RINGMORE PARISH NEWSLETTER

Issue 308

JUNE 2011

DEADLINE: 25th June

	MARY DATES: Monday Short Mat Bowls 7.30 pm		NEW RINGMORE/ST. ANN'S CHAPEL	
T	uesday Table Tennis hursday Quiz, Journey's End	8.00 pm 9.00 pm	(See map on back page)	
		5.00 pm	Everyone is invited to an	
	ane st RBL Meeting, JE	7.30pm	OPENING CEREMONY	
9	h WI Summer Meal, WI Hall		of the new footpath.	
	1th RBL Garden Party, Kingston 3.00 - Oth Church Fete Meeting, Parish Room	-12.00 pm 7.30pm	Meet at the Ringmore entrance at	
	1st Parish Council Meeting	7.00pm	11.00am on Sunday 3rd July 2011	
3	rd Footpath Opening and Walk 4th WI Meeting, Painting on China	11.00am 8.00pm	The Opening Ceremony will be followed by a Footpath Walk to St. Ann's Chapel	
1	9th Parish Council Meeting	7.00pm	Refreshments will be provided at Holywell Stores.	
	ugust		Once refreshed, there will be an Opening	
2	Oth RHS Measuring the Yew Tree Oth Church Fete, Church Field	2.30pm	Ceremony at the St. Ann's Chapel Entrance and, for those with the energy, a Footpath Walk back to Ringmore	
	h RBL Meeting. Dolphin	7.30pm	to hinghore	
	2th New Season—Short Mat Bowls Dth Parish Council Meeting	7.30pm 7.00pm	Children and dogs welcome. Join or leave the walk where you like	
	ctober		If you only wish to walk one way, and would like a	
	h RBL Meeting, JE h Concert in aid of All Hallows	7.30pm 7.30pm	lift, please contact James Parkin on 810303.	
8	h RHS Exhibition-Parish Room 2.00	-4.40pm		
	3th WI Meeting, Flower Weaving 3th Parish Council Meeting	8.00pm 7.00pm		
	lovember	7.000	MOBILE LIBRARY	
2	nd RBL Meeting & AGM, Dolphin 2nd Parish Council Meeting 0th RHS AGM & Talk	7.30pm 7.00pm	Tues: 7th and 21st June	
	ecember		Rainfall by Eleanor and Grace Purdy	
7	th RBL Meeting, JE	7.30pm	Last month: 13mm	
1	8th Candlelit Carol Service	6.00pm	10 year average: 61mm	
P	Please see National Trust notice for their dates		10 year high: 108mm (2002, 2003) 10 year low: 13mm (2011)	
L	Ringmore/St. Ann's Chapel Footpa		Flames on Coal	
	he Parish Council would like to thank Jem or his vision and perseverance in seeing th	Why do red and orange sparkles keep us warm And black balls burn up better		
	xciting new project, which we are sure will		And why do brown colours make flamey smoke	
pleasure to many for generations to come.			I wish it was as simple as chocky cake and icing How does fire pread so sharp and quick	
All opinions expressed in this newsletter are those of individual writers,		The way the logs of wood turn white and dusty		
and not necessarily those of the Editorial team. The Parish Council does			Lie cold iceburg from the white Atlantic	
SCI	guarantee or accept liability for any literature, advertised goods or vices. They have not inspected or made checks regarding suppliers. e Editorial Team's decision is final.		Elysha Radford	
	ase send items for inclusion in the newsletter to the edito	rial team	New Menus at the Journey's End!	
e-mail: news@ringmore.net or contact any of the team: Emily 811210, Jane 811218, Gillian 810303, Karen 810382, Sandy / Billy 810572, Lynn 810093		See inside back cover		

Summer Meal

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the sarden

Ringmore W.I. Hall

A two course meal with wine

Salmon - Chicken - Salads - Vegetarian dish - Delicious puds!!

Thursday 9th June at 6.30 pm

Entry by ticket only £8.00 (children £4.00) from Holywell Stores, Sharon (810179) or Jackie (810520)

ALL PROFITS TO ST. LUKE'S HOSPICE

AMNESTY INTERNATIONAL

theWI

Last year I decided to lose weight and entered the 11th Annual British 10k London Run which takes place on Sunday 10th July 2011 - but I had no urgent cause to run for until Jo and I watched the news and read the press in horror and she suggested I run for Amnesty International. This amazing organisation - founded 55 years ago - will be well known to you; they work selflessly to get political prisoners released and they pester and expose despots as the criminal purveyors of evil that they are. If unarmed citizens can take on the armed killers of brutal regimes, then the least I can do is run 10K - puffing like an old warhorse - to raise money for people who will fight for their political rights. I know also that we have the Bigbury Fun Run for local charities and we should all support that too. If you would like to donate to my Amnesty International canter for freedom round the streets of London you can do so at http://www.justgiving.com/John-Simes If you see me pounding the lanes, give an encouraging toot or a lift.

John Simes

Annual Fete

This year's Fete will be held on the Church House field, Bank Holiday Monday 29th August. This is a fun day, enjoyed hopefully by all in the Village, and once again we are seeking help in organising, arranging and staging this very popular Village event. The field & marquees are booked and the Mint Julip Band are going to play, we just need your help to make it another successful afternoon. Has anyone given thought to using the Marquee on the Saturday preceding the fete for a Barn dance or similar, if so please do come along with your ideas. The meeting will be held in the Parish Room on Monday 20th June at 7.30pm

Phill Errett

Village Transport Scheme

Please remember if you need a car and driver to get you to hospital or to the dentist, then phone Phill or Sally Errett on 810547



First II



Ald

The list of trained First Aiders REMEMBER TO ALWAYS RING 999 FIRST

Sandy Hammond	810572	Emily & Andi King	811210
Alan Eaves	810648	Karen Purdy	810382
Mike Wilson	810211	Jane Reynolds	811218
Debbie Mercy	811276		

CHURCH SERVICES & THOUGHT FOR THE MONTH

	Bigbury	Kingston	Ringmore
	11.00 am	9.30 am	9.30 am
5™ June	Family Communion	Family Communion	Family Service
12th June	Family Service	Family Service	Holy Communion (BCP
15th June (Wednesday)	Holy Communion at the Korniloff (2.30 pm)		
19th June	Family Service	Holy Communion (CW)	Village Service
26 th June	Holy Communion (BCP)	Family Service	Family Communion

"What's it All About — Alfie?" the title of a well known song of many years ago BUT the basic question that it asked is still as valid today as it was then. What IS it all about? In fact if anything the question is probably asked even more now than then. One of the reasons for this is possibly due to the incredible amount of information and therefore knowledge that is available to everyone, mostly at just the touch of a button.

However, does knowledge answer the question? Obviously knowledge can answer some of the questions especially those of a more practical nature by explaining how certain things work, literally how things tick. Having the knowledge of things though isn't always sufficient because it is also necessary to understand how to apply that knowledge, how to make sense of it within the situation that is being presented.

Understanding is borne out of our mental prowess, our ability to reason, to think logically. We all have different mental abilities and therefore not all of us are able to have the same understanding of the same piece of knowledge. That doesn't mean that we cannot use that knowledge but it does rely on our ability to believe even when we don't fully understand. Things can make sense even if we don't understand how they come about and we therefore believe that they are possible.

In the church calendar this month there are celebrations which rely on belief. The knowledge is there because it has been written in the New Testament of the Bible and is an accurate record of things that happened at that time. The knowledge is available, the understanding that these certain things happened is possible but not necessarily how they happened. This then is down to belief. If we accept that the record is accurate then we must also believe that events took place as recorded. Ascension Day, celebrated on 2nd June this year, when Jesus Christ went to be with His and our Father, happened and we have to believe it. Then ten days later the Day of Pentecost, when there was an outpouring of the Holy Spirit on the disciples, happened and we have to believe it.

We have the knowledge at our finger tips and we can understand that they occurred but not how they occurred. We are therefore led to the understanding and also the belief that the only explanation possible is that GOD acted on behalf of mankind. These happenings were all part of GOD's plan for His creation, for mankind, for us. The Ascension was to complete the Resurrection cycle and to emphasise the message that there is life after physical death. The wonders of Pentecost enabled the Good News of the Gospels to be broadcast to ALL nations as Jesus had commanded His disciples to do. WE are the present day disciples of Jesus and we must continue to spread that same Good News.

Jesus said that all who believe in Him would have eternal life and that is the Good News that we must preach. The knowledge is there in the Bible, an understanding of it is possible but the key message is that we must BELIEVE it to be so. We must believe in Jesus and have faith that GOD will redeem us. HE will not let us down - EVER.

able

Revd John Aldous

Team Rector: The Revd Neil Barker (830260: not available on Mondays) Team Reader: Michael Tagent (810520)

RINGMORE PARISH COUNCIL MEETING TUESDAY 24TH MAY 2011 7.00PM WI HALL

PRESENT Cllrs.M.Hammond J.Deverson S.Hitchmough B.Lambell J.Parkin J.Reynolds W.Mumford Clerk M.Wood, 2 members of the public Apologies B.Carson

ELECTION OF CHAIRMAN

Michael Hammond was re-elected as Chairman with James Parkin agreeing to become Vice Chairman.

DECLARATION OF PREJUDICIAL INTERESTS - None

OPEN SESSION

Mr.B.Old, representing the Parish Room. explained that work on the roof had now been completed and a grant was forthcoming, however this cannot be received until the invoice has been paid. He requested a bridging loan of £3000.00 to enable them to pay for the roof. On receipt of the invoice the grant will be paid and the loan repaid to Parish Council (approx.2-4 weeks). Parish Council agreed to the bridging loan and a cheque for £3000.00 was signed. Parish Council requested a letter stating the above agreement.

Mr.R.Wood informed the meeting that Highways had now agreed to repair the bottom section of the Challaborough road down to Marwynne.

Mr.B.Old mentioned once again the considerable amount of dog fouling along Cockle Lane. More signage will be placed along this lane, and the Parish Council would appeal to dog owners to please clear it up. An item will also be placed in the newsletter.

MINUTES OF LAST MEETING

Amendment under Any Other Business – where cars were parking on the road down to the Journey's End when the car park is full should read 'the car park was not full' The minutes were then signed.

MATTERS ARISING

Kachelo Wall - The Building Inspector had visited the site in April and has stated that they did not consider the wall to be dangerous but this will be monitored and if deterioration is seen, then appropriate action will be taken.

Darkie Lane - Due to the re-organisation of Highways this item will be left to the new team.

Rocky Path - Highways are to look into whether a width and length restriction can be enforced and assess what can be done.

W.MUMFORD

Mr.Mumford apologised for not attending our Annual Meeting. He explained that there would be many changes in County Council cutting 28% of the budget over the next 4 years. They have cut the directorate from 7 down to 3 and management from 26 to 16. The alterations to the mobile library service has been a success and they are now looking into using local libraries as job centres, internet café's etc. Highways management has been completely re-organised with a new person covering from Ringmore Parish to Yelverton. The decision to install rural Broadband will be made on Friday.

ENVIRONMENTAL MATTERS.

Cllr.Lambell will continue to monitor the mound of earth and he has also placed weed killer around the church wall. There will be no P3 grant payment this year for our Parish. Permissive footpath work is nearly complete.

PLANNING

Application 40/0757011/F Hilltop House has been withdrawn. Application 05/0167/11F Rock armour coastal defence has been refused.

PARISH PLAN

Cllr.Reynolds stated that he will continue to monitor oil prices to get the best possible deal. Emergency Plan – After much discussion it was agreed that a list will be made up to include names and telephone numbers of people who have keys to the WI hall and Parish Rooms should they have to be used as evacuation centres. Also parishioners with 4x4 vehicles and chainsaws etc. Cllrs. agreed that they would add items to this list monthly. It might be possible to obtain a £500 grant from Mr.Mumford's Community Grant, in which case, if received, will be used to purchase two grit bins and salt to be placed on Challaborough Hill.

FINANCE

Churchyard Maintenance – After discussion Parish Council agreed to budget £200 per year. Cheque for £200 was signed. Royal Wedding costs £399.98 cheque signed. Parish Council would like to convey their thanks to Rosemary Piercy and her co-workers for all their efforts.

Cole Skips £729 cheque signed.

Internal audit £44 - audit paperwork signed by Chairman and Clerk

Cllr.Parkin £35.48 for providing refreshments for the Annual Meeting.

ANY OTHER BUSINESS

It was agreed that an opening ceremony should take place on the permissive footpath. A proposed date given was the first Sunday in July.

Cllr.Parkin suggested that Parish Council should consider another project by making a feature of the area around the bus shelter. Cllrs. were asked to consider this item for the next meeting.

A list of neighbourhood watch co-ordinators will be placed in the next newsletter.

The Chairman again brought up the subject of co-opting a member to the council.

If any parishioner is interested please contact the clerk on 810265

Mike Oakins in Julia taken by Frank Williams

DATE OF THE NEXT MEETING 21ST JUNE

NEW RINGMORE TO ST ANN'S FOOTPATH (See map on back page) As many of you will have seen the works on the new footpath have just been completed. In 2007 a path linking the two villages was requested by the parishioners in the Parish Plan of that year. It needed to be as direct as possible and avoid the danger of walking along the road. The path established is less than 300m longer than walking along the road; has only one road crossing and gives previously unseen views over Bigbury Bay along the crest of the watershed. It has been a long and complicated process with a lot of hard work by many people. However the most important element has been the extreme generosity of the landowners and we would like to highlight the debt that both Ringmore and Bigbury Parishes owe them. The Capps Family gave permission for a permissive path in the first fields exiting Ringmore. The Diocese of Exeter gave permission for a permissive path in the next field, the Glebe Land. The Cundy Estates represented by Michael Pearson allowed a public footpath to be established from the Glebe Land all the way to St Ann's Chapel. We would also like to thank Councillor Bryan Carson whose good offices in the community and extensive work made the path possible. In addition we thank Steve Gardner of DCC who executed the contracts and works. Finally we would like to mention the late Chris Roberts who was happy to have the footpath redirected alongside his property. Jem Deverson for The Parish Council ST LUKE'S HOSPICE COFFEE MORNING It was a coffee morning with a difference as Drs Mike and Ann Oakins paid a surprise visit with Julia their Liege vintage car looking wonderful. However it is small and open so will be a real challenge for the five days from Lands End to John O'Groats on the 10th to

15th July. We know the £330 we raised will be an encouragement and of course hope all will go well for them. Thank you everyone for your generous contributions already gratefully received by St. Luke's. Drina

20 Years Age

The Parish Council wrote to the County Council about the damage caused by Mobile Homes as they passed through the village.

The owners of the Journey's End did a moonlight flit, leaving Richard Sully to run the Inn on behalf of Lloyds Bank! Guy Eddy, Chairman of the Parish Council, warned against the disaster of the pub being converted into another holiday home. 10 Years Age

Ringmore in Bloom had been an outstanding success. The steady flow of visitors, many came from nearby, some from further afield, including British Columbia, California and New South Wales!

Ringmore's weekly bus service had been doubled to two buses per week. From the 27th May 2001, you could travel to Kingsbridge on Tuesdays and Fridays!

WHAT WEDDING!

You may not recall that Prince William and Kate were married since the last Ringmore Newsletter but you must remember the "street party" at the W.I. hall that took place on the 29th May. The Duke and Duchess of Cambridge are not the only couple to be congratulated; nearer to home Rosemary and Christopher Piercy should be applauded for their organisation of the Ringmore Celebrations and their great faith in the villagers arriving to make up a big happy party for the occasion. Most brought food to lay out on the tables in Dane's marquee, and wine to consume with friends and what a spread it was. The Council generously allocated £400 for the occasion, some spent on bubbly for a toast. Jackie Tagent made a wonderful cake that was cut by Anne Lambell with assistance from Mike Hammond, Chairman of the Council. Party games for children (and some grown-ups) were well organised by Alice Thornton to the amusement of participants and onlookers who also enjoyed the paper hat making contest overseen by Judith Wooding. Thanks are due to all those mentioned and also the many helpers who provided food, set up "shop" and decorated the hall and marquee- also those who did the washing up and clearing, they are the villagers who make Ringmore such an exhaustingly vibrant place in which to live.

John Bracey

The Gift of Giving

You may well be aware that from April of this year the tax which can be recovered from Gift Aid has been reduced from 28% to 25%. Whilst this is not a very large percentage, it comes at the end of a period when inflation rates have been low and when many people have not thought it necessary to increase their giving to their chosen charities to account for inflation. It might therefore to be opportune to reconsider how much help you provide and to which individuals or organisers.

If you are helping to support grandchildren at school or university, you will be well aware of rising costs, but most organisations have seen a steady increase in costs, many with little increase, or even a decrease, in income. Ringmore Church is a case in point and as the new treasurer, I am well aware of this.

The point of this, however, is not just to urge you to give more to your chosen charity, much as it may need it, but to consider your own happiness!

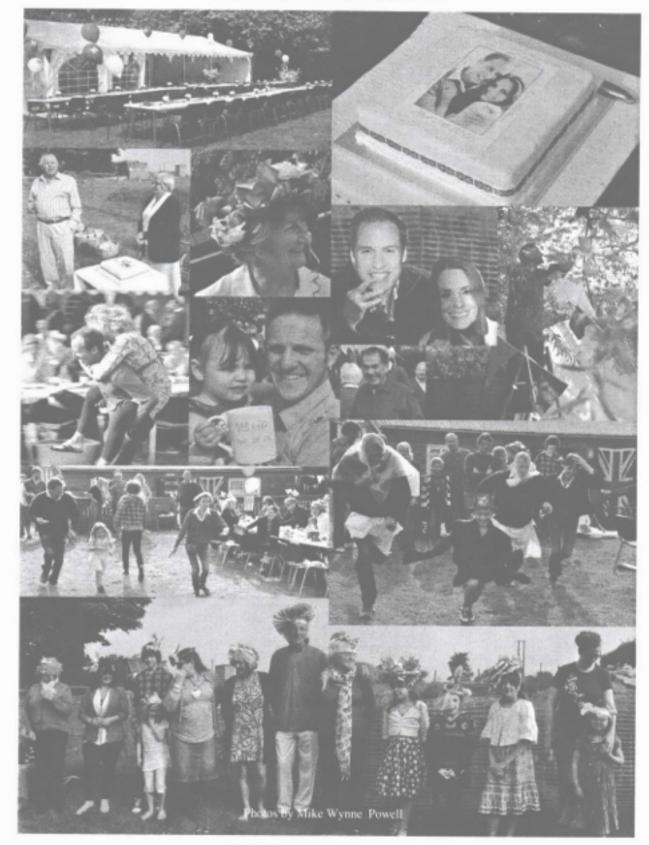
Even the government has finally latched on to the Christian teaching of the last 2,000 years in realising that happiness has more to do with what you do for others than what you enjoy for yourself. They have even commissioned university research to prove it.

So many of us believe we have good reason to feel sorry for ourselves for one reason or another, so it is tempting to pamper ourselves a little 'because we know we're worth it!' Happiness, on the other hand has far more to do with what we can do to help others than what we can do for ourselves. Christians and many, many other people believe that we are made with an inherent need to help others in order to foster our own self-esteem.

We are attacked daily by news of disasters, appeals for the poor and downright blackmail to help this, that, or the other good cause. Of course blackmail does not work on someone who is at peace with what he is doing. If you have considered what you could or should be doing for others, near or far, measured in money, time or any other currency, then you will listen with peace of mind to appeals, knowing that you are at peace with your maker and with yourself.

But the bonus is that you will find a greater degree of happiness in the process. It is absolutely true. Even the government has managed to work that one out. Try it for yourself!

Adrian Bull



"A REAL VILLAGE EVENT"

...One of the many comments made on the day. Well over 100 people came to celebrate, and we had a great time eating and drinking: many of us also took part with great relish in the hat competition and various games, which probably were just as much fun – if not more! - to watch. There are too many people to thank individually in this small space, but we are so grateful to all of you for giving so much support – you made the day really memorable! Christopher and Rosemary



Trust

ational

With the glorious weather we have been having recently, it seems that spring has well and truly sprung. The lush green vegetation, delicate bluebells, and bright pink campion there is no better time to explore the coast and countryside. With all this growth in mind, the South Devon Ranger team are busier than ever. Footpath cutting is amongst the most important of our priorities, along with all the care of the ponies, and our usual pre-season preparation tasks.

If you have had a walk along Toby's Point path you will see that the team along with assistance from the tenant has been renewing some of the fence posts adjacent to the path. The wire was still in good order so it was just renewal of the posts which have rotted away over time. Make sure you also have a look on the wall at the end of Toby's path as there are often adders basking there. These are beautiful creatures that will slither away at the first sign of movement, but I think are a delight to see.

We have a couple of volunteers who are making sure that Ayrmer beach is being kept clear of litter. Thank you to John and Jane Reynolds. I know that a lot of the local community look after this beach and we have placed some bin bags in the wooden bin store so if anyone would like to help care for this beach by picking up litter, then please use the bags provided and put the bagged litter into the wooden store. Many thanks.

Scobbiscombe Farm in Kingston is offering visitors a special opportunity to go behind the scenes on Open Farm Sunday 12th June. Open Farm Sunday is part of a national campaign to show neighbours and local communities what goes on at your local farm; Will Walters and his family are opening up their farm to visitors starting at 11am to explore the farm. At 12.30 celebrate the opening of a new permissive footpath with a 2 and half hour guided walk with NT rangers and Wilf Walters on the farm (includes time for a picnic lunch). Please wear suitable footwear for walking through a farm and bring a packed lunch if you will be joining us on the walk.

With the good weather set to continue (fingers crossed), we hope to see you enjoying the beach, the coastal path and the wildlife so visible at this time of year.

By Lorna Sherriff, Ranger - South Devon.

Future Events:

Lets Go Fly a Kite-Toddle Toddle, Wednesday 15 July 11.30-2pm. Come and explore Wembury. Discover beautiful bugs on the land, and the birds in the sky. Round the day off by making a kite, and seeing if it will fly. 2+ years: E5 (accompanying adults free).

New Barton Farm Cook Out Day, Saturday 2 July, 10am-4pm. Take a tractor ride and discover where your food comes from. Watch our chef cook up delicious meals from out local produce. Find out more about butchery and watch demonstrations from the award winning butcher at Moo Stone meats. Join us with lots of activities for children and enjoy wandering around the local produce stalls. BBQ running from 12 to 2pm. Prices: Adult £3, child £2.

Paddle Power- Canoe Adventure (half day), Saturday 23 July 9-12.30pm OR 1-4.30pm. Noss Mayo. Join the National Trust Rangers and Singing Paddles for a half day adventure on the River Yealm. Learn essential paddling techniques and discover history and wildlife whilst exploring the shallow creeks.



MAY MEETING

Resolution time!

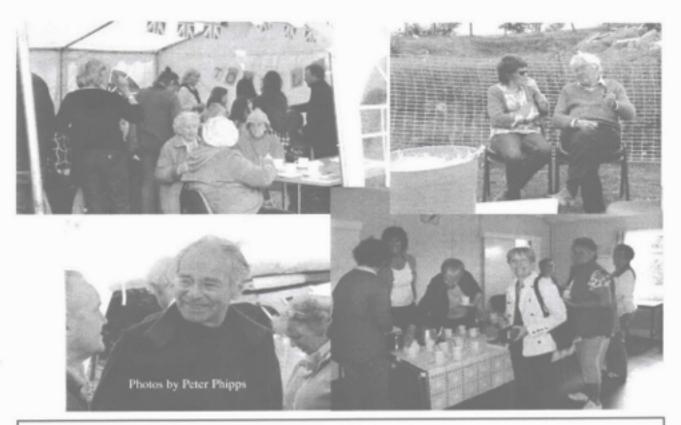
This year there were only two to discuss. Although we only had a small number of members present – many were on holiday – we eventually decided which resolution we would support; our delegate will take our decision to the AGM in June.

"SMELL THE BENEFITS OF AROMATHERAPY!"

A refreshing time after the WI business. Karen Purdy quizzed us on identifying "smells" in small bottles, some were most surprising! She explained the various benefits of each "flavour" even making our own concoctions. Accompanied by a glass of wine (or squash, tea, coffee) it was a most relaxing evening.

The May Fair was very busy: cream teas and the plant stall were the main attractions this year ,maybe the fine weather helped, it means we can replace the windows in the front of the building cutting down the maintenance.

Don't forget the SUMMER MEAL on 9th June at the WI HALL and GARDEN. See posters for details. ALL ARE WELCOME!



W.I. MAY FAIR

Thank you to all helpers and those villagers and holiday makers who joined us at the WI May Fair. The weather was interesting, as we battled our way through the strong winds. At least it was dry and far too windy to sit on the beach.

It was an extremely successful afternoon raising approximately £1200 all of which will go towards the badly needed replacement of the windows in the hall.

Everyone's hard work, support & generosity are very much appreciated.

Thank you Sharon

NEWS FROM ALL HALLOWS

Concert in aid of All Hallows

At last – the event you have been waiting for! We are planning an evening for the Friends of All Hallows and anyone else who would like to come, on Friday October 7, when the Modbury Gospel Choir will come to give one of their inimitable concerts – joining in is optional, but always good fun. There will also be drinks and nibbles available. More information in the next News.

Village Service June 19

The theme will be encouragement! If you have a particular quotation, a Scripture verse, or simply a thought which has encouraged you, do let me know so that I can incorporate it - and you, if you wish - into the service.

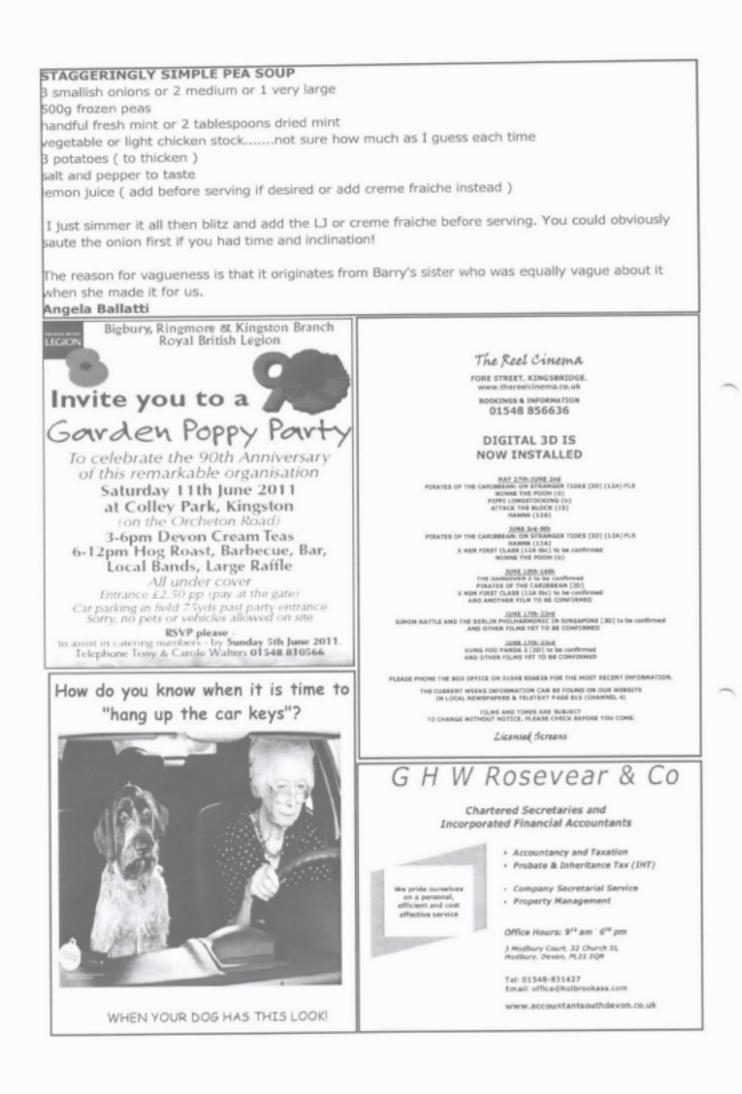
Bring and Share Supper/Team Prayer evening June 23 7.00pm

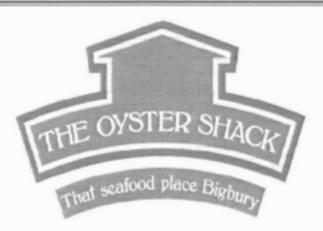
Anyone from any of the team churches would be very welcome to join us at Folletts for supper and prayer for the Team. Just let me know if you would like to come for all or part of the evening, and also whether you will be bringing a savoury or sweet cold dish.

Audio Visual Evening

Thank you so much Mike for giving us an evening of such varied entertainment – some really beautiful pictures (I am not necessarily talking about the shots of Ringmorians when they were younger...) and a lot of fun. The evening made £456, which will be shared between the Shoe Box Appeal and All Hallows.

Rosemary Piercy 810253





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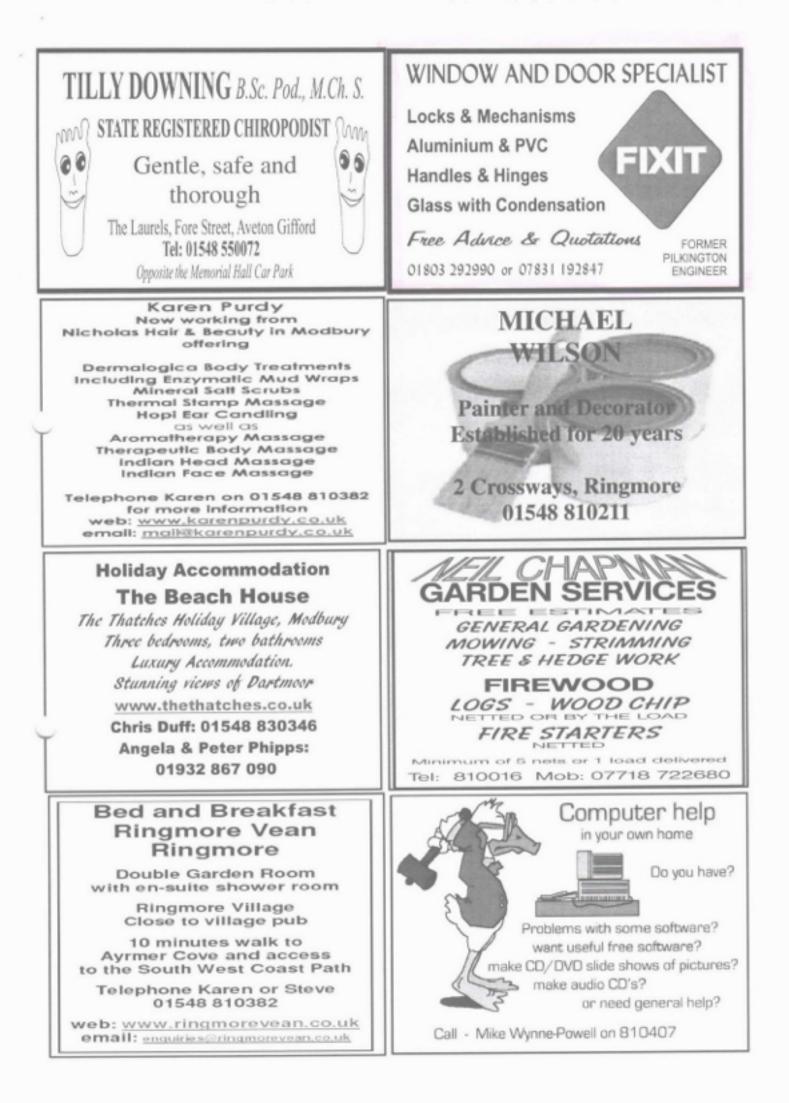
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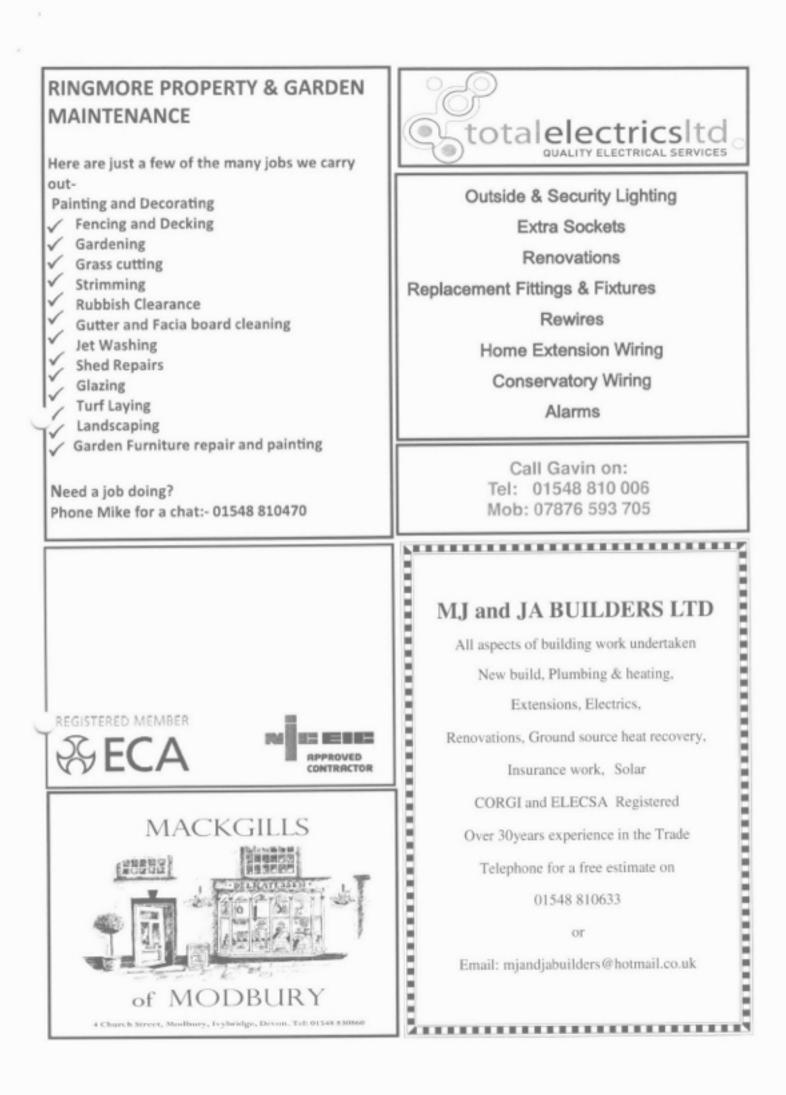
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Korniloff Overlooking Burgh Island Private Retirement Home

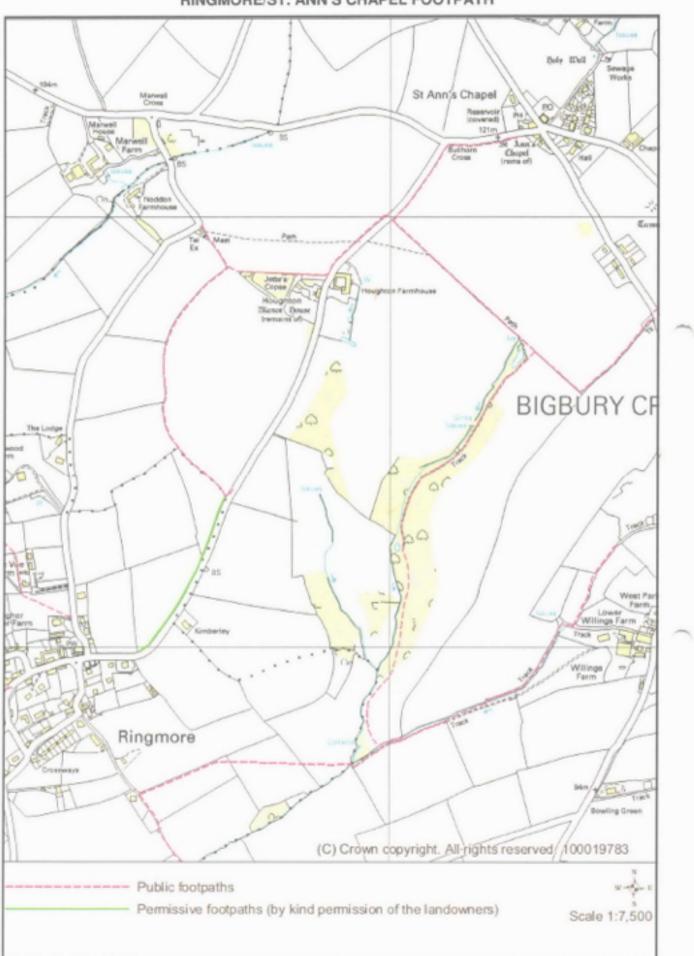
Warren Road, Bigbury-on-Sea, Devon TQ7 4AZ 01548 810222 / 810603 Contact Gina Phillips Very spacious former hotel. Single / Double rooms, some en-suite. Large lounge with large view T.V. Large Sun Lounge overlooking sea. Smaller TV lounge, library, bar and games area, dining room overlooking the sea. Garden and Patio area. Shop nearby. Nutritional home cooked food. All visiting domiciliary and hairdressers 24hr care provided plus day care. Registered with Quality Care Commission Separate dining facilities for the elderly at

Mid-day.

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8am to 5pm SUNDAY POST OFFICE OPEN 9am to 1pm MON to FRI SHOP LOCALLY AND SUPPORT THE LOCAL COMMUNITY PLENTY OF FREE PARKING Tel: 01548810308 - e:mail holywellstores@msn.com

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	OPENING TIMESOpen all week: 12.00-3.00pmOopm until closeOpen all week: 12.00-3.00pmOpen all week: 12.00-3.00pmOutputOutputOutputOutputOttageCloseCloseOutput </th <th>Newbrook Fish Newbrook Fish supply us twice weekly with our fresh fish. They box and deliver a selection of fresh fish and shellfish - a mixed fish box starts at £20.00 - on Fridays. Why not order a box for yourselves or to share with someone. I would be happy to take it in and store it for you to collect from us. Phone them on 077733 66868 or 01548 511232 to discuss your requirements. or give me a ring for more information Tracy</th>	Newbrook Fish Newbrook Fish supply us twice weekly with our fresh fish. They box and deliver a selection of fresh fish and shellfish - a mixed fish box starts at £20.00 - on Fridays. Why not order a box for yourselves or to share with someone. I would be happy to take it in and store it for you to collect from us. Phone them on 077733 66868 or 01548 511232 to discuss your requirements. or give me a ring for more information Tracy			
1	Kochi Lamb Curry, Old Delhi Buttered Chicken, Butternut				
	Pumpkin, Aubergine, Red Lentil , Dahl, Aloo Gobi, Poppadoms, Chutneys	£15.00			
	or Panfried Aged Rib-eye Steak, Portobello Mushroom, Chips	£16.95			
	or 'Doombar' Fried Cod Fillet, Chips, Crushed Peas	£10.95			
Sunday Lunch, including Traditonal Roast We have two new menus in addition to our usual Dinner Menu:					
	Grilled Gammon Steak, Pineapple, Chips Beef Shin Lasagne, Picked Green Salad	£9.50			
_	Honey Pork Sausages, Onion Gravy, Mash	£9.50			
Marridge Farm' Beef Burger, Gruyere Cheese, American Slaw, chips £10.95 Bowl of Chips £2.95					
					New Children's Menu
	- Mancaroni, Cheese, Gratin				
	Honey Pork Sausages, Baked Beans, Mashed Potato				
	J.E. Cheese Burger, Chips	04.50			
	Battered Gurnard Fillets, Crushed Peas, Chips	£6.50 per dish			
	Booking is always advisable				
	From July: Take Away Fish and Chips	£9.95			
	Served in a newspaper carrier bag	1,7.70			



RINGMORE/ST. ANN'S CHAPEL FOOTPATH