brimming with soft toys, knitted puppets, hats, crayons, pencils, balls, skipping ropes, sweets, toothbrushes and many other exciting items were delivered to children in disadvantaged situations in Bratianu in Romania. They were, no doubt, the source of much excitement and happiness. Thank you to all who contributed and enabled us to send these special gifts. I am hoping we can make this year's boxes just as exciting and so am once more calling on your generosity and help to support this appeal.

Your help would be greatly appreciated in any of the following ways:-

- Collect medium sized shoe boxes (with separate lid)
- Donate Christmas wrapping paper
- Fill a whole shoebox for a boy/girl within one of the age groups 2-4/5-9/10-14 yrs
- Donate items to help fill a shoe box
- Make a cash contribution
- Help to pack boxes

Do's

- **Toys:** Bear, soft toy, tennis ball, finger puppet, jigsaw, yo-yo, building blocks, small musical instrument.
- **For boys:** trucks and cars.
- **For girls:** dolls, clip on earrings, etc.
- **Educational Supplies:** Felt pens, pens, pencils, pencil sharpener, eraser, colouring book, notepad, picture or puzzle book, chalk, pencil case, stickers, etc.
- **Hygiene Items:** Toothbrush, toothpaste, hairbrush, comb, hair clips, bar of soap, flannel, etc.
- **Other Items:** Sweets (sell-by date to be at least March of the following year), gloves, scarf, sunglasses, cap, hat, bangles, necklaces etc.

All gifts should be new, please include items from each category.

Don'ts

- Food, especially chocolate - non-chocolate sweets are allowed (see above)
- Medicine or vitamins of any kind
- War related items toy guns, soldiers or knives of any kind
- Clothing other than listed above
- Fragile items glass containers, mirrors.
- Liquids including blow bubbles, shampoo, bubble bath, toiletry sets or aerosols.
- Dangerous items sharp objects, scissors or razors
- Novels
- Anything of a political nature
- Hand-knitted stuffed toys without a CE mark

Boxes will be packed on **SATURDAY 29TH OCTOBER** at 2pm in the WI Hall

Any contributions may be brought to the hall from 10am -12.30pm on the above date or left beforehand with Judy Bull or myself. Many thanks, Alison Wynne-Powell

FEEDING WILD SWANS Swans normally find enough food in the wild without supplementary feeding and the large population of swans on the Avon suggests that the tidal part of the river is no exception. Swans eat aquatic vegetation, which their long necks equip them to take from the riverbed. They also take the molluscs that cling to the vegetation or mud, and eat small fish, frogs and worms. However, a few people persist in feeding swans and other wildfowl on the estuary. While unprocessed whole grain is unlikely to do the birds any real harm in the long term, it is no substitute for the proper diet that the birds themselves will seek out. Bread, in particular, contains unnatural yeasts, sugar and salt which can upset the birds' digestive systems. Artificial feeding also encourages changes in the birds' behaviour: they start associating people with food and, therefore, tend to follow and pester other people who may not be interested in feeding them. Aggressive swans can be a real danger to other river users. **Stuart Watts**

Ringmore Church Fete Pictures

I tried to have some of my pictures put in the Kingsbridge Gazette to go with the Newspaper article, including the names of the winners of the Egg Throwing, but unfortunately they did not use any of them. This spurred me on to try and create a website to let Ringmarians and friends see some of the pictures I had taken. The site is not a fully public site, so a search on Google will not find it but, just in case, I have not included surnames of individuals (except for the Egg Throwing winners). I hope all those who made this Fete such a wonderful family affair, by helping and taking part, enjoy the pictures. I suggest you keep checking as I may add further pictures as I get the time. The link is <http://sites.google.com/site/ringmorefete>

Feel free to distribute the link to those who might be interested. If you have any problems in finding the site please call me.

Mike Wynne-Powell

A WARM WELCOME to:

Perry and Sally Ness and their four young children who moved into Houghton Cottage at the end of August.

Mark and Caroline Barrett, their two little boys and their handsome black Labrador, Barker, who are now living in Mount Pleasant/Rose Cottage.

CONGRATULATIONS to the Two Olivers

Olli Balchin passed his driving test some weeks back and Ollie Woodings has just passed his - both of them at their first attempt ! Well done boys!

ONE MORE HAMMOND!

Ben and Alison have a son! Nathaniel Michael Ian was born on 6th September weighing in at six and a half pounds even though three weeks early!

Just wanted to share our happiness and great news!

Sandy and Michael

NEWSLETTER TOWN QUIZ

The quiz printed in last month's newsletter was not very clear. Please note that question 16 reads "Could this tool deter a heavy drinker?" If anything else is unclear, please telephone James on 810303 or email: ringmorenews@btconnect.com Please return your quiz sheets to James, Pleasant Cottage by 15th October. The winner will be announced in November Newsletter.

MAKE A FLU VACCINATION THE TOP OF YOUR WINTER CHECKLIST

If you are aged 65 or over or suffer from chronic disease (such as heart, lung, liver, kidney or neurological disease) have diabetes, a weak immune system or if you are pregnant, then you may be at risk from flu. Flu vaccinations are now available at Modbury Health Centre. Please contact our reception team to book an appointment or for more information.

01548 830666

receptionmhc@nhs.net

www.modburyhealthcentre.com

NEWSLETTER DISTRIBUTION

Many thanks to Judith Woodings who has joined the team and will be sharing a delivery round with Jane Reynolds. Distribution is divided into 7 areas. Our delivery boys/girls do a great job but there are, of course, times when they are not able to help. We would be very grateful for volunteers who could stand in from time to time. If you are able to help, please call Gillian on 810303 or email: ringmorenews@btconnect.com Editorial Team

CAROLS AT BARNFORD

In the run-up to Christmas, we shall be singing carols as usual at Barnford on Wednesday evenings from 7.30 p.m., starting on 26th October. If you would like to have a go, do come and join us. It's fun, it's warm and it's actually good for you!

If you want any more details, contact Adrian or Judy on 810420



Parish Room Update

The recent renovations to the Parish Room have encouraged new use and this picture shows fifteen contemplative and happy artists attempting to depict three dimensional objects in a two dimensional medium. Use of the hall has doubled with Short Mat Bowls, Table Tennis and now two sessions of art classes on Tues. and Thurs. (contact Judith Woodings for further information). Also on 2 October the Harvest Lunch, on 7 October the Modbury Gospel Singers and the Christmas Bazaar on 19 November. Whilst this is very encouraging there is still space for many more activities.

Hire rates are very reasonable at £4 per hour for regular users, £15 per day for Parish Organizations, £20 per day for Ringmore Parishioners and £30 per day for other users. Tables, chairs, crockery and cutlery are also available for hire for functions elsewhere. More improvements are planned but we have to replenish our funds first. Any ideas for fund raising and other activities would be very welcome.

Please support the activities where possible as the Parish Room is there to be used and enjoyed by all.

Alan McCarthy

Parish Room Committee Chairman

810738

Forecasters Warn of Snow in October

Dig out your hat and scarf and get ready for an early winter; forecasters are predicting that snow will fall in Britain as early as this month. Temperatures will fall sharply over the coming months and are forecast to drop below average for the time of year. Long-range forecasters at Exakta Weather have also said that we should brace ourselves for another brutal winter from December through to February. James Madden said: "As we head towards winter, I expect to see the first signs of some moderate to heavy snowfalls as early as October or November in certain parts of the UK. "I expect December, January, and February to experience below-average temperatures, with the heaviest snowfalls occurring within the time frame of November to -January across many parts of the UK." Mr Madden added that the UK will face "prolonged periods of extreme cold and snow from the Arctic regions as cold easterlies or north-easterlies develop". The Met Office also warned that we should expect colder-than-average nights at the beginning of October, which would bring with them the chance of overnight frosts. The Midlands and the South-east are expected to bear the brunt of the cold snap. Heavy snowfall and freezing conditions have caused chaos across Britain for the last two winters and it looks like we can expect more of the same this time round.

SKIP

The Parish Council have booked a skip to come to the village (by the bus shelter) on Saturday 15th October.

ACA DATE: BEACH CLEAN – Saturday, 19th November:
2-00-3.30pm on Cockleridge. Open to all.

Alka Seltzer are not only useful for relieving a hangover.

Clean a vase, decanter or Thermos. - Half fill with water, drop in 2 tablets. Rinse when fizzing has stopped

Clean jewellery - drop jewellery in a glass of fizzing Alka-Seltzer for a couple of minutes.

Unblock kitchen sink - Drop a couple of tablets down the pug hole, then pour in a cup of vinegar. Wait a few minutes and then run the hot water tap at full force

SAVE THE DATE

Saturday 8th October
Modbury Craft & Gift Fairs
Modbury Memorial Hall
Back Street, Modbury PL21 0RF
11am - 4pm
Admission Free
Refreshments Available

Saturday 5th November
In Aid Of
The Modbury Fruit & Produce Show

Saturday 3rd December
In Aid Of
Modbury Primary School

There will be some different
Sellers at each show

Contact Charlotte Aylward (Possum)
possumaylward@aol.com
01548 830592

Have you got a glut of pumpkins from the garden or flesh left over from making your Halloween lanterns—then try this delicious recipe:

THAI PUMPKIN SOUP

4 stalks lemon grass
6 lime leaves
1" ginger
 peeled and grated
2 cloves garlic, peeled
2 red chillies (or 1 if they
 are very hot)
juice of 2 limes
black pepper and sea salt
500g pumpkin or squash
 peeled and chopped
2 tbsp veg. oil
2 white onions chopped
5g cumin seeds
600ml veg stock
400ml tin coconut milk
Coriander leaf to garnish

Set the oven to 200*c/gas 6
Peel the outer coating from the lemon grass and finely chop the bulbous parts. Remove the central vein from the lime leaves. In a food processor blend the lemon grass, lime leaves, ginger, garlic, chillies and lime juice to a smooth paste. Add the S&P to taste. Roast the pumpkin in the oven sprinkled with salt and tossed in 1 tbsp oil until soft (35 mins.) Heat 1tbsp oil in a pan. Gently fry the chopped onions and cumin seeds 3-5 mins then add the paste and stir for 5 mins until fragrant. Add the pumpkin and fry 2 mins. Pour in the stock and bring to the boil. Simmer for 7-8 mins. Blend the pumpkin mix and the coconut milk until smooth and gently reheat.

Angela Ballatti

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COLOMBIANA (15)
CRAZY STUPID LOVE (12A)

OCTOBER 7th-13th

JOHNNY ENGLISH 2 (TBC)
MELANCHOLIA (15)
POTICHE (THE TROPHY WIFE) (15)

OCTOBER 14th-20th

THREE MUSKETEERS(3D) (TBC)
A DOLPHINS TALE (TBC)
JOHNNY ENGLISH 2 (TBC)

OCTOBER 21st-27th

MONTE CARLO (PG)
THREE MUSKETEERS(3D) (TBC)
A DOLPHINS TALE (TBC)

OCTOBER 28th-NOVEMBER 3rd

TIN TIN (TBC)
THE HELP (TBC)
SARAH'S KEY (12A)
MONTE CARLO (PG)

NOVEMBER 4th-NOVEMBER 10th

TIN TIN (TBC)
THE HELP (TBC)
AND OTHER FILMS TO BE CONFIRMED

NOVEMBER 11th-NOVEMBER 17th

SHAKESPEARE'S GLOBE : HENRY IV Part 1 (TBC)
AND OTHER FILMS TO BE CONFIRMED

NOVEMBER 25th-DECEMBER 1st

SHAKESPEARE'S GLOBE : HENRY IV Part 2 (TBC)
AND OTHER FILMS TO BE CONFIRMED

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THE CURRENT WEEKS INFORMATION
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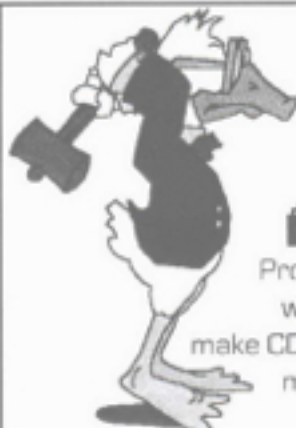
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Tuesday:	Lunch and Dinner	12.00-3.00	6.00-Close
Wednesday:	Lunch and Dinner	12.00-3.00	6.00-Close
Thursday:	Lunch and Dinner	12.00-3.00	6.00-Close
Friday:	Lunch and Dinner	12.00-3.00	6.00-Close
Saturday:	Lunch and Dinner	Open all day	
Sunday:	Lunch only	Open all day	

Friday - Curry Night - £15.00 per head

Sunday - Traditional Lunch - including roast

6th October Quiz nights start

11th October New Winter Two Choice Luncheon starts

18th October First Darts Match - it would be great to have more support - see notice board for fixtures

Winter Luncheon served Tuesday- Friday (not including October half-term)

Sample Menu - Two Courses £10.95

Lamb Shank, Pearl Barley, Tomato, Celeriac, Wild Oregano Soup

JE chicken Liver, Speck Parfait, Crisp Olive Bread

Poached Duck Egg, Rocket Leaf, Tomato Jam, Toast

Butternut Pumpkin, Winter Greens, Parmesan Linguini
10 Hour Slow Cooked Beef Shin Stew, Bone Marrow Dumplings
Baked Seafood Pie, 'Keens' Mash, Buttered Peas

Autumn Berry, Three Nut Crumble

St Clements Jelly, Lemon Sorbet

Aged Cheddar Cheese, Apple, Marrow Chutney

We are now taking bookings for Christmas Day Luncheon. Spaces limited

Christmas Day Lunch Menu

£38.50 per Head

Oxtail, Beef Dumpling, Dry Sherry Soup

Warm 'Cured' Salmon Steak, Cucumber, Seaweed, Black Sesame Yuzu Broth

Pink Grapefruit, Blood Orange, Chicory, Watermelon Salad

Tempura King Prawns, Steamed Scallop, Crab Claw, Green Mango Spring Roll

Celeriac, Bramley Apple, Marinated Stilton Tart, Elderflower, Poached Pear, Toasted Hazelnut Salad

14 Hour Slow Roast Spiced Beef Rib 'On The Bone', Watercress, Chestnut, Bone Marrow Gravy

Roast 'Norfolk Black' Turkey Breast, Confit Turkey Leg, Cranberry Compote, Pinenut, Honey Glazed Gammon, Lemon Thyme, Turkey Reduction

Pot Roast Sea Bass, Sauternes, Fennel, Green Grapes, Vanilla, Saffron Broth

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