

Ringmore Parish Room - Repair Fund Box

The Parish Room was built in 1908 and extended in 1924, funded by public subscription. It has now significantly deteriorated and the Parish Room Committee is applying for a grant to replace the windows, doors and floor. Part of the requirement for the grant is a willingness by the community to help fund the work. Some fund raising has already been achieved and the collection box delivered with this Newsletter will hopefully increase the funds.

The labels on the box explain what to do with the full boxes, but if you already have one or do not wish to contribute, please return the box to the Journey's End Inn, Holywell Stores, or any of the Committee members - Alan McCarthy, Jinny McCabe, Barry Old, James Parkin, Pat Skeels and Michael Tagent.

In anticipation, thank you very much for your generosity.

Parish Room Committee

1912

I have been thinking of you very much lately
 and wondering how you are getting on.
 I hope you are well and happy.
 I have not much news to write at present.
 Everything is going on as usual here.
 I will write again soon.
 Love,
 [Name]

[Address]
 [City]
 [State]

Ringmore Parish Newsletter

March 2009

Issue Number: 283

Deadline: 9am Thursday 26th March

The purpose built Coastguard station is now well under way at St Ann's Chapel, soon the rescue team will be able to de-brief, clean up, train, take care of casualties and store the vehicle in the comforts of a building rather than a field!

The newsletter is back on a self funding basis and has returned to the council the funding for the 2 extra pages. The editorial team would like to thank the Council for its support in assuring parishioners of its continuation.

The Journey's End have successfully put together a darts team and on 25th February raised nearly £70 towards Shelter box. In fact since the beginning of February they and the rest of the local pubs taking part have raised enough money for an entire shelter box.

We have two recipe contributors this month so plenty to keep you busy in the kitchen and I'm sure the answers to Adrian's quiz will make the questions now look so easy!

Once again please remember this is your newsletter and keep the contributions coming in.

Lent Lily

One of the flowers most associated with March is the narcissus (Wild daffodil). Named after the boy in Greek mythology, who was changed into a flower. Narcissus is also known as Lent Lily because it blooms in early spring and the blooms usually dropping before Easter. It is the main daffodil species of Britain.

The daffodil became a popular Welsh symbol in the 19th Century. Lloyd George used it to symbolise Wales at the 1911 Investiture and in official publications.

In England the daffodil inspired amongst others William Wordsworth to write his famous poem "Daffodils."

Please send items for inclusion in the newsletter to the editorial team c/o: 8 Crossways, Ringmore, TQ7 4HP OR e-mail: news@ringmore.net or contact any of the team: Emily 811210, Jane 811218, Gillian 810303, Karen 810382, Sandy / Billy 810572, Lynn 810093

DIARY FOR THE MONTH

Monday: Short Mat Bowls, 7.30pm (Parish Rooms)

Tuesday: Table Tennis, 7.30pm (Parish Room)

March

2/3 Tearfund Lunch, W.I hall, 12noon-2pm

6/3 Cheese & Wine, Parish Room, 7.30pm

6/3 Conservative AGM, See advert within

7/3 Sale, The Nook, 10.30-12

10/03 Churchyard tidyup, 10am

12/3 W.I talk, W.I Hall, 8pm

18/3 Ringmore Singers, Barnford, 7.30pm

21/3 Craft Fair, Modbury Memorial Hall, 11-4

24/3 Parish Council meeting, W.I Hall, 7pm

29/3 JEJEBTTT, J.E, 1.30

April

4/4 Church clean, 10am

May

4/5 W.I May Fair, W.I Hall & grounds, 2pm

Plenty of warning for this one!

June

19/6 - 21/6 Flower Festival, All Hallows

Rainfall by Eleanor and Grace Purdy

Last Month:	101mm
10 year average:	79mm
10 year high:	152mm
10 year low:	25mm

All opinions expressed in this newsletter are those of individual writers, and not necessarily those of the Editorial team. The Parish Council does not guarantee or accept liability for any literature, advertised goods or services. They have not inspected or made checks regarding suppliers.

MOBILE LIBRARY: FRIDAY 6th & 20th

St Ann's Chapel:	2.30-2.45
Ringmore Church:	2.50-3.10
Challaborough:	3.20-3.35
Kingston Fire Station:	4.00-4.30



RSPCA Stories by Sean Jones

This story is unfortunately a rather sad one. As an RSPCA Inspector it is important both for your own sanity and the true welfare of the animals but you remain to a degree slightly detached. In this particular case it was really hard due to the irrational actions of this particular individual.

The original call was because a member of the public had seen an owl flying in the window of a council flat. On arrival I knocked on the door several times. There was no response despite the fact that I could clearly hear movement inside. I called through the letterbox and after a while and a threat from me to call the police, she reluctantly opened the door.

I was invited into the living room/bedroom where I encountered a very healthy small dog, several healthy guinea pigs and an owl all well cared for. I asked if I could look around the remaining rooms and was willingly shown into bathroom and another bedroom. Access was denied to a further room where the door was firmly closed. As she was very persistent my suspicions were aroused.

Unfortunately, despite what many people believe the RSPCA have no 'Police Powers' and I was unable to force her into letting me into the room. Instead I left and went via the back exit looking through the window into the room I had not been allowed in. I saw a room in a complete mess and an apparently dead animal, it certainly was not moving in any way. I returned to the front door and advising that I was calling the Police was allowed in. Making my way to the forbidden room I was not properly prepared for the sight in front of me: 3 emaciated cats, 1 tabby and 2 black all lying dead amongst a smelly mess.

The following interview established that the owner had insufficient funds to feed and care for all the animals and had made the decision to neglect the cats. She had starved them to death!

I have 3 cats of my own and know how much they cry and make a nuisance of themselves if I am late feeding them. The cats probable cries of distress during their period of suffering will haunt me forever.

I still struggle to understand how such an articulate and intelligent young woman could do such a thing and still live with herself. I can make no further comment but promise you a more cheerful story next time.

Her prosecution banned her from keeping animals fro 3 years!!!!

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Herbal Remedies

Hawthorn

is widely regarded in Europe as a safe and effective treatment for the early stages of heart disease and is endorsed by Commission E- the branch of the German government that studies and approves herbal treatments. It is used to promote the health of the circulatory system and has been found useful in treating angina, high blood pressure, congestive heart failure and cardiac arrhythmia. It has been found to strengthen the heart and stabilise it against arrhythmias. There is also evidence for cardiovascular system improvement, particularly in clinical parameters associated with angina, congestive heart failure and acute myocardial infarct. This may be due to the herb's antioxidant activity.

Zinc

The human body contains a mere two grams of Zinc and its importance to good nutrition has only been recognised in recent years. It is associated with the activity of a wide-range of enzymes, which work with red blood cells to transport carbon dioxide to the lungs. It aids the absorption of B vitamins and Phosphorous, promotes normal growth, aids fertility, helps maintain a healthy liver, maintains our senses of smell, taste and vision and is a vital factor in many life processes, such as proper immune function.

LOCAL CHURCH SERVICES IN MARCH

Date	Bigbury	Kingston	Ringmore
Mar 1st <i>Lent 1</i>	11.00 a.m. Family Service	9.00 a.m. BCP Communion	4.00 p.m. Communion
8 th <i>Lent 2</i>	11.00 a.m. Family Service	6.00 p.m. CW Evening Prayer	9.00 a.m. CW Communion
15 th <i>Lent 3</i>	9.00 a.m. BCP Communion	11.00 a.m. Family Service	6.00 p.m. Evening Prayer
18 th	2.30 p.m. Korniloff Communion		
22 nd Mothering Sunday	11.00 a.m. Family Communion	6.00 p.m. Evening Prayer	9.00 a.m. BCP Communion
29 th	<i>No Service in Bigbury</i>	<i>No Service in Kingston</i> 11.00 a.m. Team Service <u>at Loddiswell</u>	<i>No Service in Ringmore</i>

I Give Up

In all probability as you read this, Lent will have started with March 1st being the first Sunday in the traditional season of fasting. We will have digested our pancakes after the usual excellent efforts at Ringmore. Folk from various denominations (last year Baptist, Catholic and C of E) will joining together and making an extra effort looking at Christian themes in the two separate Lent Courses in the patch. What will you give up.

Last November our Bishop Michael in Exeter wrote to all Devon Churches with an encouragement that we should plan a time of fasting, and that important thing that goes with it PRAYER. He hoped that this would be part of the Diocesan 1,100 year's anniversary celebrations. He wanted a concentration on adding to the numbers of those who come to Church plus, from some who do, a serious examination of the call of God in their lives which might lead to them considering some form of authorised ministry. So if you do come, think about it, could you be helping lead worship, or perhaps giving a talk on Christian themes in a Service led by another? It has been said that the local Church is like a football crowd, many folk sitting in comfort, watching a few players exhaust themselves in a way that they don't always appreciate, often not scoring! For those who do not come why not make an effort and give up Sunday morning lie in, Songs of Praise on the T.V., the gardening, the car wash or whatever else it is and come to Church.

We also very seriously need more involvement, for as most of you know, I will be giving up at the end of September and retiring. The date was announced and planned long in advance so that the appointment of a successor could be accelerated. Sadly there have been local Ministry roles similar to mine advertised extensively nationally recently – remember in theory it is two days a week plus Sundays in return for a house and a tenth of a Vicar's salary. The shock has been in the number of applicants coming forward.....Zero. It is therefore highly likely that I will not be replaced, and most local Services on a given Sunday, will be lead by local members of the Church. Personally I think that is how it should be, and was in New Testament times, but it is a very significant change.

Rev. Neil Barker, our Team Rector in Modbury, faces a double whammy, for a year later Rev. Mike Jefferies the Team Vicar who, with the comfort of two colleagues, has focused almost exclusively on Loddiswell (where he lives), and East Allington & Woodleigh also retires. For a year from September they will be the only ordained ministers, and then Neil might be on his own. He is exploring with Archdeacon and Bishop possible avenues to obtain more help, this may not work. It is certain that the pattern of local Church Services will change, and there may be fewer of them.

Remember your local Church needs your prayers, this Lent especially. Fasting for Lent is not a public hunger strike; it is giving up something significant to focus your concentration and prayers on God. As said in previous years it may not be abstaining from food or drink, it might be certain TV programmes or other luxury activities. Apparently John Wesley fasted on Wednesdays and Fridays, I wonder if that was a total fast or the more modern no meat but fish instead on Fridays. For me it might be not going fishing, not just on Fridays but at all during Lent, now that would be a sacrifice. As Bishop Michael has written "The call to prayer and fasting in Lent is an encouragement to have our eyes lifted from those things that often shape our thoughts and desires, and to be sharpened in our hunger for the word of God and a deep thirst to do his will". May it be so.

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WELCOME BACK

Welcome back to Pam Dennis-Noel and Roofy who returned to Ringmore on 28th February to live in End Bohemia after spending the last four months in Easton. They are happy to be back on familiar territory, are enjoying their garden and delighted to be amongst friends.

Message from the Ambulance Service

We all carry our mobile phones with names & numbers stored in its memory. If we were to be involved in an accident or were taken ill, the people attending us would have our mobile phone but wouldn't know who to call. Yes, there are hundreds of numbers stored but which one is the contact person in case of an emergency? Hence this 'ICE' (In Case of Emergency) Campaign.

The concept of 'ICE' is catching on quickly. It is a method of contact during emergency situations. As mobile phones are carried by the majority of the population, all you need to do is store the number of a contact person or persons who should be contacted during emergency under the name 'ICE' (In Case Of Emergency). The idea was thought up by a paramedic who found that when he went to the scenes of accidents there were always mobile phones with patients but they didn't know which number to call.

He therefore thought that it would be a good idea if there was a nationally recognised name for this purpose.

In an emergency situation, Emergency Service personnel and hospital staff would be able to quickly contact the right person by simply dialling the number you have stored as 'ICE'.

For more than one contact name simply enter ICE1, ICE2 and ICE3 etc



THE WORK OF SHELTERBOX

A disaster happens somewhere in the world, and in no time at all, Shelterbox has sprung into action. Our February meeting had a visit from Mervyn Kettle, who enlightened us into the wonderful work of Shelterbox. Of course, he brought one of those now famous green boxes with him, ready packed for ten people, and containing a tent, blankets, cooker, tools, plates and mugs, ponchos, and a bag of pens, books and paper for children. When the box has been emptied it is put to use as a water container.

Shelterbox was set up in April 2000 at Helston in Cornwall, and is funded by public donation. 90% of every donation goes on the boxes, and less than 10% on running Shelterbox; a filled box costs £490.

MARCH MEETING: A PROGRAMME CHANGE

Unfortunately, our speaker for March has had to withdraw because of ill health. We hope very much to be able to hear her later in the year. In her place, Liz Mingo has agreed to come and speak; the title of her talk is "Forever Living Products: Using Aloe Vera". This promises to be a most interesting evening, so come along and find out more. A reminder of the date: Thursday 12th March at 8 pm in the W.I. Hall.

MAY FAIR: ADVANCE NOTICE

Our annual May Fair is on Monday 4th May, starting at 2 pm in the W.I. Hall and grounds. If you have any bric-a-brac or books for the stalls, please contact Sharon Jones on 810179. But above all, book the date in your diary!

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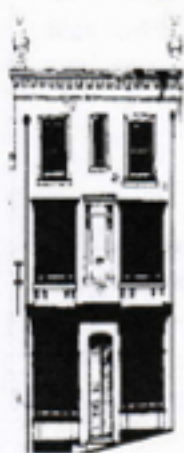
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RINGMORE PARISH COUNCIL MEETING TUESDAY 17TH FEBRUARY 2009 WI HALL

PRESENT Chairman M.Hammond Cirs.E.Bohnet J.Deverson B.Lambell J.Parkin J.Reynolds
W.Mumford / B.Carson
Clerk M Wood 2 members of the public

PARISH COUNCIL VACANCY

The clerk informed Councillors that Totnes had not received any applications for this position and Parish Council have to co-opt a replacement member as soon as possible.

Cllr.Deverson stated that Mr.John Simes would like to be considered. The Chairman stated that on previous occasions the people who wished to be co-opted attended the meeting to give a brief report as to why they wanted to join the council. Cllr.Deverson said that Mr.Simes was away until 24th February and as he was the only nominee could they vote on this matter now. A vote was taken with 2 councillors in favour, 2 against and 2 abstained. Mr.Simes will be asked to attend our March Meeting.

DECLARATION OF PREJUDICIAL INTERESTS – Cllr.Bohnet (Newsletter)

OPEN SESSION – None to report.

MINUTES of January meeting signed as correct.

MATTERS ARISING

Traffic Hazard by Bus Shelter – Cllr.Deverson reported on an E-mail he had received from Neil Oxton Highways which stated that to introduce a one way system would need advertising, traffic regulation orders, erection of two no entry signs which would come at considerable expense. They also consider that the erection of the signs would be environmentally intrusive in such an attractive location. Based on this information Highways recommend that we do not proceed with this matter. An item will be placed in the Newsletter to remind parishioners of the correct way round.

W.MUMFORD

Mr.Mumford informed the meeting that the decision on the Boundary Commissions findings has now been extended by 5 months (15th July) in his view this is good news because it will allow more debates and a greater time scale to get their recommendations in place. It also allows for County Council elections in June to still go ahead. He wanted to congratulate Highways on doing an excellent job in keeping the majority of roads clear during the recent bad spell of weather.

B.CARSON

The South Devon Holiday Guide has been prepared this year in conjunction with South Hams and Teignbridge Councils. It is hoped in future that the Councils will fund the project but the organisation and printing will be done privately. Mr.Carson was pleased to report that there will be no increase in council tax. Approx. 3000 people have joined the residents parking permit scheme

ENVIRONMENTAL MATTERS

Trees – 40/0017/09/TCA Fell Holly Tree Hill Cottage and 40/0098/09/TCA Fell sycamore Old School House – no objections.

Footpaths – Cllrs.Deverson and Lambell reported that they had met Peter Guy to discuss the Darkie Lane problem. It is evident that there is a major drainage problem which has caused a build up of silt over a number of years. It is proposed that a drain pipe is placed across the path so the water can be diverted into the garden of the Veau.

During the recent heavy rainfall there was a sewage overflow in Maple Bank which has now been cleared.

There is still no progress on Cockle Lane despite discussion with Ross Davies. Cllr.Bohnet will ask Andy King to liaise with the Tucker's direct to try to speed up the work.

PARISH PLAN

The keep the parish tidy working party was working well scheduled to the 1st and 3rd Fridays of each month.

The second of the informal winter suppers would be taking place this Saturday with yet again all 36 tickets sold. Also the 2nd delivery of oil had taken place.

PLANNING

Application 40/0058/09/LB Building consent for formation of new opening in existing wall at ground floor level to convert into one dwelling and replacement of existing front door Mount Pleasant & Rose Cottage – no objection.

Planning permission granted for listed building consent for replacement front facing porch Renton Farmhouse.

FINANCE

Cheque agreed and signed National Trust (P3 funds) £1000

Ringmore Church £100 to help funds for the new music system.

Change of bank signatory forms completed.

NEWSLETTER

Cllr.Bohnet will give a copy of the budget to Cllr.Parkin also a statement of accounts from January to December 2008 will be prepared and presented at the next meeting.

As the Newsletter was now self funding a cheque for £176 was given back to Parish Council.

ANY OTHER BUSINESS

Millennium Clock – The clock mechanism has been sent to Belgium for repairs.

All Hallows music system – Parish Council have been asked to create a floral arrangement to display at a festival of flowers 19th 20th & 21st June. Cllr.Parkin will speak with his wife regarding this matter.

Royal Garden Party 7th July – Mr&Mrs.Hammond will be nominated.

Skips- arranged for 4th April and 24th October.

The Chairman and Cllr.Reynolds will be attending a Community Partnership Forum on the 23rd February.

Letter addressed to the Chairman to put forward Parish Council views on the parish plan at the annual general meeting of the Challaborough Residents Assc.5th March

DATE OF NEXT MEETING TUESDAY 24TH MARCH

SAMEDI LE VINGT ET UN DU FEVRIER 2009

It was suggested that I should write an insert for the newsletter furthermore that it should be in French. As you can see above even schoolboy French is completely inadequate- and incorrect so I'll use Frenglish.

Arrangements were made for a Francaise Soiree

At the pub down the road, our wonderful J.E.

On reflection it should be Soiree Francaise,

Please excuse me it's the a.m after alcoholic haze.

I must have the wrong Saturday too as the following week was the poems and pints that I trust someone else will describe. The French evening was a great success, how it compared with the earlier game evening I am unable to say but if decibel be the measure of fun it was very enjoyable. My brain was smoking trying to fit suitable words for the two out of three I could not hear, like solutions in a crossword puzzle. At least it meant that one could say what one liked without fear of recrimination or contradiction. It was a great atmosphere though, a real party where even Sandy couldn't think of a reason to celebrate or at least publicly speak about it. Perhaps it was the Parish Council members on her table that provided some intimidation. If there was a council meeting it was a very jolly affair. Thirty six, I believe, was the number of people in the dining room and several locals that I met in the bar before dinner would have liked to attend if they had been early enough, and clever enough, to book. This looks like the sort of event that is needed in the pub to keep the locals coming during the winter. The food was delicious, French onion soup (without the environmentally damaging after effect often associated with this dish),

Coq au vin with plenty of vegetables followed by lemon cheese cake desert, all very efficiently served. Well done and thank you Juliet and your magnificent staff, you gave us all a treat. I was a little surprised at being the only one in red white and blue but perhaps green will be the scene at the Irish evening next month, I am sorry that I shall be unable to come. The Ringmore photo(phenomo)man was in obvious attendance and may show some revealing shots at his evening in the parish room on Friday 6th March.

John the lumbered.



CAN ANYONE HELP PLEASE.....



I am looking for Bridleweath and Hornbeam to add to

flower arrangements at the church for my son's (Ben) wedding on 11th April. If anyone has these in their gardens and wouldn't mind me having a few sprigs, I would be very grateful. Thank you. Sandy (810572)



THE RINGMORE INFORMAL WINTER SUPPER CLUB - AN IRISH EVENING

After the French Supper on 21st February, another complete sell-out and hopefully again enjoyed by all, we are pleased to announce that

Jules and the Journeys End team have now agreed to stage an Irish Supper on Saturday 21st March.

Yet again strictly limited to only 36 diners, the 3 course set menu supper, at only £12 per head, will feature an **Irish Casserole** and other Celtic favourites. Allegedly, the Guinness will flow...

To support your village pub, enjoy the "craic" with friends, and to avoid disappointment, book early by phoning the J. E. direct on 810205, to be sure, to be sure...

Fiddles and pipes welcomed!



RINGMORE TABLE TENNIS CLUB

The Club "Christmas" social evening and tournament took place on the 10th February and was a resounding success, especially for the winners of the tournament! There were eight pairs of contestants who all played each other in two groups. In the semi finals the winners of group one, Judy and Mike Wynne Powell, played the runners up of group two Sally Errett and Mike Turney. The winners of group two, Jan and Frank played runners up of group one Ann and Adrian who eventually beat Judy and Mike in the final, all four receiving prizes for their efforts. There were some very close matches throughout the evening, for example the final went to three games, 21-16, 21-19 and 22-20. There were also some very good refreshments for the players and spectators, a wonderful spread of food provided by the men this year, most of it home made, and of course plenty to drink, brought by the ladies. The whole evening was great fun. New members will always be welcome, just turn up on Tuesday evening, 7-30 at the Parish.

John Bracey, Chairman

J.E.J.E.B.T.T.T.

Journey' End John Edward Bracey Table Tennis Tournament

29th March at 1.30 p.m.

UNFORTUNATELY the date chosen and published in the last newsletter clashed with Mothering Sunday and has now been changed to the 29th March. It is hoped that this will allow more people to enjoy this popular event that has now earned a regular place in the Ringmore diary. It is a fun day and you do not need to be able to play to a high standard to enjoy the fun so come along and watch or better still put your name on the sheet in the entrance hall of the Journey's End Inn. We are aiming for the easy to organise number of 32 again. The draw will take place on Thursday 26th March. The time for the start is set a little later this year so that people can have a drink or a meal before play commences. The entrance fee for the tournament is a minimum of just £1 to go to Air Ambulance. Anyone who wishes to practice for the event will be welcome as a guest at the Ringmore table tennis club in the parish room on Tuesdays from 7-30 onwards.



Ever fancied being in a darts team?

The Journey's End has started to put together a darts team to play friendly matches against our other local pubs. If you are interested please get in touch with Sean or Sharon at The Journey's End (810205). Age, experience & ability are no barrier we are just playing for fun. We are raising money for Shelterbox each match costs a £1 to enter.

'I CAN HEAR JUST FINE!'

Three retirees, each with a hearing loss, were playing golf one fine March day. One remarked to the other, 'Windy, isn't it?' 'No,' the second man replied, 'it's Thursday.' And the third man chimed in, 'So am I. Let's have a beer'

**Cheese & Wine Evening
with Audio Visuals & Photographs
by Mike Wynne-Powell**

Parish Room Friday 6th March 7.30pm

The evening will start with a glass of wine to accompany some audio visual presentations representing a different aspect of photography.

In the interval there will be a chance to taste a wide range of local cheeses and a chance of more wine.

The second half of the evening will include a show of some old pictures of Ringmore and the Parish. There will also be a selection of pictures from past Ringmore events.

Please let me know whether there are any village events since December 2000 you would like to see pictures of, by Friday 13th February and I will try to include them.

All profits from the evening will go towards the cost of the All Hallows Hymnal sound system.

**Tickets at £6 each can be purchased from
Phill Errett (810547) or Mike Wynne-Powell (810407)**



Ringmore Singers

We hope to do some more singing, starting on Wednesday 18th March at 7.30 p.m. at Barnford, but with a break over Easter. The idea is to sing a few madrigals and maybe some other music with a view to singing something at the Flower Festival opening event on Friday 19th June. Experienced singers and complete beginners all welcome, but it would be nice to have some idea in advance of how many people to expect.

20 years ago

The Journeys's End Inn - Reported that the 60's pop quiz went very well, the first prize going to Alan & Avril Eaves. The building work was progressing well and we are assured that it will be finished by Easter, though Yogi has now gone off to Switzerland to see the girlfriend that he met here. Will there be another Ringmore wedding soon? Watch this space!!!

10 years ago

Parish Map

The map has been completed for the Historical Society by John Bracey and already many of you will have seen this splendid work of art. The Historical Society will be undertaking the marketing of the map and we will be helping in the provision of static-point maps.

Modbury Springtime



Craft & Gift Fair

Saturday 21st March 2009 11am-4pm
in the Modbury Memorial Hall

Admission Free!

Greetings cards · Prints · Jewellery · Gifts
Handmade Soaps · Turned Wooden Gifts · Toys
Pottery · Slate Engraving · Children's Clothes
Sugarcraft Cake Decorations · Felt Bags
Gift Boxed Cakes and Handmade Sweets

Savoury and sweet refreshments available, all proceeds going towards curtains, crockery and cutlery to spruce up the Modbury Memorial Hall!

South Hams Hawks and Owls will be there, come and have your photo taken with an owl



Martin Weir will also be demonstrating weaving on hand looms



While you are in Modbury for the craft fair don't forget to pop down to visit the fantastic shops the town has to offer!

for further information please contact Charlotte Aylward (Poussin)
on 01248 830362 or poussinaylward@aol.com

BOOK REVIEW

A Spot of Bother by Mark Haddon.



Although "A Spot of Bother" is very different from his last acclaimed novel, "The Curious Incident of the Dog in the Nighttimes", Mark Haddon approaches his subject with the same freshness, insight and humour.

We meet a mildly dysfunctional family consisting of 57 year old George, a touch overwhelmed by his recent retirement; his wife Jean, who is having an affair; their son Jamie, who is having relationship problems of his own and their daughter Katie, who is about to get married to Ray. The story deals with a surprising sequence of events and is divided into many short chapters, each following one character at a time, allowing us to see things from everyone's point of view. Haddon is able to enter the minds of the different characters in an entirely believable manner and those reading the book will be able to recognise some aspect of their own behaviour or that of someone they know.

The plot is a little contrived, perhaps even slapstick at times, yet, despite this, "A Spot of Bother" is written with an easy style and is a light, very funny but ultimately satisfying read.

Gillian

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Food Glorious Food

Each month we will let you know what food events are happening in the next month and maybe you have a favourite recipe that you would like to share with us all.

April Events

10th—13th : Easter Celebrations

Please let us have your recipes
news@ringmore.net

13th—15th : Songkran/Thai New Year

This months welsh recipes have been submitted by Julie at Crossways
- Many thanks Julie.

CAWL

Ingredients

2lb Neck of Welsh Lamb

3 pints Lamb or Vegetable Stock

½lb Shelled peas

½lb Shelled Broad Beans

1 small cauliflower— broken into florets

1 medium Leek—diced

1 medium Carrot—diced

1 medium Onion—diced

1 medium Turnip—diced

Salt & Pepper to season

Chopped Parsley to garnish



- Trim the lamb to remove fat. Place meat into a large pan with a little oil and brown on all sides.
- Cover with stock and bring to the boil
- Prepare all the vegetables and set aside cauliflower until later.
- Add all the other vegetables to the meat, season with salt & pepper.
- Cover and simmer 2½ - 3 hours.
- Add cauliflower 20 minutes before the end of cooking.
- Garnish with chopped parsley and serve piping hot with crusty bread.

PICE ARY MAEN—Welsh Cakes

Ingredients

16 oz Plain Flour

6oz Caster Sugar

8 oz Sultanas

1 Egg

1 tsp Baking Powder

1 little Milk

Sprinkle of Salt

Extra caster sugar to sprinkle.

Method

Stir together flour, baking powder & salt in a large bowl.

Rub in hands (to resemble fine breadcrumbs)

Add sugar and sultanas & mix together with whisked egg to make a stiff dough—add a little milk if necessary.

Roll out to a thickness of about ¼ inch * cut out 2" Rounds with a pastry cutter.

Cook on a greased griddle (ideal to do on a rayburn top) or use a heavy based frying pan.
Cook for about 3 mins each side until golden brown—sprinkle each one with castor sugar.
Serve warm or cold.

BARA BRITH

10 oz Mixed Fruit
2/3 pint Hot Tea
3 oz Soft Brown Sugar
12 oz Wholemeal Self Raising Flour
1 tsp mixed spice
1 egg
Zest of 1 lemon



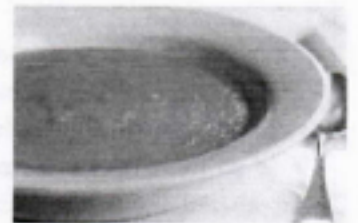
- Soak mixed fruit in the hot tea, cover and leave overnight.
- Set oven to 350°F or Gas 4.
- Grease a 2lb loaf tin
- Strain the fruit and reserve the liquid
- Mix together fruit with all the other ingredients in a large bowl—adding the reserve liquid a little at a time to make a dropping consistency
- Pour the mixture into a tin and bake until well risen & firm to touch, about 45-55 minutes
- Cool, serve sliced and buttered.

Curried Carrot and Apple Soup

Several people have asked for this recipe so here you are! I am giving you two methods for making the soup, both of which work well; the first is easier - however the second is more fun.

Method 1

Ingredients: *serves 4*
2 tsp olive/sunflower oil
1 tbsp. mild Karma curry powder
1 ½ lb. carrots, chopped
1 large onion, chopped
1 Bramley apple, chopped
1 ½ pints/ 3 cups chicken stock
Salt & freshly ground pepper
Yoghurt & carrot curls to garnish



Heat oil and fry curry powder gently for 2 minutes. Add carrots, onion and apple, stir until coated with curry powder, then cook over low heat for about 15 minutes until soft. Spoon into processor or blender, add half the stock and liquidise until smooth. Return to pan, add rest of stock, adjust seasoning and serve with garnish.

Method 2 *(as used for last Tear Fund lunch)*

1. Multiply above ingredients by 5.
2. Half way through assembling ingredients forget that you are multiplying by 5 and start multiplying by 4. Or 6.
3. Decide not to use Karma curry powder, but to finish the the jar of Madras curry paste that has been lurking at the back for the fridge for some weeks/months/years.
4. Having cooked and blended the vegetables, add what you think is a sensible amount of curry paste.
5. Taste the mixture.
6. Discover that you have not added a sensible amount.
7. Meditate for a few moments on Phill's possible response to the strong-ish flavour.
8. Throw in a whole carton of apple juice.
9. Wait until the very last minute and then add an unspecified amount of cooked and blended carrots.
10. Feel pleased but somewhat confused when people ask you just how you made the soup.

Rosemary Piercy

RINGMORE HISTORICAL SOCIETY

Below is an extract from Notes made by Herbert Castillon Hingeston-Randolph who succeeded his father as Rector of All Hallows in 1911

The worthy councillors of Ringmore sometimes relieved the tedium of their Meetings by propounding riddles, for I find the following on one of the fly-leaves [of their minutes books] - mathematical ones, too - dated 1767.

1. If one third of six be three
What will one fourth of twenty be?

.....

2. As I was beating on the forest grounds
Up started a hare before my two grey hounds,
The dogs being light of foot did fairly run
Unto her fifteen rods just twenty-one.
The distance that she started up before
Was four score fifteen rods - just and no more!
Now this I'd have you unto me declare -
How far they ran before they caught the hare?

.....

(After this, the Scribe, I suppose to bring himself to a more serious frame of mind, wrote out the Nunc Dimittis in full, and the Second Collect for Morning Prayer.)

H.C.H.R.

Answers to the riddles are: 1. seven-and-a-half 2. Three hundred and thirty-six

RINGMORE HISTORICAL SOCIETY

PLEASE NOTE THAT THE MEETING SCHEDULED FOR SATURDAY MARCH 14TH HAS
BEEN
CANCELLED DUE TO THE UNAVAILABILITY OF THE SPEAKER.



John the Fish

The mobile fishmonger John Walsh is in Ringmore every Friday at approximately 3.30pm, he delivers to The Vein and makes his way back to the Church, then stops outside the phone box. He is more than happy to deliver straight to your door so give him a call: 01503 273140 or 07812577703

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News from All Hallows

Music

We are as ever hugely grateful to our organists who give so much time to the services. However when they are unable to play we are continuing to have great fun with the **Hymnal Sound System**. Recently we have enjoyed some great traditional hymns played on a variety of organs with a great variety of stops - and at the other end of the scale we have almost (but not quite) been rocking in the aisles with songs such as "He's got the whole world in his hands" played to a Caribbean band accompaniment. Fortunately we have the Mission Praise songbooks which were carefully compiled to offer something for everyone: the books were originally issued to coincide with the last visit of Billy Graham to the UK, so they have just celebrated their 25th anniversary.

The Hymnal is also capable of relaying music both before and after the service, which really adds to the enjoyment. Of course it has to be paid for, and we really hope you will be able to attend the **Cheese and Wine Party** on March 6 at 7.30, when in addition to all the other entertainment you will, if you wish, be able to hear the hymnal for yourself.

A Different Service

Although strictly speaking this is not All Hallows news, the recent Marriage Service at Aveton Gifford was open to anyone both in the local parishes and beyond. It offered an opportunity to think about the value of regular "MOT's" in our marriages; in addition we were able to renew our wedding vows, which even after 40+ years was a moving experience.

Prayer Requests

A reminder that if anyone would like us to pray for a particular situation there is a box available for your requests just inside the church. A few of us meet to pray for the church and for individual needs, and all information will be treated in strict confidence. You don't have to be a church member to take advantage of this offer!

Thanks

You will have noticed the new, neat, and sturdy notice board that we have outside the church. Many thanks to Alan McCarthy for making this - and thank you Alan for all the other ways in which you help.

Many thanks again to Dane and Hillary for delivering newspapers and milk etc. so faithfully. It is great to see such a practical use for the church porch!

Churchyard Tidy Up

On **Tuesday March 10 March at 10 o'clock** Phill will be cutting the hedges around the Churchyard boundary-weather permitting of course!! If any one wishes to help in the general tidying up of the churchyard they would be most welcome, if so please bring your own tools, secateurs, loppers etc. Jem has very kindly offered the use of his tip up trailer to cart away the vegetation. If you need any further information please give Phill a ring on 810547. The Keep Ringmore Tidy working party made a splendid job of clearing away all the unwanted and unsightly vegetation in the roadway around the church yard walls on Friday 20th February; this is very much appreciated.

Easter Church Cleaning

Drina would be very grateful for your help in cleaning the church before Easter. Please meet at the church at **10.00 am on Saturday April 4**, bringing with you whatever cleaning equipment you feel led to use - cloths, brushes etc. All help will be most gratefully received.

Ringmore Church Flower Festival

A reminder that this will be held from June 19 - 22. Do put these dates in your diary and plan to bring friends and family. Many of the village organisations will be participating, and there should be a magnificent display!

Rosemary Piercy

Time Stands Still" (Monday 12th January @ 2.25pm)

Examination of the master clock, by the clock installers in Derbyshire, revealed that various internal components had become rather hot, possibly due to an overvoltage. They have sent it back to the manufacturers in Belgium for repair.

It does seem however that we shall be without a working clock for the near future but of course Phill will keep you informed. Meanwhile please continue to make use of our backup system "the sundial" until it is repaired and back in working order.

The Church Clock has stopped at 35 to 3.
Is there honey still for tea?

The part in Belgium found, for free?
Is there honey still for tea?

The Vicar peers, is he on time? His sermon now down to time,
Is there honey now for tea?

Name & Address supplied

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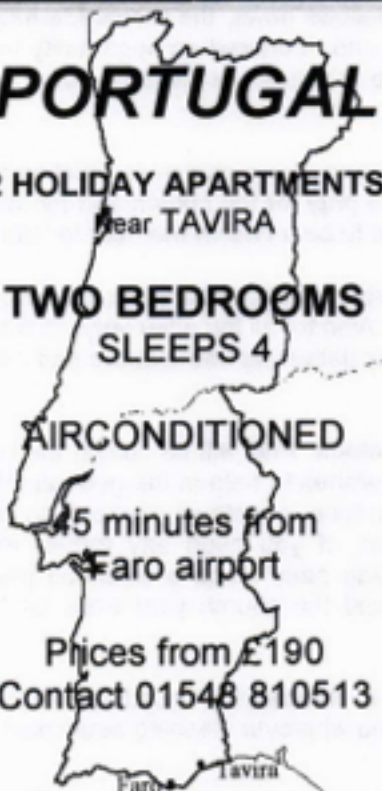
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Snowdrops Anne Lambell

Now the snowdrops are flowering once again on the hedge just below what was once Houghton Farm. I thought some people may be interested as to how they came to be there (there are still a few left in the village who already know, including Alan King).



My grandfather bought Houghton Farm in about 1928. he also owned Hollicombe Farm at the time just the other side of Flete. Father used to ride one Shire horse and lead two others from Hollicombe to Houghton via Kingston, plough two acres of land which took all day, and then ride back. My grandfather, grandmother, two of my aunts, my uncle and father moved to Houghton between 1928 and 1929. Grandfather having then sold Hollicombe. My aunt Milly decided to plant what she called her 'Snowdrop Patch' in a little piece of enclosed land, which had a few trees in it, just over that hedge. At the time there was a large barn and milking parlour that side and another barn and calf houses the other side. Over several years the snowdrops spread until the whole patch used to be white with them. Once a fortnight Aunt Milly used to pick and bunch them to sell in Plymouth open market, where she had a stall to sell eggs, butter etc. Unfortunately, when Cundy's eventually bought Houghton many years later, they bulldozed down most of the field hedges and of course Aunt Milly's snowdrop patch. The only remaining snowdrops were inside the road hedge, where they have gradually spread over the hedge onto the outer side. Every time I see them it reminds me of when, many years ago, I was a little girl and used to help my Aunt pick and bunch them.

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Newsletter Quiz

Apologies to all you quizzers. I made a typing error in Number 5. It should have read 'O of the W' not 'H of the W'. If it had been '5 Ws and an H' that might have been different, but I'll save that for a future quiz. I noticed the error and corrected it, but didn't realise I had already attached the wrong version to my e-mail to the Newsletter. I hope nobody spent too long trying to solve the unsolvable, unless you know better!

The answers I had in mind are shown below. I am aware that International Standards have tampered with the number of sheets in a ream (Number 38), as quires have disappeared and Number 37 didn't have any commas, but that would have been too easy. The last question shows that -40 degrees Fahrenheit is the same temperature as -40 Centigrade. Not many people know that! I hope that there was something for everyone, but it was intended to be too hard for anyone to get all of them right, or even the 39 solvable ones, certainly without resorting to the Internet, so I hope it didn't deter too many of you.

Adrian

- | | | | | | |
|----|------|------------------------------|----|---------|--------------------------------|
| 1 | 1 | Wheel on a Unicycle | 21 | 1001 | Arabian Nights |
| 2 | 2 | Peas in a Pod | 22 | 64 | Squares on a Chess Board |
| 3 | 3 | Blind Mice (S H T R) | 23 | 32 | Two to the Power of Five |
| 4 | 4 | Quarts in a Gallon | 24 | 24 | Hours in a Day |
| 5 | 5 | Oceans of the World | 25 | 76 | Trombones in the Big Parade |
| 6 | 9 | Planets in the Solar System | 26 | 26 | Letters of the Alphabet |
| 7 | 7 | Sides on a Fifty P Piece | 27 | 147 | Maximum Break in Snooker |
| 8 | 8 | Tentacles on an Octopus | 28 | 24 | Karats = Pure Gold |
| 9 | 90 | Degrees in a Right Angle | 29 | 29 | Days in Feb in a Leap Year |
| 10 | 1000 | Millimetres in a Metre | 30 | 240 | Old Pennies in a Pound |
| 11 | 11 | Players in a Football Team | 31 | 1 | Atomic Number of Hydrogen |
| 12 | 12 | Signs of the Zodiac | 32 | 32 | Freezing Point in Fahrenheit |
| 13 | 13 | Stripes on the American Flag | 33 | 4840 | Square Yards in an Acre |
| 14 | 13 | Loaves in a Baker's Dozen | 34 | 54 | Cards in a Deck (incl Jockers) |
| 15 | 88 | Piano Keys | 35 | 66 | Clickety Click |
| 16 | 16 | U K Age of Consent | 36 | 240 | Volts Alternating Current |
| 17 | 16 | Ounces in a Pound | 37 | 2,3,5,7 | Prime Numbers |
| 18 | 18 | Holes on a Golf Course | 38 | 480 | Sheets of Paper in a Ream |
| 19 | 57 | Heinz Varieties | 39 | 39 | The Thirty Nine Steps |
| 20 | 200 | Pounds to Pass Go | 40 | -40 | Fahrenheit = Centigrade |

The winner of Adrian's quiz are Jack and Liz Castle, Rosie's Barn with a worthy score of 37. Well done!

Thank you to Adrian for providing the quiz, we look forward to more of you sending quizzes or brainteasers in.



March Sudoku

				7			
			5		4		
	7	6	3				9
		5		3	4		1
4			6		5		3
8			7	1		9	
2					8	6	9
		7			3		
			2				

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EVERY WED- NEDAY	<u>22nd</u> £11.95 FOR	EVERY THURSDAY	IN THE DINING ROOM	<u>MARCH</u> <u>20TH</u>
2 COURSE LUNCH FOR £6.00 WHAT A DEAL	CHOICE OF ROAST LOCAL MEATS WITH ALL THE TRIM- MINGS & HOME MADE DESSERTS	STARTING AT 9PM TAKE PART IN A FUN VILLAGE EVENT	ON MATCH DAYS CHEER FOR YOUR TEAM & ENJOY A GREAT PRICE ON BEER TOO!	CUT OUT THE VOUCHER ABOVE AND TRY OUR NEW SET MENU FOR LUNCH OR DINNER & GET A FREE DRINK!
ALL HOME COOKED FOOD AND AN IDEAL OPPORTUNITY TO MEET WITH FRIENDS	BOOK NOW AND SPOIL YOUR MOTHER!	RAISING MONEY FOR CHARITY		

A big thank you to James for organizing the pub survey on my behalf. Thank you to all of you who took part, your feedback is vital & has been noted. The majority of suggestions & issues are being tackled. You will start to see these in place shortly. THANK YOU FOR ALL YOUR SUPPORT!