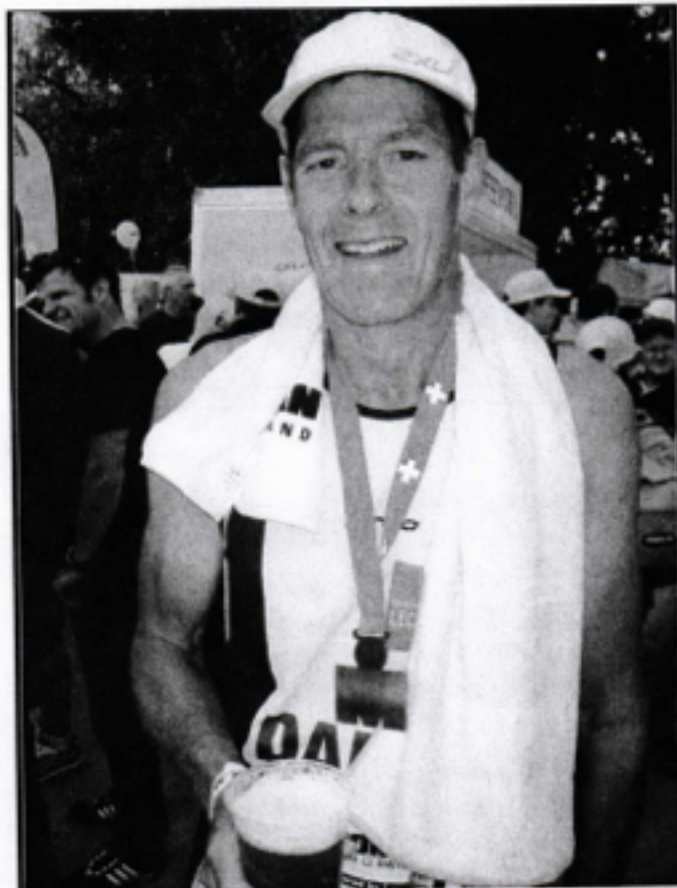


Ringmore Parish Newsletter

SEPTEMBER 2010

Issue Number: 300

Deadline: Midday 24th September 2010



Dane the Ironman
Report on Page 5

DIARY DATES

Monday:	Short Mat Bowls	7.30pm
Tuesday:	Table Tennis	8.00pm
Friday:	Quiz Night, Regatta Bar	8.45pm

September

1st	RBL meeting, Journey's End	7.30pm
3rd	Supper 'n Jazz, WI Hall	7.30pm
8th	Anna's Farewell Tea for Jules	From 3.00pm
9th	WI Meeting, Business	7.30pm Talk 8.00pm
10th	Jules' Final Locals Night, JE	From 7.00pm
13th	Short Mat Bowls	7.30pm
17th	Village Service, Ringmore Church	9.30am
21st	Parish Council Meeting, WI Hall	7.00pm
24th	Macmillan Coffee Morning, Anna's	From 10.30am

October

3rd	Harvest Lunch, Parish Room	12.30 for 1.00pm
4th	Tearfund Lunch, WI Hall	12.00-2.00 pm
6th	RBL meeting, Dolphin Inn	7.30pm
15th	'Keep the date free'	7.30pm
17th	Village Service, Ringmore church	
	"The Persecuted Church"	9.30am
19th	Parish Council Meeting, WI Hall	7.00pm
23rd	RBL Film Show	7.00 for 7.30pm

November

1st	Tearfund Lunch, WI Hall	12.00-2.00pm
3rd	RBL meeting, Journey's End	7.30pm
23rd	Parish Council Meeting, WI Hall	7.00pm
27th	Christmas Bazaar, Parish Room	11.00-2.00pm

December

1st	RBL meeting Dolphin Inn	7.30pm
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MOBILE LIBRARY: FRIDAY 3rd & 17th

St. Ann's Chapel	2.30-2.45
Ringmore Church	2.50-3.10
Challaborough	3.20-3.35
Kingston Fire Station	4.00-4.30



A FOND FAREWELL to Juliet and Lily. We will miss you but hope the future brings you much happiness and joy.

A WARM WELCOME to Tracy and Connor we wish you success and enjoyment at the Journey's End

All opinions expressed in this newsletter are those of individual writers, and not necessarily those of the Editorial team. The Parish Council does not guarantee or accept liability for any literature, advertised goods or services. They have not inspected or made checks regarding suppliers. The Editorial Team's decision is final.

Please send items for inclusion in the newsletter to the editorial team c/o: 8 Crossways, Ringmore, TQ7 4HP OR e-mail: news@ringmore.net OR contact any of the team: Emily 811210, Jane 811218, Gillian 810303, Karen 810382, Sandy / Billy 810572, Lynn 810093

The list of trained First Aiders

REMEMBER TO ALWAYS RING 999 FIRST

Sandy Hammond	810572	Emily & Andi King	811210
Alan Eaves	810648	Karen Purdy	810382
Mike Wilson	810211	Jane Reynolds	811218
Debbie Mercy	811276		



Nothing to Report in the Parish of Ringmore

If you are thinking of buying a second-hand outboard you might be interested to see that the following outboard motors have been reported stolen to Sussex Police - Project Kraken. Serial numbers are as follows

Yamaha 80 hp serial number 6D7L1010736.
Yamaha 15 hp serial number 6AGKS1011548H
Yamaha 15 hp serial number 648KS1020727
Yamaha 15 hp serial number 6AGKS1011547H
Suzuki 9.9 hp serial number 00994F - 010126

I have also been asked to make ACA members aware of the following crime complaint:
JK/10/492 - theft of orange/white 9 foot long glass fibre tender that was anchored on a grass bank by the Avon near Timbers car park. Have you seen this boat or been offered one matching its description? If so please contact PC 6805 Rachel Ward at Kingsbridge Police Station on 08452777444.

THE PARISH BOUNDARY STONES

The Parish Boundary Stones Project is coming along and the installation week, September 20 -27 is just a short time away. We just hope for reasonably dry weather between now and then so the ground is hard enough for the work

Sibelco at the Lee Moor Works have agreed on more than enough suitable stones for us to use. John Tucker from Bigbury is supplying three local stones for the National Trust sites along the coast. Nick Rowell from Kingsbridge is overseeing their transport and positioning. And the detailed arrangement of each stone had been discussed and agreed with all the landowners.

There will be a stand at the Village Fete on Monday with maps and details of the project as well as some of the Grimshaw family on hand to discuss the arrangements and how local people might wish to join in during the installation. Although I think that we have got most of the details worked out there are numerous things which would be useful. For example, two or three photographers are needed to pick up the action of actually installing the stones, because once done this chance won't happen again and we hope to write the whole project up as a record for the Parish. It has been suggested that it would be worthwhile burying a time capsule below each stone recording some current part of Parish life. We may need one or two drivers to help marshal traffic as the stones come through because the loader really needs a clear passage and will not be easy to pass, and even a thermos of tea would, I guess, be a welcome sight out on the project.

These and other ideas for marking the Parish boundary Stones Project a memorable event can all be discussed and arranged at the Fete, so please come. And remember that the first stones will be arriving on Monday morning September 20.

John Grimshaw August 20

ACA BBQ

I write to express the thanks of the Committee to all those of you who came along to our recent BBQ, bought raffle tickets, prepared some excellent food or donated some wonderful raffle prizes. Your continuing support and enthusiasm is very important both to the survival of the Association and to its being able to maintain any influence in matters affecting the river. Overall, the evening seems to have been a great success both socially and financially. We raised over £670 to support our environmental conservation activities, much of it from the raffle, and we are very grateful to all concerned.

Stuart Watts

CHURCH SERVICES & THOUGHT FOR THE MONTH

	Bigbury 11.00 am	Kingston 9.30 am	Ringmore 9.30 am
5 th September	Family Communion	Family Communion	Family Service
12 th September	Family Service	Family Service	Family Service
15 th September (Wednesday)	Holy Communion at the Korniloff (2.30 pm)		
19 th September	Harvest Festival	Holy Communion (BCP)	Village Service
26 th September	Holy Communion (BCP)	Harvest Festival (11 am)	Family Communion
			Special Service re Parish Boundary Stones (3 pm)

LOST TREASURE

Listening to friends' recent adventures reminded me of our own summer holidays when the children were young. Part of the bedtime routine was reading them a story, like "Caravan Holiday". I think it was more to get us in the mood rather than the children. They didn't need much persuading!

Recently our grandchildren, Lily and Charlie, were with us and the story was Enid Blyton's "The Treasure Hunters". Three intrepid children (no, not the Famous Five this time) set out to find long lost family treasure whilst holidaying with their grandparents in their old country house. Each day's adventure seemed to bring them a step closer, but often they were frustrated by events they could not control.

And I remembered how I was once struggling to find treasure, or at least something deeply hidden. My search for faith was frequently frustrated by meeting others who seemed to have found it, a relationship with God, which meant a great deal to them; more than merely believing He existed. And other people trying to explain didn't seem to help very much.

Going back to treasure for a moment I suppose the nearest most of us get to finding it is actually when we've lost something valuable or very important to us. Recovering a watch, a ring or even a pair of reading glasses can have us practically jumping for joy. It's funny, isn't it, that's exactly how God seems to respond when someone who was lost to Him is found. In the story of the lost sheep it is the shepherd himself who goes out on the hillsides, finds the lamb, brings it home and throws a party to celebrate. Maybe we can afford to relax a little in our search for faith and allow ourselves to believe that after all it is we who are the treasure and it is God who is seeking us.

Now I really must speak to Lily and Charlie about "The Treasure Hunters". You see, they took the book home before we finished the story.

Mike Jefferies

*Team Rector: The Revd Neil Barker (830260: not available on Mondays)
Team Vicar: The Revd Mike Jefferies (550841: not available on Thursdays)
Team Reader: Michael Tagert (810520)*



We were very pleased that the photograph printed in last month's newsletter produced such a good response

Christopher Piercey wrote:

My first guess was that the picture was of a Model T Ford taken about 1923-1924. I know of a Trojan reg. no. TA 9162 and that was built 1924. TA is a Devon registration presumably issued by Exeter. The car looks new (good tyre tread) and I thought that it was probably an imported car as it has LH drive. T's had been made in Manchester from 1910 presumably all with RH drive. Also I noted the side lights which US built cars of this age wouldn't have had and that may be because in the UK by the early 20's wing mounted side lights were considered essential but not so in the US.

I emailed the photo to The Model T Ford Register of Great Britain and they confirmed it was a Model T. However it was not an import as I thought but a Manchester built car with LH drive. Apparently all the British T's between 1919 and 1922 were LH drive because by 1919 Ford had decided that they must have a starter motor and a dynamo and it took them 3 years to sort out the engine compartment layout so that the steering column and the dynamo could both be on the RH side of the engine.

On the basis of its registration number, the overall appearance of the car and particularly the sidelights, it seems that the most likely date for the registration was July/August 1922 but it could have been early 1923. From the orientation of the road outside the pub the sun would appear to be in the south west. So the shadows, the people's clothes and vegetation suggest perhaps around 5.00pm in May/June; so I'm suggesting that the earliest the photo could have been taken would have been late Spring, 1923 or perhaps the same season in 1924. Of course this is assuming its new appearance is not fooling us!

Peter Phipps also checked the register and agrees with these findings.

Alice Mason, who is sent the newsletter each month by Pam and Stan, wrote to Julie and this is the information she provided:

The man with the bowler hat and stick was my grandfather. He and my grandmother and their six children lived in the middle cottage of Cumberland Cottages. My father, who was one of the children, was born there. The man standing with my granddad was called George Caulwell. He and his wife lived at Channel View where Ray and Bessie Hext used to live. The car was owned by Mr. Glanville who was the landlord of the pub. In those days the pub was called the New Inn, not Journey's End and there was a shop there to serve the village. My grandfather was called Richard Farley. The man in the driving seat of the car was called Bert Pierce. He was married to my aunt, my father's sister. They also lived at Cumberland Cottage. I think this photo could have been taken about the year somewhere around 1925. I also remember my father saying that Mr. Glanville did a bit of taxi work. I think the people in the village thought it was a bit of a novelty to own a car. I think the car had to be started with a handle in the front. It didn't always go.

Barry Old for the Historical Society confirms the above except he thinks the man in the front passenger seat may be Mr. Pierce and that the driver is probably Edwin Glanville. (The fact that the car is left hand drive might be confusing). He adds that the two women in the rear seats are Mrs. Glanville and Mrs. Padell. He doesn't know who the dog is but does know that Edwin Glanville was at the New Inn in the early 1920's, the date of the photo is likely to be sometime between 1920 and 1925 and may portray Mr. Glanville showing off his new car.

Many thanks to Alice, Barry, Christopher and Peter for showing such an interest and providing us with this fascinating information.

DANE'S IRONMAN CHALLENGE

Zurich, Switzerland, 25th July 2010

We arrived in Zurich on the Tuesday before race day, having driven by camper van - thanks to Richard and Stephanie for the loan of the van. We spent the first couple of days sightseeing and basking in temperatures of 34 degrees C. and watching the Ironman village being erected and soon it was time to register. At this point, I realized that this was what it was all about as we milled around with other competitors and spectators. Race briefing took place on the Friday after and, by now, the sun had been replaced by torrential rain. Sunday dawned with no rain or wind: I was up at 4.30am for a light breakfast. Then we met up with our friends, Pete and Debbie, who had come over for the weekend to support me and keep Hilary company during a very long day, before going to the start area.

The swim, in the lake, consisted of 2 legs of 1.9 km. each and we had to get out and run over a small island before starting the second leg. My swim was chaos to start with - lots of pulling back, swimming over legs and general rough and tumble.

Time 1 hr. 05 mins. for 3.8kms.

A quick change, wave to Hilary and co. and on my bike to find that the bike computer would not start so I had to rely on my wrist watch. The ride is 2 laps of 90 km. - each 20 km. of flat before turning away from the lake into the hills which were a bit like riding from Tavistock to Yelverton. Then downhill into Zurich again before the dreaded 5 mile stretch of Heartbreak Hill. Fantastic support, thousands of spectators over the road and only enough room for one bike at a time to get through at the top.

Time 6 hrs 06mins. for 180 kms.

Another quick change and then onto the Marathon. I had never run a marathon before, never having run more than 18 miles before. It consisted of 4 laps, all flat, on tarmac and gravel. Plenty of support on the route, bands playing and plenty of food and drink stations. After the first lap I thought I might manage to do it just inside 12 hours but after the second I knew it was unlikely. The third lap was harder with cramp starting but my support team were on hand with a freeze spray, which certainly helped. I also walked for a short while whilst I had an ice lolly! The was beginning to struggle by the fourth lap but I worked out that, if I tried a bit harder, I might get under five hours for my first marathon. The finish got ever closer and one of the best things I have ever seen was the finish chute and line - such a relief.

Time 4 hrs. 56 mins for 42.2 kms.

My final time of **12 hours, 18 minutes and 18 seconds** including transition time between events was a great time for me as I had set myself a target of between 13 and 14 hours. The winner completed the race in 8 hrs. 30 mins. and the last finisher clocked a time of 15 hrs and 50 mins. I came 1,370th overall and 63rd out of 127 in my age group.

The whole experience has been very positive for me and, yes, I would do it all over again! I enjoyed the training, the build up to race day and I have learnt that, no matter who you are, how fit you might be, if you want something badly enough then there is nothing that can stop you achieving your dreams.

Many of you reading my report will have sponsored me and I am delighted to say that we have raised over £3,000 for the Royal British Legion and local charities. Thank you for your support - not only this year but in the past and the future - as I am sure I will find another event to do in the next couple of years. I would also like to thank Nigel at the Golf Club, Sharon at Parkdean, Mick and Carolyn at Bigbury on Sea PO, Jules at the JE, Jeff and Jan at the Dolphin and Ashley at Bigbury Stores for helping to raise sponsor money by having forms on their premises. Finally Sharon, Ray, Nicky and Holly for their help in the shop whilst we were away and to Hilary and Kyrie for putting up with me.

Dane Vanstone

SCAM

Richard Baker sent the following to the Newsletter on 17th August 2010

Within the last 24 hours we have received a scam phone call from a company telling us that our internet service was running slow and that they could fix it. They started to tell my wife to click on certain items and press certain keys.

This is a scam and I have a recent publication on the subject (courtesy of Mike Wynne-Powell). Which I can email you upon request. As it happens we were having difficulty with our internet download speed but fortunately Jane told them that I would call them back and she promptly shutdown the computer. On returning home I immediately ran an anti virus scan of the complete computer (AVG 8 is available free from the internet).

Complying with what the scammer tells you to do may involve you in unnecessary cost or worse still could allow him access to your computer memory and passwords which might give him access to sensitive information eg. on line banking, payment of bills etc.. This could result in your bank account being stripped.

On no account should you press any keys or give any information concerning your email address etc. to anyone asking for it in this way. Shut down and run an anti virus scan in case they have already penetrated your computer through a "cookie" attached to an internet website that you may have accessed recently. Delete or quarantine all "cookies". If you don't already do so, you should run an anti virus scan and delete "cookies" at least once a week.

Richard has since sent further information:

I have learned from Stuart that someone in Bigbury has had a similar experience. I consulted my "techy" son in law who recommended I ran a special anti spyware program

<http://fileforum.betanews.com/detail/Spybot-Search-Destroy/1043809773/1>

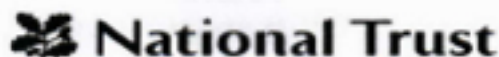
This program, which is free, only identifies whether you have an infection and most infections are not critical. To my horror I found that I had an infection from a Zybort virus which is capable of downloading your banking details to the originator of the virus. My normal anti virus had not picked it up or dealt with it. It then cost me some cash with www.PCTools.com to apply the relevant protection.

I am still suffering as a result of this virus attack. I down loaded the antidote which has worked well on my XP computer but my work computer which uses Vista is still down and I am having to use this laptop to correspond. Any Vista users should contact me before using PC Tools antidote, by then I will know what went wrong.

Further information available if needed

This year's annual RBL Film Show will be the bitter-sweet comedy
"A Foreign Field".

On the 50th anniversary of D-Day Leo McKern and Alec Guinness revisit
the Normandy beaches where a surprise awaits them.



As ever, August has been a busy month for the South Devon Ranger team with many events occurring throughout the holidays and more still to be organised.

A Pond Dipping and Mini Beast Hunt was held at East Soar Farm on 3rd August and despite the poor weather the event was fully attended and enjoyed by children and adults alike. There were an abundance of toads, water boatmen and damselflies; all indicating a happy and balanced pond life. Happily, the weather didn't deter the children's enthusiasm or the presence of beasts discovered.

On Friday 13th August we had a very welcome sight at Wembury Point. Roly, the spotty foal returned. Roly was born prematurely and only with round the clock nursing from the ranger team did he survive. A couple of months later, he is now fit and strong and he is back at Wembury to help with our conservation grazing. Come and have a walk round Wembury Point and see if you can spot this beautiful little pony, but please bear in mind these ponies are wild, so please do not try to touch or feed them.

On the **25th September** the South Devon Walking Festival kicks off for a week of exploring the local countryside to celebrate the 50th anniversary of the South Devon Area of Outstanding Natural Beauty. All walks include the opportunity to learn more about the surrounding wildlife, history and heritage, wild food, night walks and much more. In total, there are 33 guided walks available, all of which offer something unique to South Devon. Many walks run over National Trust managed land and on **29th and 30th of September** there are two guided walks given by National Trust Rangers. There's something for all ages and abilities.

You may have seen our new engagement trailer which we used recently at the New Barton cook out and at the Yealmpton show. We are using the trailer as a way of promoting our work at events and shows. Any feedback about our trailer and the new countryside logo would be most welcome. As well as this you may notice a change in the colour of our uniforms from the traditional green to our new style blue. These changes signal that we are heading in a new direction – putting people and the local community at the heart of what we do whilst continuing to care for our countryside.

How about joining us on one of our events?

Thursday 16th and Friday 17th September - Green woodworking in the woods.: Have a go at working with wood over 2 fun days making items like gates, handles and rakes. Discover how to turn wood and learn the crafts of coppicing and cleaving all in a beautiful woodland setting. Cost £20 per person. Just a couple places left.

21st September – Great Walls of Wembury – Learn how to build a stone wall: Jericho, Hadrian and China all had great walls. Time to build your own using Devonian shale stone to make your own great wall, which should last generations. Cost £10 per person. 6 spaces left.

30th September – Walk Talk and Munch: Come and have a walk through our woods and estuary side at Noss Mayo and discover and taste the bounty of edible wild foods in the area. Cost £5 per person. Plenty of spaces left.

For more information and to book on any of these events please contact: Sue Beegan, 01752 346585, sue.beegan@nationaltrust.org.uk

Please stop and have a chat to the team if you see us out working or if you have any comments about the work of the National Trust. For further information please call Lorna Sherriff – ranger for South Devon on 01548 562344 or email lorna.sherriff@nationaltrust.org.uk

COMING SOONTO A REFURBISHED VENUE NEAR YOU

READY STEADY ARRANGE

Keep the date 15th October at 7.30 pm and see details in next month's issue

NEWS FROM ALL HALLOWS

"CAP'N" JESUS AND HIS PIRATES AT ALL HALLOWS, RINGMORE, AUGUST 15th



Through the eyes of a 3 year old
No I don't want to go to the Church where the pirates are" was my first response: but then maybe, I'm going to be brave- "Let's go!" When we got outside there were a few steps up through some giant doors with iron bars, and inside were lots of children and some grown up people. Quite a lot had paper pirate hats and black eye patches, a few had painted faces, and they were all singing a song. A nice lady gave us a sheet with the words they were singing, I can't read yet, so I just listened and watched. I didn't know anyone there except Nana and Granddad and my favourite soft toy Heffle. Heffle hid in my lap, I think he was a bit nervous of all the people as I was, but

we soon got a bit used to it. Granddad helped Heffle to join in with the actions until the end of the song.

The leader pirate was not at all fierce: she was nice and gave us all a wave shaped piece of paper for us to write on anything that had made us afraid. Well for me that was easy because I had woken up in the night, not in my usual bed because I was visiting Nana, and I had heard a strange noise. No it wasn't Granddad snoring more about that later! Nana wrote on the paper so the pirate leader knew what had made me afraid, and everybody gave their pretend waves back to the pirate helpers who made a sea out them. They even had a boat in church, so the waves were put around it and three little pirates got into the boat.

The Pirate Leader then told us a brill' story about a man called Jesus and his friends who were in a boat when a big storm came. Jesus wasn't afraid and just went to sleep, but his friends were really scared. We all helped with the story by doing actions, blowing hard for the wind and waving our arms, making loud noises for the thunder some by banging pots and pans and snoring whenever we were told that Jesus was asleep. Yes, Granddad was good at that bit, but he has lots of practice Nana told me. Some of us even got caught in sea spray. The whole story was fun, but it had a serious point to it. The end of it told how Jesus stood up and commanded the storm to be still, we had been asked if we had ever commanded something to be still. The only ones who had some small success in this were those who owned dogs that they had trained well. We all understood that Jesus, as owner and maker of the world, can tell things in the world to calm down and stop bothering his friends. The idea being that we tell Jesus about the storms in our lives, and he either calms them down or he gives us the strength to beat them - so I did and slept well that night. Heffle who had hidden under the seat in the storm, decided to jump over the seat and have a swim in the sea when it was calm. He did this while people were singing a gentle song which came at the end.

Afterwards we had drinks and biscuits. I had a jammy dodger my favourite. Heffle was ready to go home, but I let Nana hold him while I went outside and played hide and seek with two other pirates who were on their pirate holiday from London. It was good. I might go again next time I'm in Ringmore on a Sunday, "So thank you and Ahoy there" to the J. Team.

VILLAGE SERVICE OCTOBER 17

The persecuted church - what does this mean? Those who are being persecuted for their faith could solve their problems at a stroke by simply ceasing to be Christians. Why have 50,000 Christians in North Korea gone to labour camps - and worse - rather than renounce their faith? We shall be looking at some of the many people who are currently facing martyrdom for their faith, the lessons we can learn, and how we could respond. Do join us!

REPORT FROM THE WI

Sean and Sharon excelled themselves - some of the questions at the inaugural Curry and Quiz night were obscure to say the least!!! We were delighted to see so many quizzers – both locals and holiday makers – and the evening was a great success. After a splendid selection of curries provided by Craig Worthington from the Bay Café in Bigbury on Sea, it was time to pack ourselves into the Hall and knuckle down. After 8 rounds of testing questions (sometimes the obvious answer was the correct one!), it came down to a tie break and the best team won (actually the other one saw the trophy before answering the question, which explains a lot!). Very many thanks to Sharon and Sean for all their hard work and we look forward to the next Curry and Quiz night.

SEPTEMBER MEETING

The next meeting is on Thursday 9th September when Wendy Richards Wood will be giving a talk on Hearing Dogs for the Deaf and we will be joined by Chris Goard and his hearing dog Thelma. The WI business meeting is at the usual time of 7.30pm, followed at 8pm by refreshments and the talk, to which everyone is invited.



Friday Sept. 3rd



7:30 Ringmore WI Hall

Tickets: £10.00 including a glass of wine
From : Holywell Stores
: Ann Bracey 810666

Australian Saxophonist Jeremy Peacock and
Jazz Pianist Shaun Bracey – comments
overheard at a recent Shaftesbury Concert
included "Aren't they terrific" : "They're
brilliant together" : "Such talented musicians"

IN AID OF RINGMORE PARISH ROOM IMPROVEMENTS

Jonathan Ross has been accused of shoplifting a kitchen utensil from Tesco. Ross says it was a whisk he was prepared to take.

Mega Great Enormous
Huge Whopping
Big Friday 24th September
Super 1 Cumberland Cottages Ringers
Drink coffee: eat cake: raise funds



WORLD'S BIGGEST
COFFEE MORNING

9330

From 10.30 am



Support a great cause!
Bring your money!

Elephantine

Humungous

0-0000

KESTRELS AT AYMER COVE



I have watched the Kestrels at Aymer Cove and there seems to be a family of five youngsters in all. I wondered what they were hovering, stooping and catching in the fields, so decided to try and photograph them in action. These two shots (from many!) show one of them which has caught a Great Green Bush Cricket and then taken it to a fence post to devour it!

Mike Wynne Powell

MOONWALK 2010

On 31st July I took part in the Moonwalk around Plymouth (13 miles) in aid of St. Luke's Hospice. There were approximately 2,500 women walking, all with pink t-shirts, some in fancy dress, lights on their heads, luminous lights around their necks. It was a fantastic sight. Some women walked with their dogs (I left Bella at home). One young girl pushed her mum in a wheelchair and there was even a blind lady. The atmosphere was fantastic; cars blowing their horns, people cheering us on. We started at 12 midnight from Plymouth Argyle Football Ground. I walked with a group of 7 who were from Kingsbridge petrol station. I trained with my friend Simone from Bigbury on Sea (you might have seen us out walking). The start of the walk was very slow for the first 2 miles—there were so many women but were soon able to spread out. It was not a race but Simone and I were out to do our personal best of 4 hours. We had organised stops, water on the route, lots of marshals to cheer us on. Halfway was Nova Motel (off A38) with a cup of coffee or tea plus sweets but we pressed on up Embankment Road back towards the city centre. I've never seen so many taxis, cheering us on, wishing us good luck and saying "good morning" which sounded funny as we had forgotten it was Sunday morning. Simone and I walked over the finishing line at 4.10am, very pleased, to a welcome bacon roll, cup of coffee and the medal.

A hot bath when I got home, a few hours sleep and I was fine without any after effects; no sore feet thank goodness. I raised £307 and, as a team, we raised altogether just over £1,000. What was so amazing was the overall total raised for St. Luke's was approximately £160,000. It was great fun - a night to remember and I will definitely do it again. Anybody joining me next year?? Thank you to all who sponsored me.

Julie Linzell

CHURCH OF ALL HALLOWS

HARVEST LUNCH

in the newly refurbished
RINGMORE PARISH ROOM

SUNDAY 3rd OCTOBER 2010



AT 12.30 FOR 1.00 pm



COLD BUFFET: BEEF, HAM, SALMON OR
VEGETARIAN, A GLASS OF WINE,
DESSERT, FOLLOWED BY COFFEE

(BUFFET SUPPLIED BY TRACY & CONNOR FROM
THE JOURNEY`S END)



£ 11 (UNDER 14`S £5.50)



TICKETS FROM

PHILL 810547, DRINA 810405, JUDY 810420
& THE JOURNEY`S END 810205

Church Garden Seat

Following numerous repairs over the past few years the All Hallows church garden seat has finally broken beyond repair. The seat was very popular, positioned under the great yew tree for those who wished to spend time thinking about past loved ones, or just sitting and relaxing in the quiet and peaceful surroundings. I propose to purchase a new seat and wondered if anyone from the village would like to sponsor the seat in memory of a loved one. If anyone has an interest then please contact me, Phill Errett, on 810547.

A Note For Your Diary

Tearfund Lunches start again on
October 4th from 12 midday to 2.00 p.m.
at the WI Hall, Ringmore

Come and enjoy delicious home made soup and roll,
followed by fruit crumble with ice cream,
tea or coffee.

All donations go to **Tearfund**, a Christian charity working directly with local churches in third world countries.

If anyone would like either to help on the day or provide a soup or crumble, please phone
Judy Bull on 810420
(We should be very grateful!)

There will be further lunches on the first Monday of November, February and March
Look out for them in the Newsletter Diary

BULLYING

People say I'm useless at maths
Squares, shapes and me,
I guess it just wasn't meant to be.
People say I'm useless at sports you see
They say I haven't got eyes for maths or running
They're just being mean.
Someone inside me wants to pinch, punch and bash,
But I don't want to be known as the child who is bad
Inside I am building, taking everything in
I'm gonna give it back to them, all that they did.
Not being nasty.
Just giving back what is too heavy for me.
See how they handle it, see what it's like to be me.
Then we'll be evens, holding each other's hands.
So off I go, it's come, it's today.
I'm holding my tin, holding the lid.
Shaking up hard,
All the anger and sadness within.
Time to try something new.
"Hey big bully—I'm not scared of you".
Elysha Radford

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Emily or Gillian

Roast Potatoes – Sharon Style

Following on from the WI Summer meal I have been asked several times for the recipe for my roast potatoes. So here it is although a little vague as they are very much to individual taste and probably not for the very healthy eaters out there.

Maris Piper potatoes (or similar)
Dripping/Lard (or as I do use collected meat fat & juices from various roast dinners)
Salt
Pepper
Paprika
Several small sprigs of Rosemary

Heat your chosen fat in roasting dish until piping hot and carefully put in peeled and raw potatoes (NOT PAR BOILED) which you have already chopped to desired size. Season to taste, sprinkle with a little paprika and fresh rosemary sprigs and toss around until potatoes evenly coated with seasoning and fat. Cook in oven temperature 180 c for about an hour, if extra crisping required I usually just turn oven up for last 10 minutes. Baste and turn to prevent sticking a couple of times during cooking.

Simple but effective - Enjoy !!

CALLING ALL KNITTERS

As the evenings draw in and you are looking for a way to fill them, you might like to knit a scarf, hat or glove puppet for OPERATION CHRISTMAS CHILD. Patterns are printed here or you can use your own. Either way it would be greatly appreciated.

Now is also a good time, before the rush begins, to start collecting SHOEBOXES (approx 18x40x13cm) from shops and ITEMS TO GO IN THEM.

Many thanks, Alison Wynne-Powell



Operation Child Beanie Hat

You will need: Double knitting yarn

No 8's or 4mm needles

No 6 needles

Cast on 80 stitches using No 8.

Work in K1, P1 rib for two and a half inches or knit same in garter stitch if preferred.

Change to No 6 needles and work in stocking stitch (1st row knit and 2nd row is purl) until work measures 5 inches from commencement.

Shape Top. Right side facing:

1st row: * K8, K2 together. Repeat from* to end of row. 2nd row: Purl 3rd row: *K7, K2 together. Repeat from * to end of row.

4th row: Purl 5th row: *K6, K2 together. Repeat from * to end of row.

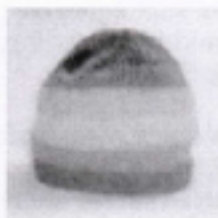
Continue decreasing thus until 16 stitches remain.

Break off wool, thread through remaining stitches, draw up and fasten off securely.

To make up:

Pin out and press on wrong side under a damp cloth. Join seam. Press seam.

Note: K = Knit P = Purl



Operation Christmas Child Clown Hand Puppets

You will need: Oddments of double knitting wool, including white and colour suitable for hair and 1 pair size 8 (4mm) needles.

Cast on 44 stitches work 6 rows in rib.

Change colour and work 24 rows in stocking stitch in various striped wool.

Next row: Change colour wool and cast on 10 stitches. Knit back 32 altogether, turn leaving remaining 22 stitches on a spare needle, cast on 10 stitches. K4 P34 K4

Continue for a further 6 rows remembering to knit the first and last 4 stitches on purl rows.

Cast off 12 sts. Knit to end of row Cast off 12sts. Purl to end of row.

Slip these stitches onto spare needle, and break off wool.

Rejoin wool to 22 sts on first spare needle, and work to match.

On last row purl across the stitches left on the second needle giving total of 36

Join on white wool for the face and K 18 sts. Join on colour for hair and K further 18 sts. (Taking care to twist two yarns together at join.) Work 10 more rows in stocking stitch twisting yarns each time to avoid a hole.

Join on first colour for hat

Work 2rows garter stitch Next Row S.1.K.1. p.s.s.o. K14 K2 tog. S.1.K.1.p.s.s.o. K14 K2 tog. Knit to end
Next Row Purl.

Repeat these last two rows until 2 sts remain. (The middle number of K's will decrease each time.)

Cast off.

Embroider facial details on white piece of knitting.

Sew up.

(Your imagination could come up with many variations - e.g. Father Christmas)



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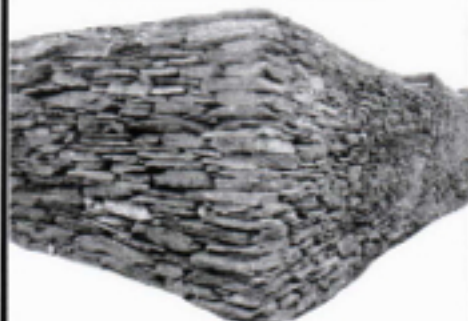
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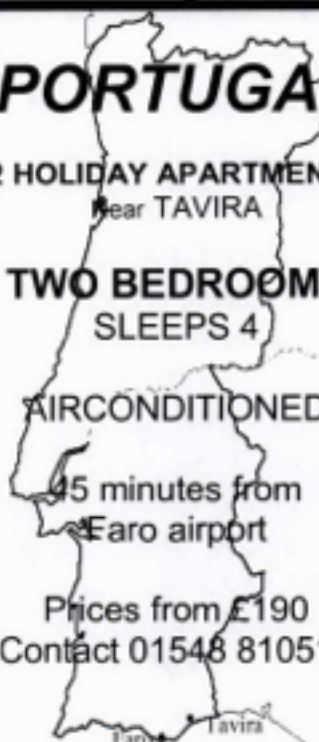
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As some of you may know, I have sold my lease on the Journey's End Inn. My last trading day will be September 14th, to celebrate my four years as Landlady, please pop in for my final local's night on **Friday 10th September from 7pm onwards**

I would like to take this opportunity to introduce the new owners Tracy Brand & Connor Heneghan. I have told them what a fantastic village Ringmore is and I wish them happiness & success.

Lily and I are moving back to London to be closer to our family. We wish to thank Ringmore & all of the villagers for all your amazing support and friendship. We will keep in touch and wish all of you the very best for the future.

JULIET KANE – LANDLADY – THE JOURNEY'S END INN

RINGMORE NEWSLETTER CRYPTIC QUIZ 2010

In order to raise funds for the Ringmore Newsletter, please complete this quiz.

The clues may be cryptic but anagrams, puns and clumsy pronunciations are used. Answers to questions 1-25 are the names of towns and villages in the UK and answers to questions 26-50 are the names of pop groups or pop artists from the last 60 years

Name

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Towns, cities or villages		Pop groups or artists	
✓ 1. Arthur Wellesley	WELLINGTON	26. This sheer faced chap doesn't use the diminutive Dick	CLIFF RICHARD ✓
✓ 2. There is a palm tree in Wales!	LAMPETER	27. Do you want some orange juice with your champagne?	BUCK'S FIZZ ✓
✓ 3. Keep a lookout for a friendly alien	WATCHET	28. William worships this God	X 0
⊗ 4. Shooter's Tally		29. A determined first man	ADAM ANT ✓
✓ 5. A bright spark might come from here	FLINT	30. Wonderland character makes barrels	ALICE COOPER ✓
⊗ 6. Nearly everyone is wiser		31. Ready made brussels	0
✓ 7. Sounds as though some nuns still wear this	WHIMPLE	32. Colourful but irritable	. 0
0 8. Fix firmly		33. A fruity vista?	X 0
✓ 9. A boy on the sheltered side	PETERLEE	34. Calculating Birds	X 0
0 10. A poignant seaside town!		35. An alliance of mortals	X 0
✓ 11. Drinking area with an eating place	BARMOUTH	36. Quite clearly this colour	SIMPLY RED ✓
0 12. Cockneys keep abreast of this place		37. Is this overweight character playing a pub game	FATS DOMINO ✓
0 13. Is 'e him? No!		38. Genuflect on this gem	NEIL DIAMOND ✓
✓ 14. Select a piece of jewellery for the queen	PICKERING	39. A friend we see at Christmas?	BUDDY HOLLY ✓
✓ 15. Kneelers	HASSOCKS	40. Throw that fruit	CHUCK BERRY ✓
0 16. The fool's backside		41. Mr. Howard visits L.A.	. 0
✓ 17. Cannibalized sister	NUNEATON	42. It's the parents	MARAS → THE PAFAS ✓
0 18. A hard woman who dominates!		43. Entry and exit points	DOORS ✓
✓ 19. Advertise dried grape	MARKET RASEN	44. Are you crying because you're scared?	X 0
✓ 20. Call the golden band for an encore	RINGMORE	45. Robert and his magic rabbit	BOB DYLAN ✓
✓ 21. The flock showers	SHEEPWASH	46. This residence is packed	X 0
0 22. Is this a dressmaker's assistant?		47. This band gropes to switch on the illumination	X 0
✓ 23. Mouth Organ	TONGUE	48. James who said goodbye in German	X 0
✓ 24. Sounds like a cowboy film about a very fast horse	WESTERN SUPER MOTOR	49. Could this be a London postcode?	X 0
0 25. Did the Tudors come from here?		50. Are these guys all at sea?	. 0

The winner will receive £10.00

Please return with your fee by 22nd October 2010 to: James Parkin, Pleasant Cottage, Ringmore, Kingsbridge, Devon TQ7 4HW

DATE CHANGE

**Due to a change in plans Jules's Tea Party will be held on
Thursday September 9th
from 3pm not as advertised in the newsletter
Hope to see you all then**

DATE CHANGE

Due to a change in plans Julie's Tea Party will be held on
Thursday September 9th
from 3pm not as advertised in the newsletter
Hope to see you all then