

Ringmore Parish Newsletter

July 2009

Issue Number: 287

Deadline: 9am Sunday 26th July

There doesn't appear to be too much in the diary for the month but I'm sure that with a better Summer being forecast and the holidays fast approaching that everyone's diary will be filling up rapidly.

The weather was kind for the 20th Bigbury Fun run and the general consensus was that the new venue of the Memorial Hall was very successful with lots of room and activities to amuse the youngsters. The fastest time was around 33 minutes which I'm sure you'll agree is incredible. This is a fabulous event which raises money for local charities. A huge thank you must go to all those who helped organise this event as well as those who took place and supported.

As I'm sure you are all aware that after a long illness Pat Skeels passed away on 21st June.

Pat was an active member of the village and her presence will be missed.

There will be a celebration of her life in the church on Saturday 4th July at 3pm.

Our thoughts go out to her family and loved ones.

This month marks the 10th anniversary of James and Gillian saying farewell to the Journey's End.

The Journey's End will open all day every day from July 1st with food being served all day.

Please send items for inclusion in the newsletter to the editorial team c/o: 8 Crossways, Ringmore, TQ7 4HP

OR

e-mail: news@ringmore.net or contact any of the team: Emily 811210, Jane 811218, Gillian 810303, Karen 810382, Sandy / Billy 810572, Lynn 810093

DIARY FOR THE MONTH

Tuesday: Table Tennis, 7.30pm (Parish Room)

July

9/7 W.I talk, W.I Hall 8pm

18/7 Summer Garden Party, The Old Rectory, Bigbury, 6.30 for 7pm

21/7 Parish Council Meeting, W.I Hall, 7pm

August

5/8 W.I Summer Fete, WI Hall & Grounds
2pm

31/8 Annual Church Fete, Ringmore.

Rainfall by Eleanor and Grace Purdy

Last Month: 28mm

10 year average: 71mm

10 year high: 108mm

10 year low: 28mm

All opinions expressed in this newsletter are those of individual writers, and not necessarily those of the Editorial team. The Parish Council does not guarantee or accept liability for any literature, advertised goods or services. They have not inspected or made checks regarding suppliers.

MOBILE LIBRARY: FRIDAY 10th & 24th

St Ann's Chapel: 2.30-2.45

Ringmore Church: 2.50-3.10

Challaborough: 3.20-3.35

Kingston Fire Station: 4.00-4.30



4th July Funnies!

What would you get if you crossed a patriot with a small curly-haired dog?

A Yankee Poodle!

What did one flag say to the other flag?

Nothing. It just waved!

What does a patriot put on his dry skin?
Revo-lotion!

What's big, cracked and carries your luggage?

The Liberty Bellhop!

What dance was very popular in 1776?

Indepen-dance!

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July Sudoku

					7	3	4	9
		3	9	6			1	
	7	6	1	8		5		
							9	
	8	2	4	9		1		
		8	5	2			3	
					9	2	5	7

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- ✓ Fencing and Decking
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- ✓ Glazing
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- ✓ Landscaping
- ✓ Garden Furniture repair and painting

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LOCAL CHURCH SERVICES IN JULY

Date	Bigbury	Kingston	Ringmore
July 5 th	11.00 a.m. Family Service	9.00 a.m. BCP Communion	11.00 a.m. Family Service
12 th	3.00 p.m. Family Service of Commemoration	6.00 p.m. Even. Prayer	9.00 a.m. CW Communion
15 th	2.30 p.m. Korniloff Communion		
19 th	9.00 a.m. BCP Spoken Communion	11.00 a.m. Family Service	6.00 p.m. Evening Prayer
26 th	11.00 a.m. Family Communion	6.00 p.m. Evening Prayer	9.00 p.m. BCP Communion
Aug 2 nd	11.00 a.m. Family Service	9.00 a.m. CW Communion	11.00 a.m. Family Service

Holidays

The root of words and sayings in our language are often lost in the mists of time. "Touch wood" is an idle and useless waste of words, a superstition that has no meaning today. It derived from corrupt so called holy men wandering around the land with splinters that they claimed were parts of "the true cross of Jesus". It has been said that if all these so called relics were assembled in one place the cross made from them would have exceeded the size of the Eiffel Tower.

In a similar fashion we have forgotten that "Goodbye", is an abbreviation of "God be with you" and that "Holiday" has a root in "HOLY DAY". Back in the time when most of this land had no thought of travelling miles for a rest from work, the celebrations and great Christian festivals were times for genuine rejoicing. That holy aspect of rest and recreation is in our design by the God who made us and loves us wanting the best for us. We are commanded to have a Sabbath day of rest, and if we look at the roots of Christianity there were also longer periods set apart for prayer, worship and celebration. It would be good for each one of us to use any space we might have for those purposes.

My own trip towards Christianity was hugely boosted by surfing late one evening, the waves were perfect. A small but good swell was running, with a light off-shore breeze holding up the wave face for excellent rides. The sun setting behind me, it was a north coast Devon location, made beautiful rainbow coloured lights in the spray from the top of the waves. It was almost as if someone nudged me and said "Who made it?"

Once again this year to aid those who might enter our three Churches, we have put quiz sheets (with answers) at Bigbury, Kingston, and Ringmore, and visitors could include local folk who have rarely visited the neighbouring Parishes! The quizzes are partly about the buildings, but also about other interests that might help holiday/holy day reflection.

One special event this month is our special Bigbury Commemoration Service at 3.00 p.m. on Sunday the 12th. This is a special Service which has proved very helpful, especially for those who have suffered bereavement in the short or medium term. A time to remember those who have died, but also to support and encourage those left behind. We have sent written invitations to those folk who we know from the last few years funerals, and from headstones in the Churchyard. If we missed you we are sorry, but everyone is very welcome to come. There will be refreshments afterwards in the Memorial Hall at St Anne's Chapel.

In closing to all our visitors enjoy your time in this beautiful area. To all our local residents do come and visit the Churches. On a Sunday would be great, but they are also open for you in daylight hours on all other days.

John Elliott, Resident Minister (830688)

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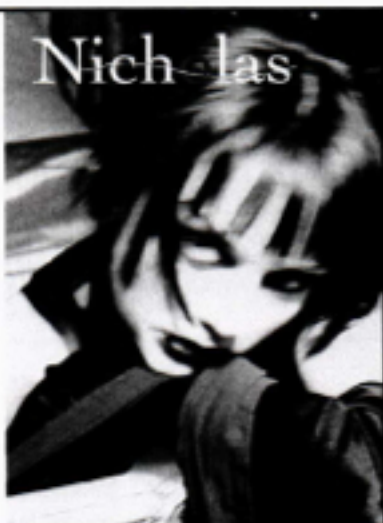
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In the W.I. Hall and grounds
Entrance 50p (children 20p)*

**Contributions for the stalls will be appreciated; please contact Sharon on
810179**



SUMMER MEAL

Our June meeting was a Summer Meal in aid of Shelterbox, and held in the garden of the W.I. Hall. At 6.30 pm, the sun was shining, the marquees were up, and the buffet of salmon, cold meats, salads and delicious puddings was ready. Seventy people, including holidaymakers, then enjoyed the scrumptious meal which had been prepared by members and friends. The President, Sharon Jones, thanked all those who had helped, especially Sally Errett who had organised the event. After expenses, we were able to send £600 to Shelterbox.

“the case for exercise”

For our July meeting, Gill Gubbins is going to teach us how to keep fit and healthy in body and mind. She will demonstrate exercises and techniques, and the meeting is on Thursday 9th July, with W.I. business at 7.30 pm and Gill's talk at 8 pm.

SUMMER FETE

Our annual summer Fête is on Wednesday 5th August at 2 pm in the W.I. Hall and garden. There will be cakes, produce, bric-a-brac, books and tombola. Contributions for these stalls will be much appreciated; please contact Sharon on 810179.

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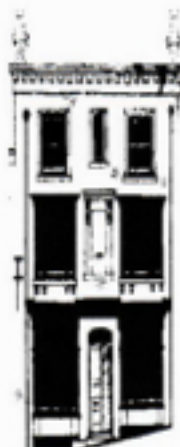
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RINGMORE PARISH COUNCIL MEETING TUESDAY 23RD JUNE WI HALL 7.00PM

PRESENT Chairman M.Hammond
Cllrs. J.Deverson B.Lambell
W.Mumford B.Carson
2 Members of the Public

APOLOGIES Cllrs. E.Bohnet J.Parkin J.Reynolds

DECLARATION OF PREJUDICIAL INTERESTS - Cllr.Lambell

OPEN SESSION

Mr.T.Smith raised the question of the mound of earth opposite End Bohemia Cottage stating that the removal of this was a good idea. The Chairman replied by stating that he could possibly answer this question when Mr.Mumford arrived. He also asked what the conditions were on the recently granted planning permission for the Ringmore Parish Room windows. The clerk read them out, i.e. The development to which this permission relates must be begun not later than the expiration of three years beginning with the date on which the permission is granted (21st May 2009)

MINUTES OF LAST MEETING

The Minutes of the May meeting were signed as a true and correct record.

MATTERS ARISING

Notice Board - The new notice board is to be put in position shortly. This has been donated by Mr & Mrs Lambell to which Parish Council would like to say thank you.

1st Aiders - The Chairman reported that the list of contacts will, hopefully, be published in the next newsletter. Also the names will be printed on a fridge magnet.

Clock - The clock has been fitted back in the tower within a suitable weatherproof box. The clock is working correctly but is not yet striking. We are awaiting Francis Jarvis to visit and check the circuit.

Parking - Item to be carried over to the next meeting.

W.MUMFORD

After the elections the conservatives have overall control of Devon County Council and there will be a number of changes in the administration. The Boundary Commission is still proceeding with recommendations to the Government by the 15th July. He was asked if Highways could help to remove the mound of earth opposite End Bohemia Cottage, he will inspect this and report back. He was also asked if it would be possible to fit a mirror at Harratton Cross, although they are opposed to fitted mirrors he would make enquiries. He did mention that Highways were in the process of cutting grass and hedges in this particular area.

BRIAN CARSON

South Hams and the Princes Foundation Trust have done a survey of areas where it might in the future be possible to build houses. In the areas designated local residents were given the opportunity to air their views on whether the housing would be acceptable.

ENVIRONMENTAL MATTERS

Cllr. Deverson reported that he was meeting with Peter Guy on 26th June at 9.30am to discuss Darkie Lane. Cllr Lambell agreed to look at Footpath No.4 which runs from Windwood Farm.

PARISH PLAN - A brief review of the plan will be discussed at the next meeting.

PLANNING

Planning Permission Granted - Application 40/0246/09/F replacement windows and doors Ringmore Parish Room.

Application 40/1001/09/F Extension and alteration to cottage Hill Cottage Studio - council had no objection.

Applications 40/0968/09/F and 40/0967/09/LB - no objections

Conversion of barn to dwelling Middle Manor

FINANCE

Cheques agreed and signed -

K.Abraham (internal audit) £28.00

Clerk Salary & expenses (quarterly) £249.80

South Hams Containers £297.84

J.Reid £60.00

English Clockmakers £448.50

J.Parkin £33.43

Audit paperwork was signed by the Chairman and Clerk. The Internal auditor had no issues to raise with the council

ANY OTHER BUSINESS

Parish Council wished to record their thanks to Mrs.Gillian Parkin for the excellent flower display which she did for the Flower Festival.

DATE OF NEXT MEETING - 21ST July

RSPCA Stories by: Sean Jones

This is the true story of a man called Steven King, no, not the horror novelist but a horror on the dog training scene!

He was an American dog trainer whose training techniques were not appreciated in the States so decided to try his luck over here. Those of you who know me know my dislike of computers and internet but on this occasion it was thanks to the internet world that the RSPCA were made aware of this man.

As this is a family magazine I will curb my detailed descriptions but just say that one of his training methods was to swing a dog above his head on a lead called a choke chain!!

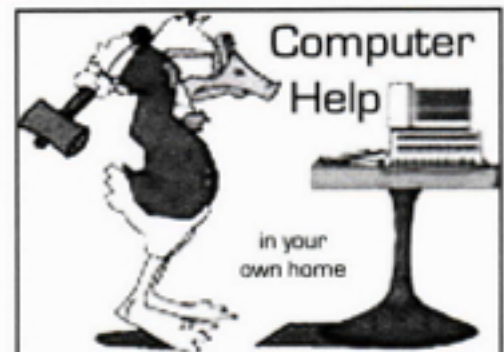
He was a nasty piece of work and many people were scared of him, but I had to collect a great deal of evidence from witnesses, dog owners and vets. It was a very stressful experience and very hard work that took over my life for a period of time. So much that Sharon and friends attended court to finally see what had consumed me and to see justice being done.

His threatening behaviour and unwelcome media attention when not needed created more problems but eventually he was convicted in 3 separate courts on 3 different charges of dog abuse.

Sadly, he did not get the custodial sentence he deserved but a lifetime ban from keeping and controlling dogs along with a hefty fine. I was proud to be the first RSPCA inspector to successfully gain such a conviction.

ST. LUKE'S HOSPICE, PLYMOUTH

You will be pleased to know our coffee morning on 2nd June at Anna's raised £325! as well as giving us an enjoyable time appreciating Anna's home and garden in lovely weather and of course her special coffee and choice of home-made cakes. Thank you everyone for your very generous help. Sue McCallum, as Hospice Fundraiser, in her letter of thanks, talked of the breadth of care the Hospice uniquely provides to over 2000 patients a year. In a small way we have contributed to those extras that give comfort to the patient and their family at such a difficult time. Thank you again.
Drina



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Congratulations



To John Elliot, John Simes and Oli Balchin who along with their Pro, were runners up at the Bigbury Pro-am. This is a fantastic achievement and they all took home an engraved glass bowl and a balloon flight each.



Byron Hammond on passing his finals of his law degree.

Bobby on passing her first year at university.

Please let us know of any achievements via the usual method, e-mail, post or phone.

LOGIC?

A chemistry teacher wanted to instil into his class the evils of drink, so he produced an experiment that involved a glass of water, a glass of whisky and two worms.

"Now, class, observe the worms" he said putting the first worm in the water. The worm writhed about, quite happy as a worm in water could be. The second worm he put in the whisky. It writhed painfully and quickly sank to the bottom – dead.

"Now what lesson can we derive from this experiment?" asked the teacher.

Johnny, who naturally sits in the back of the class, raised his hand and wisely responded "Drink whisky and you won't get worms"

Men, like tacks, are useful if they have good heads and are pointed in the right direction.

The right half of the brain controls the left half of the body.

Does that mean that only left handed people are in their right minds?

Women are like telephones; they love to be talked to, they loved to be held. But if you push the wrong button – you're disconnected.

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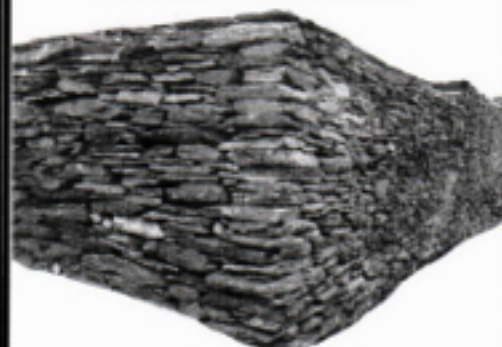
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10 years ago

More than many helped to minimise the need for stocktaking when James and Gillian said 'farewell'. Huge thanks from all of the regulars and many others who had benefitted from the support which they had given to the village during their time at the JE. A warm welcome was given to the new landlords, Graham and Debbie Gilliam.

John and Ann Bracey's meticulously kept garden was to be open for charity as part of the National Gardens Scheme.



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20 years ago

Wild Flowers

The Parish Council requested Devon County Council not to cut the road banks and verges - except on dangerous corners - until the late summer, when the wild flowers have finished blooming. On the whole, DCC is very good about this and the verges had been particularly beautiful this year. However some were cut quite un-necessarily, early in May.

Divers

There had, unfortunately, been two fatalities among divers at Challaborough, during the past five weeks. The most recent victim had not received proper sub-aqua training and it is hoped that the sad accident will focus attention on the danger of diving without such training. P.C Penrice asked the Parish Council to thank the Auxiliary Coastguards, the Holiday Camp and the residents of Challaborough for all their help in dealing with the accident.

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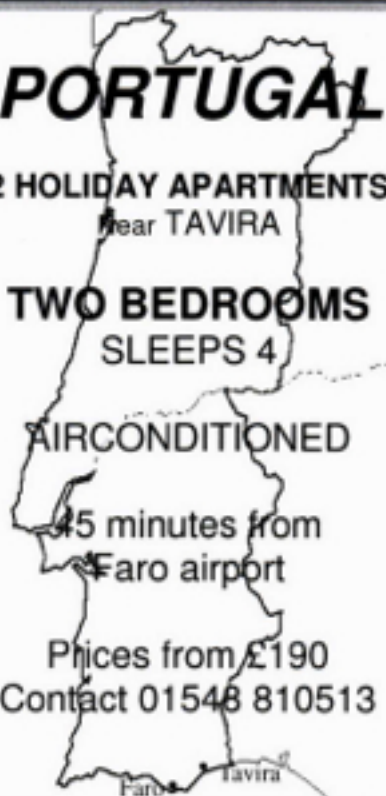
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RINGMORE FLOWER FESTIVAL

What a tremendous success the Flower Festival held 19 – 21st June in Ringmore turned out to be, showing Ringmore at its very best. Lots of people participated in many different ways and the lovely flower arrangements were produced both by individuals and the many various village organisations. Jinny McCabe was always on hand to offer advice and encouragement for the arrangements, which were imaginative and beautiful, varying from the sumptuous to the simple, embracing novel and symbolic flower displays. All were stylish and inspiring, none more so than the pew end arrangements, each one a striking and individual design. The first glimpse that visitors had of the Flower Festival was the flowering boots and shoes along the path - these had been arranged and planted by the children's choir.

Friday night saw the Celebration Concert which was a sell-out some days before the event. The evening was a triumph of musical quality and variety suiting all tastes, and comprised classical and modern music, solos, choirs and instrumentals. Professional singers and musicians augmented local talent. Among the many highlights was Fiona Stuart-Wilson and Kate Tomlin's rendition of the Lakmé Flower Duet, as was Clare Garton-Sprenger playing her 1753 baroque cello accompanied by Fiona. Kate's aria from the Marriage of Figaro was outstanding, and other songs composed by Diané Collinson, some heard for the first time, such as 'All Bells in Paradise' with Fiona leading the Village Singers and the Children's Choir, accompanied by Robin Brett, were also truly memorable. Polished performances by both the Village Singers and the Children's Choir ensured the evening continued on its successful way. Wine and nibbles were served during the interval with all the wine being kindly donated by Steve Chapman of Friar Tuck's Fish and Chips at Challaborough.

Refreshments were available throughout the weekend in the WI Hall. Delicious cakes, ploughman's lunches and superb cream teas were served by Jane Baker's willing band of helpers. The Plant Stall, in the WI garden, organised by Jinny McCabe also did very brisk business.

The Celebration Service on the Sunday evening brought the Festival to a close. The church was once again packed, and the scents from the flower arrangements filled the air. It was lovely to see Alice, who is now aged 95, returning to play the organ for one of the hymns. Alice who was the organist at Ringmore for 60 years also played the organ on the Saturday afternoon to the delight of visitors.

The proceeds from the Flower Festival exceeded all expectations and generated over £2,000 of funds for All Hallows. It was a truly wonderful weekend of flowers, music, food and plants, which, thanks to a vast band of helpers, enabled all to enjoy the weekend event. The flower arrangements remained in the church for many days following the Festival.

Photos of the Festival are available on a CD produced by Mike Wynne-Powell price £10. If you wish to purchase the CD please contact Mike as soon as possible, to place your order, on 810407 or by e-mail southamsfinancial@tiscali.co.uk. Proceeds from the sale of the CDs will go to the Flower Festival fund.

Phill Errett (Church Warden)

The word "proud" does not sit easily within my dictionary but on this occasion I have no reservations about using it. Over the last weekend I have been proud to be part of the village of Ringmore and I think all residents have a right to be proud of living here and especially the church and W.I organisation. The flower festival has been a wonderful event, the church looked absolutely fabulous bedecked with so many floral arrangements including the footwear decorated by the children affording a welcome at the entrance to the church. I know that an enormous amount of effort and work was necessary to organise and publicise the event but also the audible. Those who could not attend the Flower Festival concert on Friday missed a treat for ears, and eyes, the music was varied and performed to a very high standard, the choir augmented by some very professional singing and playing that sounded wonderful within the church. There appeared to be a steady flow of visitors to the W.I Hall for welcome lunches and cream teas and a good opportunity for locals and visitors to socialise over the three days of the festival. I was not present at the service on Sunday but I understand that it was as full as for the concert and that spontaneous applause followed the organ playing of our nonagenarian Ringmorian. Congratulations and thank you to everyone who was involved in producing this event, making it part of why Ringmore is such a special place to live.

A very happy Ringmorian

An ENORMOUS THANK YOU to everyone who helped

to make the Flower Festival and concert such great occasions! We (the committee) were overwhelmed by such willing and enthusiastic help in the church and at the WI hall. The flower arrangements were superb, and Jinny managed to help others besides doing more than her fair share of arrangements herself!! The food at the hall was superb, manned by Jane Baker and her small army of helpers, and the plant stall was not to be missed! The concert was even better than we hoped, Di Collinson was invaluable with both her advice and her compositions, and Fiona, Kate, Clare and Robin were wonderful. Not to be outdone, the Village Singers and the Children's choir practised for weeks to be both word and note perfect!! The festival of praise on Sunday evening was graced by the presence of Alice Mason who played for one of the hymns, which was very nostalgic, and John Elliott took the service beautifully as usual - you really can't go John!! Many, many thanks to you all. More than one person commented that it was a real, "village occasion", which was good to hear as that was what we set out to achieve. Ringmore really is a lovely place to be!!

Judy Bull

First Aiders

A new list is being formulated which will then be printed onto a fridge magnet. At present the list of trained 1st aiders willing to assist consists of: Sandy, Andi & Emily, Alan Eaves, Karen Purdy, Mike Wilson, Jane Reynolds, Sean and Sharon Jones.

It must be stressed that in the case of an emergency always dial 999 first

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News from All Hallows

Millennium Clock Up date

The new Electrical Master Clock (Tempus unit) has now been fitted back in the tower within a suitable weatherproof box. The Antenna has been repositioned to enable the lead from it to enter the underside of the box. Previously the lead entered the top of the Master Clock, which we believe allowed condensation to run down the lead into it causing the short circuit and subsequent damage of the unit. You may have noticed that the clock is now working correctly but however is not yet striking. We believe this is attributed to the wiring connection between the master Clock and the striking system. We are awaiting the electrician to visit and check the circuit so hopefully the clock will be fully functioning once again in the very near future.

Church Fete – 31st August

The recent meeting, to organise this year's event, attracted a good turn out. The main difference this year will be the serving of Refreshments in the main field. Unfortunately this year we are experiencing problems of obtaining an adequate number of marquees so if anyone knows of any likely sources then please contact me. We are currently looking for 2 large Marquees. Many kind offers of help were given at the meeting and I know some could not attend due to previous commitments but don't worry you will not be left out, so expect to be contacted before too long!!!

Flower Festival

What a tremendous success due to support and hard work of so many- well done it is very much appreciated.

Alice Mason

What a pleasure to see Alice back in the village again if only for a week's visit. Alice looked in very good spirits and still hasn't lost her touch in playing the organ. She delighted many people playing on the Saturday afternoon and Sunday evening of the Flower Festival - thanks Alice it was a pleasure to see, and hear you playing, again.

Phill Errett (Church Warden) 810547

Apologies

Alan McCarthy was disappointed that his own account of his achievements regarding the Parish Rooms windows were not published in the newsletter last month, unfortunately I no longer have the original e-mail but anyone wanting to know details should contact him direct.

Also there was Phil's account of the murder mystery which was not included, this is now found below.
Apologies

Dates for your Diary

“SUPER HEROES”

Children's Holiday Club

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Plus an All Age Service at Kingston parish
church on Sunday 16th August 11.00am

For more details and to book a place, contact
Alice Thornton on 810284

COME AND JOIN THE FUN!

Murder Mystery

What an excellent evening was had by the full house at the Murder Mystery evening held to raise funds for the Parish Room. The actors performed their roles with great accomplishment to keep the audience guessing “who done it” right to the very end. Our table, like many others, groaned under all the weight of mouth watering food and drink. Many thanks to Jinny. and family, and Michael for working so hard to make the evening such a great success. The tablecloths and flower arrangement on each table certainly brighten up the hall - these little touches make all the difference. I quite expected to open up for table tennis on the Tuesday evening to find some tidying up to be carried out but no – all was put away and the hall looking “spic and span”.

Many thanks once again for making it such an enjoyable evening.

Phill Errett

Food Glorious Food

Please let us have your recipes - news@ringmore.net

There's nothing like the taste of perfectly cooked chargrilled food — warm sunny weather and a glass or two of chilled white wine and what have you got

.....the perfect BBQ.

Yogurt & Saffron Marinated Chicken Skewers

Serves 4 Preparation Time—10 minutes

800g Boneless skinless Chicken thighs or breast cut into bite-sized pieces
200ml natural yogurt
2tsp finely grated ginger
4 garlic gloves crushed
2 large pinches of saffron threads
1 tsp ground cinnamon
1 tsp chilli powder
1 red pepper, cut into bite-sized pieces
1 yellow pepper, cut into bite-sized pieces
6 tbsp finely chopped basil leaves
10 tbsp good quality mayonnaise

1. Place the chicken in a large mixing bowl. Stir in the natural yogurt, grated ginger, garlic, saffron, ground cinnamon and chilli powder, season well and pour over the chicken. Toss to coat well, cover and marinate in the fridge for 6-8 hours or overnight if time permits.
2. Thread the chicken and peppers onto 8-12 skewers. Place on a grill rack and cook over a barbecue or under a medium grill for 10-12 minutes, turning the skewers once, until the chicken is cooked through.
3. Mix together the chopped basil and mayo until well blended—season well and serve on the side.

Raspberry & White
Chocolate Tart

Serves 8

Preparation time 25 minutes + chilling

For the filling

100ml double cream
250g white chocolate
- broken into small pieces
Seeds from 2 vanilla pods

375g ready-made shortcrust pastry
300g raspberries
Icing sugar to dust

Barbecued Sesame Seafood

Serves 4 Preparation time—15 minutes

Serve this tasty seafood with a tossed green salad for a healthy meal.

2 tsp sesame oil
2 tsp lime juice
2 garlic gloves, crushed
2 tsp chopped fresh ginger
1 small chilli, seeded and sliced
2 tbsp sesame seeds
4 boneless fish fillets
12 king prawns, peeled and de-veined, tail intact
8 scallops
Olive oil spray
2 tbsp chopped parsley to garnish
1 lemon, cut into wedges to garnish

1. Combine the sesame oil, lime juice, garlic, ginger, chilli and sesame seeds in a shallow dish. Add the fish, prawns and scallops and turn to coat in the marinade. Cover and leave to marinate in the fridge for 15 minutes.
2. Spray the barbecue hotplate lightly with olive oil and heat. Remove the seafood from the marinade and place on the barbecue plate, turning once. The fish fillets usually cook in 5-10 minutes, depending on their thickness, while the prawns and scallops cook in 4-6 minutes. Brush the seafood with the marinade while cooking.
3. When cooked, place the seafood on a serving platter and garnish with parsley and lemon wedges.

1. Heat cream, chocolate and vanilla in a saucepan over a low heat, stirring until the chocolate has melted. Stir and remove from the heat. Allow to cool, pour into a container and chill in the fridge for 2-3 hours.
2. Set oven to 180°C/160°C/Gas 4. Roll out the pastry and line a 35cm x 12cm rectangular, loose-bottomed tart tin. Chill for 30 minutes then line the pastry base with parchment and baking beans and bake blind for 20-25 minutes. Remove the paper and beans and return to oven for 4-5 minutes then set aside.
3. When ready to serve, place the chocolate mixture in a bowl & whisk lightly until soft peaks have formed. Spoon this mixture into the pastry base and top with the raspberries. Dust the tart with icing sugar and serve cut into thick slices.

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