



# Ringmore Parish Newsletter

December 2009

Issue Number: 292

Deadline: 9am Tuesday 22nd December

Good Christmas & New Year  
wishes to  
Ringmoreians all  
From Anna



Jem, Lizzie, Hebe &  
Lilly wish all their  
friends and neighbours  
a Happy Christmas & a  
peaceful New Year

"Seasons Greetings to our Friends and Neighbours  
from James and Gillian"

Natalie & Shandy send Christmas Greetings and Good  
Wishes for the New Year to all friends in Ringmore



We wish all our friends in Ringmore a  
very happy Christmas and a peaceful and  
healthy New Year.

Robbie, Alan and Probie

I wish you all a very happy  
and blessed Christmas and  
a healthy and peaceful 2010  
Andrea

We would like to wish all our friends and neighbours in  
and around Ringmore a Happy Christmas  
and a Peaceful and Prosperous New Year.

John and Jane  
Walnut Tree Cottage



## Rainfall by Eleanor and Grace Purdy

Last Month: 155mm  
10 year average: 103mm  
10 year high: 203mm (2000)  
10 year low: 25mm (2004)

Please send items for inclusion in the newsletter to the  
editorial team c/o: 8 Crossways, Ringmore, TQ7 4HP

OR  
e-mail: news@ringmore.net or contact any of the team: Emily  
811210, Jane 811218, Gillian 810303, Karen 810382, Sandy /  
Billy 810572, Lynn 810093

## DIARY FOR THE MONTH

Tuesday: Table Tennis, 7.30pm (Parish Room)  
Monday: Short Mat Bowls, 7.30pm (Parish Room)

### December

2/12 RBL meeting, J.E, 7.30pm  
5/12 Church clean, Church! 10am  
5/12 Craft Fair, Modbury Memorial Hall 11-4pm  
13/12 Christmas Lunch, Bigbury Mem. Hall, 1pm  
18/12 Parish Boundary Stones Meeting, WI Hall, 6pm  
20/12 Candlelit Carol Service, All Hallows, 6pm  
24/12 Carols on the Green, Bigbury Village,

### January 2010

14/01 W.I Meeting, W.I Hall 8pm  
19/01 Parish Council Meeting, W.I Hall 7pm

Joyful Christmas Greetings are sent  
This year to help the environment  
Via this Newsletter to all our friends  
The money on cards we would spend  
To our favourite charities we will send  
So Healthy and Prosperous  
New Year wishes to you  
From Sally & Phil  
& Archie too.



Gill & Carmen would like to wish their friends  
and neighbourhood a Happy Christmas & a  
peaceful New Year.

The Chairman and Parish Council wish everyone a  
Merry Christmas and a peaceful New Year

All opinions expressed in this newsletter are those of individual  
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Council does not guarantee or accept liability for any literature,  
advertised goods or services. They have not inspected or made checks  
regarding suppliers.  
The Editorial Teams decision is final.

## MOBILE LIBRARY: FRIDAY 11th

St Ann's Chapel: 2.30-2.45  
Ringmore Church: 2.50-3.10  
Challaborough: 3.20-3.35  
Kingston Fire Station: 4.00-4.30



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Alan Eaves 810648  
Mike Wilson 810211  
Sean & Sharon Jones 810179

Emily & Andi King 811210  
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## CHURCH SERVICES IN DECEMBER

	<b>Big bury</b>	<b>Kingston</b>	<b>Ringmore</b>
	11.00 am	9.30 am	9.30 am
6 <sup>th</sup> December	Family Communion	Family Communion	Family Service
13 <sup>th</sup> December	Christingle	Christingle (4 pm)	Holy Communion (BCP)
20 <sup>th</sup> December	Carol Service	Holy Communion (BCP)	Carol Service (6 pm)
22 <sup>nd</sup> December		Carol Service (7.30 pm)	
Christmas Eve	Midnight Communion (11 pm)		
Christmas Day		Christmas Communion (10.30 am)	Family Service (10.30 am)
27 <sup>th</sup> December	Team Service in Woodleigh (10.30 am)		

One raw and wild winter night a farmer heard a strange thumping sound against his kitchen door. He went to the window and watched as tiny, shivering sparrows, attracted to the evident warmth inside, beat in vain against the glass.

Touched by their plight, the farmer was filled with compassion. He threw on his old coat and trudged through freshly falling snow to open the barn door for the struggling birds. He turned on the lights and tossed some hay in a corner. But the sparrows, which had scattered in all directions when he emerged from the house, hid in the darkness, afraid.

The man tried various tactics to get them into the barn. He laid down a trail of bread crumbs. He tried circling behind the birds to drive them towards the barn. Nothing worked. He, a huge alien creature, had terrified them; the birds couldn't comprehend that he actually wanted to help them.

The farmer withdrew to his house and watched the doomed sparrows through a window. As he stared, a thought hit him like lightning from a clear blue sky: if only I could become a bird – one of them – even if only for a moment, then I wouldn't frighten them so. I could show them the way to warmth and safety.

And at that same moment, another thought began to dawn on him. He suddenly grasped the reason that Jesus was born; that God had come on another raw winter night so many years ago.

*For God so loved the world that he gave his one and only son. That whoever believes in him should not perish but have everlasting life.*

The very best and blessed of Christmases to you. And a Happy New Year.

Mike Jefferies

Team Rector: The Revd Neil Barker (830260: not available on Mondays)  
 Team Vicar: The Revd Mike Jeffries (550841 : not available on Thursdays)  
 Team Reader: Michael Tagent (810520)

## RBL POPPY APPEAL 2009 – ANOTHER RECORD!

When I write this piece after the Poppy Appeal each year, I'm always expecting that at least one year we won't beat our previous year's record. ***This year of 2009 has exceeded all our expectations once again – at the time of writing, we have received over £7,300!*** Quite incredible really, and we can only thank you all for your wonderful generosity once again.

Our collectors who trudge the lanes and knock on doors, taking out the message, who symbolize so much of what the Poppy Appeal is about, so to **Carol Walters, Sally Denham, Helen Brown, Pam Trundell, Shaun and Sharon Jones, and Adrian and Judy Bull** a thousand thanks (In fact, several thousand!). True Poppy heroes.

Alan and Robbie McCarthy for the amazing Auction at the Journey's End which launched our appeal and raised a record sum well over £3,000. And thanks to all those generous people who contributed to the 119 Lots – a great evening, brilliantly organized. And thanks also to Jules – who looked wonderful in a vivid poppy red number – and her staff.

James & Jane Stevenson for 'The Man Who Never Was' film show. A great evening, well attended, with wine generously donated by Brian Stark.

Our friends at Bigbury Golf Club generously allowed us to use two of their Golf Circus Days to raise funds, with wonderful prizes sponsored by the Oyster Shack. The total raised was a wonderful £175.00. Tony Hobbs' and John Pearn's help with the scoring was absolutely critical – trust me, we would have been lost without them!

Tony Walters and a dedicated team of stallholders organised a superb Coffee Morning at Kingston – our best ever event of this kind – and a fantastic £960.00 was raised

Guy Eddy for organising the very moving Remembrance Service at Kingston. This is a very special event, and the church was packed out – always a wonderful sight. And sincere thanks to Michael Tagent who conducted a superb service. The collection raised a fantastic £341.00 – another record. Thanks also to Jeff at the Dolphin for the brilliant Remembrance Day lunch.

Deepest gratitude and thanks to all the pubs and local businesses that supported us. We depend on them every year and they never let us down. *We hope you will continue to use their services, and perhaps a word of thanks from you to them all would be appropriate as well – they deserve it.*

***Journey's End  
Holywell Stores  
Royal Oak  
Burgh Island Causeway  
Bigbury Stores  
Bigbury-on-Sea Post Office PO***

***Bigbury Golf Club  
Dolphin Inn  
Oyster Shack  
Old Chapel Inn  
Pilchard Inn  
Fryer Tucks***

Finally, a word of profound gratitude to Shaun and Sharon Jones who supplied all the businesses and collectors with poppies and then handled all the cash and payments into our account. They did a brilliant job. The sight of someone from the British Legion carrying several kilos of loose change is enough to send most cashiers scurrying for a comfort break, but thanks to the staff at Lloyds once again. At times like this you realise what a fantastic community we have here.

John Simes

The next meeting of the RBL will be on Wednesday 2 December at the Journey's End Inn, Ringmore at 7.30pm. There will not be a meeting in January.

The Bigbury Ringmore and Kingston Branch of the Royal British Legion wish everyone a very happy Christmas and a peaceful New Year.

### RINGMORE TABLE TENNIS CLUB

Wishes all Readers



Club evenings will continue throughout the Christmas/new year period on Tuesday evenings starting at 7-30 p.m. in the parish rooms. Visitors welcome

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## ANNUAL MEETING REPORT

Our President, Sharon Jones, welcomed everybody to this year's Annual Meeting, including Merrial Bramble, the local VCO. Jane Baker gave a full Secretary's report on the past year's activities, and Pat King gave a very satisfactory report of the Institute's financial situation. Sharon thanked everyone for the le pans support during a busy, but successful year. Sadly, Pat Skeels and Christine Freeman had passed away during the year, and were sadly missed by members. The new committee was elected with Sharon as President, Kash Bawden as Secretary, Jackie Tagent as Treasurer and Sally Errett, Pat Harper, Jan McCarthy and Margaret Wood as committee members. Pat King continues as the Hall bookings officer. Our charity for the coming year is Devon Air Ambulance.

After the formal meeting, members celebrated the Institute's 85<sup>th</sup> Birthday with wine and cheese – and of course a birthday cake.

### JANUARY MEETING – ADVANCE NOTICE

*Make a note of our meeting on Thursday 14<sup>th</sup> January at 8 pm in the W.I. Hall, when the speaker will be Sarah Hitchmough, on "Life in the Air: Tales of a Cabin Crew". All welcome.*

On behalf of Operation Christmas child I would like to say a huge thank you to everyone who supported the appeal. Through the generosity of those who gave donations of gifts or money, those who helped by collecting and covering boxes, as well as those who gave their time to help to sort and pack the boxes, we were able to fill 50 boxes. The proceeds of the Creativity exhibition, which amounted to £156.50, covered transport costs of £2.50 for each box and ensured that missing items could be added. I will know at a later date where they have been sent, but they looked really exciting and I'm sure will bring a great deal of happiness to the children who receive them.



Thank you. Judy and Alison

### *Em's Farewell Fiesta at The Journey's End Inn*

Sunday December 13<sup>th</sup> at 7pm

Come along to say adios to our American Sweetheart! And join us for Margherita Madness & a Mexican Buffet for £6.50 per head. She will be missed so very much by all so please come along and give her a great send off.

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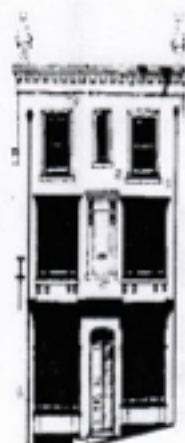
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An outboard engine was stolen from a property in Ringmore during November.

Fortunately these incidences are generally rare in our community but still serve as a reminder to keep garages, property, outhouses secure.



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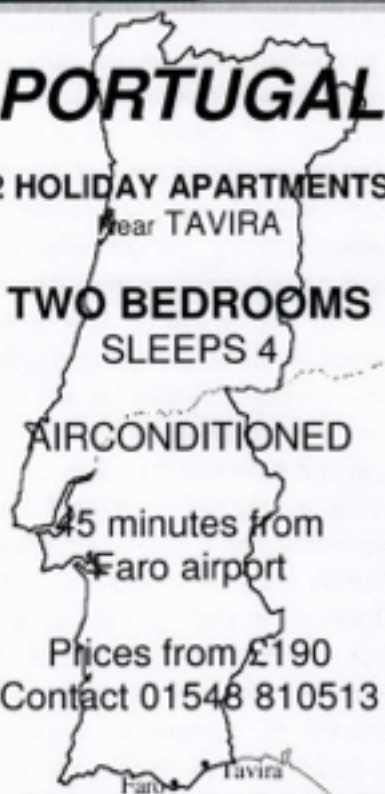
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## NEWS FROM ALL HALLOWS

**Lay Services.** Very many thanks to all of you who have supported our regular 3<sup>rd</sup> Sunday of the month lay led services. We are learning as we go along, and the success of these services will depend on some honest feedback. The November Service on the 15<sup>th</sup> was led by Drina and ably assisted by Alice. It really was a lovely service enjoyed by all those attending. A visiting vicar from Oxfordshire (who has 8 churches to look after) and who was staying in Ringmore commented that he wished he had such lovely and well constructed services in his area. Quite a compliment to Drina and Alice. If you have any ideas for future services, or would like to be involved in some way, do please let us know. This is an invitation to ALL of you, not just "regular" churchgoers!

**Friends of Ringmore.** Many thanks to all of you who support our church; we could not manage without you. Rosemary Piercy is proposing to hold an event in March so watch this page in future editions for details.

**Church Clean.** The pre - Christmas Church Clean has been organised once again by Drina and will take place on Saturday December 5<sup>th</sup>. All you volunteers will be very welcome to join us from 10.00am onwards, armed with your favourite cleaning things. It really is an enjoyable morning!

**Churchyard.** John Reid does a splendid job of keeping the grass cut around the gravestones and surrounding areas. He has noticed however an increasing amount of dog mess appearing in recent weeks which does make grass cutting quite an unpleasant task. Of course it could be a large cat, hopefully though not the Devon Black Panther!! Could we therefore ask all owners to be responsible and clear up after their faithful friends - it really would be appreciated, many thanks

**Candlelit Carol Service.** This year the Carol Service will be held on Sunday 20<sup>th</sup> December at 6pm. We have invited representatives of all the many various village organisations to take part in the service by reading out a suitable Christmas reading or poem. Adrian is working on the service layout and will forward the reading/poem to the appropriate people in good time for them to get familiar with it.

**Sound System.** The intermittent fault in the sound system was, eventually, traced to a fault with the Lectern microphone. A new microphone was purchased by Mike Wynne-Powell. The cost of which was subsequently generously donated by a member of the church. Our grateful thanks go to that benefactor.

**Neil Barker.** Our Team Rector, Neil Barker goes into hospital on Monday 2<sup>nd</sup> December for keyhole surgery on his knee. I am sure you will all join me in wishing him a speedy and successful recovery.

**Cockermouth Floods.** A Retiring Collection was taken in all eight of the Team Churches on Sunday 22<sup>nd</sup> November for victims of the recent torrential rains and flooding rivers which turned Cockermouth into an island. Neil Barker was able to forward a substantial cheque to the Revd Wendy Sanders at Cockermouth to help the victims of the flooding. Many thanks go to all those that contributed to this worthy cause.

**A very Joyful Christmas and a Happy and Peaceful New Year to you all**

**Phill Errett 810547**

10 YEARS AGO

20 YEARS AGO

### Parish Council

The Parish Council is producing special bone china mugs to commemorate the Millennium. Printed in blue and gold, with pictures of the church and pub. They will cost only £5 each although mugs will be given free to every child aged 16 and under, who is a resident in the parish.

### Royal British Legion

Once again a new high had been set for the three parishes of Bigbury, Kingston and Ringmore in their efforts for the Poppy Appeal. This year's (1989) reached £1219, just topping the previous

## ONE OF THE BEST STORIES I'VE EVER HEARD!

As she stood in front of her 5th grade class on the very first day of school, she told the children an untruth. Like most teachers, she looked at her students and said that she loved them all the same. However, that was impossible, because there in the front row, slumped in his seat, was a little boy named Teddy Stoddard.

Mrs. Thompson had watched Teddy the year before and noticed that he did not play well with the other children, that his clothes were messy and that he constantly needed a bath. In addition, Teddy could be unpleasant. It got to the point where Mrs. Thompson would actually take delight in marking his papers with a broad red pen, making bold X's and then putting a big 'F' at the top of his papers.

At the school where Mrs. Thompson taught, she was required to review each child's past records and she put Teddy's off until last. However, when she reviewed his file, she was in for a surprise.

Teddy's first grade teacher wrote, 'Teddy is a bright child with a ready laugh. He does his work neatly and has good manners...he is a joy to be around.'

His second grade teacher wrote, 'Teddy is an excellent student, well liked by his classmates, but he is troubled because his mother has a terminal illness and life at home must be a struggle.'

His third grade teacher wrote, 'His mother's death has been hard on him. He tries to do his best, but his father doesn't show much interest, and his home life will soon affect him if some steps aren't taken.'

Teddy's fourth grade teacher wrote, 'Teddy is withdrawn and doesn't show much interest in school. He doesn't have many friends and he sometimes sleeps in class.'

By now, Mrs. Thompson realized the problem and she was ashamed of herself. She felt even worse when her students brought her Christmas presents, wrapped in beautiful ribbons and bright paper, except for Teddy's. His present was clumsily wrapped in the heavy, brown paper that he got from a grocery bag. Mrs. Thompson took pains to open it in the middle of the other presents. Some of the children started to laugh when she found a rhinestone bracelet with some of the stones missing, and a bottle that was one-quarter full of perfume. But she stifled the children's laughter when she exclaimed how pretty the bracelet was, putting it on, and dabbing some of the perfume on her wrist. Teddy Stoddard stayed after school that day just long enough to say, 'Mrs. Thompson, today you smelled just like my Mom used to.' After the children left, she cried for at least an hour. On that very day, she quit teaching reading, writing and arithmetic. Instead, she began to teach children. Mrs. Thompson paid particular attention to Teddy. As she worked with him, his mind seemed to come alive. The more she encouraged him, the faster he responded. By the end of the year, Teddy had become one of the smartest children in the class and, despite her lie that she would love all the children the same, Teddy became one of her 'teacher's pets.'

A year later, she found a note under her door, from Teddy, telling her that she was the best teacher he ever had in his whole life.

Six years went by before she got another note from Teddy. He then wrote that he had finished high school, third in his class, and she was still the best teacher he ever had in life.

Four years after that, she got another letter, saying that while things had been tough at times, he'd stayed in school, had stuck with it, and would soon graduate from college with the highest of honours. He assured Mrs. Thompson that she was still the best and favourite teacher he had ever had in his whole life.

Then four more years passed and yet another letter came. This time he explained that after he got his bachelor's degree, he decided to go a little further. The letter explained that she was still the best and favourite teacher he ever had. But now his name was a little longer. The letter was signed, Theodore F. Stoddard, MD.

The story does not end there. You see, there was yet another letter that spring. Teddy said he had met this girl and was going to be married. He explained that his father had died a couple of years ago and he was wondering if Mrs. Thompson might agree to sit at the wedding in the place that was usually reserved for the mother of the groom. Of course, Mrs. Thompson did. And guess what? She wore that bracelet, the one with several rhinestones missing. Moreover, she made sure she was wearing the perfume that Teddy remembered his mother wearing on their last Christmas together.

They hugged each other, and Dr. Stoddard whispered in Mrs. Thompson's ear, 'Thank you Mrs. Thompson for believing in me. Thank you so much for making me feel important and showing me that I could make a difference.'

Mrs. Thompson, with tears in her eyes, whispered back. She said, 'Teddy, you have it all wrong. You were the one who taught me that I could make a difference. I didn't know how to teach until I met you.'

For you that don't know, Teddy Stoddard is the Dr at Iowa Methodist in Des Moines that has the Stoddard Cancer Wing.

Warm someone's heart today. . . pass this along. I love this story so very much, I cry every time I read it. Just try to make a difference in someone's life today. Tomorrow. Just 'do it'.

Random acts of kindness, I think they call it!



### Modbury Christmas Craft and Gift Fair

• Free Admission •

Locally made crafts, gifts, jewellery,  
greeting cards and glitter tattoos.

Refreshments

Santa's Grotto opens at 1pm

Saturday 5th December 2009 11am - 4pm  
Modbury Memorial Hall, Back Street  
Modbury PL21 0RF (opp. school)

*And just over the road.....*

### A Christmas Bazaar in the School Hall

11am - 2pm

Toys, books, cakes, tombola, secret Santa  
and stalls for the children

Everyone welcome!

For further information please contact Charlotte Ayward (Poussin)  
on 01548 830092 or [cpoussin@modbschool.com](mailto:cpoussin@modbschool.com)

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**Bigbury Memorial Hall**  
**Christmas Lunch**  
Sunday 13<sup>th</sup> December  
1.00pm

**Leek & Potato soup**  
.....❁❁❁.....

**Traditional Turkey lunch**  
.....❁❁❁.....

**Christmas Pudding**  
.....❁❁❁.....

**Tea/Coffee & Mince Pies**

**All for £7.50**

With entertainment from the Youth Club

**Tickets available from:**  
**Bigbury Village Shop**  
**Bigbury on Sea Post Office**  
**Holywell Stores, St Ann's Chapel**  
Vegetarian option available on request



## "Going Bananas"

A professor at CCNY for a physiological psych class told his class about bananas. He said the expression "going bananas" is from the effects of bananas on the brain. Read on: Never, put your banana in the refrigerator!!!

*This is interesting.*

After reading this, you'll never look at a banana in the same way again.

Bananas contain three natural sugars - sucrose, fructose and glucose combined with fibre. A banana gives an instant, sustained and substantial boost of energy.

Research has proven that just two bananas provide enough energy for a strenuous 90-minute workout. No wonder the banana is the number one fruit with the world's leading athletes.

But energy isn't the only way a banana can help us keep fit. It can also help overcome or prevent a substantial number of illnesses and conditions, making it a must to add to our daily diet.

**Depression:** According to a recent survey undertaken by MIND amongst people suffering from depression, many felt much better after eating a banana. This is because bananas contain tryptophan, a type of protein that the body converts into serotonin, known to make you relax, improve your mood and generally make you feel happier.

**PMS:** Forget the pills - eat a banana. The vitamin B6 it contains regulates blood glucose levels, which can affect your mood.

**Anemia:** High in iron, bananas can stimulate the production of haemoglobin in the blood and so helps in cases of anemia.

**Blood Pressure:** This unique tropical fruit is extremely high in potassium yet low in salt, making it perfect to beat blood pressure. So much so, the US Food and Drug Administration has just allowed the banana industry to make official claims for the fruit's ability to reduce the risk of blood pressure and stroke.

**Brain Power:** 200 students at a Twickenham (Middlesex) school ( England ) were helped through their exams this year by eating bananas at breakfast, break, and lunch in a bid to boost their brain power. Research has shown that the potassium-packed fruit can assist learning by making pupils more alert.

**Constipation:** = High in fibre, including bananas in the diet can help restore normal bowel = action, helping to overcome the problem = without resorting to laxatives.

**Hangovers:** One of the quickest ways of curing a hangover is to make a banana milkshake, sweetened with honey. The banana calms the stomach and, with the help of the honey, builds up depleted blood sugar levels, while the milk soothes and re-hydrates your system.

**Heartburn:** Bananas have a natural antacid effect in the body, so if you suffer from heartburn, try eating a banana for soothing relief.

**Morning Sickness:** Snacking on bananas between meals helps to keep blood sugar levels up and avoid morning sickness

**Mosquito bites:** Before reaching for the insect bite cream, try rubbing the affected area with the inside of a banana skin. Many people find it amazingly successful at reducing swelling and irritation.

**Nerves:** Bananas are high in B vitamins that help calm the nervous system.

**Overweight and at work?** Studies at the Institute of Psychology in Austria found pressure at work leads to gorging on comfort food like chocolate and chips. Looking at 5,000 hospital patients, researchers found the most obese were more likely to be in high-pressure jobs. The report concluded that, to avoid panic-induced food cravings, we need to control our blood sugar levels by snacking on high carbohydrate foods every two hours to keep levels steady.

**Ulcers:** The banana is used as the dietary food against intestinal disorders because of its soft texture and smoothness. It is the only raw fruit that can be eaten without distress in over-chronicler cases. It also neutralizes over-acidity and reduces irritation by coating the lining of the stomach.

**Temperature control:** Many other cultures see bananas as a "cooling" fruit that can lower both the physical and emotional temperature of expectant mothers. In Thailand , for example, pregnant women eat bananas to ensure their baby is born with a cool temperature.

**Seasonal Affective Disorder (SAD):** Bananas can help SAD sufferers because they contain the natural mood enhancer tryptophan.

**Smoking & Tobacco Use:** Bananas can also help people trying to give up smoking. The B6, B12 they contain, as well as the potassium and magnesium found in them, help the body recover from the effects of nicotine withdrawal.

**Stress:** Potassium is a vital mineral, which helps normalize the heartbeat, sends oxygen to the brain and regulates your body's water balance.. When we are stressed, our metabolic rate rises, thereby reducing our potassium levels. These can be rebalanced with the help of a high-potassium banana snack.

**Strokes:** According to research in The New England Journal of Medicine, eating bananas as part of a regular diet can cut the risk of death by strokes by as much as 40%!

**Warts:** Those keen on natural alternatives swear that if you want to kill off a wart, take a piece of banana skin and place it on the wart, with the yellow side out. Carefully hold the skin in place with a plaster or surgical tape!

So, a banana really is a natural remedy for many ills. When you compare it to an apple, it has four times the protein, twice the carbohydrate, three times the phosphorus, five times the vitamin A and iron, and twice the other vitamins and minerals. It is also rich in potassium and is one of the best value foods around So maybe its time to change that well-known phrase so that we say, "A banana a day keeps the doctor away!"

**PS:** Bananas must be the reason monkeys are so happy all the time! I will add one here; want a quick shine on our shoes?? Take the **INSIDE** of the banana skin, and rub directly on the shoe...polish with dry cloth. Amazing fruit !!!





RINGMORE PARISH COUNCIL MEETING TUESDAY 17<sup>TH</sup> NOVEMBER 2009 WI HALL 7.00PM

PRESENT Chairman M.Hammond  
Cllrs. E.Bohnet J.Deverson B.Lambell J.Parkin  
W.Mumford / B.Carson  
Clerk M. Wood 3 Members of the public

APOLOGIES Cllr.J.Reynolds

DECLARATION OF PREJUDICIAL INTERESTS – None

CO-OPTION OF CASUAL VACANCY

Two parishioners showed an interest in this vacancy, Pam Dennis-Knowle and Sarah Hitchmough. Both gave a short reason why they wanted to become a councillor. The Chairman then held a ballot and the result was in favour of Sarah Hitchmough who was then asked to join the meeting.

OPEN SESSION – Nothing to report

MINUTES OF LAST MEETING – Signed as correct

MATTERS ARISING

Parish Cleaning – Cllr.Deverson reported that the mechanical road sweeper is in the parish every 3 months, he will make sure that they go down to Challaborough. He also reported that there is now a new lengthsman who he will contact to ascertain what areas in the parish he will be covering. After further discussion regarding the parish cleaning, it was agreed that Cllr.Parkin would contact a contractor for the purpose of carrying out cleaning in the parish, for 10 hours per month on a 3 month trial basis. The areas which are to be cleaned will be identified.

Bus Shelter – Item to be deleted from the agenda. However the drainage grill in front of the shelter is blocked and causing it to flood – Cllr.Deverson agreed to clear this.

Mound of Earth – The Chairman showed photographs of the area and the reasons why part of this should be removed to allow residents to place refuse bins. Mr.Mumford agreed to look into this matter to determine who owns this area.

Vent Pipe Rectory Lane – Cllr.Deverson has spoken to the Water Board, however the Historical Society do not want any action taken at this time because if the Water Board inspect this and decide it is unsafe they might take it down. As this is of historical interest they would rather it be repaired and painted.

Cockle Lane – The Clerk was requested to write to Mr.& Mrs.Heath to enquire whether the fence posts at the lower end of the footpath from Cockle Lane to the Parkdean field can be replaced as they are broken.

W.MUMFORD

There is no news on the local government review or the appeal. It is unlikely that if the Boundary Commission agrees there will not be enough time for it to be implemented before the next general election. However they could push through the plan to make Exeter a unitary authority. They are still working on reducing debts in County Hall and will not be supporting Morwellham Quay anymore. The majority of expenditure is on education and Devon gets the smallest amount of funds from government for this purpose considering the cost of school transport etc. They are also looking to bring Devon County Council's care homes expenditure and staffing more in line with the private sector.

The banks at Harraton Cross have been cut back as far as possible.

B.CARSON

Mr.Carson updated members on various ways that South Hams are trying to cut costs: one is a sharing partnership with Teignbridge Council, also senior management have been issued with laptops to cut down on photocopies of documents i.e. originals are no longer required. Mr.Carson stated that the government are about to increase the business rate and this would badly affect businesses in the South West during this recession. He urged councillors to make their views count by going to the No 10 website asking the Prime Minister not to increase the rate.

He reported that there had been no objection from the Ramblers Association to the proposal to re-route some of the footpath from Ringmore to St.Annes Chapel. The lower section in Ringmore which is glebe land is still in abeyance.

ENVIRONMENT MATTERS

Footpath 14 – Cllr.Deverson reported that the grill had been fitted, and a flap valve has been acquired to fit the pipe that enters Mr.& Mrs. Purdy's garden. However there is still a problem with the drop drain. Cllr. Lambell was asked to look at a small tree along Aymer Path which had fallen down.

## PARISH PLAN

The Chairman went through a list of items in the parish plan which required action; this included transport, environment, leisure & amenities, health & welfare, housing and information to ascertain whether things could be improved altered or removed. The revised list will be put before the Council at January's meeting for approval. He stated that possibly next year the Parish Plan could be re-issued if it was thought necessary.

**PLANNING** – permission granted for 40/1545/09/F Higher Manor Ringmore

**FINANCE** – cheques agreed and signed –

J.Reid Grass cutting £60.00      South Hams Skips £333.20

## ANY OTHER BUSINESS

Mr.P.Errett Church Warden has sent a letter asking if a member of the Council wished to say a reading or poem at the Carol Service on 20<sup>th</sup> December – Cllr. Hitchmough volunteered to do this on behalf of the council.

The family of the late Mr.George Grimshaw have contacted the Historical Society with regard to supplying 7 large granite stones denoting the boundary of the parish. It was agreed that one could be placed at Seven Stones Cross with the remaining 6 to be placed in areas away from roads. The Chairman and Cllr. Deverson will liaise with the Historical Society on this project.

**THERE WILL BE NO COUNCIL MEETING IN DECEMBER – THE NEXT MEETING WILL BE HELD IN THE NEW YEAR JANUARY 19<sup>TH</sup>.**

On Thursday 12th November we paid our respects and said our goodbyes to Will Butler with a moving funeral service at St Lawrence Church, followed by a wake held at the Royal Oak. During the service, Taff read a poem that reflected our thoughts, therefore, we would like to share it with you as a final farewell to our good mate.

Though we never know  
Where life will take us,  
I know it's just a ride  
On the wheel.  
And we never know  
When death will shake us  
And we wonder how  
It will feel.

So Goodbye my friend.  
I know I'll never see you again.  
But the time together  
Through all the years,  
Will take away these tears.  
It's OK now - Goodbye my friend.

I see a lot of things  
That make me crazy,  
And I guess I held on to you,  
You could have run away  
And left - well maybe,  
But it wasn't time  
And we both knew.

So Goodbye My Friend.  
I know I'll never see you again.  
But the love you gave me  
Through all the years  
Will take away these tears.  
I'm OK now - Goodbye my friend.

Deepest condolences to his family at this sad time. You are in our thoughts.  
Karen Lawrence.



## IF MY BODY WERE A CAR...

If my body were a car, this is the time I would be thinking about trading it in for a newer model. I've got bumps and dents and scratches in my finish and my paint job is getting a little dull ....

But that's not the worst of it.

My headlights are out of focus and it's especially hard to see things up close

My traction is not as graceful as it once was. I slip and slide and skid and bump into things even in the best of weather.

My whitewalls are stained with varicose veins.

It takes me hours to reach my maximum speed. My fuel rate burns inefficiently.

But here's the worst of it --

Almost every time I sneeze, cough or sputter either my radiator leaks or my exhaust backfires!

## OUR PARISH BOUNDARY STONES . . . . .

Most people living in Ringmore parish will by now have heard news of the very generous offer made to us by the family of Colonel George Grimshaw.

George died in Ringmore fifteen months ago at the age of 98. He and his wife, Nancy, came to live at Middle Manor in 1984 and began immediately to take part in and contribute to the life of the parish. Nancy gave support to many local activities and events until her death in 2000. George, in addition to pursuing a broad range of local interests, became a founder-member of the Ringmore Historical Society soon after he arrived in Ringmore. He was Chairman of the Society for many years, and then its Honorary President until his death in 2008.

This year, George's son, John Grimshaw, has been in touch with us. He and the other members of George's family would like to present and deliver to the parish a set of granite boundary stones to replace those that have disappeared over the years. The new granite stones would be large enough to seat one or two people and there could also be some smaller stones to help define the historic boundary route. John's thinking is that this could revive the custom of beating the bounds from time to time. He suggests also that the completion of the installation of the stones should be the occasion for an all-day party for the parish.

Of course, this idea is of keen interest not only to the History Society and everyone living in the parish but also, at a practical as well as historical level, to the Parish Council, the National Trust, and to the landowners who must be consulted about the plan and from whom permission must be sought for the placing of the magnificent granites. The hope is that sites for the larger stones will be found at peaceful and beautiful points along the boundary so that walkers may pause and rest, and enjoy the countryside or coastline.

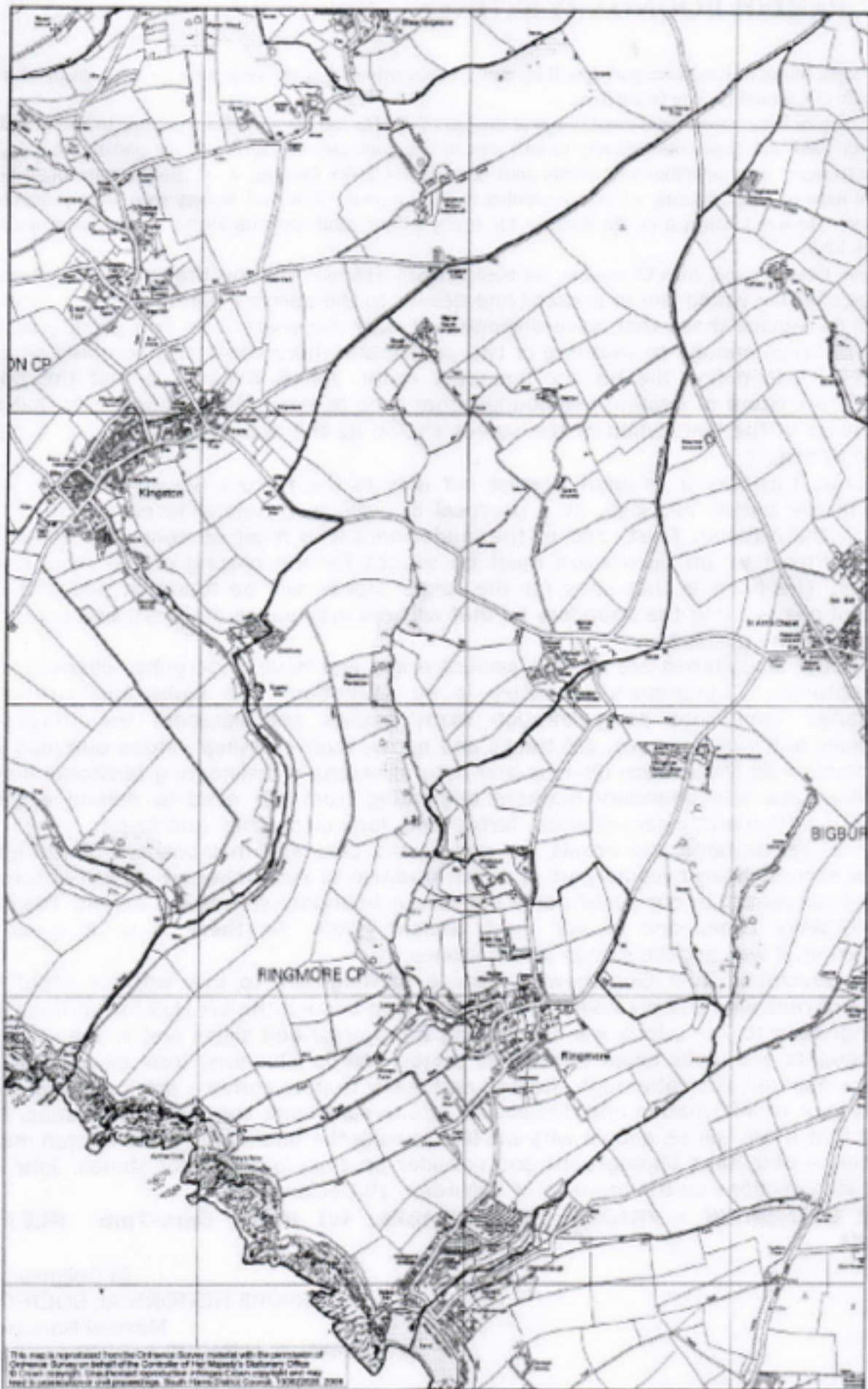
Many parish boundaries are of very ancient origin and have undergone changes over the centuries. Ringmore's boundary is no exception. The kinks and curves of boundaries came into being through many causes and reasons: the shapes of shorelines and watercourses, old tracks and paths, river crossings, stone outcrops and high points - all these were obvious and natural means of delineating territorial limits; and there are also boundary markers originating from the need to defend a water supply, a settlement, a sacred place, fertile land, land ownership, and so on.

Customs, celebrations and rituals, as well as the care and maintenance of the great marker stones, have become part of a rich tradition of remembering and reaffirming parish boundaries. In our parish, only two of our boundary stones are extant. They are in Blackberry Lane, one of our most ancient paths. So there is work to do in discovering, if we can, the sitings of lost stones.

On 18 December John Grimshaw is coming to Ringmore to talk with us about the project of renewing the boundary stones. We have booked the WI Hall for an hour that evening: 6pm to 7pm. John will be bringing a projector and slides and is keen to hear our thoughts and ideas about the stones project. All parishioners, from all parts of the parish - Marwell, Challaborough, Renton and every remote corner - are invited to come to this hour of information and discussion, and to contribute comments and ideas. It is hoped that there will be people who will like to walk the boundary (just over ten miles) or sections of it, take photographs and consider possible locations for stones. John will be walking sections on the morning of Saturday, 19 December.

**JOHN GRIMSHAW - FRIDAY 18 DECEMBER, WI HALL, 6pm-7pm PLEASE COME!**

Di Collinson  
RINGMORE HISTORICAL SOCIETY  
Michael Hammond  
CHAIRMAN RINGMORE PARISH COUNCIL



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St. ANN'S CHAPEL  
MERRY CHRISTMAS**

*from*

*Dane, Hilary and Kyrie*

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**CHRISTMAS DAY 10.00am – 12 noon**

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## *Seasons Greetings to all from Jules & the Team at The Journey's End Inn*

Christmas kicks off at the JE on December 11th at 6.30pm with the turning on of the tree lights, please come and enjoy our hospitality with a complimentary mince pie & Tom's famous mulled wine

We are loosing our American Sweetheart, Emmalee is returning home, so we have Em's Farewell Fiesta with a Mexican Buffet on Sunday 13th December from 7pm book your places for Margherita Madness - Limited places, please book now £6.50 per head

Landlady's Christmas Quiz & Thai Curry Night on December 22<sup>nd</sup>

Plus 55 Lunch Club runs throughout this month every Wednesday, on 23rd December we are offering a Traditional Christmas 2 course lunch with all the trimmings for just £6.50 per person for the over 55's

**New Year's Eve** - £8.00 per ticket this includes, a glass of bubbly on arrival, dinner buffet at 8.30pm, midnight feast & Tom's Cocktail Bar for one night only with crazy dancing till dawn, purchase your 'Ticket to Party' now!

January 1st - Open for lunch from 12 noon until 3.30 our menu will include Classic Roast Devon Beef washed down with a Bloody Mary

**New Year's Closure** - The team are having a break from Jan 4th until Jan 12th where normal Winter hours will resume

*Normal Winter Opening times during the Festive period with the exceptions below:*

Christmas Day Open for Drinks 12-3.30

Boxing Day Open All Day Kitchen open from 12-4pm

28th Bank Holiday Monday Open all day

New Year's Eve 12-3 Doors open for Party at 7pm

New Year's Day 12-3.30

Closed from Jan 4th until Jan 12th