

Newsletter

Ringmore Parish

March 2008

Issue Number : 271 Deadline : 9am Monday
24th March

Anna and Natalie would like to thank everyone for their cards and letters of sympathy, and beautiful flowers, which have all been a great comfort to us.

The eulogy that Ardene's son in law read is a fitting tribute to Ardene later in the newsletter.

Karen Purdy Massage Therapies Taster Treatments

*'... if you haven't experienced a massage
then you have missed out on one of life's
great pleasures.'*

Dr Mark Porter Evening Standard

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DIARY FOR THE MONTH

- March
- 3/03 Tearfund lunch W.I Hall 12-2pm
 - 5/03 RBL Royal Oak 7.30pm
 - 13/03 W.I Meeting W.I Hall 7.30
 - 15/03 RBL Women's branch lunch Kingston Reading Rooms 12-2pm
 - 18/03 Parish Council meeting W.I Hall 7pm
 - 19/03 Historical Society illustrated talk W.I Hall 7.30pm
 - 30/03 Table tennis tournament J.E 12noon
- April
- 24/04 Annual Parish Meeting
 - 26/04 Skip for Challaborough residents

Music at the paddock With Frank & Drina Mondays at 7.30pm

2008
March 10th
Newcomers with a liking for good
music are very welcome.

J.E.J.E.B.T.T.T.

Journey's End John Edward Bracey Table Tennis Tournament

30th March at 12 noon

Happy days are to be here again. This popular event has now earned a regular place in the Ringmore diary, it is a fun day and you do not need to be able to play to a high standard to enjoy the fun so come along and watch or better still put your name on the sheet in the entrance hall of the Journey's End Inn. We are aiming for the easy to organise number of 32 again. The draw will take place on Thursday 27th March. The entrance fee for the tournament is just £1 to go to Air Ambulance. Anyone who wishes to practise for the event will be welcome as a guest at the Ringmore table tennis club in the parish room on Tuesdays from 7.30 onwards.

Please send items for inclusion in the Newsletter to the editorial team c/o:
8 Crossways, Ringmore, TQ7 4HP OR email:
news@ringmore.net
Tel 01548 811210

MOBILE LIBRARY: Friday 8th & 22nd

Ringmore Church	2.50—3.10
Challaborough	3.20—3.35
St Ann's Chapel	2.30—2.45
Kingston Fire Station	4.00—4.30



MARCH GARDENING TIPS - JON MARSHALL

Veg Garden - Finish digging and manuring empty beds. Prepare seed beds for spring sowing.

Potatoes Set potatoes to sprout indoors. Place them in a box or tray with the end of the potato containing the most number of eyes uppermost. Store in a light, frost free but well ventilated place until the sprouts have grown about 2cm / 3/4" in length. Prune Autumn fruiting raspberries.

Indoor Plants - Reduce the frequency of watering, keep the air around plants fairly dry by using ventilation or a dehumidifier.

In an unheated greenhouse keep plants nearly dry to prevent roots from freezing, if necessary cover plants with plastic sheets

Lawns

Lay turf and mow established lawns only if necessary when conditions permit. Clear all fallen leaves - service lawn mowers and other equipment.

Herb Garden Prepare ground for spring planting.



Reiki - gentle healing that is very relaxing and helps to relieve pain and stress

Contact 07821 727213

Hazel Freeman (Reiki Master)
Mount Pleasant, Ringmore
Kingsbridge, South Devon

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LOCAL CHURCH SERVICES IN MARCH

Date	Bigbury	Kingston	Ringmore
Mar 2 nd Mothering Sunday	11.00 a.m. Mothering Sunday Family Service	9.00 a.m. Communion	11.00 a.m. Mothering Sunday Family Service
9 th	11.00 a.m. Family Service	6.00 p.m. CW Evening Prayer	9.00 a.m. CW Communion
16 th	9.00 a.m. BCP Communion	11.00 a.m. Family Service	6.00 p.m. Evening Prayer
19 th	2.30 p.m. Korniloff Communion with Team Rector: Neil Barker		4.00 p.m. Spoken Comm'n with Team Rector: Neil Barker
21 st Good Friday			6.00 p.m. At The Foot Of The Cross (An Easter Meditation)
23 rd Easter Day	11.00 a.m. Easter Family Communion	6.00 p.m. Communion	9.00 a.m. Easter BCP Communion
30 th	10.30 a.m. TEAM SERVICE Modbury	10.30 a.m. TEAM SERVICE Modbury	10.30 a.m. TEAM SERVICE Modbury

RETIEMENT

There is no such word as retirement in the Bible. When Moses was 70 he employed his father-in-law as a Management Consultant. We are not told how old Jethro was at the time. None of the disciples retired, but few of them lived to a ripe old age. One of them, named John, became a writer rather than a Church leader in his later years. Now there's an idea, but I think the book of Revelation was the sequel to end all sequels.

In this land today retirement is not quite so certain as it once was. The definitive horizon of 60 or 65 has become blurred and, for some, financially unobtainable. Others from choice are indicating that they would die of boredom if they had nothing to do. Those who play golf might look forward to an improving round of golf every day, but then as *anno domini* progresses they find a lengthening handicap and creaking joints defeating that idea!

I know that it, therefore, came as a shock last month to the three local congregations when I announced my own retirement plans with a date to cease being the local Minister in September 2009 at the latest. It happens to be my 65th birthday in that month, and I have already done five years extra on the Pension plan retirement age of 60. "Why do this?" you might ask. Or perhaps there is relief that a fresh face will come onto the scene hopefully full of enthusiasm for this lovely patch. Well that will be at least 18 months away, and it might be even a year longer. So part of the logic behind this early warning says 'Let's plan forward especially for that gap when the Diocese may take up to a year to appoint a successor'.

There may be some practical changes in service times, and some new faces leading worship and teaching. At last the Church has gone back to its early roots and opened the door for local people, respected in their community and congregation, to take services, and make visits in the name of the Church. The need for three years academic training has been eased, with local authorisation and training encouraged. The three congregations of Bigbury, Kingston and Ringmore along with the rest of the congregations in the Modbury Team are moving together down that path. Surely it should be done by the professionals and not amateurs some may say? Well remember the Titanic was built by professionals and the Ark by amateurs, and we all know which was the more successful. 'Amateur' after all has its roots in *amos* the Latin word for love, and it is out of love that local Christians will be seeking their own calling to serve you the readers. Likewise 'professional' stems from those professing a core belief. So there is not much difference between the two. Let us all support and enjoy what could be an exciting time of progress for the local Churches.

Remember, also, that Jesus was served with a compulsory retirement notice two thousand years ago, total retirement from life as we know it. The inhuman resources department (the devil) got his come 'downance' when God in Jesus came back to do the job he was to do for ever. Come and celebrate that with us at the Easter Services listed above.

John Elliott, Resident Minister (810565)

FATUOUS and
largely faulty and
inacurate in a
series of ways.

Know your Neighbour

We focus this month on a couple of our more well known residents; Denis & Julie Linzell, who live in one of the houses known as Crossways.

Denis is a local lad, being born at Shearlangston, Modbury. His father was an agricultural mechanic and his mother a housewife, looking after 7 children. Denis went to school in Kingston and then Modbury. The family lived in Modbury until Denis was 13 years old when a small incident of him accidentally burning down the family home whilst his parents visited his brother in hospital led to the family moving into a farm cottage in Kingston.



Denis's parents eventually ended up running the village store in St Anne's Chapel—Lynwood stores was opposite where the current shop is now. They ran the store until his mum died when she was 60 years old.

Denis trained as a motor mechanic and for 20 years worked in Kingsbridge at Wills Garage. He married, had 2 children and lived with his family in Bigbury on Sea until the break up of his marriage.

Julie is not a local lass, born in Llanvaches, South Wales—Julie arrived in this area via Cornwall. When she was 16 years old she left school and trained as a hairdresser. Her fiancé's mother had three hairdressing salons. Julie was asked if she would run one of

these salons which happened to be in Looe, Cornwall. So — ~~her~~ ^{she} and her future husband moved to Cornwall, where they married and Julie eventually had her children, Ty and Zak. An opportunity came up when some friends who were taking over a pub ask Julie and her husband if they would move with them and help run the place. The pub in question being the Tom Crocker at Bigbury on Sea.....the same Tom Crocker that Denis helped run.

Denis after the break up of his marriage was offered a flat by a friend over the Tom Crocker pub and was soon asked if he would help out—which he did for 6 years until the arrival of Julie's friends with Julie and husband in tow. At this point Julie and Denis became neighbours and fate took over. One dog walk led to another and to another and very soon Julie and Denis were more than just dog-walking friends. New owners took over the Tom Crocker, Denis stayed on as maintenance person and Julie moved with her children to a caravan at Challaborough, until the council housed them at St Anne's Chapel—she also started her mobile hairdressing business.

Love blossomed and Denis soon moved in with Julie. Julie applied to the council to buy the house but it was declined, ~~but~~ ^{she} was told that if she transferred to another village she would be able to purchase their home. They decided to transfer to a house in Ringmore—which they subsequently bought.

Julie was doing the hair of a client and casually asked if there were any jobs at the golf course—Dave Freeman contacted Denis and offered him the job as a green-keeper, a job he has done for the last 20 years. ~~He~~ ^{he} is now deputy head green-keeper.

It was also around this time that their love affair with the village of Lindos on the island of Rhodes commenced. Julie had previously visited with a girlfriend and the children, and was captivated by the place.

The following year Denis went along and was also smitten. They have now visited Lindos every year since and in 1993 they were married there. No-one knew until they returned that they had tied the knot. They have now been going to Lindos for 23 years.

Denis and Julie have now lived in Ringmore for 19 years. During this time they have been involved in and supported many events. When the kids were young, Julie ran the youth club with Chris Jones and Ursula Phelan. For the last 16 years she has competed in the Bigbury Fun Run and raised heaps of money for charity and recently ran and raised enough money to buy an Agucheck machine for the Modbury health centre. She says she will continue to run so long as her legs will carry her around the course.

Denis is due to retire in 2 years. He will then be able to devote even more of his time to his passion, gardening. In 2003 he had major heart surgery, an aortic valve replacement, which was successful and has in no way curbed his enthusiasm for enjoying life. In fact they both enjoy life to the full and intend to continue their holidays to Lindos, are regulars at the Journeys End and like a good social life. Cheers!!

**RINGMORE PARISH COUNCIL MEETING TUESDAY 19TH FEBRUARY 2008 WI HALL
7.00PM**

PRESENT Chairman: M. Hammond Cllrs: E. Bohnet, P. Chicken, J. Deverson, S. Jones, B. Lambell,
J. Parkin, B. Carson (Dstr. Cllr), Mike Pearson, A. McCarthy (Footpath Warden), ~~Clark~~ M. Wood, ^{two}
Members of the public. _(Clark)

FOOTPATHS

Proposed Footpath from Ringmore to St. Annes - The Chairman introduced Mike Pearson who is the tenant farmer of the land where some of the footpath is to be routed. Cllr. Deverson explained that the footpath currently runs across the land and asked Mr. Pearson if it was possible to divert this to follow the hedge. Mr. Pearson replied by stating that they had over a number of years tried to move footpaths to make farming easier, as they are not allowed to plant and spray crops near footpaths across fields. They had succeeded with some paths but on other occasions could not do so due to objections which would have meant a public enquiry costing a large amount of money. On past experience footpaths had become a nightmare to control.

Mr. Pearson produced copies of a more up to date footpath map showing the route which he was happy with and also would support. He was in agreement for people to walk along the hedge of the field in question. It was agreed that he will speak to the other landowner and did not think that would be a problem. To get the path from across the field would mean speaking to The Rambler's Association and explain reasons for doing so. It will then be necessary to speak to Devon County.

Chris Roberts has no objection to the path running alongside his property.

Bigbury Parish Council would offer support.

Mr. Pearson left the meeting and the Chairman reverted back to the agenda.

OPEN SESSION

Mr. Malcolm Findlay, on reading the minutes of the last meeting, asked the Chairman if the statement that the roads in the village were in good order referred to Ringmore only, because the road into Challaborough is in a very poor state. The Chairman replied that in his view the village was the parish. Mr. Findlay then declared that the minutes were incorrect as the parish roads are not in good order. The Chairman told Mr. Findlay that if he had problems with roads he should raise this with Cllr. Jones.

Mr. Findlay, still on the subject of the minutes, asked if the audit of village signs was for Ringmore or for the parish, to include Challaborough, and was it for all signs or just road signs. The Chairman once again reiterated that the wording should be parish and that all signs will be taken into consideration, including any that have been erected unauthorised.

The wording of the village plan will be changed to parish plan and in future the word parish will be used instead of village.

Mr. Findlay asked the Chairman if he had approved the agenda before circulation where items 4 and 11 stated 'village'. He replied that he had and again ^{in future} the word 'parish' will be used. Mr. Findlay stated that he had not seen any neighbourhood watch signs in Challaborough and was told to speak to Mr. Barry Olds.

Mr. Alan McCarthy asked if parish council would look into a sewerage air vent pipe along Rectory Lane which has been recently releasing sewage smelling fumes. Cllr. Deverson agreed to look into this.

APOLOGIES - None

DECLARATION OF PREJUDICIAL INTERESTS - None

MINUTES OF JANUARY MEETING

The word 'village' should read 'parish'

The minutes then signed as a true and correct record.

All opinions expressed in this newsletter are those of individual writers, and not necessarily those of the Editorial team. The Parish Council does not guarantee or accept liability for any literature, advertised goods or services. They have not inspected or made checks regarding suppliers.

MATTERS ARISING

Parish Signs - Still to be done, to include Challaborough

Substation Weeds now clear.

DISTRICT COUNCIL MATTERS

Mr Carson began by updating councillors on the Exeter Unitary Authority Bid which at present has been unsuccessful. However, it is proposed that the Boundary Committee be asked to investigate whether there could be alternative unitary proposals covering the whole or part of Devon which would meet the Government's five tests.

Honorary Aldermanship has been given by South Hams to Mr. Richard Young, and Mr. David Thorning for their many years service to the community.

The Sherford site inspection application has been submitted to the planning department.

ITEMS CARRIED FORWARD

Devon County have now replied to the clerk's letter regarding the use of satellite navigation systems in rural areas. They understand that there is a problem and are working with hauliers that operate in the South West to try and solve this matter. They do state that deliveries have to be made but if certain vehicles are causing concern then a note of the registration number needs to be taken with details given to the parish clerk.

ENVIRONMENT MATTERS

Mr/McCarthy explained that he had given copies of the P3 summary of expenditure for April 2007 to March 2008 to the clerk.

Simon Garner, National Trust, will update parishioners on the situation regarding Toby's Point. It may be possible that parish council can help with some funding for the final leg.

Neighbourhood Watch and Trees - Nothing to report.

PARISH PLAN

Cllr Bohnet produced a small booklet detailing the findings of the survey, hoping that council would agree for it to be circulated in this format. Cllr. Bohnet was confident that copies would be available for the next meeting.

FINANCE

Cheque agreed and signed Ringmore Newsletter £80.00

The cheque raised for Neighbourhood Watch signs was cancelled as requests for new signs need to be via Mr Barry Old, The Neighbourhood Watch Co-ordinator.

Clerk Salary Review - The Clerk and members of the public were asked to leave the room while discussions took place. On returning to the meeting the Chairman advised that an increase of 2.5% per annum would be given from April.

ANY OTHER BUSINESS

The subject of Bigbury Bay Holiday Park burning toxic waste was raised. Mr. Barry Old had previously contacted Environmental Health, and as this had occurred on many occasions in the past it was thought that a letter from the council would help to support his claim and to stop this happening in future.

Annual Parish Meeting 24th April - Discussions took place on speakers and refreshments. Mr. John Tucker from South Hams District Council will be happy to attend.

Skip to be arranged for Saturday 17th May, Ringmore
26th April, Challaborough

DATE OF NEXT MEETING 18TH MARCH. 7.00PM

ARDENE : A Tribute From Her Funeral Service

Although we are here today at a time of mourning and sadness, this moment is the natural punctuation in a wonderful long book of life, a life whose many chapters were filled with love and joy. Ardene had earlier lived in London where she worked in the Civil Service, raised a daughter, and took part in all the rich things that the great metropolis had to offer. Theatre, ballet, and favourite restaurants in the week, and weekends staying with her country family, shaped a life that was urbane and sophisticated yet sensibly balanced.

After Anna's graduation from the Lycée in South Kensington, Ardene thought of her retirement and, with her sister, began to look to the countryside for a place to begin anew. She came to this part of the world, the South Hams, and found a home in one of the most quintessentially beautiful Devonshire villages. I would know that, even if I had never been here, thanks to a British Airways marketing campaign that featured Hill Cottage, one of many such promotions that presented their home as the perfect English country house.

Ardene loved Ringmore, and when she first arrived it was filled with characters who had travelled and lived in far off places: Kit Taylor from Kenya, Douglas Hall from Zambia and Somaliland, and George Grimshaw from India. Others came from around this land, having found their English Shangri-la in the rolling scenery, mighty cliffs and ever-changing skies and seas that blessed a village that was ever-so-gently nestled in the folds of a quiet valley.

Ardene and Natalie made their gardens one of the most beautiful of any, anywhere, and kept their thatched home in a considered, traditional manner. Walking up or down their lane on a warm midsummer's eve, who could ever forget the sight and smell of all those roses in full bloom? And in seeing such beauty, who hasn't felt, if only for a moment, that all is right with the world?

Ardene was fiercely loyal to the village and to her vision of what was right. If a tree or pathway or a simple verge needed protection, she would ensure that all steps possible were made to care for it. If a proposed structure or addition was out of keeping with the architectural surroundings, she would make good use of the local building codes to curtail any egregiousness. She thought of the village as a fragile organism and, using negotiating skills honed in Whitehall, sought to strike the best possible deal for it. She would be firm in her views, yet fair, and her time on the Parish Council was marked by an attention to details that were necessary to ensure that development and growth were balanced with the delicate intangibles that made Ringmore truly special. Many often disagreed with her, though all respected the honesty of her views, regardless of their own particular perspectives. I know she was especially pleased when the National Trust took over the protection of this glorious coastline, though I also know that she was none too happy about many of their subsequent decisions, especially if they impacted on the village negatively, however slightly.

I first met Ardene and Natalie about twenty years ago when Anna brought me to Ringmore as a prospective suitor. I had a feeling that although Ardene thought Americans a bit too much 'over here' and not enough 'over there' she was trusting in her daughter's judgment, if not quite in her own. She welcomed me into her family with a true openness, and I was provided not only with a space at the table but with my own serviette ring. Not long after first coming Anna and I were married at All Hallows, and both Max and Theodore have since been to this church's font of Holy Baptism.

Many men have complicated relationships with the mother of their wives. Like globalization, we are both competing for a highly precious resource, and Ardene didn't necessarily deviate from that script. She had, to my mind, a very ordered mind that ordered things hierarchically: Anna, Natalie; the boys and Shandy; the garden; and, trading off for affections, Smokey and myself, existing just above the rooks. That said, she always supported me in our domestic life, and would unflinchingly defend me at those times when Anna was less than amused in her choice of spouse.

Ardene loved her extended family and greatly looked forward to the visits by us and the boys. Anna worked tremendously hard to make the time for visits home - Devon is now further away from Brussels than New York - and recently, extraordinary trips were made to the Scilly Isles and to Sark. As much as we as individuals will miss Ardene, we will miss her even more as a family. I know in my heart that so much of what she was and stood for is an integral part of Anna and, by example, became a part of Max and Theodore as well. I also know that the good and strong part of her that I was privileged to witness left an indelible mark on me, and for that I am eternally grateful.

Thank you.

Kevin Conru

RINGMORE HISTORICAL SOCIETY

WEDNESDAY MARCH 19th

7.30

In The WI Hall

TWO DEVON FAMILIES IN THE LATE

NINETEENTH CENTURY A LOOK AT THE REMARKABLE FAMILY ALBUMS OF TWO SOUTH DEVON FAMILIES

An illustrated talk by Moira Mellor
from the Totnes Image Bank

This talk replaces that which was to be
given by Anna Bennett
ALL WELCOME

Admission
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Pink & Romantic Party The Pink and Romantic party, organised by the Parish Room Committee, fed, watered and entertained 55 people, mostly villagers with a few very welcome locals, on Saturday 16 February. Heartfelt thanks go to all those who provided, prepared and served the food and drink, helped decorate the hall and, especially important, helped wash and tidy up next morning. The music for the evening was a blend of easy listening during the meal with livelier sounds for the dancing. We are extremely grateful to Linda and Mike Rutkowski for the entertainment and generously donating their fee to the Parish Room fund. Many thanks to all those who supported the event and made it such a successful evening. A considerable sum was raised, part of which has paid for repairs to the kitchen floor to enable a new, to us at least, kitchen to be installed. The kitchen was kindly donated by Sheila and Les Bleasdale who now own The Ark, recently known as Markland. Further improvements are planned and we will be organising work parties shortly to tidy up the site.

Alan McCarthy Chairman, Parish Room Committee

John Bracey has put together a collection of photograph's one of which is available to see at the Journey's End

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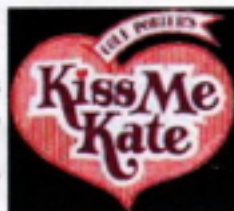
TREADING THE BAWDS

Sixty years after its first opening on Broadway, Kiss Me Kate is about to explode once again, this time in the South Hams. William Shakespeare at his bawdiest combines with Cole Porter at his most melodious and KATS at their most ambitious, to give us a blend of thigh-slapping, bottom-spanking, flowerpot-throwing hijinks.

Come and enjoy song and dance numbers like *Tom, Dick or Harry* – the feminist's song *I Hate Men* – the bridegroom's lament *Where is the Life that Late I Led* – and lots of toe-tappers like *Wunderbar* and *It's Too Darn Hot*. Feast on the sight of signorinas being stripped of their stockings to cavort thigh-deep in the grape barrel.

Malborough Village Hall will very soon be converted into the Ford Theatre in Baltimore where, from March 10th - 15th a troupe of actors who, in spite of their conflicts backstage, will first rehearse and then play their musical adaptation of Shakespeare's *Taming of the Shrew*.

It's the story of Kate. Who will marry this screaming, scratching shrew, who is brave enough to take her on? To find out for yourself, buy a ticket for **KISS ME KATE** at the Information Centre in Kingsbridge.





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Nicholas

News from Ringmore W.I.



Our February meeting was held in the newly-decorated Hall, and plans were made for forthcoming events. Our May Fair will be held on the Bank Holiday Monday 5th May – so book the date in your diary. This year's Charity for the Year is Dame Hannah Rogers School in Ivybridge.

After the business session and refreshments, we all listened attentively to a talk on the work of St Luke's Hospice, given by Hayley Dann and Sue McCallum who are on the staff of the fundraising team. Apart from a small contribution from the Government, the Hospice is totally dependent on voluntary donations to enable them to continue such a very worthwhile cause. It covers a big catchment area, offering practical and positive palliative care to the terminally ill and their families. Death is viewed as a natural state, and the Hospice treats the whole person with spiritual, practical and social support. We all felt humbled at the love and dedication that is necessary for the Hospice to continue.

Next month, we meet on Thursday 13th March for "Close-Up Magic" from Andy Nicol. This promises to be a most entertaining evening, and starts at 8 p.m. It is open to everyone, young and old, not just members. The business meeting for W.I. members is at 7.30 p.m.

May I say to one or two,
Who's years in this village are but a few,
Find somewhere else to go and moan
And leave country village life alone.

If a country life you disapprove
Then I suggest that you should move
To some nice suburban housing estate
Where no bonfires are lit early or late
Cocks don't crow and cows don't moo

And there's no mud or doggie poo.

And may I also say to those of you whose years
and months in the village have been but a few:
Thank you for accepting our country village
ways,
And helping to see that Ringmore stays,
The friendly, happy village it's always been,
With no suburbia on the scene.

Anne Lambell

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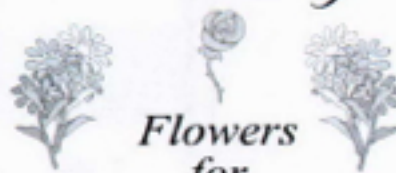
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Food Glorious Food

March sees three notable dates on the calendar—1st March which is St David's Day and is the national day of Wales, and is followed by St Patrick's Day on the 17th March. These two patron saint days are followed by Easter which falls on the weekend of the 21st-24th March. To mark each one of these celebrations you may like to try the recipes featured this month.

St David's Day



St David's Day is celebrated in Wales in honour of St David (Dewi Sant), the patron saint of Wales. He was a celtic monk, abbot and bishop, who lived in the sixth century. He spread the word of Christianity across Wales.

The most famous story about Saint David tells how he was preaching to a huge crowd and the ground is said to have risen up, so that he was standing on a hill and everyone had a better chance to hear him.

St David's Day is commemorated by the wearing of daffodils or leeks. Both plants are traditionally regarded as national emblems

LEEK, POTATO and BACON SOUP

Serves 4-6

Preparation Time—less than 30 minutes

Cooking Time—10-30 minutes

Ingredients:

300g / 12oz leeks, washed and finely sliced

300g / 12oz potatoes, peeled and sliced

150g / 6oz lean and chopped bacon

700ml / 1 1/4 pints stock (preferably fresh chicken stock—but chicken or vegetable stock cubes can be used)

290ml / 1/2 pint milk

Fresh ground black pepper

Cream (optional)

Method:

Sauté the potato, leeks and bacon in a pan, until soft but not coloured.

Add the stock and cook until potatoes are tender. Liquidise. Return to the pan and add the milk. Add the cream if desired.



St Patrick's Day



IRISH STEW

2lb neck of Lamb

1 Turnip

1lb Carrots, chopped

Freshly ground black pepper

Bouquet of garni

1 tbsp cider vinegar

2 large onions

1 pint water

Seasoning

You can always use a more expensive cut of lamb—which means it will take less time to become tender.

Saint Patrick is the patron saint of Ireland. He is credited with bringing Christianity to Ireland. Born in Britain, he was carried off by pirates and spent six years in slavery before escaping and training as a

missionary.

The most famous story about Saint Patrick is him driving the snakes from Ireland.

The day is marked by the wearing of

Shamrocks (a clover-like plant), the

national emblem of both Northern Ireland and the Republic of Ireland.

Method: (IRISH STEW)

Put all the ingredients (only half the potatoes) into a large pan with a tight fitting lid. Bring to the boil and remove scum.

Simmer for 2 hours and then put in the rest of the potatoes and simmer for a further ½ hour.

Leave to go cold and refrigerate (preferably overnight)

Remove the fat from the top of the stew, remove the meat from the bone and put back into pan.

Remove the borquet garni and reheat through. Check seasoning.

Serve on its own or with crusty bread to mop up the juices

Serve on its own or with crusty bread to mop up the juices.



Easter

March 21st—24th



Poached Salmon with mustard sauce

Serves 4

Preparation Time—10-15 mins

Cook Time—25 mins

1 lemon

4 salmon fillets (with skin) 140g / 5oz each

For the caramelised onions

25g / 1 oz butter

2 tsp vegetable oil

2 medium onions, roughly chopped

1 tsp muscovado sugar

350g bag of spinach leaves

For the sauce

200ml tub crème fraîche

1 tbsp Dijon mustard

1 tbsp capers, drained, rinsed and chopped

Small handful dill (ferns & soft stalk tips) chopped



1. For the caramelised onion, melt the butter with the oil in a large deep saucepan, then tip in the onions and sugar. Cook over a low to medium heat for 20—25 minutes, stirring occasionally, until the onions have become soft and caramelised.

2. Meanwhile, make the sauce. Tip the crème fraîche into a small saucepan, then gently simmer, stirring over a low heat. Stir in the mustard, capers and dill, then let the sauce simmer for a further 4-5 minutes, stirring now and then. Remove and set aside.

3. Pour boiling water from the kettle into a flameproof casserole to come 8cm up the sides. Cut 2 slices off the lemon and add to the water with a pinch of salt. Bring back to the boil, then immediately turn off the heat and lower in the salmon fillets, skin side down. Cover the pan with the lid, and leave undisturbed, for 5-10 minutes, depending on how you like your salmon, slightly rare in the centre or cooked all the way through.

4. To serve, turn up the heat under the onions, toss in the spinach and stir until the leaves have just wilted. Quickly reheat the sauce and taste for seasoning, adding a squeeze of lemon juice if you think it needs it. Serve salmon on top of the spinach and onions with the sauce drizzled over.



Apple Simnel Tart

An ideal pud for Easter—its quick to make and bake and has a surprise almond layer just like simnel cake, beneath the sweet juicy apples.

375g ready-rolled sheet puff pastry

250g / 9 oz white marzipan

6 tbsp apricot conserve

25g / 1 oz ground almonds

4 sweet apples, quartered and cored

25g / 1 oz golden caster sugar, plus 2-3 tsp

2-3 tbsp calvados or brandy, optional

284ml carton double cream



Heat the oven to 220C/Fan 200C/Gas 7. Lay the pastry on a large baking tray. Roll out the marzipan thinly so it is slightly smaller than the pastry sheet. Brush the pastry lightly with 1tbsp of the conserve and lay the marzipan on top. Turn the pastry edges over slightly. Sprinkle the ground almonds over the marzipan.

Slice the apples very thinly and scatter haphazardly over the marzipan. Sprinkle over the 25g of sugar. Bake for 20 mins or until the apples are tender and the pastry golden and risen.

Meanwhile, mix the remaining conserve with 1 tbsp of the calvados or brandy (or use water). Press through a sieve and thin down with a little water. While the tart is still warm, brush the apples and pastry edges with the apricot glaze. Lightly whip the cream, remaining calvados or brandy and the 2-3 tsp sugar to taste. Serve with the warm tart.

Puzzles & Brainteasers

February Solutions

On each row place a three letter word that can be attached to the end of the word to the left and to the beginning of the word to the right to form a longer word in each case.

When completed the last letters of the three letter words will give a word reading downwards.

What is it?

ANY --- SELF
 MATCH --- ROOM
 FINGER --- TOP
 OVER ALL OWED
 TAT --- THY
 MEN TOB RID
 SEE --- ME

Answer: Explore. The three letter words are ONE, BOX, TIP, ALL, TOO, TOR and THE.

Clock A was correct at midnight.

From that moment it began to lose two minutes per hour.

The clock stopped an hour ago showing clock B.

The clock runs for less than 24 hours.

Clock A

Clock B

09.00

13.32

What is the correct time now? Answer: 15:00 or 3pm.

In your pocket you have £9.45.

It is made up of four different denominations of coins and the largest denomination is £1.

There is exactly the same number of each coin.

How many of each coin is there and what are their values?

Answer: Seven of each of £1, 20p,

What number should replace the question mark in the grid?

4	2	8	5	3
3	3	9	1	8
1	5	5	2	3
2	2	4	0	4
3	2	6	5	?

March

A car covers an outward journey at 70 mph.

It returns over exactly the same distance in heavy traffic, at only 28 mph.

What is the car's average speed over the entire journey?

On each row place two letters that can be attached to the end of the word to the left and to the beginning of the word to the right to form a longer word in each case. When completed the six added letters will give a word reading downwards.

THAT CH ORAL
 PRIM AL COVE
 OWL ET HER

What is the word?

CHALET

Move from square to touching square to find the longest possible word.

	T	A	
D	M	I	N
R	E	I	O
	E	T	N

What is it?

Rearrange the following letters to give two words. All nine letters must be used in each word.

C E E I L M / R S S

What are the words?

crimeless
merciless

The alphabet is written here but some letters are missing.

A B D F G H
 J K L M Q S
 T U W X Y Z

CEINOPRV
 PROVINCE

Arrange the missing letters to give a word.

What is it?

		7					
3	8			9			
9				3	6	8	
			8			6	
		6	9	5		2	4
				6	3		
4	5			2			9
		1					8
		2				1	6

10 years ago...

20 years ago...

Ringmore Parish Room was awarded a grant of £4995 for improvements by the National Lotteries Charities Board.

Villagers were invited to join in on a morning of repairs and cleaning of the Parish Rooms on the 14th March and a team was called in to investigate the Church Hall mice.

Aunt Peggy (Miss Watson) died on the day of the parish council meeting aged 104 years old. She had lived in Carmel for several years.

The big freeze continued into March with snowstorms and 100 mile per hour winds.

Keep Your Eye On the White House
By Peter Riva

For the first time I can remember in over 20 years of reading Aviation Week & Space Technology (AvWeek; the aviation and space industry journal; hardly a liberal mouthpiece), the most recent editorial took square aim at the White House with this headline, "Where's the Leadership?" The editorial goes down hill from there "Let's be clear from the start: President Bush's budget proposal for Fiscal 2009 is deservedly dead on arrival... as have been most if not all of his previous efforts. The President's plan would squeeze health care, education, environmental protection and other domestic programs while preserving tax cuts for the highest income Americans. The proposal greatly understates Iraq and Afghanistan war costs, and foresees deficits until the year 2012 - that is, through the entire term of the President who is elected this fall."

Why is one of America's premiere industries, usually a conservative group, up in arms? Because, like other sectors of the American community, aviation sees its programs under-funded but not cancelled promises made but not funded (the new lunar landing program, research and education, especially), and pork-barrel secret funding growing at an alarming rate (Iraq and Afghanistan). Oh, and now the President can blame a Democratic Congress. Divisiveness was caused from the top down and not always Republican vs. Democrat. Quite often Republicans have been at serious odds with this administration.

As we head into these last months of an election campaign sure to thrill and divide us all, remember that old adage, Divide and Conquer. While we're all watching the election waiting for a new President, with our eyes off the ball already in play, the current Bush is wreaking havoc, determined to fund his friends' bank accounts, undertake his private agenda, and, worst of all, make sure whomever succeeds him is bound to fail, at least financially.

For the last independent word, I will quote AvWeek again: "In all, Bush's final budget contains many knots that require unraveling - if the proposal can be taken seriously at all. By the administration's refusal to at least attempt to make the tough calls on so many issues, the Bush team effectively has put Congress in the position of having to rescue the budget... what this administration has so conveniently and irresponsibly sidestepped."

Anyone who wants the next President to succeed (be he or she a Democrat or a Republican) should call their Congressmen and Congresswomen and demand somebody run the government right now. Otherwise, Bush will have so fouled the waters, not even a miracle can save us from larger deficits, a crippled aviation and military industry, failed education system, moribund healthcare support system, and, of course, continued Congressional gridlock.

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- Sat 1st Mar** PARTY TIME AT THE OAK - 90th BIRTHDAY BASH!!!
ROY'S 30th & TINA'S belated 60th.
Music with C.D.W.D & KJ 8pm onwards
- Sun 2nd Mar** MOTHER'S DAY - 2 sittings - 12-12.15pm & 2pm
PLEASE BOOK EARLY
- Wed 5th Mar** R.B.L. Meeting - 7.30pm
- Fri 7th Mar** DARTS v Anchor
- Fri 14th Mar** DARTS v Colebrook
- Mon 17th Mar** ST PATRICK'S DAY
- Thu 20th Mar** INTER PARISH QUIZ
- Fri 28th Mar** DARTS v Matchroom
- Fri 4th April** DARTS v Modbury Club

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Ringmore - 'The Weedy Village'?

You may have noticed that in recent years all around the village there is an increasing abundance of a very lush green plant with yellow flowers, just starting to come into bloom at this time of year. It is called 'Alexanders' (latin name *Smyrnium olusatrum*) also known as 'Horse Parsley'. Whilst it is a recognised plant and you can buy seeds for it as a garden plant, it is very invasive, so much so that even Kew Gardens had to take measures to control it in 2006. Unfortunately it is monopolising the roadside verges (and invading some of our gardens) and is threatening the primroses and other wild flowers around the village. It is very hardy and keeps its leaves throughout our mild winters and then starts growing again strongly early in Spring smothering our other wild flowers. It has virtues as well as vices, as it attracts insects and has in the past been used both medicinally and for culinary purposes. It is apparently somewhat similar to celery, but with a stronger, more bitter taste. I have been finding out more about it on the Internet: <http://www.pfaf.org/database/plants.php?Smyrnium+olusatrum> The point of this letter, however, is to offer advice as to how to control it, without wishing to eliminate it, before it eliminates our other wild flowers and invades all our gardens. It is a hardy biennial, which means that in theory, if you remove the flowers before seeding for two years, it should die out. In practice life is not as simple as that. Hardy biennials often survive more than two years in a mild climate and not all the seeds germinate in the first year. In addition, if you remove the flowers before seeding it will often produce a second flush of smaller flowers later in the season, which are still capable of seeding. Cutting them off at ground level might speed up the process a bit, but obviously weed killer is out of the question because of collateral damage to other wild flowers. Despite removing all the flowers from all the Alexanders in our garden last year, we have at least three times as many plants this year, which gives you some idea of what we are up against. So, if you see people like me around the village removing Alexanders flower heads before seeding, rest assured we are not trying to eliminate the species from the village (we couldn't now even if we tried), we are just trying to give some of our other wild flowers a chance. For the first year or two we will be lucky if we even manage to slow down the spread of the plant. You will see as you drive around the South Hamms that there are other places and particularly roadside verges getting infested with this plant and we may lose our wild flowers along the those verges, but let's try to defend our wild flowers here around Ringmore.

Adrian Bull



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GRAND DRAW

The next meeting of the Royal British Legion will be on Wednesday 5 March at the Royal Oak, Bigbury starting at 7.30pm. It has been noted that an e-petition has been started on the 10 Downing Street website as follows:

'We the undersigned petition the Prime Minister to create a new public holiday, the National Remembrance Holiday to commemorate The Fallen and our Nation, with the holiday falling on the second Monday in November each year, the day after Remembrance Sunday.'

Submitted by Robert Warner □ Deadline to sign up by: 18 April 2008 □ Signatures: to 23 February - 491,120

Please visit the 10 Downing Street website to obtain more details.

100 Club - January £20 Lynn Knight, £5 Guy Eddy
February £20 Jed Roberts, £5 John Simes

NEWS FROM ALL HALLOWS

Pancake Day

This year's Shrove Tuesday Coffee Morning held in the Parish Room on February 5th was very well supported and enabled just over £300 to be raised towards the maintenance and repairs of All Hallows. I would like to thank, on behalf of All Hallows, those who helped, manned the various stalls, contributed to the stalls and to the many who turned up to make it such a successful and rewarding morning.

Maintenance and Repairs.

It is hoped to start the "in house working groups" to carry out the repairs and maintenance to the areas such as Steps & gravestones in the Church yard, Netting on the inside of the Bell Tower louvres and the Tower internal ladders towards the end of March. Offers of help for the "in house working groups" would be most welcome so if you find that you could spare a few hours then please contact me so that a programme of work can be organised. Other areas will require specialists and funding will need to be found from various sources. The most important area to be investigated is the rainwater collection and dispersal system to stop the damp damaging the structure.

Church Cleaning

Just a gentle reminder for the regular cleaners and garden tidiers to give attention please to these jobs in time for Easter, which is quite early this year (21/23rd March). Also we could do with extra brass polishers - anyone able to spare the time - could they first check with Jane Stevenson which area is in need. Also gardeners please contact me for directions. Drina Williams (810405) thanks you for any help you can give to keep the Church looking spic and span & would welcome extra help particularly from newcomers to the village. If you have any difficulty over your usual job then please get in touch with Drina.

Phill Errett (Church Warden) 810547

TEARFUND LUNCHES

Once again on **Monday 3rd March** we will be serving what has turned out to be a popular simple charity lunch in the WI Hall from 12.00 noon to 2.00pm.

There will be soup, rolls and fruit crumble with ice-cream. All is home-made with the exception of the ice-cream. There is no charge for your delicious lunch but you are invited to make a donation. The three Tearfund lunches held so far - December, January and February have raised the wonderful amount of almost £450.00! We are so grateful for the generosity of folks who come to lunch and we have been delighted by the number of people who do turn out to support our cause! And our guests, I think, have been very pleasantly surprised by their extremely social lunch - the WI Hall has the ambience of a French café!

Every penny that you donate is forwarded to Tearfund who are working at a local level in Villages in Malawi, Africa, to relieve poverty. Tearfund have sent letters of gratitude expressing their thanks for the donations collected so far.

If you wish to know more, please contact the Bulls (810420), the Erretts (810547) or the Tagents (810520). You might like to let us know you are coming, but feel free just to turn up on the day.

A warm welcome to Gordon and Pat Harper who have recently moved into Trewarne. We wish you both a long and enjoyable time in Ringmore.

A 54 year old woman had a heart attack and was taken to the hospital.

While on the operating table she had a near death experience.

Seeing God she asked "Is my time up"

God said, "No, you have another 43 years, 2 months and 8 days to live."

Upon recovery, the woman decided to stay in the hospital and have a face-lift, liposuction, breast implants and a tummy tuck.

She even had someone come in and change her hair colour and brighten her teeth!

Since she had so much more time to live, she figured she might as well make the most of it.

After her last operation, she was released from the hospital.

While crossing the street on her way home, she was killed by an ambulance.

Arriving in front of God, she demanded, "I thought you said I had another 43 years Why didn't you pull me from out of the path of the ambulance?"

God replied: "I didn't recognise you."

The sharing of marriage...

The old man placed an order for one hamburger, French fries and a drink He unwrapped the plain hamburger and carefully cut it in half, placing one half in front of his wife. He then carefully counted out the French fries, dividing them into two piles and neatly placed one pile in front of his wife. He took a sip of the drink, his wife took a sip and then set the cup down between them .As he began to eat his few bites of hamburger, the people around them were looking over and whispering. Obviously they were thinking, 'That poor old couple - all they can afford is one meal for the two of them.' As the man began to eat his fries a young man came to the table and politely offered to buy another meal for the old couple. The old man said, they were just fine - they were used to sharing everything. People closer to the table noticed the little old lady hadn't eaten a bite. She sat there watching her husband eat and occasionally taking turns sipping the drink. Again, the young man came over and begged them to let him buy another meal for them. This time the old woman said 'No, thank you, we are used to sharing everything.' Finally, as the old man finished and was wiping his face neatly with the napkin, the young man again came over to the little old lady who had yet to eat a single bite of food and asked 'What is it you are waiting for?'

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Local Agent for Devon Air Ambulance Lottery

DVD Rental £2.75 per night - Coal - Logs - Charcoal - Calor Gas

SHOP OPENING HOURS

MONDAY to SATURDAY 7.00am – 6.00pm (7.00am – 8.00pm July & August)

SUNDAY 8.00am – 5.00pm

CREDIT & DEBIT CARDS ACCEPTED(NO MINIMUM FEE)

Holywell Stores Ltd Reg. No. 4755617 Proprietors Dane & Hilary Vanstone VAT Reg. No. 684 4773 88

Your Local Fine Food Retailer And Convenience Store



THE JOURNEY'S END INN

Support your local pub!

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EASTER IS HERE!

FROM THE JE'S DIARY:

Can you believe that Easter is almost here! Jules, Lily and I as well as the rest of the JE Staff are gearing up for a wonderful season. There is a whole mess of things going on this month here and we hope that you will all keep coming down and having some fun with us!

Unfortunately, we have had to raise our prices this year. This is due to our costs that have risen because of increases from our suppliers and the markets that govern our industry. But we have kept them as low as possible.

One more thing...
REMEMBER TO CHANGE YOUR CLOCKS ON THE 30th ONE HOUR AHEAD!



MARCH 2 MOTHER'S DAY!

We will be offering a special Mother's Day luncheon with great desserts too! Make us a part of your celebration on this day... after all... she is your Mum. So make this day a special one she'll remember!



The Rugby continues this month (March 8 & 15)



Here at the JE we will be showing the games in our dining room. We will also be offering special game snacks and meals with pitchers of beer/ale so that you can really enjoy the event. Come and shout support for your team and have some fun here at the JE. Check with us for game times!

EASTER WEEKEND

This year we will be having an Easter Egg Hunt in our garden for all the kids. On the Sunday we will be offering a traditional Easter Sunday roast with all the trimmings. So come by and relax this Easter with us here at the JE! We will also be open for Easter Monday as well.
Come in and make your reservations now!



MARCH 30 - TABLE TENNIS AT THE JE!

As always the JE is proud to be able to host this year's Table Tennis Tournament on March 30. It starts in the morning and will run throughout the day! So come by and watch the battles rage!



This Month

March 2 - Mother's Day!
She is your Mum... we will have a wonderful menu for you to celebrate this day with her!
So, make your reservations now!



Every Wednesday
+ 55 LUNCH CLUB

Don't miss out on our deal of the week! Lunch! 2 Courses for £5.00 per head, what a steal!

RUGBY CONTINUES!
MARCH 8 & 15

Come on in and enjoy the game in the dining room. We will have game snacks and you can have beer by the pitcher.

Check for game times!

Every Thursday
QUIZ NIGHTS!

Quizzes will start at around 8:30 PM and there will be snacks served at half-time. Remember to sign up to be the Quiz Master...see the board at the JE!

EASTER SUNDAY!

MARCH 23.- We are having an Egg Hunt in our garden for all kids. Come and spend this day with us. So make your reservations today!



WE WILL BE OPEN ON THE 24th TOO!

March 30 - TABLE TENNIS TOURNAMENT

IT GOES ON ALL DAY, SO COME BY AND WATCH THE BATTLES!



CHANGE YOUR CLOCKS!