

Newsletter

Ringmore Parish

November 2007

Issue Number : 267

Deadline : 9am Monday 26th November

Well the clocks have gone back and it seems the colder mornings and evenings are here to stay.

This month we have a new feature 'Know your neighbour', lots of seasonal recipes for you to try and an interesting read from John Simes.

John Marshal has agreed to provide us with some gardening tips which we hope you find useful and it seems we may have enough tuneful youngsters to provide us with some carols this Christmas.

The Royal British Legion Poppy Appeal Auction once again broke all records raising a staggering £2624 with 112 lots. The auction items varied from £1 for a pair of swim fins to £200 for a week in Portugal.

Sadly no one took part in last months caption competition.

Thank you for your support.

We would like to thank the community of Ringmore for their love and support during this very sad time. We have been deeply moved by your letters, cards, smiles and the feeling of comfort that returning to Ringmore has brought us to us both. Ringmore has been a very happy place for us as a family and soon became more than a second home. We enjoyed such a wonderful summer with many highlights: the blessing of Paul and Jules with the whole village expressing their joy, the unforgettable first Ringmore Regatta, and lastly for our summer visit, the superb Ringmore summer fete. We left Ringmore with such glorious summer memories.

Oliver and I look forward to our future in Ringmore and building upon these happy memories.

Thank you to you all.

Judith and Oliver Woodings

Please send items for inclusion in the Newsletter to the editorial team c/o:

8 Crossways, Ringmore, TQ7 4HP **OR** email: news@ringmore.net

Tel 01548 811210

DIARY FOR THE MONTH

Monday: Short-mat bowls Parish Room 7.30pm

Tuesday: Table Tennis Parish Room 7.30pm

November

03/11 Children's Choir, Barnford 11am

04/11 Service of Commemoration Ringmore 6pm

07/11 RBL AGM Journey's End

08/11 W.I AGM at the W.I. Hall 7.30pm

10/11 Packing Shoe Boxes W.I Hall 2.30pm

11/11 Remembrance Day Service, Ringmore 10.50am

14/11 Historical Society AGM W.I hall 7.30pm

16/11 SWDCA Charterlands branch Farm house supper 7pm

17/11 Casino Night Fisherman's Rest 8pm

20/11 Parish Council Meeting W.I Hall 7pm

Music at the paddock With Frank & Drina

Mondays at 7.30pm

2007

2008

January 14th

November 12th

February 11th

December 10th

March 10th

Newcomers with a liking for good music
are very welcome.

All opinions expressed in this newsletter are those of individual writers, and not necessarily those of the Editorial team. The Parish Council does not guarantee or accept liability for any literature, advertised goods or services. They have not inspected or made checks regarding suppliers.

MOBILE LIBRARY: Friday 2nd, 16th and 30th

Ringmore Church	2.55—3.15
Challaborough	3.25—3.35
St Ann's Chapel	2.30—2.45
Kingston Fire Station	4.00—4.30



Fruit Tree Pruning

All pruning must have a purpose. There is nothing magical about the process. Experts tend to complicate what should be an essentially common sense sequence of events.

A fruit tree should be pruned to:

1. admit light and air
2. train the tree to an acceptable shape or size
3. increase the size and yield of the fruit
4. remove diseased and or broken branches

In a young apple tree for example the primary branches may be about 45 to 60 cm in length. In the winter months these should be pruned back by one third ($1/3^{\text{rd}}$) each to an outward pointing bud. This strengthens and increases the number of branches and their side shoots. Always try to avoid doing too much. Remember sometimes... "Less is more".

Lawns:

November is a good time to rake out moss from your lawn.

First treat the lawn with moss/lawn feed. There are several on the market which will kill the moss and the weeds and feeds/greens up the lawn. The dead moss should be removed with a wire rake 10 to 14 days after treatment. Simply mowing the lawn is NOT enough to have a lovely green lawn. It is important to remember that you should feed, water and aerate the lawn in order to keep it looking in great condition throughout the year.

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LOCAL CHURCH SERVICES IN NOVEMBER

Date	Bigbury	Kingston	Ringmore
Nov 4 th	11.00 a.m. Family Service	9.00 a.m. Communion	6.00 p.m. All Saints Service of Commemoration
11 th	9.00 a.m. BCP Communion	6.00 p.m. Evening Prayer	10.50 a.m. Remembrance Service
18 th	9.00 a.m. BCP Communion	11.00 a.m. Family Service with Children's Club	6.00 p.m. Evening Prayer
21 st	2.30 p.m. Korniloff Comm'n		4.00 p.m. Spoken Comm'n
25 th	11.00 a.m. Family Communion	6.00 p.m. Spoken Evening Prayer	9.00 a.m. BCP Communion

MODERN CHORUSES OR OLD HYMNS

Recent Services and the selection of Hymns and Choruses within them have lead to comment. Some rejoicing that old fashioned traditional hymns still find their place, and others thrilled that music and words written in the last century and this are occasionally replacing older material. It all reminded me of this story which a friend in an excellent worship group provided, because he sees benefits in old and new:-

"Farmer Joe went to the city one weekend and attended the big city church. He came home and his wife asked him how it was. "Well," said the farmer, "it was good. They did something different, however. They sang choruses instead of hymns."

"Choruses?" said his wife. "What are those?" "Oh, they're okay. They are sort of like hymns, only different," said the farmer. "Well, what's the difference?" asked his wife. Joe said, "Well, it's like this - if I were to say to you, 'Martha, the cows are in the corn' - well, that would be a hymn. If on the other hand, I were to say to you:

"Martha, Martha, Martha, Oh Martha, MARTHA, MARTHA,

the cows, the big cows, the brown cows, the black cows

the white cows, the black and white cows, the COWS, COWS, COWS

are in the corn, are in the corn, are in the corn, are in the corn, the CORN, CORN, CORN.

"Then, if I were to repeat the whole thing two or three times, well, that would be a chorus."

The next weekend his young nephew from the city came to visit. He attended their village church. When he went home his mother asked him how it was. "Well," said the young man, "it was good. They did something different they sang hymns instead of choruses." "Hymns?" asked his mother. "What are those?" "Oh, they're okay. They are sort of like choruses, only different," said the young man. "Well, what's the difference?" asked his mother. The young man said, "Well, it's like this - if Uncle Joe were to say to his wife, 'Martha, the cows are in the corn' - well, that would be a praise chorus. If on the other hand, he were to say to her:

1. "Oh Martha, dear Martha, hear thou my cry
Inclinest thine ear to the words of my mouth
Turn thou thy whole wondrous ear by and by
To the righteous, inimitable, glorious truth.

2. "For the way of the animals who can explain
There in their heads is no shadow of sense
Hearkenest they in God's sun or His rain
Unless from the mild, tempting corn they are fenced.

3. "Yea those cows in glad bovine, rebellious delight
Have broke free their shackles, their warm pens eschewed
Then goaded by minions of darkness and night
They all my mild south Devon sweet corn have chewed.

4. "So look to the bright shining day by and by
Where all foul corruptions of earth are reborn
Where no vicious animals make my soul cry
And I no longer see those foul cows in the corn.'

"Then if he were to do only verses one, three and four and do a key change on the last verse, well that would be a hymn."



POPPY APPEAL 2007

To save your world you asked this man to die: Would this man, could he see you now, ask why?
(W H Auden)

For me, involvement with the Royal British Legion wasn't the most logical step. As a teenager of the 1960's, I was inured in the war poetry of Sigfried Sassoon and Wilfred Owen. And if you really wanted to know what a gas attack was like in the trenches, then you need look no further than Owen's 'Dulce Et Decorum Est.' to understand the true horror and barbarism of war.

No, as a teenager, I was anti-war, full-stop. I can remember the family debates over the dinner table about the Vietnam War, Korea, the Suez crisis, etc, etc. I avidly watched the TV coverage of the Grosvenor Square demonstrations, Tariq Ali handing in an anti-war petition signed by 55,000 people to a befuddled Harold Wilson. John Lennon and Yoko Ono in bed for peace in a tumble of white sheets, surrounded by journalists. Yep, no more war, far out man. When I have kids, they won't go in the forces.

I remember my father coming back with, 'Well, what would you have done about Hitler, then?'

'Ah, yea, well, OK,' I would squirm for wriggle-room, 'Hitler, well, yea, he's an exception I guess...' and then tamely change the subject to football.

Of course, unlike his pampered son, my father had seen the truth of war in World War II. He did his commando training in North Wales, was taught to climb by Sir John Hunt. He trained as a signaller and then did parachute training, when he was then asked to volunteer for specialist training with the SAS. After finishing this that he was then asked to undertake further special training for hazardous duties in the newly formed elite division of the SAS - the Raiding Support Regiment. This covered parachuting, signalling; being able to make any part of an engine, and drive any type of vehicle be it German or Italian. The RSR basically carried out covert raids along the Adriatic coast of Yugoslavia, Greece and Albania harassing Italian and German forces, and assisting the partisans led by Marshal Tito. But this was real war, real guns, real deaths, real injuries, lost limbs, trying to kill people and them trying to kill you.

One can only marvel at the incredible range of skills that you have to learn to fight a war. Take parachuting - I find a trip with Flybe stressful - quite apart from the fact that you are tumbling out of an aircraft at several thousand feet, with your radio, weapons, flask and a packed lunch of sarnies, and down below there is some geezer with a gun who will try to kill you as you do it. And signalling skills? I have trouble getting broadband. And if you hit the ground, and suddenly the shooting starts, well, no rock star sitting in a bed in Amsterdam wittering on about love and peace can save you. At the back of it, whether we all agreed with the various wars since the 70s - The Falklands, Iraq, Afghanistan, Sierra Leone - really isn't the point. The point is that our country tells our men and women to pick up weapons and fight for us - and that is real.

And they come back very often changed deep inside themselves. They understand life and death in a way that we cannot experience. And some don't come back. Who is there to comfort the relatives, the mums and dads who remember that bright healthy strong son of theirs - now in a box draped with the union jack? Who is there to resettle them into civilian life after the routine of forces life? Who will help them understand the welfare system, who will guide them to a fresh start? Who will help to cleanse their minds of the horrors they have witnessed, the friends they have lost? Shattered bodies and shattered minds. Who can look them in the eyes and say 'you're special, you've been brave, we have relied on you right down to the last drop of your blood, we understand, thank God for the likes of you, and thanks for everything you have done. Now, in return, we are going to make sure you have a future?'

Answer: The British Legion. That funny organisation that sells poppies once a year, that my father was a member of for so many years. I can recall one incident that really brought it home to me. I remember Jo and I struggling to get to the check-in at Los Angeles airport (LAX as its called) - if you've been there you'll know that it makes Heathrow seem like a fun palace). Among the hundreds of queuing, sweating tourists, amid all that wealth on the move, there was an American war veteran with a collecting tin. He had only one arm. I am typing this with two arms, ten fingers (alright, I'm only using two). Just occasionally it crosses your mind that you are bloody lucky.

The money you give and the poppies you wear give that message - we care and we will never forget. So when that tin gets rattled, or a collector comes to your door, or we ask you to buy raffle tickets in the pub, give generously. Help to transform the lives that have saved yours and mine. And where does all that money go? Look at the list below, and you can see the incredible range of vital work that the British Legion does. Do join us at these events and thanks once again for your generous support.

John Simes

Poppy Appeal Organiser - Ringmore, Bigbury, Kingston

Bigbury Poppy Programme	Date
The Poppy Golf Challenge Cup	2 nd & 9 th Nov
Kingston Coffee Morning & Stalls	10 th Nov
Remembrance Service - Ringmore	11 th Nov

Dulce Et Decorum Est.

Bent double, like old beggars under sacks,
Knock-kneed, coughing like hags, we cursed through sludge,
Till on the haunting flares we turned our backs
And towards our distant rest began to trudge.
Men marched asleep. Many had lost their boots
But limped on, blood-shod. All went lame; all blind;
Drunk with fatigue; deaf even to the hoots
Of disappointed shells that dropped behind.

GAS! Gas! Quick, boys!— An ecstasy of fumbling,
Fitting the clumsy helmets just in time;
But someone still was yelling out and stumbling
And floundering like a man in fire or lime.—
Dim, through the misty panes and thick green light
As under a green sea, I saw him drowning.

In all my dreams, before my helpless sight,
He plunges at me, guttering, choking, drowning.

If in some smothering dreams you too could pace
Behind the wagon that we flung him in,
And watch the white eyes writhing in his face,
His hanging face, like a devil's sick of sin;
If you could hear, at every jolt, the blood
Come gargling from the froth-corrupted lungs,
Obscene as cancer, bitter as the cud
Of vile, incurable sores on innocent tongues,—
My friend, you would not tell with such high zest
To children ardent for some desperate glory,
The old Lie: Dulce et decorum est
Pro patria mori.

Wilfred Owen (1893-1918)

As a child, dad told me many stories about those times, but he always told me the amusing yarns. Like the time when they were in a ruined farmhouse, captured a pig, and were settling down to a meal of pork stew cooking in a pot on an open fire. A German shell struck the chimney, and sent a shower of soot and debris into the stew – after that his division made a point of shelling the Germans at lunchtime.

First World War Graves

We recently had a very interesting trip to Ypres in Belgium. We attended the impressive and moving Last Post ceremony at the Menin Gate, where the names of 50,000 missing are recorded. We also had an extremely detailed tour of the whole area visiting German and Allied trenches, museums, cemeteries both German and Commonwealth, and battlefields. You may know that the names of three young men from Ringmore: Alfred Triggs; Alfred William Tremlett and Henry Charles Miller, who all lost their lives on 26th October 1917 at Passchaendale, are recorded on the memorial window in our Church. We found their names inscribed on the panel dedicated to the 8th Devonshire Regiment which forms part of the Memorial wall to the missing at Tyne Cot Cemetery. This large circular monument lists the names of another 35,000 officers and men whose graves are not known.

James and Gillian



You can help our heroes live life to the full

£5 will ensure that a housebound or hospitalised person receives a friendship visit.

£15 will help towards providing skilled advice and an hour's legal representation at a Disability Allowance or War Pension tribunal.

£75 could help towards provide a fresh start for an ex-Service man or woman so they can then adjust to life outside the Services

£230 will buy an emergency lifeline alarm for an elderly ex-service person or their spouse

£360 will give a frail ex-Service veteran a much needed break at one of our Poppy Homes

£800 provides a severely disabled person and their carer with a much needed welfare break.

£1000 will give a bed-ridden resident of one of our homes a special mattress to make daily life more comfortable

For more information go to: www.britishlegion.org.uk



RINGMORE PARISH COUNCIL MEETING TUESDAY 23RD OCTOBER 2007 WI HALL 7.00PM

DATE OF NEXT MEETINGS TUESDAY November 20th 2007

OPEN SESSION

Mr McCarthy stated now that the Parish Room Committee has been formed and the Parish Council are the lease holders, would they consider having the occasional meeting in the Parish Room. Item to be placed on the next agenda.

MINUTES OF LAST MEETING - signed as correct.

MATTERS ARISING

Challaborough Planning Applications - The Chairman, after attending an informal meeting with Mr. Carson and Bigbury Parish Council Chairman, had been assured that they would do their best to keep us up to date on planning applications relating to Challaborough, and vice versa. He did however stress that all applications can be seen in the Gazette and in the circulation of the correspondence.

JE ROAD / MANHOLE COVER - Cllr Chicken reported that after contacting Highways, they responded quickly and many of the potholes have been done. Cllr. Lambell stated that outside his property there was some subsidence which Cllr Chicken will investigate. With regard to the manhole Cllr Chicken was unable to identify which one and will speak to Cllr. Bohnet.

QUARRY PARK - The Chairman reported that samples had been taken which proved to be an environmental issue. The owners of Quarry Park have replaced the manhole cover, made this visible by placing breeze blocks on top, temporary pipe work has been changed and the septic tank emptied.

FREE TREES - Cllr. Chicken contacted Polly Stone and was informed that this scheme is no longer available.

ROAD CLOSURE - With regard to the original letter stating THAT THE ROAD FROM Bullhorn Cross to Ringmore would be closed completely. The Chairman explained that he had spoken to Highways and the road will be closed partially for possibly up to two days with traffic control. This will cause some delays but this will be better than having long diversions. The diversion along Rectory Lane, either direction, still stands. Highways should have visited the village and advised parishioners in person, rather than just by letter. Cllr. Parkin was concerned how this new information could be relayed to parishioners, the Chairman agreed to speak to Highways to ask if several notices could be displayed well beforehand. The clerk was instructed to write to complain about the way this problem has been handled and also to complain about attitude of the contractor in answer to villagers' queries.

ITEMS CARRIED FORWARD

TRAFFIC CALMING - Cllr. Jones informed the meeting that Neil Oxten states that we are on the rota next Summer for a 'slow down' sign. Where this is sited is to be arranged. The Chairman requested that consideration is given to nearby residents when the final site is chosen.

PLANNING

Planning Permission Granted - 05/40/1860/F Erection of replacement conservatory Nodden Farmhouse

ENVIRONMENTAL MATTERS

TREES - Fell 1 Elm, alder, wych elm & whitebeam Maple Bank - No objection

FOOTPATHS - National Trust have started work at Lower Manor. Footpath 4 - still in abeyance, it is possible that a cheaper way of solving this problem can be found.

Mr McCarthy reported that there are still residents not keeping to the designated footpath areas, he will tactfully speak to those involved.

NEIGHBOURHOOD WATCH - nothing to report.

VILLAGE PLAN

The response from parishioners has been very poor with feedback from questionnaires not producing results. Kingston are doing a presentation to Bigbury Parish Council which may help with ideas. It was suggested that the idea of having a pathway from Ringmore to St. Anns Chapel on the other side of the hedge might be made a cycle path where funds available. Providing a path from Ringmore to Challaborough could prove more difficult.

DISTRICT COUNCIL MATTERS - Nothing to Report.

FINANCE

Cheque agreed and signed J.Reid grass cutting Bowling Green / Town Well £108

ANY OTHER BUSINESS

Cllr. Lambell stated that on the sub station roof, below Mr & Mrs Borne's house, had thick overgrowth including tree roots. Cllr. Chicken will investigate.

Cllr Jones suggested that a debate take place at the next Parish Meeting to agree if the Parish should hold a public meeting to vote to request the District Council to hold a public poll to ask the government to hold a referendum on the current E U Constitutional Treaty.

IT WAS AGREED - that the Chairman would write a thank you letter to Mrs Debbie Chicken for her hard work and efforts on the Newsletter.

THE CHAIRMAN REPORTED - that Mrs Jane Guy was concerned about certain overgrown areas along Rectory Lane, and with the forthcoming diversion this would be a good time to ease the problem. Cllr. Chicken/Clerk will look into this.

DATE OF NEXT MEETING - 20TH NOVEMBER

NEIGHBOURHOOD WATCH

There have been a few reports from people in the village recently concerning strangers purporting to be lost, but hanging around creating suspicion.

Two people entered a house in St Anne's Chapel through an open door and were helping themselves to things before being disturbed and running off.

I have been giving some thought as to how others in the village can be made aware of such incidents, and the speediest means would seem to be by round robin e mail.

People could then advise their neighbours who are not on the internet. If you have received an e mail from me at any time I will already have your

E- mail address, and if not please send me an

E- mail at barrington1@tiscali.co.uk

Thank you in anticipation.
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RINGMORE HISTORICAL SOCIETY ANNUAL GENERAL MEETING
IN THE W.I HALL
WEDNESDAY 14TH NOVEMBER

at

7.30PM

FOLLOWED BY A SHORT ILLUSTRATED TALK

by

Dr Di Collinson

on

RINGMORE'S GREAT BENEFACTOR

NON-MEMBERS AND PROSPECTIVE NEW MEMBERS ARE CORDIALLY INVITED TO
COME AT 8PM

FREE ADMISSION AND A GLASS OF WINE

SWDCA Charterlands Branch (Bigbury, Ringmore & Kingston)

will be holding a Farmhouse Supper on Friday 16 November 2007, 7pm for 7.30pm.

Special guest: Gary Streeter MP

Ringmore Children's Choir The choir met for the first time on Saturday 13th October with eight children. It went really well, but we are not meeting at the half term week-ends because too many of us are away. We start again on Saturday 3rd November at 11 o'clock, meeting in Barnford, opposite the church. All children from the district are welcome to join us. Please contact Adrian & Judy Bull on 810420 or Alice Thornton on 810284, or just turn up on the day.



October Happenings

At our October meeting, we were told that there was enough money in the kitty to cover the cost of giving the W.I. Hall a face lift with redecorations inside and out. All credit to those who have raised funds over the past months.

Scattered Homes, Broken Hearts

The W.I. Hall was packed, and you could have heard the drop of the proverbial pin as Vicky Norman recounted her heart-rending experiences as an orphan growing up before the Second World War. It is very hard to believe that it was relatively so little time ago that the authorities in charge of orphaned and often abandoned and unwanted children, acted the way they did. Vicky's book should be read by us all as a reminder of a very different time.

Group Meeting

Also in October, many of our members enjoyed the Group Meeting, held this year in Aveton Gifford. It was a good opportunity for discussion, to have fun with the competition (ably won by Loddiswell), to enjoy good home cooking and to be enthralled by a talk on barn owls.

Annual General Meeting

This year's AGM is on Thursday 8th November at 7.30 p.m. in the W.I. Hall. This is when members have the opportunity to vote for the Committee for the coming year, approve the accounts, choose the charity we are going to support for 2008, raise any matter you want considered – and enjoy some cheese and a glass of wine. An evening not to be missed!

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Food Glorious Food

November is unmistakably winter-bound. The good news is that the frosts bring out the sweetness of parsnips, and with the arrival of cranberries and chestnuts, you'll rub your hands with glee not cold.

PARSNIPS

Parsnips are a much loved root vegetable and grows well in Britain. They actually improve with a frost as the effect of freezing the living root converts some of the starch into sugar. Parsnips are very versatile and can be cooked in much the same way as potatoes. They are delicious par-boiled then roasted until they caramelize golden brown, mashed with cream, braised, steamed or deep-fried in thin slices to make parsnip crisps. They also make wonderful creamy soups and partner well with apples, spices, ginger and cheese. They often have a tough core which many cooks prefer to discard. They should be scrubbed, not peeled, as most of the flavour lies directly below the skin

Curried parsnip and apple soup (Anthony Worrall Thompson)

Serves 6

Preparation time less than 30 mins

Ingredients

1 heaped tsp coriander seeds
1 heaped tsp cumin seeds
6 whole cardamom pods, seeds only
40g/1½oz butter
1 tbsp oil
2 medium onions, chopped
2 cloves garlic
1 heaped tsp ground ginger
1 tsp turmeric
700g/1½lb young parsnips
1.2 litres/2 pints good flavoured vegetable or chicken stock
Salt
Freshly ground black pepper
1 medium Bramley apple
double cream to serve



Method

1. Heat a small frying pan and dry roast the coriander, cumin and cardamom seeds. This is to toast them and draw out the flavour.
2. After 2-3 minutes, they will change colour and start to jump in the pan. Remove them from the pan and crush them finely with a pestle and mortar.
3. Heat the butter and oil in a pan until the butter begins to foam, then add the onions and cook for two minutes. Add the garlic and cook for one minute, then add all the crushed spices along with the ginger and turmeric, stir and let it all continue to cook gently for a few more minutes while you scrub and chop the parsnips into 2.5cm/1 in cubes.
4. Add the parsnips to the pan. Stirring well, then pour in the stock, add some seasoning and let the soup simmer as gently as possible for one hour without putting on the lid.
5. When the soup has been simmering for an hour, remove it from the heat, then liquidise it if possible. If not use a food processor and then sieve, squashing the ingredients through using the bowl and ladle.
6. After the soup has been pureed return it to the pan and taste to check the seasoning.
7. When you're ready to serve, re-heat very gently.
8. Peel the apple and, as the soup reaches simmering point, grate the apple into it. Be careful to let the soup barely simmer for only 3-4 minutes.
9. Swirl in the double cream and serve in hot soup bowls.

BRAMLEY APPLES

Bramleys are the undisputed king of the cooking apples. Although they can be eaten raw—they're sharp and strong. When cooked they become light and fluffy—they're the only apple that breaks down like this in response to heat.

Apple Tart (By James Martin from Saturday Morning Kitchen)

Ingredients

3 Bramley Apples, peeled, cores removed, roughly chopped
2 tbsp water
450g/1lb ready-made puff pastry
1 free range egg yolk, beaten
2 Bramley apples, peeled, cores removed, thinly sliced
75g/3oz butter, melted
4 tbsp caster sugar

To Serve—Vanilla ice cream and icing sugar for dusting.

Ingredients (Apple Tart)

1. Preheat the oven to 200C/400F/Gas 6
2. Place the roughly chopped apples with 2 tablespoons of water into a lidded pan and cover. Place over a medium heat and bring to a simmer. Cook for 3-4 minutes until the apples have become light and softened.
3. Whisk the apples into a smooth puree, then set aside to cool.
4. Meanwhile, roll the pastry to a circle about 30cm/12in in diameter. Lightly score an inner circle 1cm/½inch inside the edge of the pastry.
5. Brush the pastry with the beaten egg. Wait one minute, then brush the pastry with more egg.
6. When the apple puree is cold, spread it over the inner circle of the pastry.
7. Layer the thin slices of the apple over the apple puree
8. Brush the apple slices with the melted butter and sprinkle over the caster sugar.
9. Transfer to the oven to bake for 25-30 minutes, until the pastry is golden-brown and the apples are caramelised.
10. To serve, cut out slices and place into the centre of plates with a ball of ice cream placed alongside. Dust with icing sugar and serve.



A Recipe for Autumn PUMPKIN, SQUASH & SPINACH BAKE

Oven Temp—325F, 170C, Gas 3

1.75 litre (3 pint) ovenproof dish

Ingredients

- 1 kg pumpkin
- 1 kg squash
- 250g fresh spinach leaves
- 750g onions
- 2 garlic gloves (crushed in a pestle & mortar to smooth paste)
- 700 ml milk
- 450ml double cream
- 250g butter
- 500g fresh breadcrumbs
- 350g grated cheese

Method

Peel & cut into large dice (3cm square) the squash, pumpkin & onion

Place in buttered dish, pour in milk & cream, cover dish with foil & put in oven

Cook until tender (40 -60 mins approx)

Wilt the spinach in a saucepan for 30 seconds; put to one side
Once the pumpkin mixture is tender, remove from the oven and place the cooked spinach on the top & season

Mix the breadcrumbs & grated cheese together, spread over the
pumpkin mixture

Bake in the oven for approx. 20 min until golden brown

Serve with seasonal leaves and crusty bread



HEALTHY BENEFITS

Venison, an excellent source of protein, is low in calories. It also supplies an easily absorbed form of iron, so is ideal for pregnant and menstruating women. Venison contains good levels of the energising B vitamins—a standard portion provides 60% of our daily B12 requirement.

PAN-FRIED VENISON WITH BLACKBERRY SAUCE

- 1 tbsp olive oil
- 2 thick venison steaks or 4 medallion
- 1 tbsp balsamic vinegar
- 150ml/¼ pint beef stock
- 2 tbsp redcurrant jelly
- 1 garlic glove, crushed
- 85g/3oz fresh or frozen blackberries

1. Heat the oil in a frying pan, cook the venison for 5 mins, then turn over and cook for 3-5 mins more, depending on how rare you like it and the thickness of the meat (cook 5-6 mins on each side for well done). Lift the meat from the pan and set aside to rest.

2. Add the balsamic vinegar to the pan, then pour in the stock, redcurrant jelly and garlic. Stir over quite a high heat to blend everything together, then add the blackberries and carry on cooking until they soften.

Serve the venison, with celeriac mash and broccoli.

CULINARY USES FOR VINEGAR

PEELING HARD BOILED EGGS:

Boil better eggs by adding 2 tbsp vinegar before boiling. It keeps eggs from cracking

KEEPING CHEESE FRESH:

To keep cheese fresh and moist, wrap it a cloth dampened in white vinegar and put it in an airtight wrapping or container.

TO MAKE A FLUFFIER MERINGUE:

For a really fluffy meringue, add ¼ teaspoon white vinegar to 3 egg whites

Baked Spiced Quinces

- 2 kg. Quinces
- 1 med. Orange
- 1 cinnamon stick
- 1 litre boiling water
- 440g castor sugar
- *4 cardamom pods
- 5ml vanilla extract or to taste
- 1 table spoon honey
- 125ml. Orange juice

Peel quinces, cut each lengthways into eight and remove core, Put into large shallow ovenproof dish.

Cut thin strips of orange, peel with a potato peeler and cut each strip into shreds.

Mix sugar and water. Stir to dissolve. Add vanilla extract. Pour over quinces. Add rind, cardamom and cinnamon and mix into quinces. Cover

Bake in a moderate oven for about 2 hrs. until quinces are tender and pink and juice is syrupy. 180-190c 350-375F Gas 4 Fan 160.

Transfer to large bowl. Stir in honey and orange juice. Cool and refrigerate for 3 hrs. min.

Freezes well

RBL Poppy Appeal Auction

The auction at the Journey's End on 26 August once again broke all the records. The total raised was £2624 which exceeded last year's total by nearly £500. Alan McCarthy thanks everyone for their huge effort with particular thanks to Paul and Jules for their hospitality. Many thanks to everyone who helped before and on the day, everyone who so generously donated items and pledges and a huge thank you to everyone who spent their hard-earned money with abandon.

The next meeting will follow the AGM on Wednesday 7th November in the Journey's End.

ENIGMAS & PUZZLES

October Solutions:

Simple Enigma: LEMON (LATE, NET, MIME, POACH, NEAR)

Premiership Enigma: Simply to open and close the link at the end of each of the nine pieces would cost £2.70. however, if all the links in the eight-link piece are used, the cost would be £2.40 but there is an even less expensive way. Open all the links in the three-ring and four-ring pieces to join the remaining seven pieces and the restored chain will cost £2.10: cheap in every sense of the word.

Premiership Enigma – November

Five couples are on the beach. Catherine, Diane, Peggy, Richelle and Maureen, Roland, Daniel, Luciano, Ronald and Denis.

- Hints :
- 1- Luciano's wife is building a sand castle with Richelle's husband.
 - 2- Catherine is playing Frisbee with her husband Daniel.
 - 3- Roland et Diane are reading a book.
 - 4- Ronald et Peggy are dinking lemonade.
 - 5- Diane is not Ronald's wife.

Question: Who is Roland's wife?

Simple Enigma - November

Sort out these well known sayings, the first is done for you

MEREPEAT = Repeat after me
GR 12° AVE
faredce

November Sudoku

2		4	6	8				3
3				5				6
5	6		9					
			3				7	
4	3		5		8		2	9
	2				6			
					3		1	2
6				9				8
8				4	7	9		5

Funny Thoughts

Take care of your thoughts.....they may become words.

A perfect wife is one who helps her husband.....with the dishes..

A torch is a case.....for keeping dead batteries and bulbs in.

Nothing's impossible.....for those who don't have to do it.

When your in it up to your ears..... Keep your mouth shut.

October Solution

3	1	2	9	4	8	6	7	5
5	9	7	3	6	1	4	2	8
8	6	4	2	7	5	1	9	3
9	2	5	7	8	4	3	6	1
4	8	1	6	2	3	7	5	9
7	3	6	5	1	9	2	8	4
1	7	8	4	9	2	5	3	6
6	5	9	1	3	7	8	4	2
2	4	3	8	5	6	9	1	7

Only the Americans!!!!

The following is the transcript of an actual radio conversation in October 1995, between a US Navy ship and the British authorities off the north coast of Scotland. The transcript was released by the MoD on the 10/10/95.

BRITISH: Please divert your course 15 degrees to the South. to avoid collision.

US Navy : Recommend you divert YOUR course 15 degrees to the North to avoid collision

BRITISH: Negative. You will have to divert your course 15 degrees to the South to avoid collision

US Navy : This is the Captain of US Navy ship. I say again, divert YOUR course.

BRITISH: Negative I say again divert your course.

US Navy : THIS IS THE AIRCRAFT CARRIER 'USS LINCOLN' THE SECOND LARGEST SHIP IN THE UNITED STATES' ATLANTIC FLEET. WE ARE ACCOMPANIED BY THREE DESTROYERS, THREE CRUISERS AND NUMEROUS SUPPORT VESSELS. DEMAND THAT YOU CHANGE YOUR COURSE 15 DEGREES NORTH, THAT'S 15 DEGREES NORTH, OR COUNTER MEASURES WILL BE UNDERTAKEN TO ENSURE THE SAFETY OF THIS SHIP.

BRITISH : We are a lighthouse. !!!! !!! (go away?)

20 years ago... 10 years ago...

...Rosemary announced she could send flowers all over the world by Teleflora

...The Poppy Appeal raised £231.32

...George and Nancy Grimshaw celebrated their Diamond wedding on the 29th

...The Village Bonfire and Fireworks were cancelled due to the bad weather

Newcomers

A big hello to our latest newcomers to the village, Pete and June Nicholls who moved into Marwell Farm last week. Pete and June have had a holiday cottage at Challaborough for the last few years and have now moved into the newly converted barn at Marwell Farm. They are both been regulars in Ringmore for quite a while, with Pete initially having a caravan at the holiday camp for a quite a number of years.

They are having their house-warming party on the 3rd November and as it is nearly bonfire night they will be having fireworks. They would like to forewarn all their neighbours in the vicinity with pets and apologise for the noise and bangs of the fireworks and hope they are able to keep their pets indoors.

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love
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RAINFALL: Robbie McCarthy

Last month:	1.5"
Ten year average:	3.86"
Ten year high:	4.5"
Ten year low:	1.5"



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Know your Neighbour

Ringmore is a village of around 220 people, some who have lived here all their lives, the majority who have moved here from elsewhere and have either been here for ever or have recently joined the village.

How well do we know everyone? Most of us know our immediate neighbours and the people we mix with in the village, either in the pub or at the church but how did they end up in Ringmore. Are they staying, or are they just passing through.

Maybe you'd like to know these things and so for the next few months we're going to focus on different residents of the village and let you into their lives—with their permission of course.

Our first 'lucky' couple are Anne and Brian Lambell.....Come on down!!!



Anne and Brian live at Hayes Manor and for those of you who can't put the name to the house. It's on the left hand side of the lane leading down to the pub.

Anne has lived in the parish of Ringmore for all of her life. She was born in Ivybridge and brought to Ringmore when she was 3 weeks old. Anne's father and his brother had Houghton Farm, but her mum and dad had built and lived at the original Kimberley and this is where Anne spent the first 19 years of her life. She initially was

tutored by Miss Truscott at Cyprus Cottage (now known as Smugglers) but then was sent to boarding schools in South Brent and Salcombe.

It was at the WI Christmas party when she was 17 years old that she met her husband to be, Keith Crooks. Keith's mum and dad have moved down to the area from Sheffield and bought the camp at Challaborough—now known as Park Dean Holiday Park. It was at Challaborough that Anne spent the next 20 years of her life having 2 children; Jennifer and Jane, who both still live in the village. Unfortunately the marriage was not to last and Anne and Keith were divorced. Anne moved back to Ringmore in 1972 and lived for a couple of years in the barn behind Walnut Tree Cottage and then at Lindrake Dell in Challaborough.

A while later—on one fateful night, Anne and her friend Hazel Mackintosh decided to have a 'girls' night out at the Crooked Spire in Ermington. It was here Anne spied the handsome barman, Brian

Brian, originally from Plymouth had moved around the country, spending 12 years in the army, also marrying and subsequently divorcing before moving to the South Hams running an engineering business in Ermington. He also worked on an evening in the pub as a barman, which gave him the opportunity to meet lovely ladies like Anne. They got together after Brian came to a party of Anne's and had a house built on a field that Anne's father kept the horse. The house was named Hayes Manor.

Both Anne and Brian's passion in life has been ponies and horses—Anne started a Pony Stud whilst she was still married to Keith but gave it up when the marriage broke up, however once Brian was in her life they started the Pony Stud again breeding Hacks, Show hunters and ponies of which several reached county level. They had a small stud but from it bred Peterborough winners, winners of ponies of Britain, Horse of the Year Show and the Royal Highland Show.

They gave up the stud when Anne had a hip replacement but carried on judging ponies and horses. This year Anne has given up judging but Brian carries on. He has now retired from work and enjoys spending lots of time in his garden and walking the 2 whippets and a greyhound.

Anne & Brian have lived at Hayes Manor for 31 years, and according to Anne wont be leaving there until they carry her out in a box.

News from All Hallows

Friends of All Hallows

This year's gathering of the "Friends", on Saturday 20th October, was treated to a presentation by John Bracey on the recently received Quinquennial Report. John was ably supported by Mike Wynne-Powell who brought along his computer projector to provide complimentary visuals. The presentation also highlighted areas where repair and maintenance could be carried out without the use of Specialists or Specialist equipment but could be carried out with Working Parties. If anyone would be willing to help on a working party then please contact me for further details. Following refreshments a short quiz was held enabling Friends to walk around the church to find various parts of the stained glass windows and other church artefacts. The afternoon ended with a short presentation on stained glass, including their types, manufacture and colouring. Thank you to all that attended the afternoon and if anyone was unable to come and would like to join the "Friends of All Hallows" then please contact me.

Christmas is coming

Looking for something just a little different for that perfect, long lasting Christmas present this year? Then look no further than Christian Aid Present Aid. Items ranging from footballs, shoes, cans of worms, ducks, pigs, saplings, goats and Water Buffalo & calf together with lots more with prices starting from as little as £8 can be found in the Present Aid catalogue. Once you have placed an order you'll receive a card that will delight your friends and family and also help bring long lasting change to those who are most in need. Present Aid catalogues can be found in the church or visit their catalogue online at www.presentaid.org

All Saints Service of Commemoration Sunday 4th November at 6.00 pm

A Service of Commemoration will be held in Ringmore where folk from all the parishes come to remember those who have passed away in recent years. This Service is for all of us, especially those who have fresh and raw memories of loved ones: members of the family, parents, brothers, sisters, husband, wives and even children who have left this world before us. If you would be helped by this type of service, come to All Hallows on the 4th of November. The service will be conducted by our Team Rector, Neil Barker.

Remembrance Day Service Sunday 11th November at 10.50 am

Remembering those of a previous generation and the sacrifices they made is important, and the only service on the patch, and a most important Service is at All Hallows on November 11th. Some died in a foreign field, others came home from ships, battlefields and aerodromes. Those struck down unconscious on a Dunkirk beach coming to in hospitals back in England. They may have wondered "Why". Why by the grace of God did they survive when friends did not. It is healthy, but hard for some, to remember with thanks those who served. We will do that at All Hallows on the 11th November.

Phill Errett (Church Warden)





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FROM THE ARCHIVE OF RINGMORE HISTORICAL SOCIETY

PARISH NOTES taken by me, F.C.Hingeston Randolph from a Journal kept by Robert Randle, farmer, of Ringmore Cottage

1829 Great year of cider, more than for 52 years before, price under 10/- per hhd. (hogshead) - Great drought: scarcely any rain from Harvest till 31 Jan. Very severe frost for 6 or 7 weeks at Christmas.

1830 Very severe frost for 2 nights at Candlemas.

1833,4 From the beginning of November to the end of February, incessant rain for more than 100 days continuously. In the autumn of 1834 a great drought which lasted till-

1835, February, when the rain came in torrents; no water up to that date to water the meadows; the Town-wall dry, and people living on the Cross obliged to go for water to the Lower Farm. In -

1836 Great gale from S.E. to S.W. on 12 October. Fire at Thurstone, (Mr Sheath's) 170 bags of wheat 1 horse, 1 calf burnt. On 29 November a complete hurricane; the wind upset many mows, blew down several chimneys, unroofed several houses, and more or less shattered nearly every house in the place (a Tuesday).

1837 On Good Friday, 24 March, a very heavy fall of snow, and severe frost, the like not remembered by the oldest inhabitant, Joseph Osborne, then 87 years of age.

- 4th and 5th of April, very heavy snow: Blackberry Lane impassable.

- 3rd August, John Ryder, farmer, attending the County Election at Kingsbridge, on his return home fell from his horse between Houghton and Row of Trees (only one of the row left now, (after 1860) in the corner against the hedge of Hele's) and never spoke again. He died at 8 p.m. next day.

IMPORTANT QUESTIONS:

Why do we press harder on a remote control when we know the batteries are getting weak?

Why do banks charge a fee on "insufficient funds" when they know there is not enough?

Why does someone believe you when you say there are four billion stars, but check when you say the paint is wet?

Why doesn't glue stick to the bottle?

Why do they use sterilized needles for death by lethal injection?

Why doesn't Tarzan have a beard?

Why does Superman stop bullets with his chest, but ducks when you throw a revolver at him?

Why do Kamikaze pilots wear helmets?

Whose idea was it to put an "S" in the word "lisp"?

If people evolved from apes, why are there still apes?

Why is it that no matter what color bubble bath you use the bubbles are always white?

Why do people constantly return to the refrigerator with hopes that something new to eat will have materialized?

Why do people keep running over a string a dozen times with their vacuum cleaner, then reach down, pick it up, examine it, then put it down to give the vacuum one more chance?

Why is it that no plastic bag will open from the end on your first try?

How do those dead bugs get into those enclosed light fixtures?

When we are in the supermarket and someone rams our ankle with a shopping cart then apologizes for doing so, why do we say, "It's all right?" Well, it isn't all right, so why don't we say, "That hurt, you stupid idiot?"

Why is it that whenever you attempt to catch something that's falling off the table you always manage to knock something else over?

In winter why do we try to keep the house as warm as it was in summer when we complained about the heat?

How come you never hear father-in-law jokes?

And my FAVORITE.....

The statistics on sanity are that one out of every four persons is suffering from some sort of mental illness.

Think of your three best friends - if they're okay, then it's you.

FIRST AID UPDATE

There are minor variations to the adult CPR sequence if the casualty has drowned. It is recommended that 5 initial breaths are given before alternating 30 chest compressions with 2 rescue breaths. If the rescuer is alone, carry out rescue breaths and chest compressions for 1 minute before leaving the casualty to call an ambulance.

Child Resuscitation - The most probable reason for a child's heart to stop is a breathing problem; such as choking or respiratory failure. Child CPR ratios are now 5 initial breaths followed by alternating 30 compressions and 2 breaths. I will be holding another First Aid course in the not too distant future for those who are interested. In the meantime, please do not hesitate to contact me for advise or help if needed.

Sandy Hammond 01548 810572

CHRISTMAS SHOE BOXES - PACKING DAY 10th NOVEMBER W.I. HALL 2.30pm. A very big thank you to all who have contributed shoe boxes. It will be a simply magnificent effort if we manage to fill them all! Just a reminder of goodies needed, remembering the dimensions of a shoe box. YES to hats, scarves and gloves, little toys, games, toiletries, jigsaws, cards, etc. (in fact all the things children and grandchildren like to find in their stockings) but NO to liquids, war related and dangerous articles, literature of a religious or political nature, food of any kind other than hard boiled sweets, medicines, clothes other than above. We shall be packing the boxes in the W.I. Hall on Saturday 10th November at 2.30pm. All helpers will be welcomed and it would be wonderful if the children in Ringmore could participate - we need their expertise to pick out articles for the right age groups. On that same morning the RBL will be holding their Coffee Morning in Kingston so if we support them by buying lots of their lovely cakes we can then turn our packing efforts into a Ringmore fun time by having a tea party afterwards for all the helpers! What a great way of supporting two very well worthwhile causes and remembering how incredibly fortunate we all are. Dane and Hilary have very kindly offered to act as drop-off point; I will collect if you telephone me, or bring your offerings to the W.I. Hall on 10th November. Financial donations will be welcomed as there may be shortfalls in some categories which can then be made up. We will still have a few days' grace before Heather Robinson collects all the boxes from the area. For more information please contact Jane Guy 810

Casino Night

At

Fisherman's Rest Aveton Gifford

17th November 8pm - 12

Tickets £12.50 to include casino chips and light buffet

Sponsored by

Clives Pies, Marchand Petit, Muddy Puddles, Oyster Shack

All proceeds to Aveton Gifford Pre-School

Tickets available from Aveton Gifford shop and Fisherman's Rest
(organised by 'The Farmer's Wife')

Avon

The last brochure this year will be campaign number 17. orders will be required by 14/11/07.

All commission made will be donated to St.Lukes hospice. Please contact me if you would like a brochure.

Thank you, Sharon Jones 810179

GONNA BE A BEAR

In this life I'm a woman. In my next life, I'd like to come back as a bear. When you're a bear, you get to hibernate. You do nothing but sleep for six months. I could deal with that.

Before you hibernate, you're supposed to eat yourself stupid. I could deal with that too.

When you're a girl bear, you birth your children (who are the size of walnuts) while you're sleeping and wake to partially grown, cute, cuddly cubs. I could definitely deal with that.

If you're mama bear, everyone knows you mean business. You swat anyone who bothers your cubs. If your cubs get out of line, you swat them too. I could deal with that.

If you're a bear, your mate EXPECTS you to wake up growling. He EXPECTS that you will have hairy legs and excess body fat

Yep, gonna be a bear!



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DIARY FOR NOVEMBER / DECEMBER

Fri 2nd Nov Bigbury News Dinner - 8pm

Fri 2nd Nov Darts home v Modbury Club

MONDAY 5th NOVEMBER - 6.30pm

THE BIGBURY BONFIRE & FIREWORKS NIGHT

Fri 9th Nov Darts away v hybridge Cons Club

Fri 16th Nov Darts home v Plympton Cons Club 'B'

Fri 23rd Nov Darts away v Sportsmans 'B'

Fri 30th Nov Darts home v South Brent Cons Club

Mon 10th Dec Christmas Euchre Drive - 8pm

Tue 11th Dec Over 60s Christmas Lunch

Thu 13th Dec The Bigbury Workers Christmas Lunch followed by evening entertainment from 'SIDEKICK'

Tue 18th Dec Modbury Harriers Hunt Meeting - 11am

Sun 23rd Dec CHRISTMAS DRAW - 8pm

PLEASE NOTE - As from November, opening times will change. We will close at 4pm on Sunday and all day Wednesday, throughout November, December, January & February, apart from the Christmas & New Year period. Also, in January, the restaurant will be closed on Tues, Wed & Thurs 22nd, 23rd & 24th for kitchen redecoration & refurbishment.



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THANKSGIVING DAY LUNCH!

Sunday, November 25

Please make your reservations today! Thirteen different dishes and deserts from the original 13 Colonies! Come and celebrate this day of Thanks with us!

This Month

Every Wednesday

QUIZ NIGHTS!

Quizzes will start at around 8:30 PM and there will be snacks served at half-time. *Remember to sign up to be the Quiz Master...see the board in the JE!* Also try our **Quizzer's Dinner!**

Every Thursday

THEME NIGHTS AT THE JE!

- 7th - Thai
- 14th - Moroccan
- 21st - Polish
- 28th - Indian



NOV 11

REMEMBRANCE DAY

Lunch. Please come by and spend this day with us. We will be donating part of the days takings to the RBL Poppy Appeal. It is our duty to do all we can!



NOV 25

THANKSGIVING LUNCH

See main panel above. Okay so it is an American Holiday! But you know it happened originally long before we were a country! So come and enjoy and be part of 'our' Harvest Thanks!

FROM THE JE DIARY:

It is getting colder and the fireplaces are being lit at the JE. Soon the clocks will go back and winter will certainly be here!

But, at the JE we are working hard to make things fun, prepare great meals and keep the ales flowing!

Quiz Nights

They start again at the JE on the 1st! Come and sign up to be the Quiz Master. Just like always, they will start at 8:30. But, this year it will be teams of 4 and it will cost (only) a £1 per person. There will be snacks served at half-time & a new **Quizzer's Dinner** (at £8 per head). But, we need you to be a part, so pass the word and see you here!

Theme Nights

Like last year the JE will be offering dishes from around the World on our Theme Nights. We will be starting out with Thai night on the 7th.(see right)

REMEMBRANCE DAY

It is our honor to celebrate this day with a special menu with part of the days takings going to the Royal British legion Poppy Appeal on behalf of all of us! So come and be a part and help us help this great organization and all of those that have served!

Cleaning at the JE.

We have a bit of cleaning to do...so the JE's Kitchen will be closed as of 3pm Sunday (18th) & will reopen on Wednesday (21st). *However, the Bar will be open and Sean will be there to get you something to drink.*

Thanksgiving

Okay, so it is an American Holiday...actually it was first celebrated long before we were even a country! We will be doing it in real style with 13 different dishes (from each of the original 13 colonies) and turkey with all the 'fix-ins'! Make your reservations today!