

Ringmore Parish Newsletter

August 2009

Issue Number: 288

Deadline: 9am Tuesday 25th August

Remembering Pat

She was a very energetic and enthusiastic person who always remained optimistic whatever hardships she encountered.

Even when Bruce died so unexpectedly she continued to make the best of a very difficult situation.

Later, we were all devastated to learn that Pat had terminal cancer but even then she refused to give up and stayed cheerful and positive in spite of depilating treatment with very unpleasant side effects.

Pat was determined that the party on the 4th July, would be a happy, fun occasion and it certainly was!

She would have been extremely proud of her family's hard work to ensure that everyone had such an enjoyable time.

Pat was an inspiration to us all and will be remembered for her special friendship and amazing zest for life.

Peggy and Michael Turney

With the fetes fast approaching we have some tempting recipes this month for all to try and along with the met office indicating an improvement in weather we look forward to these annual events.

With an influx of visitors during this busy time of year parking has been causing anguish for some recently and the Parish Council ask that we all park considerately, ensuring there is enough room for emergency vehicles and deliveries.

Please send items for inclusion in the newsletter to the editorial team c/o: 8 Crossways, Ringmore, TQ7 4HP

OR

e-mail: news@ringmore.net or contact any of the team: Emily 811210, Jane 811218, Gillian 810303, Karen 810382, Sandy / Billy 810572, Lynn 810093

DIARY FOR THE MONTH

Tuesday: Table Tennis, 7.30pm (Parish Room)

Sundays: Cream Teas W.I Hall 3.15-5.30pm

August

5/8 W.I Summer Fete, WI Hall & Grounds 2pm

13-14/08 Children's holiday club, Bigbury Mem. Hall 9.30-12

31/8 Annual Church Fete, Ringmore. Field next to Church House, 2.30pm

September

22/09 Parish Council meeting, W.I Hall, 7pm

Rainfall by Eleanor and Grace Purdy

Last Month: mm

10 year average: mm

10 year high: mm

10 year low: mm

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MOBILE LIBRARY: FRIDAY 7th & 21st

St Ann's Chapel: 2.30-2.45

Ringmore Church: 2.50-3.10

Challaborough: 3.20-3.35

Kingston Fire Station: 4.00-4.30



The list of trained first Aiders will be a permanent addition to the newsletter.

REMEMBER TO ALWAYS RING 999 FIRST

Sandy Hammond 810572
 Alan Eaves 810648
 Mike Wilson 810211
 Sean & Sharon Jones 810179

Emily & Andi King 811210
 Karen Purdy 810382
 Jane Reynolds 811218



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					1	5	7
2		5			9	3	
		2		4	8		6
	3						5
6			3	2		7	
		3	8			9	2
9		7	5				
	2	4				6	

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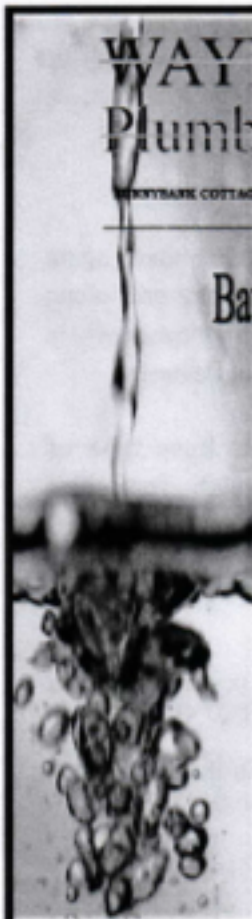
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LOCAL CHURCH SERVICES IN AUGUST

Date	Bigbury	Kingston	Ringmore
Aug 2 nd	11.00 am Family Service	9.00 a.m. CW Communion	← Together at Bigbury
9 th	11.00 am Family Service	6.00 p.m. CW Evening Prayer	9.00 a.m. BCP Communion
16 th	9.00 a.m. BCP Communion	11.00 a.m. Family Service (Holiday Club Special with Baptism)	6.00 p.m. Evening Prayer
19 th	2.30 p.m. Korniloff Comm'n		
23 rd	→	<u>10.30 Local Team Service</u>	←
30 th	11.00 a.m. Family Communion	6.00 p.m. Evening Prayer	9.00 a.m. BCP Communion

We Believe!

The words "We believe" can invoke a variety of responses. When the speaker is a uniformed police officer on the doorstep with "We believe you can help us with our enquiries", it has a different impact to a six year old saying "We believe in fairies".

In a book by local author Marcia Willetts, there is this delightful exchange by two of the central characters -- "Do you believe in Euthanasia? She asked abruptly. Matilda placed her letter tiles on the Scrabble board and replied "Of course, I do". Isobel showed her surprise at such a swift and unqualified reply. Matilda met her gaze and raised her eyebrows. "I must believe in it" she said reasonably "after all, it exists, it happens. How could I not believe in it? "Oh honestly said Isobel impatiently you're so pedantic Matilda, you know what I mean" ----*their conversation continues as they explore actually embracing, practising and applying the concept of euthanasia in their own past and future circumstances.*

So to be pedantic like Matilda what do those in Church really mean when they say those opening words of the Creed "I (or We) believe in God"? Creed come from the Latin word "Credo" – I believe, it is the start of a statement of faith. As you probably know it is anniversary time for Darwin, as well as the 1,100 years of Exeter Diocese, this has lead to some interesting discussions about the co-existence of faith in God alongside an intelligent understanding of creation. Even those in that debate who debunk Christian faith have a faith, it is just a faith based on the limits of their understanding, or in some cases lack of it. Today more and more top scientists in quantum physics and particle physics are standing up and saying there is something more beyond our understanding and knowledge who created all this, and in Christian faith they find the foundation for their onward research.

The men of faith who are the heroes of the Bible had more than a vague thought that a God existed somewhere beyond their near vision, and their faith was more than an assent to a list of propositions. The problem is our English language, be it King James Bible of 1662 or an up to date translation. The Latin root to "I believe in God" is "Credo in Deum". This is more accurately translated "I have confidence in God"...."I put my trust in God". That is living faith, more than an assent to a checklist of doctrine. I believe in living for God, and as I go exercising that faith in Him; this is a bigger step than nodding assent to his existence. True faith in God involves trust and commitment; it means a sacrifice of time, but also vibrancy and experience of a plus factor in life.

Whilst we were in Portugal on holiday we went to Church in Pria de Luz. It was the local Roman Catholic Church with a totally gold and ornate altar that covered the whole front wall, but the Service was led by a Church of England Minister. A fine example of modern day ecumenical co-operation all based on our joint assent to the Apostles Creed, our unity in Christ. The Anglican priest got the children out to the front, and asked them to reach up for some goodies he held in the air. He made it even harder by standing on a chair....but his punch line, as the entirety of both the sermons that we heard, was excellent. He came down from the chair and held the goodies at very reachable level for the children of various ages and heights. He told us that this is just what God did. He came down to our level from heaven, in the person of Jesus. Jesus was the image of his Dad, and showed us God.

Thus I do believe in God the Father who created me. I believe in Jesus who came to show us the person of God in our world, and I believe in the Holy Spirit who gives spiritual life to the world today. I hope and pray that you will too, so why not come and hear our ongoing series of sermons on "Credo- I believe".

Rev. John Elliott (830688)

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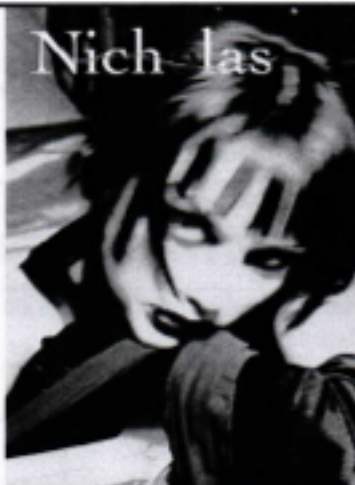
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Entrance 50p (children 20p)*

**Contributions for the stalls will be appreciated; please contact Sharon on
810179**



JULY MEETINGS

"The Case for Exercise" or "Because you are worth it" was the fascinating title for our July meeting. Gill Gubbins explained the importance of keeping fit whatever your age. She demonstrated exercises one can do sitting on a firm chair, and recommended 4 hours a week of exercise, whether it is walking, dancing, swimming, or simple exercise like balancing on one foot, or stretching. It is best to start "little and often" with a variety of exercises to avoid injury. The essential is to do what is right for you.

Our summer outing was a most enjoyable lunch at Sharpham Vineyard in Ashprington. The vineyard is in a most delightful setting, and we lunched under a large canopy with panoramic scenic view across to valley to the field beyond. Our excellent lunch was followed by a walk through the rows of vines and along the river; perhaps "the case for exercise" had had some effect!

SUMMER FETE

Our annual summer Fête is on Wednesday 5th August at 2 pm in the W.I. Hall and garden. There will be cakes, produce, bric-a-brac, books and tombola. Contributions for these stalls will be much appreciated; please contact Sharon on 810179.

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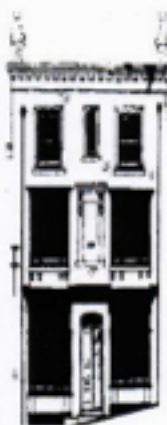
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Dear Friends

We want to thank everyone who has been so wonderful, helpful and supportive over our rather difficult time.

You have done car journeys, phoned, cooked, asked after, visited, offered endless help, sent cards and very probably prayed for us—all of which we could not have managed without!

Please call in to see us and have a drink when you have time. We would love to see you.

Thank you all.

David and Andrea

Ode to a Ringmorian

If you are proud to live in Ringmore
Our little village near the sea
Don't keep your name a secret
Just tell us who you be

Note: I thought it was proposed some time ago that contributions to the Newsletter should be attributed.

Barry Old



BOOK REVIEW

A Thousand Splendid Suns by Khaled Hosseini

Those who enjoyed Hosseini's first novel "The Kite Runner" will know that he writes beautifully and should certainly read this. We learn about Afghan culture and life under tribal wars, fighting with the Russians, the arrival and dominance of the Taliban and, much later, the arrival of the Americans and their allies. The two main characters are women whose lives cross and their suffering and tribulations at the hands of the hateful, cruel Rasheed are described in great detail. I found the story was slightly slow to start, but I soon found I was drawn into the vivid accounts of their lives. Although the ending is rather too neat it, at least, has a sense of hope. I would certainly recommend this book.

Gillian Parkin

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RINGMORE HISTORICAL SOCIETY

OUR PARISH BOUNDARY MARKS: 1

[Extract from the writings of Herbert Castillion Hingeston-Randolph c. 1910]

As we must have a starting point, it will not be inappropriate to make it at the spot where once in ancient times, undoubtedly, stood the Village Cross.

It is true that no vestige of the actual monument remains, but the salient fact is that the name is still there.

That section of the village which crowns the hill opposite the main entrance to the church, where the parish Alms Houses once stood, has always been known as 'the Cross', and 'up to Cross' is still a familiar way of designating that particular spot.

It is practically certain that every Devon and Cornwall village had its Cross in ancient times. These may in some cases have been of wood or of perishable local stone, which would account for their disappearance; but even where the material has been of the enduring granite it has not always been safe from the hands of the depredator.

Many interesting objects of antiquity have been destroyed through ignorance – the shafts of crosses and ancient memorial pillars have been carried away for use in buildings or for agricultural purposes, as gate pillars, or rubbing posts for cattle, and little care has been taken to preserve them. Even within living memory there are known cases in which some precious relics of the past have been removed from their original sites, or totally destroyed.

Where, then, the name comes down to us as it does here [in Ringmore] and the spot indicated as here is the highest point in the village and adjacent to the parish church, there is every ground for the presumption that this particular spot must have been the site of the ancient Village Cross. From it we may set out, as with a benediction, towards the sea-board which forms the southern boundary of the parish.

Super Heroes

Children's Holiday Club

Organised by the 3 churches of Ringmore, Bigbury and Kingston

For all primary school children in the 3 parishes

Thursday 13th and Friday 14th August 2009
9.30am - 12.00pm at Bigbury Memorial Hall

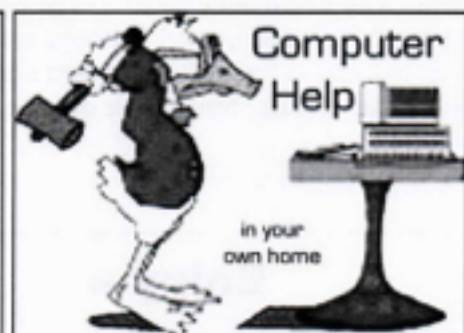
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"THE BLOND AND THE COW"

A blond city girl named Amy marries a Colorado rancher.

One morning, on his way out to check on the cows, the rancher says to Amy, 'The insemination man is coming over to impregnate one of our cows today, so I drove a nail into the 2 by 4 just above where the cow's stall is in the barn. Please show him where the cow is when he gets here, OK?'

The rancher leaves for the fields. After a while, the artificial insemination man arrives and knocks on the front door.

Amy takes him down to the barn. They walk along the row of cows and when Amy sees the nail, she tells him, 'This is the one right here.'

The man, assuming he is dealing with an air head blond, asks, 'Tell me lady, 'cause I'm dying to know: how would **YOU** know that this is the right cow to be bred?'

'That's simple,' she said. 'By the nail that's over its stall,' she explains very confidently.

Laughing rudely at her, the man says, 'And what, pray tell, is the nail for?' The blond turns to walk away and says sweetly over her shoulder,

'I guess it's to hang your pants on.'
(It's nice to see a blond winning once in awhile.)

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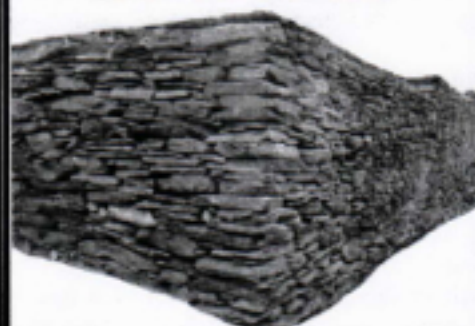
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RINGMORE CHURCH FETE

This year the Fete will be held on

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STARTING AT 2.30 PM**

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MANY THANKS IN ANTICIPATION, PHILL ERRETT (810547)

They're Back! Those Wonderful English Church-Bulletins!

Thank God for church ladies with typewriters. These sentences actually appeared in church bulletins or were announced in church services (Summer, 2008 Release). Not Ringmore I hasten to add!

- The Fasting & Prayer Conference includes meals.
- The sermon this morning: 'Jesus Walks on Water.' The sermon tonight: 'Searching for Jesus.'
- Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.
- The peacemaking meeting scheduled for today has been cancelled due to a conflict.
- Remember in prayer the many who are sick of our community. Smile at someone who is hard to love. Say 'Hell' to someone who doesn't care much about you.
- Don't let worry kill you off - let the Church help.
- Miss Charlene Mason sang 'I will not pass this way again,' giving obvious pleasure to the congregation.
- For those of you who have children and don't know it, we have a nursery downstairs.
- Next Thursday there will be tryouts for the choir. They need all the help they can get.
- The Rector will preach his farewell message after which the choir will sing: 'Break Forth Into Joy.'
- Irving Benson and Jessie Carter were married on October 24 in the church. So ends a friendship that began in their school days.
- A bean supper will be held on Tuesday evening in the church hall. Music will follow.
- At the evening service tonight, the sermon topic will be 'What Is Hell?' Come early and listen to our choir practice.
- Eight new choir robes are currently needed due to the addition of several new members and to the deterioration of some older ones.
- Scouts are saving aluminium cans, bottles and other items to be recycled. Proceeds will be used to cripple children.
- Please place your donation in the envelope along with the deceased person you want remembered.
- The church will host an evening of fine dining, super entertainment and gracious hospitality.
- Potluck supper Sunday at 5:00 PM - prayer and medication to follow.
- The ladies of the Church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon.
- This evening at 7 PM there will be a hymn singing in the park across from the Church. Bring a blanket and come prepared to sin.
- Ladies Bible Study will be held Thursday morning at 10 AM. All ladies are invited to lunch in the Fellowship Hall after the B. S. is done.
- The pastor would appreciate it if the ladies of the congregation would lend him their electric girdles for the pancake breakfast next Sunday.
- Low Self Esteem Support Group will meet Thursday at 7 PM. Please use the back door.
- The eighth-graders will be presenting Shakespeare's Hamlet in the Church basement Friday at 7 PM. The congregation is invited to attend this tragedy.
- Weight Watchers will meet at 7 PM at the First Presbyterian Church. Please use large double door at the side entrance.
- The Associate Minister unveiled the church's new tithing campaign
- Slogan: Last Sunday: "I Upped My Pledge - Up Yours"

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RINGMORE PARISH COUNCIL MEETING TUESDAY 21ST JULY 7.00PM WI HALL

PRESENT Chairman M.Hammond
Cllrs. E.Bohnet J.Deverson B.Lambell J.Reynolds
Clerk M.Wood 2 Members of the Public
APOLOGIES W.Mumford B.Carson J.Parkin

DECLARATION OF PREDICIAL INTERESTS – None

OPEN SESSION

Mr. T. Smith asked Parish Council when work on the UPVC windows and doors in the Parish Room would commence. The chairman explained that the responsibility was down to the Parish Room Committee and that he should contact Mr. Alan McCarthy for more information.

Mr Smith also asked if there was any further development on the mound of earth opposite End Bohemia Cottage. As Mr. Mumford was not present a positive answer could not be given. However, Parish Council discussed this matter and all agreed that if possible the earth could be partially dug away to place wheelie bins but did not want this area to become a parking space.

MINUTES OF LAST MEETING – Signed as correct.

MATTERS ARISING

Parking – Parish Council have decided that they have no control over parking in the Parish but a notice will be placed in the Newsletter asking parishioners to park with consideration to allow emergency vehicles to pass.

Church Clock – No further news from the Church Warden.

ENVIRONMENTAL MATTERS

Footpath 14 (Darkie Lane) – A drainage pipe has been laid across to divert water into Ringmore Vean's garden. However there seems to be some problem at one end where the pipe is exposed and could be a safety hazard and the other end where the pipe comes out of the wall some distance above the ground. It was suggested that there should be a grill to cover the opening and a concrete trough to collect water in the garden so that it can be directed down to a suitable place. It was mentioned that South Devon Highways carried out this work without informing anyone and it was not what the Parish Council expected. Cllr. Deverson will contact Mr. Peter Guy with a view to resolving this outstanding problem.

Footpath from Ringmore to St. Annes Chapel – Cllr. Deverson agreed to produce an up to-date statement on this matter for our September Meeting.

PARISH PLAN

After a considerable amount of debate Parish Council agreed that an update on the Plan was necessary. It was decided that the best way would be to go through the items individually. An item would be discussed at each Council Meeting to identify which areas to focus on. It was also the general feeling that more people from the Parish or organisations should be involved in future discussions.

The clean up of the Parish will continue starting on the 15th August followed by one half day per month. Cllr. Bohnet suggested that one way of getting more people involved would be to contact parishioners around the areas where the clean up is to take place, before the day, to ask for their assistance. The first area which will be tackled on 15th August would be from the Church, Bus Shelter and down by Upper Manor Farm.

PLANNING – None to Report.

FINANCE

Cheque agreed and signed Devon Association Yearly Subscription £48.80

ANY OTHER BUSINESS

Notice Board – The new notice board is now in position, lockable for Parish Council notices. The old notice board will be repaired and placed in the bus shelter for general use.

The Chairman sought agreement with the councillors to meet with the Bigbury and Kingston Parish Chairmen for regular informal discussions. This proposal was accepted.

A list of Ringmore First Aid Responders has now been finalised. This list will be placed on the notice boards, given to each parishioner in the form of a fridge magnet and published in the Newsletter.

Sandy Hammond 810572 Emily & Andy King 811210

Alan Eaves 810648 Karen Purdy 810382

Mike Wilson 810211 Jane Reynolds 811218

Sean & Sharon Jones 810179

REMEMBER TO ALWAYS RING 999 FIRST

The Chairman stated that the defibrillator is situated on the wall of Emily and Andi King's house but if they ever decided to move from this area, written permission from Tor Homes must be obtained to site this by the telephone box.

Every six months regular first aid training will be given to the Ringmore First Aid Responders.

THERE WILL BE NO MEETING IN AUGUST

NEXT MEETING TUESDAY 22ND SEPTEMBER

ANNUAL CHURCH FETE

Changes afoot. This year the refreshments will be served from a marquee within Church House Field, this will allow the Ladies who do such a splendid job in serving mouth watering cream teas etc to be fully intergrated with the hustle and bustle of the Fete. Along with the traditional Fete favourites we are also in discussions to hopefully attract a display of Owls from the Owl Trust. Your help with donations for the various stalls, putting up Marquees and all the other jobs needed to put on this village event would be very much appreciated. Please contact Phill on 810547.

MILLENIUM CLOCK

Have you heard it yet? The new master electrical control box was installed in June in a suitable weather-proof box and the antenna repositioned to prevent ingress of condensation into the unit. Although the clock on the outside of the tower was working and showing the correct time it was still not striking the hour. Following numerous E mails, telephone calls and visits from electricians I, with much relief, eventually traced the fault to an incorrect wiring connection *within the master electrical control box supplied by English Clockmakers.*

Having stopped on Monday 12th January @ 2.25 pm the clock struck the correct time on Saturday 25th July @ 8.00 pm. Hopefully the clock will now function correctly for many more years without the need for further attention.

Please note I have added, *in Italics for your benefit*, a few words as I do not wish anyone to think it was Michael Jarvis's fault as it was all down to the supplier of the clock.

Phill Errett

Parish Tidy Up

The clean up of the Parish will continue, starting on 15th August 9am followed by every 3rd Saturday of the month. The first area to be tackled will be from the church, bus shelter and down by Upper Manor Farm. Please contact Brian Lambie for more information : 810530

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Sauvignon may not be right for everyone. Women who are pregnant or nursing should not use it.

However, women who wouldn't mind nursing or becoming pregnant are encouraged to try it.

Side effects may include dizziness, nausea, vomiting, incarceration, erotic lustfulness, loss of motor control, loss of clothing, loss of money, loss of virginity, delusions of grandeur, table dancing, headache, dehydration, dry mouth, and a desire to sing Karaoke and play all-night rounds of Strip Poker, Truth Or Dare, and Naked Twister!

WARNINGS: -

* The consumption of Sauvignon may make you think you are whispering when you are not.

* The consumption of Sauvignon may cause you to tell your friends over and over again that you love them.

* The consumption of Sauvignon may cause you to think you can sing.

* The consumption of Sauvignon may make you think you can logically converse with members of the opposite sex without spitting.

* The consumption of Sauvignon may create the illusion that you are tougher, smarter, faster and better looking than most people.

Please feel free to share this important information with as many women as you feel may benefit!

Now Just Imagine What You Could Achieve With a Good Dry Merlot!!!

Annie King

A TRUE STORY:

Outside Bristol Zoo there is a car park for 150 cars and 8 coaches.

There also used to be a very pleasant attendant with a ticket machine charging cars £1 and coaches £5.

This parking attendant worked there solid for all of 25 years, then one day just didn't turn up for work...

"Ho hum", said Bristol Zoo Management - "better phone up the City Council and get them to send a new parking attendant"

"Err no", said the Council, "that car park is your responsibility" ...

"Err no", said Bristol Zoo Management, "the attendant was employed by the City Council, wasn't he?"

"Err NO!"

Sitting in his villa in Spain is a bloke who had been taking daily the car park fees amounting to an estimated £400 per day at Bristol Zoo for the last 25 years....

Assuming 7 days week, this amounts to 3 million six hundred & forty thousand pounds.

THIS IS A TRUE STORY:

OH, I DO SO HOPE SO!

Food Glorious Food

Please let us have your recipes - news@ringmore.net

The 5th August and 31st August are the dates of this years WI Fete and Church Fete—and it'd be nice to support them by baking something for the cake stalls.

For those of us who hardly ever bake a cake—here are some EASY recipes

Sticky Lime & Coconut Drizzle Loaf

Preparation 15 minutes

Cook—40 minutes

100g/4oz butter, softened
175g/6oz self-raising flour
1 tsp baking powder
175g/6oz golden caster sugar
2 eggs

Half a 400g can coconut milk
(use the other half for the icing)

FOR THE ICING & DECORATION

Remaining coconut milk
200g/8oz golden caster sugar
Finely grated zest 1 lime, plus the
juice of three.

1. Heat the oven to 180C/Fan 160c.Gas 4. Butter and line a 900g loaf tin with baking parchment. Tip all the ingredients into a large mixing bowl, then beat until completely combined and the mixture drops off a spoon.

2. Tip mixture into the loaf tin, then smooth the top with the back of a spoon. Bake for 40 minutes until golden and firm to touch. While the loaf is cooking make the icing and sugar.

3. To make the icing, tip the coconut milk and 150g of the sugar into a saucepan. Boil for 5 minutes until syrupy and you can see the bottom of the pan when you stir. Stir in the lime juice and set aside. Meanwhile, crush the remaining sugar with the lime zest until you have a damp green paste and set aside.

4. When the loaf is cooked, remove from the oven and pour over the icing a little at a time, waiting for the cake to absorb it before adding some more. By the time all the icing is used it will be coming up the sides of the tin. Leave everything to cool. To serve, carefully remove loaf from the tin, sprinkle with the lime sugar.

Raspberry & Pine Nut Bars

Preparation 15-20 minutes

Cooking 35-40 minutes

Cuts into 12

200g/8oz plain flour
Finely grated zest 1 lemon
2 punnets raspberries (total weight 250g/9oz)

175g/6oz light muscovado sugar
100g pack of pine nuts
250g pack of butter, at room temperature
Cut into small pieces

1. Preheat the oven to 190C/Fan 170C/Gas 5. Butter a shallow 23cm square tin. Tip the flour, oats and butter into a mixing bowl and use your fingers to work the mixture together to make coarse crumbs. Mix in the sugar, lemon zest and three quarters of the pine nuts using your hands, then press the mixture well together so it makes large sticky clumps.

2. Drop about two thirds of the oat mixture into the bas of the tin, spread it out and press down very lightly—don't pack it too firmly. Scatter the raspberries on top, sprinkle over the remaining oat mixture and remaining pine nuts, then press everything down lightly.

3. Bake for 35-40 minutes until pale golden on top. Take out of the oven, cut into 12 bars with a sharp knife while still warm and leave to cool in the tin before removing.

Muffins

Ready in 30 minutes—makes 12

Dry Ingredients

140g/5oz caster sugar
250g/9oz self-raising flour
1 tsp bicarbonate of soda

Wet Ingredients

85g/3oz butter, melted and cooled
2 large eggs, beaten
200ml/7fl oz milk
1tsp vanilla extract

The chunks

150g punnet blueberries

1. Heat the oven to 200C/Fan 180C/Gas 6. Line a 12 hole muffin tin with muffin cases. In a bowl, combine the dry ingredients. Mix the wet ingredients in a jug and pour into the dry and stir well until just combined. Don't over mix or the muffins will be tough. Fold in the blueberries.

2. Spoon the mix into the cases and bake for 15-18 minutes until golden and firm. Cool on a rack and serve warm.

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