

Newsletter

Ringmore Parish

December 2007

Issue Number : 268

Deadline : 9am Thursday 27th December

CHRISTMAS BAZAAR

Hosted by the Parish Newsletter

Saturday 8th December
10am - 12 noon

Crafts, jewellery, cards, edible goods, mulled wine, mince pies, music, raffles and much more.
Please come and join us for some unique gift ideas at the
W.I HALL

DIARY FOR THE MONTH

Monday: Short-mat bowls Parish Room 7.30pm

Tuesday: Table Tennis Parish Room 7.30pm

December

1/12 Church Clean 10am

5/12 RBL meeting Old Chapel Inn 7.30pm

6/12 W.I Group Carol service All Hallows
2.30pm

8/12 Christmas Bazaar W.I Hall 10-12

10/12 Tear fund Lunch W.I Hall 12 - 2pm

24/12 Carols on the green Bigbury village
6.45pm

January

16/1 Historical Society meeting

19/1 Coffee Morning Cumberland cottages

23/01 Whist Drive W.I Hall 7.30pm

James and Gillian wish all their friends and neighbours in Ringmore a Very Happy Christmas and Joyful New Year"

Anna sends good wishes for Christmas & the New Year to everyone in Ringmore. Have a good one!

David & Andrea wish everyone a very happy Christmas & a safe & healthy 2008

Sally & Phill wish all their friends in Ringmore a very joyous Christmas & a Happy, Healthy & Prosperous New Year

*Greetings from Blackawton. Jacqueline & Mike would like to wish all their friends in Ringmore a very Happy

We thought we'd support a local charity rather than Christmas card manufacturers! Happy Christmas to everyone in Ringmore from Jackie and Michael

Good health, peace and happiness too To all of our friends old and new At this time of good cheer And all through next year Are sent with best wishes to you Robbie and Alan (and Bertie, of course)

Please send items for inclusion in the Newsletter to the editorial team c/o:
8 Crossways, Ringmore, TQ7 4HP OR email:
news@ringmore.net
Tel 01548 811210

Music at the paddock With Frank & Drina

Mondays at 7.30pm
2007
10th December

2008
January 14th
February 11th
March 10th
Newcomers with a liking for good

All opinions expressed in this newsletter are those of individual writers, and not necessarily those of the Editorial team. The Parish Council does not guarantee or accept liability for any literature, advertised goods or services. They have not inspected or made checks regarding suppliers.

MOBILE LIBRARY: Friday 14th

Ringmore Church	2.55—3.15
Challaborough	3.25—3.35
St Ann's Chapel	2.30—2.45
Kingston Fire Station	4.00—4.30



GARDENING FOR DECEMBER

Now is a great time to fill your garden's containers with winter flowers like winter heathers and sedges to bring a bit of sunshine to December and January. The local nurseries have a wide selection to choose from. They also usually sell pots of flowering bulbs after Christmas. If you pick some up, remember to leave a little space so that you can pop in some bulbs of mini-daffodils and maybe some snowdrops.

This is also the time to make some structural changes to your garden. Now while the soil is bare... realign the beds and the borders. You can now dig up and move the herbaceous plants and the deciduous shrubs, as they will now be dormant.

Try adding some curves to your garden's layout. Straight lines are fine and quiet formal... but curves add an element of splendour with little 'hidden places'. These also make a great place for a bench or a wooden garden chair.

JON MARSHAL

Short cold days and long dark nights.....

The next couple of months are relatively quiet so many of you will want to sit back and take a well-deserved rest. However, it is also a good time to catch up with unfinished tasks and to prepare for next spring, such as order seeds and seed potatoes, tidy out the shed, clean the greenhouse, collect plastic water bottles to make mini-cloches, clean plant pots, repair frames, and plan your crop rotation for next year.

VEGETABLES

Sow indoors

You can sow lettuce, radishes, round varieties of carrots, spinach, salad onions and turnips. Place them on a windowsill or in a propagator.

Plant outside

Garlic cloves can be planted, e.g. Thermidrome and Printantor.

Harvest

Jerusalem artichokes, perpetual spinach, brussels sprouts, winter cabbage, savoy cabbage, carrots, celeriac, celery, chicory (non-forcing and forcing varieties), endive, kale, kohlrabi, leeks, lettuce, parsnip, radish, salsify, scorzonera, spinach, swede, turnips.

FRUIT

- Plant rhubarb crowns
- Cover established rhubarb to force early shoots
- Cut down canes of autumn-fruiting raspberries which have finished fruiting and burn to prevent fungal diseases spreading.
- Plant bare-rooted fruit trees and bushes this month.
- Check that young trees are supported with stakes and ties.
- Winter prune young apple and pear trees.

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LOCAL CHURCH SERVICES IN DECEMBER

Date	Bigbury	Kingston	Ringmore
Dec 2 nd	11.00 a.m. Family Service	9.00 a.m. Communion	11.00 a.m. Family Service with Baptism
9 th	11.00 a.m. Family Service	6.00 p.m. BCP Spoken Evening Prayer	9.00 a.m. CW Spoken Communion
16 th	9.00 a.m. BCP Communion	11.00 a.m. Family Service with Crib & Christingle	6.00 p.m. Evening Prayer
19 th	2.30 p.m. Carols at Korniloff with Comm'n		4.00 p.m. Spoken Comm'n
23 rd	10.00 a.m. Carol Service	6.00 p.m. Carol Service (9 Lessons & Carols)	4.00 p.m. Carols By Candlelight
Christmas Eve	6.45 p.m. Carols On The Green		11.00 p.m. Midnight Communion
Christmas Day	10.30 Christmas Family Special with Communion	10.30am Christmas family Communion	

December 30th: 11am

*The Modbury Team Service at East Allington: see Posters on Church Notice Boards
(No Bigbury, Kingston or Ringmore Services)*

CHRISTMAS CARDS

The local Churches are trying to do their bit to save the environment and relieve poverty. Not all our money once spent on cards will be given to "Send a Cow" or other worthy charities, there will still be those cards sent a distance or for special needs. A message of peace and goodwill helps, but the reality of peace is far off for many in this hurting world with short-lived peace treaties, and many broken international promises.

The famous football match on December 25th 1914, between English and German troops was, and is, a poignant reminder of man's desire for peace. It was night and someone began to sing "Silent Night" well known to both nations, a hush fell over the scene of battle and soldiers lay down their arms. They exchanged small gifts and expressed Christmas greetings, and played an impromptu football match. Sadly next day it was back to the business of war.

In a similar sad way we find that Christmas, surrounded by gifts, good food and celebration, is the time when many feel most lonely, and even within families quarrels and breakdowns reach a peak. Politicians are always speaking about "Peace in Our Time", but peace is a complex word, and a rare reality. As a wiser man than many politicians once said "There will be no peace in the world until the main problem in the world is sorted out. And the heart of the human problem is the problem of the human heart."

The prophet Jeremiah knew the problem for he wrote "The heart is deceitful; above all things and beyond cure. Who can understand it?" He understood that we were created in God's likeness to live in the world created by God and enjoy a loving personal relationship with him. All around him he saw people exercising their God-given right of free will to accept or reject God. It is a choice: we are not forced into an arranged marriage with God, we can reject his proposal, made not on bended knee but on a cross. From the start in Israel with Jeremiah, in the trenches war or in the South Hams we have turned away from our loving creator God. We did it, and do it, our way not His way. We have shut Him out of our lives, even those of us who attend Church often only allow him restricted access. It was because of that breakdown in communications that someone had to come, and for some still has to come, and be the go between us and God: someone who utterly shared our humanity but was unstained by our sin. No mere mortal could do this wonderful thing: no prophet, priest, king, vicar, teacher, saint or parent could come close. God himself did it because no other could, and He became man in the person of His Son, Jesus. This is the meaning of Christmas, the reason for the season. God came among us to restore the world that we have messed up, so that true peace could be available to all. Why not find yours this Christmas. Pam and I wish you all a truly joyful and peaceful Christmas

[John & Pam Elliott (810565)]

Warnings, Threats and Decisions... By Peter Riva

We seem to live our lives under constant threats and warnings. Gone are the days that education was deemed sufficient to actually inform you – and allow you to make your own rational decision. No, now the media, your government and industry (partly under the threat of expensive lawsuits) have reduced an appreciation of your intelligence to that of an infant. Now they are happier screaming warnings and threats at you. "Smoking kills!" Well, yes as a generalization, "Smoking Kills" is good for all of the people part of the time or some of the people all of the time, but it is not 100% true for all of the people all of the time. But then we're too un-inform-able to have that explained. Better to tell us what to do instead of what to think about. "No Smoking" on an airplane or at a gas station seems obvious, ka-boom! And yet, just 15 years ago they encouraged both, selling cigars and cigarettes on the spot – sometimes with the vending machine next to the pump. All those decades, they were wrong? Or are we so stupid now that we might, actually, hold that lit cigarette next to the nozzle? Have we dumbed down that much? Don't think, just watch for instructions, relax, the nanny state will tell you what to do. "No entry" signs have sprouted up everywhere. And yet people go through them all the time. "Fire exit" does not mean an exit for fire; it means an exit to be used in case of fire. That dinging or buzzer in your car tells you to buckle up because, presumably, you are too stupid to know that in a car crash of 25mph you will be unable to keep your face from impacting the windscreen (ask the police, it's true) – and end up scarred for life. No, rather than explain and educate you, it is easier for the nanny society to buzz at you, to threaten you, to warn you or say they warned you (ever read those medical side effects' disclaimers?). At the airport, they want to disrobe you, as much as possible. Off go the shoes, the belt, even the watch, jacket, coat, sweater, and anything that might possibly beep (in modern society beep = bad). They frown at you as you forget to put your computer in a tray alone or forget that your glasses are also metal (beep). God forbid you accidentally touch their precious machine (beep) – then you get the full body search. Meanwhile, 100,000 tonnes of sealed containers come into the country every day with god knows what in them. 99% are never searched in any way. But you, you are a potential catalyst to a terrorist attack because you are so stupid! If the government and industry really want to avoid accidents and detrimental events, they should try education, better technology and, above all, try trusting the goodness of the public. I promise I won't smoke next to a gas pump. I know better than to forget my seat belt. Honestly, I taught my kids not to push a fire-exit door open except in an emergency. They knew not to smoke in a restaurant if anyone else was eating. It was called common sense. And if someone did, they also knew to deal with it in a calm and direct way, though asking the people to stop. If that didn't work, they asked the restaurant to either move their table or get the smokers to stop. It was called civilized behaviour. But in the current clime, we can all hide behind the nanny-state to protect us. "Call the cops, they are smoking!" As if the police have nothing better to do. Life is all about gaining information and making decisions. 40% of that process is gaining good information and 60% is making the right decision. You can only learn the right decisions though trial and error, thought and experiment. If the nanny-state presents you with so-called absolutes which are, every time, not quite 100% true, then every one of your applied decisions will be wrong, to some degree. As you build your life's ability on that information-decision process, you will get further and further away from self-sufficiency, you will become, in effect, a prisoner of the state, dependent on waiting for them to tell you what to think, what to do and, worse still, who to be. Break the mould, evaluate your own surroundings, and make your own decisions. Try to anticipate the storm instead of becoming its next victim, (and here I'll beep myself, since I am sure I just strayed from the accepted nanny-state path)..... BEEP!

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One for the Ladies...

I was walking down the street when I was accosted by a particularly dirty and shabby-looking homeless woman who asked me for a couple of pounds for dinner.

I took out my wallet, got out ten pounds and asked, "If I give you this money, will you buy wine with it instead of dinner?"

"No, I had to stop drinking years ago", the homeless woman told me.

"Will you use it to go shopping instead of buying food?" I asked.

"No, I don't waste time shopping," the homeless woman said. "I need to spend all my time trying to stay alive."

"Will you spend this on a beauty salon instead of food?" I asked.

"Are you NUTS!" replied the homeless woman. "I haven't had my hair done in 20 years!"

"Well," I said, "I'm not going to give you the money. Instead, I'm going to take you out for dinner with my husband and me tonight."

The homeless woman was shocked. "Won't your husband be furious with you for doing that? I know I'm dirty, and I probably smell pretty disgusting."

I said, "That's okay. It's important for him to see what a woman looks like after she has given up shopping, hair appointments, and wine."

THE POLITICALLY INCORRECT AND NOT THE OFFICIAL CHURCH PAGE FOR CHRISTMAS!

This is the time of year when we think back to the very first Christmas, when the Three Wise Men went to see the baby Jesus and, according to the Book of Matthew, "presented unto Him gifts; gold, frankincense, and myrrh." These are simple words, but if we analyze them carefully, we discover an important, yet often overlooked, theological fact: there is no mention of wrapping paper.

If there had been wrapping paper, Matthew would have said so: "And lo, the gifts were inside 600 square cubits of paper festooned with pictures of Frosty the Snowman. And Joseph was going to throw it away, but Mary said, 'Hold it! That is nice paper! Save it for next year!' and the baby Jesus was more interested in the paper than the frankincense." But these words do not appear in the Bible, which means that the very first Christmas gifts were NOT wrapped. This is because the people giving those gifts had two important characteristics: they were wise and they were men.

Men are not big gift wrappers. Men do not understand the point of putting paper on a gift just so somebody else can tear it off. They are often defective in motor skills, and can never completely wrap presents. A man takes a gift the size of a deck of cards putting it in the centre of a piece of wrapping paper the size of a tennis court, but when done you can still see a sector of the gift peeking out. If ancient Egyptian men had wrapped the mummies, the lower half of the pharaoh's body would be covered only by Scotch tape.

Give a woman a 12-inch square of wrapping paper, and she can wrap a Range Rover. Many women, actually like wrapping things: Even a gift that requires batteries, has the batteries separately wrapped. To men this is close to being a symptom of mental illness. Perhaps gift-wrapping is a skill like having babies that come more naturally to women than to men. So gift wrapping tips for men are that when possible, you buy gifts that are already wrapped. If, when the recipient opens the gift, neither one of you recognizes it, you can claim that it's myrrh. If you're giving a hard-to-wrap gift, skip the wrapping paper! Just put it inside a bag and stick one of those little adhesive bows on it. This creates a festive visual effect that is sure to delight the lucky recipient on Christmas morning.

In conclusion, remember that the important thing is not what you give, or how you wrap it. The important thing, during this very special time of year, is that you SAVE the RECEIPT!

**RINGMORE PARISH COUNCIL MEETING TUESDAY 20th November 2007 WI HALL
7.00PM**

For a full version of the minutes please see the notice boards

OPEN SESSION

Nothing to report

DEVON COUNTY COUNCILLOR MR. W.MUMFORD

Mr Mumford apologised for the confusion relating to the recent road closure notices, he explained that this had not been handled very well causing panic in isolated villages like Ringmore.

It was agreed that an audit will be carried out on the village signs.

MATTERS ARISING

Road subsidence - Cllr Chicken met with Highways who are unsure which utility company carried out the initial work, therefore repairs cannot be carried out under warranty. However the subsidence is within their limits, but we do need to keep an eye on this area.

Manhole Cover - After further investigation all covers appear to be okay.

Road Closure - Work has been done without long closure and diversions as expected.

Substation Weeds - Western Power have carried out some weeding but the rear of the roof is still overgrown. Cllr Chicken to speak to Western Power again.

Rectory Lane - Cllr Deverson will contact the landowners responsible to trim their hedges.

Parish Room. As Parish Council meetings are open to the public, disabled access is necessary for people to attend. The Parish room at present does not have this facility therefore we are unable to hold the occasional meeting in this venue.

PLANNING

Insertion of Dormer window Kimberely Ringmore - no objection

Listed building consent for alterations Walnut Tree Cottage - no objections

Listed building consent for conversion of stone barns to 2 dwellings Renton Farm - no objections

Conversion of stone barns, annexe and garages/alterations to entrance. - Parish council had no objection in principle but requested accurate drawings, also the council did not want to see the lane widened and would like to see the fence line moved on the opposite side as well to improve visibility.

ANY OTHER BUSINESS

Proposed footpath from Ringmore to St. Ann's Chapel. Cllr Deverson outlined a proposed route using some existing footpaths which could be joined on land belonging to a local farmer. Cllr Carson agreed to speak to the farmer to obtain his view on this matter.

Village Roads. Cllr. Lambell reported on the state of the verges in the parish and questioned what work the lengthsman did. Cllr Carson stated that the lengthsman checks on ditches and drains etc. which has nothing to do with the cleaning of the roads. Previously the parish had a person working 4 hours each week to remove litter and clean roads. Cllr Carson agreed to speak to the Operations Team to see what can be done about this problem.

Bottle Bank Journey's End - A letter has been received which states that the J.E have had to clean up around the bottle bank in the carpark on numerous occasions. Mr Riva asks that as this is the village bottle bank that others take the time to 'police' it. It would be helpful if people when seeing that the bank is full give the council a ring.

DATE OF NEXT MEETING JANUARY 22ND 2008

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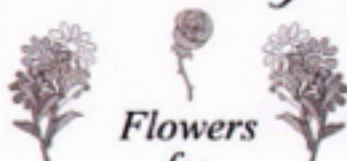
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PARISH NOTES (cont.) taken by F.C.Hingston-Randolph

1838 Jan. and Feb., very severe frost for 6 weeks.

15 Feb. Great gale from the E., which shattered the thatch of many houses: heavy snow all day.

28 Nov. Heavy gale from S.E. to S.W. On the morn of the 29th a French schooner on shore of Sedgewell Beach, bottom up, all crew lost. At 10, the same day, a brig drove on Bantam bar, and went to pieces in half-an-hour - 8 men drowned, 3 saved. Her name was the *Barbara*, of North Shields, 256 tons, from Constantinople, laden with seed, chiefly linseed.

1839. 13 May, - William Griffin, chief boatman, Challaborough, fell over the cliff this night on the Outer Down, and was dashed to pieces.

16 May, Severe frost; Plump Pool frozen over.

20 June. Great thunderstorm, with tremendous rain, which washed down many hedges. A bad hay harvest, and worse corn harvest, scarcely a farmer had a single bag of unstained barley. The wettest summer and Autumn ever recollected; unsaved barley to be seen on the 25th Oct. We removed 2 barley mows to dry them 26 Oct.

1840. 24 Jan. William, son of Robert Perraton, aged 13, hung himself at the entrance of Darky Lane.

13 Nov. Great gale from S.E. to S.W. by W.

1841. 6th Feb., Great gale from N.E. and heavy snow, which lasted several days.

16th 9 Oct. The Brig, 'Depford', of Barmouth, Capt.n Dedwith, driven ashore on Island Sand.

1846. 20 Nov. The 'Ellen', of Portsmouth, laden with bullocks, wrecked at Motbecombe, all drowned.

22 Nov. A Dutch vessel, laden with wine, wrecked on Battisborough Island; nothing heard of the crew.



November Events

We held our Annual General Meeting (as always) in November. We had a recap of the year's events, and learnt that our healthy bank balance enable us to give our Hall a spruce-up inside and out. We now have twenty-six members, and votes were taken to form the new 2008 committee and officers, largely unchanged except that Sharon Jones has been voted Vice-President, to learn the ropes from Jackie Tagent who plans to retire at the end of 2008. Jackie has done stalwart work over the last four years, so at the end of next year she will more than earn a well deserved retirement.

It was decided that our charity for 2008 will be the Dame Hannah Rogers School in Ivybridge which provides education and care for young people with profound physical disabilities.

Dates for your Diary

6th December at 2.30 p.m. in All Hallows Church, Ringmore, the Group Carol Service with the collection in aid of the RNLI, and scrumptious eats served afterwards in the W.I. Hall.

8th December at 10.30 a.m. when the W.I. will have their own table at the Newsletter Bazaar, with Christmas and other homemade cakes and seasonal goodies.

23rd January at 7.30 pm. in the W.I. Hall for the renowned Whist Drive. Take your seats for a light-hearted fun evening.

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Food Glorious Food

Well, Christmas is nearly upon us. How many of us will be fed up of eating turkey even before Christmas Day arrives. Why not try something different. Fish and seafood are great alternatives, often healthier and lighter on the figure.

SEA BASS

Sea bass is best in the winter months and can be bought whole, as steaks or as fillets. A whole sea bass is perfect for a special meal. It can be poached, steamed, baked or cooked over coals but, whichever way you choose, take care not to overcook the delicate flesh. Use flavours such as fennel, garlic, olive oil and herbs such as mint, parsley and coriander to compliment it.

Roasted sea bass with sweet potato, tomatoes and thyme

Serves 2 (Cooking Time—10 to 30 minutes)

Ingredients

For the sea bass

- 1 whole sea bass, scaled, gutted and gills, head and tail removed
- 1 tbsp olive oil
- 2 tbsp chopped fresh chervil
- 1 tbsp chopped fresh dill
- 1 tbsp fresh thyme, leaves only
- Salt and freshly ground black pepper

For the sweet potatoes and tomatoes

- 2 tbsp olive oil
- 1 sweet potato, peeled and cut into 2cm $\frac{1}{2}$ in thick slices
- 100g/3 $\frac{1}{2}$ oz vine tomatoes, sliced
- 3 garlic cloves, chopped
- 1 tbsp thyme, leaves only

Method

1. Preheat the oven to 200C/400F/Gas 6
2. For the fish, cut slashes into the skin of the sea bass, rub all over with the olive and herbs and season well with the salt and freshly ground black pepper. Leave to marinate for 10 minutes
3. For the sweet potatoes and tomatoes, place the olive oil into a large heavy-bottomed ovenproof pan or tagine dish. Place a layer of sweet potato into the pan, followed by a layer of tomatoes and top with the garlic and thyme. Place the fish on top of the layered vegetables.
4. Transfer the pan to the oven and bake for 15 minutes, or until the fish is completely cooked through.
5. To serve, divide the fish and vegetables between two serving plates

Seasonal Vegetables

SPICED RED CABBAGE

Serves 6 Cooking Time—1 $\frac{1}{2}$ hours

- 800g (1 $\frac{1}{2}$ lb) red cabbage, finely shredded
- 1 large onion, halved and sliced
- 1 apple, cored and chopped
- $\frac{1}{4}$ tsp ground cloves
- $\frac{1}{4}$ tsp ground cinnamon
- $\frac{1}{4}$ tsp finely grated nutmeg
- 2 tbsp soft brown sugar
- 2 tbsp red wine vinegar

- 25g (1oz) chilled butter, cubed
- 2 tbsp redcurrant jelly



Preheat the oven to 150°C/130°C Fan/Gas 2.

Place the shredded cabbage, onion and apple in a large ovenproof casserole and toss to mix well

Mix together the spices, sugar and vinegar in a small bowl. Pour over the cabbage mixture and blend well.

Dot the top with the butter, cover tightly and bake in the preheated oven for 1 $\frac{1}{2}$ hours, stirring once or twice during cooking

Remove from the oven, season well and stir in the red currant jelly just before serving.



HONEY ROASTED ROOTS -

Serves 6 Cooking Time—20-25 mins

- 400g (14oz) parsnips
- 400g (14oz) carrots
- 400g (14oz) potatoes
- 400g (14oz) butternut squash
- 4 tbsp sunflower oil
- 3 tbsp runny honey
- 4-5 sprigs of rosemary

Preheat the oven to 220°C/200°C fan/Gas 7

Peel vegetables and cut into 2 $\frac{1}{2}$ cm (1in) pieces

Blanch in a large saucepan of boiling water, lightly salted for 5-6 minutes, drain, transfer to a large non-stick roasting tin.

Mix together the oil and honey and pour over vegetables.

Season well and toss to mix evenly before adding the rosemary sprigs.

Place in the preheated oven and roast for 20-25 minutes or until golden and tender.

**GOOD
for
YOU**

Prawns are low in saturated fat and therefore are great if you are on a diet or just cutting down. This recipe is not only delicious but if doing weight watchers is only 2 points per serving.

It is a great starter for a dinner party and can be made ahead and simply reheated before everyone arrives.

SPICY PRAWN CAKES

Serves 4

Prep 10 mins plus 30 mins chilling

Cook 8 mins

FOR THE PRAWN CAKES

200g/7oz frozen raw tiger prawns, defrosted

200g/7oz skinless, boneless white fish fillets, roughly chopped

1 tbsp Thai red curry paste

1 tbsp cornflour

4 spring onions, sliced thinly

low-fat cooking spray

FOR THE DIPPING SAUCE

juice of 1 lime

4 tbsp sweet chilli dipping sauce

1 tbsp chopped fresh coriander

1. Place the prawns, fish, curry paste and cornflour in a food processor and whiz until quite finely chopped. Mix in the spring onions and then chill the mixture in the fridge for 30 mins.

2. To make the dipping sauce, mix the lime juice, chilli sauce and coriander together and set aside.

3. Using your hands shape the prawn mixture into 12 small cakes. Spray a large non-stick frying pan with the low-fat cooking spray and put on to a medium to high heat. Add 6 prawn cakes and fry for 2 mins on each side until brown and firm. Keep warm whilst you cook the remaining prawn cakes and then serve with the dipping sauce.

If cooking ahead of time—to reheat, heat the oven to 180°C/ Fan 160°C/ Gas 4. Spread the prawn cakes out in a single layer on a baking tray, cover with foil and heat through for 10 min.

ZESTY NIBBLES

SALT & PEPPER SPICED ALMONDS

½ tsp Sichuan peppercorns

½ tsp black peppercorns

1 tbsp salt

¼ tsp cayenne pepper

knob of butter

400g/14oz blanched almonds

2 tsp dark soy sauce

- Heat a dry heavy-based frying pan or wok over a medium heat. Add the Sichuan and black peppercorns and shake them around for a few secs until they darken slightly and start to smell aromatic. Tip into a mortar and , with the pestle, grind to a fine powder. Now add the salt to the pan and stir it constantly for about 4 mins, until it has turned slightly grey in colour. Mix into the ground peppers with cayenne pepper.

- Melt the butter in a large frying pan, add the almonds and fry over a medium heat for 5 mins turning them continuously, until they are golden brown. Add the soy sauce to the pan, shake the nuts around, then tip into a shallow baking tray lined with kitchen paper and leave to go cold. Sprinkle the nuts with the salt and pepper mixture, toss together briefly and store them in a screw top jar until needed.

GREAT WITH A DRINK OR TWO!!!

TIP

No more burnt fingers— Remove boiled eggs from the saucepan with spaghetti tongs

Vegetarian

Potato and Onion Tart

375g pack ready-rolled shortcrust pastry, thawed if frozen

2 tbsp olive oil

450g/1lb onions, thinly sliced

2 garlic cloves, crushed

3 tbsp fresh thyme leaves or 1tbsp dried

750g/1lb 10oz floury potatoes, peeled and thickly sliced

2 eggs

200ml carton crème fraîche

2tbsp wholegrain mustard

Salad to serve

Preheat oven to 220° C/ Fan 200° C/ Gas 7

Use the pastry to line the base and sides of Swiss roll tin about 9 x 13in. Heat the oil in a large frying pan and fry onions for 8-10 mins, until they are beginning to caramelise. Stir in garlic and most of the thyme and cook for a further 2 mins. Scatter half into the pastry case.

Parboil the potatoes in salted boiling water for 4-5 mins. Drain well and arrange in the case. Scatter over the remaining onions

Beat together the eggs, crème fraîche and mustard. Season well and pour over the vegetables. Scatter over the rest of the thyme and bake the tart for 20 minutes, until the filling has set and is golden.

Serve the tart with salad

NEWS FROM VANCOUVER

We are delighted to announce the birth of our 4th grandchild Isobel Grace who was born in time for breakfast (which she enjoyed with gusto) on November 23. Mother and baby really are doing well. We would like to wish all of you a very happy Christmas and New Year. During the short time that we have lived in Ringmore you have made us so welcome that we are beginning to feel very much at home - thank you all. We look forward to being back with you in early January. with love Christopher and Rosemary Piercy.

ENIGMAS & PUZZLES

November Solutions:

Simple Enigma: GR 12th AVE.... One foot in the grave
Faredce.....red in the face
Premiership Enigma: Roland's wife is Diane

Premiership Enigma - December

Three girls agreed to share out a bag of chocolates in proportion with their ages. The sum of their ages was 17½ years, and the bag contained 770 chocolates. For every 4 chocolates Joan took, Jane took 3: for every 6 Joan took, Jill took 7. How many chocolates did each girl take, and what are their respective ages?

Simple Enigma - December

The solution to the October Simple Enigma was given as LEMON, but it is not the only solution.

The following was submitted by Beta Rabbit

date - datA
nut - Put
lime - limP
peach - Leach
pear - peEr
New word - APPLE

But there are other solutions if a broad definition of 'fruit' is accepted. Did you find any others? From these five words can you change a single letter in each to produce five new words. The new letters used make a fruit.

December Sudoku

9	6		5		4		1	3
	4			1			9	
			9	3	2			
3	5						4	9
		4				6		
6	2						3	8
			8	2	1			
	8			9			5	
2	3		4		5		8	1

November Solution

2	7	4	6	8	1	5	9	3
3	8	9	7	5	2	1	4	6
5	6	1	9	3	4	2	8	7
1	5	6	3	2	9	8	7	4
4	3	7	5	1	8	6	2	9
9	2	8	4	7	6	3	5	1
7	9	5	8	6	3	4	1	2
6	4	2	1	9	5	7	3	8
8	1	3	2	4	7	9	6	5

Tearfund Lunches

On Monday 10th December and then on the first Monday of each month, we will be serving a simple charity lunch in the WI Hall from 12.00 noon to 2.00 p.m.

There will be soup, bread, and blackberry-and-apple crumble (or equivalent). There is no charge, but you are invited to make a donation to Tearfund, perhaps by giving what you might have paid for lunch at a restaurant.

Please come and support Tearfund who are working at a local level in Africa to relieve poverty. Make a note of it in your diary now. Every penny of your donations will be sent to Tearfund and you can see a short DVD about how your donations will help.

If you wish to know more, please contact the Bulls (810420), the Erretts (810547) or the Tagents (810520). You might like to let us know you are coming, but feel free just to turn up on the day.

Reduced Price Tickets The National Marine Aquarium in Plymouth have generously given The Royal British Legion Poppy Appeal three family tickets (two adults and two children) ,valid for entry until the 12th October 2008. These tickets are available to the first three applicants at £15.00 each. Contact Alan Mc Carthy on 810738 for this amazing bargain to a fascinating aquarium. Just the place to combine wet weather and fractious children.

20 years ago...

10 years ago...

Arthur, with his wife Doreen began what was to be the last full-time ministry as Rector of Ringmore

We had snow before Christmas in Ringmore.

The WI was in danger of folding as there was a reluctance to stand for office and a tug of war over afternoon or evening meetings.

A new group was formed at the Modbury surgery called "Modbury Caring "

RAINFALL: Robbie McCarthy

Last month:	3.25"
Ten year average:	4.17"
Ten year high:	8"
Ten year low:	1"



1971 MG Sports

For sale, Red MG sports car - fully restored-re-leathered- wire wheels, in fact total babe magnet or alternatively man trap, or even just for driving!
810670 (Anna)

Carol singing

The local cubs will be carol singing around Ringmore on the evening of the 13th December. If you wish to be visited please phone Akelea on 01822 832033



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DIARY FOR DECEMBER / JANUARY

- Mon 10th Dec** Christmas Euchre Drive - 8pm
- Tue 11th Dec** Over 60s Christmas Lunch
- Thu 15th Dec** The Bigbury Workers Christmas Lunch followed by evening entertainment from 'SIDEKICK'
- Tue 18th Dec** Modbury Harriers Hunt Meeting - 11am
- Sun 23rd Dec** CHRISTMAS DRAW - 8pm
- Tue 25th Dec** CHRISTMAS DAY - Bar open 11.30 am - 3pm
- Wed 26th Dec** OPEN ALL DAY
- Fri 28th Dec** DARTS OPEN K.O. CUP - 8pm
- Sun 30th Dec** OPEN ALL DAY - POOL K.O. CUP 8pm
- Mon 31st Dec** NEW YEAR'S EVE PARTY
- Wed 2nd Jan** OPEN ALL DAY - DARTS TEAM K.O. CUP 8pm

MERRY CHRISTMAS & A HAPPY NEW YEAR

PLEASE NOTE - As from November, opening times will change. We will close at 4pm on Sunday and all day Wednesday, throughout November, December, January & February, apart from the Christmas & New Year period. Also, in January, the restaurant will be closed on Tues, Wed & Thurs 22nd, 23rd & 24th for kitchen redecoration & refurbishment.

Know your Neighbour

In our second article on this series we delve into the lives of the owners of Scypen. Scypen is the lovely house and gardens owned by John and Ann Bracey. This house is the first house on the left as you go up the lane alongside the church to Kingston.



John and Ann have lived in Ringmore for 27 years. They purchased Scypen in November 1980 when it was still a cowshed. Scypen is the old English name for a cowshed.

John and Ann met in 1954 at a party when Ann was 16 and John was 17. It was love at first sight. John became an architect and Ann a primary school teacher. As John came from Bristol they eventually settled in a little hamlet outside the city and that's where they lived until moving to Ringmore. They had bought a house which needed completely renovating and had just more or less finished it when the opportunity came in 1979 for John to

set up an architectural practice in Plymouth

John initially commuted each week to Plymouth whilst Ann stayed behind to look after the children. He used to go out and about in the evenings searching for the perfect place to live and found it in the shape of a ramshackled old cowshed in the village of Ringmore. The views down to the sea were lovely, an ideal spot—fortunately Ann felt the same and so the decision to purchase was made. John designed the house with the local landscape very much in mind, an eco-friendly property, which was very much ahead of its time in those days. The house was highly commended in the Arnold Sayers Award for architectural design.

John and Ann had contractors for the constructional work but the rest of the work on the house and gardens was carried out by them. Ann brought down lots of the plants and shrubs that had been in the garden of their previous house, but found that some didn't survive with the garden in Ringmore overlooking the sea open to the winds and rain.

The next few years was spent getting the house and gardens to how they wanted it, bringing up their three boys, Peter, Shaun and Andrew and John expanding the architect practice in Plymouth.

It was in the 90's that Ann was approached by the National Garden Scheme about opening their garden to the public on certain days and in 1996 the garden at Scypen was opened. Ann has continued to support the National Garden Scheme over the years opening the garden each year to the public with only a couple of breaks. She hopes to open the garden again in 2009. Ann lovingly devotes a lot of time and energy to the garden, its design, the layout of plants and shrubs. The garden has been featured in numerous magazines such as *Gardeners World* and *Country Life*.

Both John and Ann have always shared a passion for travelling, with their children in a touring caravan when they were growing up, they travelled around Europe. Later when their sons, Shaun and Peter lived and worked abroad they took full advantage using their visits to family in Dubai and New Zealand to stopover and visit places like Nepal, India and Egypt to name a few. Next year they are hoping to visit Tanzania and Zanzibar.

Their interests closer to home include table tennis, from which we have the illustrious John Bracey Cup, played for at the Journeys End each year, badminton and croquet. They both have a love of Chamber Music and regularly go to the chamber music concerts at the Sherwell Centre in Plymouth and Ann is a trustee of the Plymouth Chamber of Music Society.

NEWS FROM ALL HALLOWS

CLEANING

The annual pre-Christmas inside-cleaning of the Church will take place on Saturday December 1st. Anyone who has a couple of hours to spare and would like to assist in this task would be welcomed and much appreciated. If you are able to help then please contact Drina on 810405 who can then arrange a schedule of tasks or just turn up from 10 00am onwards.

CANDLE LIT CAROL SERVICE

The popular candle lit carol service, followed by mince pies and mulled wine, will be held at 4 pm on Sunday December 23rd. If anyone wishes to participate more fully in the service, perhaps by doing a reading, then please contact Rev John Elliott. Donations of a dozen mince pies would also be most welcome so if you are making any for Christmas and wish to make a few extra for the Carol service then please contact me.

CHRISTMAS PRESENTS

Still looking for something different and a touch out of the ordinary for that long lasting Christmas present this year? Then please take a look at the Christian Aid Gift catalogue, copies of which can be found in the Church beside the Visitors Book. Items ranging from footballs, shoes, can of worms, ducks, pigs, saplings together with lots more at prices starting from as little as £8 can be found. Once you have placed an order you will receive a card that will delight your family or friends and also bring long lasting change to those who are most in need.

CHILDREN'S BOOKS AND CUDDLY TOYS

All Hallows now has a selection of children's books and cuddly soft toys to keep the children entertained during our services - I am not inferring however that John & others do not give an entertaining sermon. The children's corner has been started in the church and is situated in the area of the Visitors Book. Any parent wishing to make use of the toys & books are more than welcome to help themselves. If they are not readily to hand or on display then please feel free to ask the Sidesman who will then make them available.

Phill Errett 810547
(Church Warden)

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19th January

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Historical Society AGM

The Historical Society AGM commenced with the usual annual election of officers etc. and this part of the evening was proceeded with promptly to allow enough time for the main event, a presentation by Dr Di Collinson entitled:

"Francis Charles Hingeston-Randolph, Ringmore's Great Benefactor"

Di Collinson is an accomplished lecturer and held her audience spell bound as she related that the great Hingeston-Randolph was a bit of a lad who jilted his first fiancée in favour of Miss Martha Randolph, the daughter of a wealthy land owner in Somerset. It was apparent that Hingeston-Randolph's arrival as Rector of All Hallows, Ringmore in 1860 was more a need for him to flee from Oxford than a considered career choice. In fact he already had a reputation whilst at Oxford for shoddy work, in editing the Rolls Series, and it was felt that this might have been due to his non academic pursuits.

However, his time in Ringmore was different and he was the catalyst which brought about improvements to the Rectory (Old Castle), the Church, and the village. Di Collinson was ably assisted in her presentation by four society members taking on the characters of persons of the time and quoting from contemporary records.

Pat King, played the part of the School Mistress and feigned much annoyance at the School Inspector's report to the effect that she could do a lot better. Dennis Collinson's rendition of these reports gave substance to the new school as it evolved and until it closed in 1929. School reports about some villagers, their descendants still living with us, were most interesting. Michael Tagent played a very convincing Hingeston-Randolph quoting from his writings, while Chris Roberts, as a farmer from Marwell, told us how the rebuilding of his farm at the instigation of Randolph and the new Lord of the Manor, made it one of the most modern in the county.

The whole presentation was interspersed with photographs of the village, its people and the church, and Mike Wynne-Powell should be commended for this display, especially his reconstruction of All Hallows minus its current Nave, to leave the original Saxon chapel formed by the outline of the current Northern Transcept.

This was an excellent evening and a first class presentation by all involved, which was enjoyed by members and guests in a packed WI Hall.

Next Meeting of the Historical Society will be Wednesday January 16th 2008.

Contributed by a member of the Ringmore Historical Society.

OPERATION CHRISTMAS CHILD SHOE BOXES

On Sunday 18th November I took along to Kingston Church no less than 58, yes FIFTY EIGHT, Shoe Boxes that we in Ringmore had produced. What a simply magnificent effort, and heartfelt thanks go to everyone who contributed and to our packers. All together from Kingston, Ringmore and Bigbury the grand total was 150 boxes, and Heather Robinson the area collector had to enrol the help of another car and driver to fit them all in! She gave each Parish a certificate of thanks and Ringmore's is being laminated and will be displayed in the church porch. Heather gave us a brief talk about the Shoe Box scheme and told us poignant little anecdotes. Amongst them high up in the mountains of Kosovo one little boy of ten received a ball in his Box. He had NEVER seen a ball and imagine the thrill and delight when he saw it bounced and rolling along the ground for him to run after. Apparently the Boxes are packed into cardboard cartons, each containing sixteen shoe boxes. One of the mothers in Kosovo asked if she may keep two of the cartons to put down on the earth floor of her home. In the harsh winter climate it is beyond our comprehension to understand such deprivation. Heather also gave us a short DVD of boxes being handed out last year. This will be shown at the lunch which will be held in the W.I. Hall from 12.30 onwards in the W.I. Hall on Monday 10th December in aid of Tear Fund. The expressions on the children's faces say much more than anything I can say, and will surely bring a lump to your throat. Over the years boxes have been distributed to over a hundred different countries. We don't know yet the destination for our boxes but we should receive news in the New Year and I will be able to give you an update.

Again many, many thanks.

Jane Guy



RBL POPPY APPEAL 2007

Just when you think it isn't possible to do any better than last year's record appeal, here we are on the verge of beating that wonderful figure by £1000 - £6,800 so far. Why? Well it's all down to you out there, and some very hardworking Poppy People in the Legion. So, a roll of honour:

Our collectors who trudge the lanes and knock on doors, taking out the message, who symbolize so much of what the Poppy Appeal is about, so to **Carol Walters, Pam Brunskill, Pat King, Linda Crooks, Chris Freeman, Eileen Randall, Pam Trundell, Shaun and Sharon Jones, and Margaret Wood** a thousand thanks (in fact, several thousand!). True Poppy heroes.

Alan and Robbie McCarthy for the amazing Auction at the Journey's End which launched our appeal and raised a huge sum. They were ably assisted by Phil Errett, Colin Jackson & Chris Roberts. And thanks to all those generous people who contributed to the 107 Lots - a great evening, brilliantly organized.

James & Jane Stevenson for 'The Queen' film show. A great evening, well attended. Thanks are due to "Villages in Action" and their projectionist Til Mustafa (who was seeing the film for the 8th time!). Before the film, Mike Wynne Powell put on a slide show of photos taken the night before at the RBL auction, followed by a video clip downloaded from TV, a poignant reminder of the task faced by the RBL in modern times. After the film James's daughter Sarah played the saxophone for the second year running. Jane and James provided nibbles and white wine. Many thanks go to Dane and Hilary of Hollywell stores who gave us a generous 50% discount on all supplies bought there. Brian Stark generously provided limitless supplies of excellent red wine.

John Pearn and Tony Hobbs generously allowed us to use two of their Golf Circus Days at Bigbury Golf Club to raise funds, with wonderful prizes sponsored by the Oyster Shack. With our Golf Day in August, the total raised was a wonderful £556.80. Tony's help with the scoring was absolutely critical - trust me, we would have been lost without him!

Tony and Carol Walters organised a highly successful Coffee morning in Kingston - well attended as always - with many stalls and raffles. I paid £5 for a cherry cake which I later discovered had been made by my mother! Worth every penny, mum!

Guy Eddy for organising the very moving Remembrance Service at Ringmore Church. This is a very special event, and the church was packed out - always a wonderful sight. And sincere thanks to Michael Tagent who conducted a superb service.

Deepest gratitude and thanks to all the pubs and local businesses that supported us. We depend on you every year and you never let us down.

Finally, many thanks to the staff at Lloyds Bank in Kingsbridge who helped me weed out the dodgy coins and sort out the shrapnel - and the traffic warden who didn't give me a ticket for parking in the loading bay. At times like this you realise what a fantastic community we have here.

The Branch would like to thank David Gay, Editor of the Bigbury Newsletter, for his wonderful help and support and wish him and Sandy a happy and peaceful 'retirement' with no deadlines. We would like to thank his team of 'newsletter folks' too for their support and wish Jim and Rose Owen good luck in their new 'job' as Editors.

The next RBL meeting is on Wednesday 5th December at the Old Chapel Inn at 7.30pm

The Bigbury, Ringmore and Kingston Branch of the Royal British Legion, wish everyone a very merry Christmas and a happy, peaceful and healthy New Year.

MERRY CHRISTMAS

from

Dane, Hilary and Family

at

HOLYWELL STORES

CHRISTMAS OPENING HOURS

CHRISTMAS EVE 7.00am – 4.00pm

CHRISTMAS DAY 10.00am – 12 noon

We invite you to join us for light refreshments

BOXING DAY 10.00am – 1.00pm

THURS 27th to MON 31st DECEMBER

9.00am – 5.00pm

NEW YEARS DAY 9.00am – 4.00pm

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This Month

Every Weds

THEME NIGHTS AT THE JE!



5th - Spanish
12th - Belgian
19th - Greek

Every Thursday

QUIZ NIGHTS!

Quizzes will start at around 8:30 PM and there will be snacks served at half-time. **Remember to sign up to be the Quiz Master...** see the board in the JE! On the 20th there will be the Landlady's Christmas Quiz Special! Don't forget our...

£6.50 Quizzer's Dinner !

DEC 21

TREE LIGHTING & CAROLS

Starting at around 6:30. It will be carolling around the tree and we will be serving dinner as usual. So please come and be a part of this celebration!



DEC 22

CHRISTMAS JAZZ NIGHT

It will all start at around 8pm. So come for diner and stay to listen to some great sounds!

DEC 31

NEW YEAR'S EVE

BOOK YOUR TABLES NOW!

Come in and see the Menu (ask at the bar) and plan to dance the night away with the DJ and bring in the New Year with a smile!

CHRISTMAS IS
HERE!

Our Holiday Hours !

Christmas Eve - Our usual hours as posted.

Christmas Day - Drinks only from 12 to 2:30.

Boxing Day - Open for lunch only from 12 to 3.

New Year's Eve - Doors open at 7pm (see below).

New Year's Day - Open for lunch only from 12 to 3

FROM THE JE DIARY:

Can you believe it is December already?! Christmas is upon us and a New Year is almost here! The kids will be arriving with Paul's mom on the 20... and of course it will be Baby Watch towards the end of this month for Jules and Paul!

OPENING HOURS

Please make note that our opening hours will be the same as always... except for those times listed above.

THE RINGMORE FETE

Like last year the JE will be there giving our support and serving up hot Mulled Wine up at the WI Hall. Come by and enjoy the fun!

THE JE TREE

Paul will starting on the JE's Christmas tree very soon and it will be up and ready to be switched on for Locals' Night... Friday Dec. 21! There will be carols around the tree that we hope you all will join in with! So mark this evening (@6pm)!

CHRISTMAS JAZZ NIGHT!

This will be great! A night of great jazz with a holiday theme to it in front of the JE's tree! Great food, great drink, and great sounds... what more can anyone ask for! So make your reservations and make sure you are here to just have fun!

THE CHRISTMAS POST BOX

The box is ready for your cards here at the JE. It sits by the bar waiting to be stuffed with holiday greetings!

HOLIDAY PARTIES

If you have not booked your holiday party yet or if you simply wish to join us here for any of the great things that will be going on here at the JE... PLEASE contact us as soon as you can!

NEW YEARS!

We are planning the party now. We are working out a theme ... but if you have any ideas why not come by and let us know!