

Ringmore Parish Newsletter

June 2007

Issue Number : 262

Deadline : 9am Monday 25th June

Well we keep saying the next issue won't be as big, but we are wrong again. Yet another bumper edition. Many thanks to all those who are sending us items to be included, without you it would not be the 'good read' that it is! Keep it coming.

Our parish has witnessed many changes recently, new editors to the newsletter, people moving to pastures new, new people moving in and an almost complete new council. It is nice to see contributions this month from some of the new faces of the parish.

On a sad note we must say a fond farewell to Naomi Warne. Naomi was a well known character of Ringmore and she will be greatly missed. We would like to pass on our condolences to her family at this sad time.

Naomi Warne

Naomi was with her very close friends when she passed away so peacefully.

A talented lady, loved by all who knew her. Naomi was a member of the W.I, former secretary, press officer and with her artistic talents she designed our advertising posters. Naomi enlivened meetings with her presence.

A gifted pianist, she entertained the village on numerous occasions.

Naomi will be sorely missed by her many friends, especially for her deep concern for others, her good humour and sense of fun.

A lovely lady, it was a joy to know her.

Pam Brunskill

Fred, Naomi's cat, has now gone to live with Naomi's daughter, Julia and has settled well.

DIARY FOR THE MONTH

Monday: Short-mat bowls Parish Room 7.30pm

Tuesday: Table Tennis Parish Room 7.30pm

June

- 4/6 W.I. Barbecue 6.30 p.m.
W.I. Hall and grounds; profits to RNLI
- 6/6 RBL meeting Old Chapel Inn 7.30pm
- 10/6 Open day Markstone Farm 11am-3pm
- 14/6 WI BBQ 6.30pm
- 19/6 Parish Council Meeting 7pm WI Hall
- 24/6 Open Gardens 11am—5pm
- 25/6 Closing date for Cave Direct comp.

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Friday 1st & 15th

Ringmore Church	2.55—3.15
Challaborough	3.25—3.35
St Ann's Chapel	2.30—2.45
Kingston Fire Station	4.00—4.30



Please send items for inclusion in the Newsletter to:
Emily Bohnet or Debbie Chicken, The Editors,
Ringmore Parish Newsletter, 8 Crossways,
Ringmore, TQ7 4HP OR put them in the green post-
box fixed on the wall by the front-door of Mayfield
OR email: news@ringmore.net
Tel 01548 811210 or 810575

GARDENING FOR JUNE

Flower garden

Lilies

Potted lilies will be growing quickly now and as their flowers start developing they will need some support. Push several canes into the compost around the edge of the pot, linking them up with string to provide stability. If border lilies are not supported by neighbouring plants, use stakes around these too.

Roses

Sprinkle rose fertiliser around roots to encourage strong growth and a good flower display. Water in if rain does not fall within a couple of weeks or hoe into the soil, taking care not to harm the roots.

Bearded iris

Once irises have finished flowering in June, congested clumps can be lifted, divided and replanted. Reduce the leaf area by half and replant so that the rhizomes rest at the soil surface.

Primulas

Dig up large clumps now and divide into individual plants, each with leaves and roots. Replant into newly prepared soil.

Summer bedding plants

Plant out tender bedding plants once all danger of frost has passed. If they have been grown in the greenhouse, harden off in a cold frame for a few days before planting out. Pots and trays of bedding plants can be placed on the patio during the day, but moved back under cover at night. Give them a boost by watering them in with liquid fertiliser.

Lupins and early perennials

Remember to cut off the old flower stems before they start to set seed. This will tidy the appearance of the plant but as an added bonus may even encourage a second flush of flowers. Also

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LOCAL CHURCH SERVICES IN JUNE

Date	Bigbury	Kingston	Ringmore
June 3 rd	11.00 a.m. Family Service	9.00 a.m. Communion	11.00 a.m. Family Service
10 th	11.00 a.m. Family Service	6.00 p.m. Evening Prayer	9.00 a.m. BCP Communion and 6.00 p.m. Praise & Prayer <i>(with guests from other Mod-bury Team congregations)</i>
17 th	9.00 a.m. BCP Communion	11.00 a.m. Family Service with Childrens Club	6.00 p.m. Evening Prayer
20 th	2.30 p.m. Korniloff Comm'n		4.00 p.m. Spoken Comm'n
24 th	11.00 Family Communion	6.00 p.m. Spoken Evening	9.00 a.m. BCP Communion
July 1 st	11.00 a.m. Family Service	9.00 a.m. BCP Communion	11.00 a.m. Family Service

BCP, CW! What Is This Crazy Code?

It is too easy to talk in jargon understandable only by the "in-crowd". The Church needs to be relevant and welcoming, so my apologies for the notices, and article headings that I have been putting up. The indications of the type of Services in the Churches have been confusing to some, so there follows an explanation. "BCP" indicates that the Service will use the words and structure of the 1662 Book of Common Prayer [BCP]. "What?" I hear some say, "1662 I thought you said the Church needs to be relevant". The BCP book, when you read it, contains words like 'manifold' not used in the car engine sense, and 'concord' not referring to the obsolete, but at least flying in living memory, aircraft. However the Book of Common Prayer (BCP) also contains many straight quotations from the Bible so it is in that sense timeless because it contains eternal truths. There are in this area a lot of people who were brought up in schools, parade grounds and churches where the forms of Services in this book were the only diet. As we all know once you get used to eating certain things over many years it is very difficult to change diet. So for some BCP means comfort food and nourishing food.

Thomas Cranmer wrote the Book of Common Prayer intending to give every person who could read, not many in 1662, an accessible and understandable book in their own language. Most Services were in Latin before it was published. In the previous century to the present one there were various attempts to honour the spirit of Cranmer's work by publishing modern translations of Prayer Books for regular use in Churches. The 1928 revision of the 1662 book was rejected not by the Church but by Parliament. After this, and others, came the Alternative Service Book [ASB] as it was called which was published in 1980. This worthy effort was not universally welcomed. Only in 1974 did The Worship and Doctrine Measure free the Church from Parliamentary control so that Services could be decided within the Church Community.

It was in the year 2000 that the Book of Common Worship [CW] was published, and at the same time most Christian Churches agreed that it would be good to follow the same Bible readings in Services so that Catholic, Methodist, Baptist and Church of England could talk socially about the same Bible passages they had heard on Sunday. This was a great help to my friend John Casey held hostage at gunpoint with a Dutch Catholic in South Africa, when their understanding of the previous Sunday's Bible Reading helped each other survive the ordeal.

So when you see the letters "CW" it means that the Service will enjoy the freedom of alternatives within the new book. It will have structure, but within that structure spaces for new expressions of worship and learning. The events that we label "Family Services" use the new [CW] formats, but whilst we always have a children's talk or activity up our sleeve, the worship will be geared for the adults of the wider church family if no children are present.

The more observant will also have noticed, above, the additional 'Praise and Prayer' Service at Ringmore 6.00 p.m. on June 10th. This has come in response to much local demand for a freer form, more spontaneous local Church Service. So, if you were one of those who was saying you would come more often if there was a bigger congregation, modern language and God's Spirit allowed freer reign.....COME!!

John Elliott, Resident Minister (810565)

Ringmore Parish Council— Tuesday 17th April 2007 at 7.00pm

Present: Seven councillors, Mrs M Wood - clerk, eleven members of the public, District Cllr. Carson.

Co-option: Jeremy Deverson, James Parkin, Peter Chicken and Emily Bohnet were co-opted to the Parish Council.

Matters Arising: Challaborough bottle, paper and can banks - due to householders recycling paper and cans in their fortnightly collections the Clerk will ask waste management whether smaller banks could be provided and will also write to Parkdean Management to ask if they could be screened.

Footpaths: Alan McCarthy informed the 'new' council of his role as footpath warden.

Trees: Work can now take place on Hillside Cottage Ringmore.

An application was submitted to fell 1 Sycamore at Kachelo Higher Manor Farm, Ringmore-no objection by Council.

Planning: Application now approved Mr Capps, Byron Court. Enlargement of window in North elevation.

Amendment to application for redesign of farmhouse section Barns at Marwell Farm-no objection.

Application for demolition of chalet bungalow and replacement with new 2 storey dwelling at Avglen Fell-Refused

Council congratulated Cllr. Carson on his re-election. In turn he thanked everyone for their continued support. Cllr. Carson reported that they had lost a valuable member in Mr. Richard Young. Replacing him as leader of the council is Mr John Tucker, with Mr Bill Hitching, a councillor from Roborough as Vice Chairman. The Council is made up of 40 members - 28 Conservative, 9 Liberal Democrat and 3 Independent. He went on to explain that Exeter City have applied to become a unitary authority which, if granted, will mean that their funding will be taken from the South Hams.

Matters Raised by Parishioners: Mr. D. Young reported that that it was not possible to sit on the Coronation Seat with a view of the sea. Mr McCarthy explained that Parish Council had submitted a Planning application to fell an Ash tree and lob a Beech, which had been accepted. An estimate is being submitted.

Mrs D. Chicken requested an update on the path to Toby's Point. Cllrs. Discussed the matter and it was agreed that the Clerk would contact Mr Simon Garner for his report.

Cllr. Jones had been approached by a parishioner regarding the metal grill in the bus shelter which is blocked resulting in rainwater flooding the shelter.

Date of next meeting: **Tuesday 19th June 2007 at 7.00pm**

Emily Bohnet

Report from District Councillor: Members of the

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Beer Festival Information

The Beers are decided, the live music is booked, the menus are finalised! So all we need is our locals out in force!

We are running the Summer ales for the beer festival so we have the opportunity to get your feedback on what beers we should be serving over the summer, so make sure you fill out your tasting notes and hand them in. Oh dear, that means you will have to taste them all!

Build Your Own Burger Night

On Paul's Birthday we are holding a true Americana Evening with a Build your Own Burger Night, we will have a choice of different bases to start with then it is over to you. See below for more details, but build the burger of your dreams.

Build your own burger night!

Wednesday 30th May from 7pm

On Paul's birthday we will be holding a true American style evening with all the trimmings ... build your own burger night. Perfect time to make your dream burger, and ideal for the children too!

So come and raise a glass to the landlord and take part in a first at the JE.



Smoke 'em if you got 'em!

Calling all the Ringmore Smokers, come out in force on Saturday 30th June to enjoy your last legal night of smoking in our pub! We will be holding a raffle with smoking related prizes including some of the JE ashtrays! All profits from the raffle going towards the British Legion - so even if you are not a smoker come and enjoy and evening of fun that is in aid of a great cause.

Father's Day Steak Lunch

To celebrate Father's Day this year we are holding a Steak Lunch, with a selection of different steaks on offer, mixed grills and The Big Texan Eliminator! 32-oz Steak if you eat it all, it's on the house, challenge yourself to chow down on a massive steak, see what Dad is really made of! We will of course have other veggie & fish options available for non-steak eaters. Book now to treat Dad to a slap up Steak Lunch.

1940's Party!

Date has been finalised, 7th of July. We are currently booking the band and we have organised three Lindy Hop Dance sessions at the JE prior to the event, so there will be no excuse for an empty dance floor! We have decided that the dress code will be 1940's uniforms, if you are unable to find an outfit then 1940's civvies will do just fine too.

No smoking in our Pub

From the 1st of July there will be no smoking at all inside our establishment. We, as most of you know have a beer garden that you are welcome to smoke in, but we ask you to dispose of your cigarette butts correctly in the ashtrays and containers provided. We will be a smoke free environment from then on.

Smoke 'em if you've got 'em party

As you will have seen smoking is being banned in public places on July 1st. We will be holding our last night of smoking on June 30th, so feel free to pop in and light up for one last time! We will be holding a raffle all profits to go to the British Legion. Smokers unite for one last night!

Beer Festival - Live Music Update

As some of you may have heard Father Mike and the Hot Four will not be appearing at the Beer Festival. This is due to Father Mike's ill health and we send him our best wishes.

We have booked The Bad Knee's Blues Band for Friday Night, they were here for our October Beer Festival and were a big hit. *On Saturday Night we have a new duo playing, The Cann Brothers who play a mix of Folk Blues. So come and see the new talent here!*

Kitchen Times

During the season, our kitchen stays open until 9.30pm. This is so people can enjoy the good weather and lovely evenings on the beach and not rush to make our serving times. We will be shortly launching a bar snack menu, so there will be lighter options available to those who just want a snack.

Father's Day

We are holding a Father's Day Steak Grill Lunch on the 17th June, with a selection of steaks, mixed grills, and of course we are throwing down the gauntlet to our Dad's with the Big Texan Eliminator, a 32-oz Steak with sides, if you can eat it all then your meal is on the house!

So book up now for a treat lunch for Dad, there will be other items available, fresh fish and a vegetarian option too. Book now to reserve your place.

1940's Swing Party

So there has been a change of date to our 1940's Swing party, after gathering important information from our locals we are holding the party on Saturday July 7th in the afternoon, starting at 2pm. This will be a ticketed event and tickets will be on sale from behind the bar soon. We are holding a buffet that will be included in the price of your ticket, serving 1940's style food. And we are offering Lindy Hop dance sessions prior to the event here at the JE, please see the dates below and make note. Can't wait it will be such fun! The sessions will be held between 8.15 and 9pm on Wednesday evenings:

1st Session - June 20th

2nd Session - June 27th

3rd Session - July 4th

There is no charge for the sessions, we ask you to kindly donate a £1, in one of the charity boxes at the bar.

Smoking Ban


We will be going Smoke Free from July 1st along with the rest on England, some of you will like it, others won't, please do not let this affect our pub. We have the garden space for smokers, so if you smoke don't be put off.

What I love about the South Hams by Judy Bull

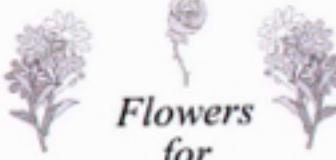
Debbie asked if I'd like to write we should miss the hills of prepared to sit and stagnate for something for the newsletter Wales—but we only have to walk a bit but we have been really and I immediately thought of to Toby's Point and see Ayrmer encouraged and challenged by reasons why I couldn't! Then I Cove in the morning light, or the John and Michael's preaching began to feel a bit ungrateful, wild flowers of the lanes and and ministry and by the loving so here goes! woodland and the "wow factor" and caring Christians in the community.

Both Adrian and I have been, and still are, completely Ringmore itself is amazing—we We thank God daily for bringing overwhelmed by the beauty and have been made to feel so us here and only hope we can variety of the Devon coast and welcome that we haven't had live up to the standards of the countryside—we came from a time to feel homesick. We came rest of the village! very beautiful area and thought from a lively church and were

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Get ready for the Swing Dance at the JE—July 7th

Try your hand at Lindy Hop—The 1940s dance-swing and jitterbug.

3 "Taster" Lindy Hop sessions in the Journey's End conservatory.

Wednesday evenings 8.15-9.00pm

June 20th

June 27th

July 4th

Come as you are, with or without a partner, any level of fitness, co-ordination or grace—whet your appetite, let your feet start to swing. Learn some simple moves to get you out on the dance floor.

Come to any or all three. £1 donations towards the JE's ENSA appeal if you wish.

See JE page for more details about the dance or call them for more information. See you there.



History of the Lindy Hop

Lindy Hop is the original swing-jive dance and is considered by many to be the most exciting dance ever. It's the grand daddy of them all. Without Lindy Hop there would be no Rock and Roll or Modern Jive. Lindy Hop was born in the late 1920s. It evolved from earlier dances such as the Black Bottom, the Big Apple, the Grizzly Bear, the Collegiate Shag and grew directly out of the Charleston. It is a combination of formal European dance forms and the earthy rhythms and body posture from Africa.

In Harlem there was the Cotton Club for white clientele and the Savoy Ballroom for black clientele. The Savoy had a block-long dance floor and a raised double bandstand. Competitions such as dance marathons were popular. At a time of total social segregation blacks and white not only shared the same dance hall but also danced together to bands of mixed colour.

The music was vital to Lindy Hop, with Fletcher Henderson and Benny Goodman leading the way for Swing. Chick Webb led the resident Savoy band with teenage Ella Fitzgerald as vocalist. Live bands helped the improvisation and musicality which are the life blood of Lindy Hop.

Many stories exist as to the name of the dance—One evening in the Savoy ballroom in 1927, following Lindbergh's flight across the Atlantic, a newspaper reported asked "Shorty George" what the dancers were doing, on a bench where they were sitting was a newspaper article about Lindbergh's flight. The title read "Lindy Hops the Atlantic", George saw this and said "Lindy Hop" and the name stuck. Lindy was also a slang word for a young woman in the early 1900s. "Jitterbug" began as a slight insult as someone who had wild, exaggerated rhythm. In the mid 1930s a bouncy six beat variant was named the "Jitterbug" by the band leader Cab Calloway when he introduced a tune in 1934 entitled "Jitterbug".

During the war Lindy Hop was brought over to Europe by the American GIs and helped to keep peoples' spirits up. Glenn Miller, Benny Goodman, Count Basie, Woody Herman and many more brought Big Band music to everyone which still lives on to this day.

Lindy Hop has come back to life. The BBC's Strictly Dance Fever and the Gap advert have popularised the dance once again. Frankie Manning recently celebrated his 93rd birthday, still dancing and teaching worldwide! It's 80 years this year from when Lindy Hop got it's name.

Premiership Enigma – June

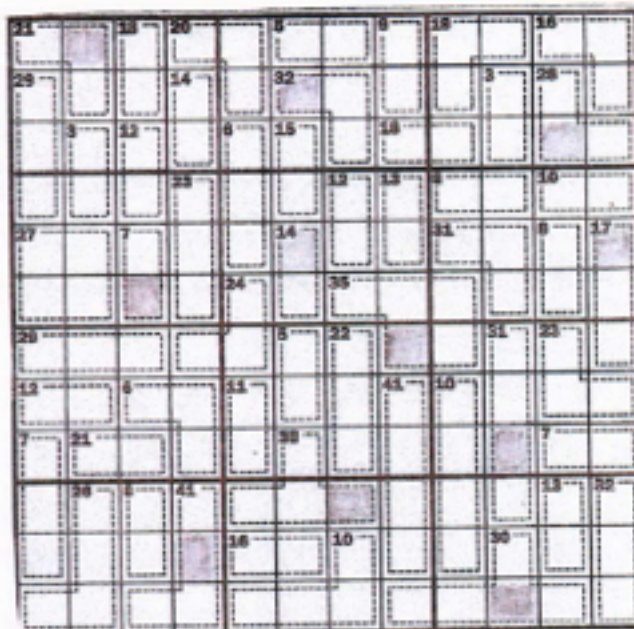
Set by The Springers

Every column, row and 4 x 3 box contains the digits 1 to 12.

Digits within the cells joined by dotted lines add up to the figure in the top left-hand.

A digit cannot be repeated within each dotted-line shape.

To answer, give the numbers in the shaded squares, starting with the top left hand and working horizontally across each line.



Simple Enigma – June - A clock was correct at midnight. From that moment it began to lose three minutes per hour. The clock stopped an hour ago showing 18.03. The clock runs for less than 24 hours. What is the correct time now?

May Solutions:

Simple:

Puzzle 1: Which well known saying or expression
ninnni—an eye for an eye

Puzzle 2: Word search— Warren Beatty!

Premiership

Mrs Worth—bookstall—£37

Mrs Goodhand—combola—£54

Mrs Cash—white elephant—£27

Mrs Christian—jams—£32

Mrs Blessed—plants & produce—£24

Mrs Stirling—bottle stall—£49

wall	P	L	O	W	E	R	power
loan		S	H	A	R	K	skin
crown	C	O	U	R	T		martial
unloaded	P	E	T	R	O	L	pump
prince	R	E	G	E	N	T	street
dinner		D	A	N	C	E	hall
even	N	U	M	B	E	R	plate
letters	P	A	T	E	N	T	leather
open	S	E	S	A	M	E	seeds
ice	S	K	A	T	E		board
garlic	B	U	T	T	E	R	cup
Lord's	P	R	A	Y	E	R	mat

June Sudoku

2	4					7		
	1		6	8		2		
		8		9				3
							1	
	2	1		9	4			
	7							
3			2		5			
		9	6	4		7		
		1					2	9

May solution

7	9	5	2	4	1	3	8	6
3	8	4	5	9	6	1	2	7
1	2	6	8	3	7	9	5	4
5	6	7	9	2	3	8	4	1
4	3	9	1	7	8	2	6	5
8	1	2	4	6	5	7	9	3
2	7	3	6	8	4	5	1	9
6	5	8	3	1	9	4	7	2
9	4	1	7	5	2	6	3	8

Points in "Simple" go to:
New Dawn, Cumberland
Banana (puzzle 2 only),
Beta Rabbit and Arkatus.
We've accepted Albert in
place of Regent Street!

Things are hotting up in
the "Premiership",
Matchman didn't enter
and therefore points go to
Romeo Drifter, Taurus,
the Springers and the
Opals all who solved the
fete question.

WILL YE NO COME BACK AGAIN?

We have been in Scotland for a fortnight or so and the exigencies of life have prevailed very quickly. The need to locate, the need to inform and the need to understand are things we have not addressed in volume since we arrived in Ringmore. So our time has been occupied with the mundane. Gradually we are becoming ever more acclimatised but every now and then something brings Ringmore into sharp focus. The sad news of Naomi's death was a jolt – Ringmore has lost one of its lynchpins, a lady who, over many years, had 'done her bit' for the village.

Our temporary home is festooned with cards wishing us well and we are so grateful to everyone for their warm send-off and for taking the trouble to write. We will respond individually but we would like to say a big 'thank you' to Ringmore. We had a wonderful time there and we have our photographs and memories should we need to be sustained on a dark, dreck, winter's night.

A number of the invitations for the 'do' at the JE were discarded before our address was recorded so, for the record, here it is again.

Manse of Ardoch, Feddal Road, Braco, Perthshire, FK15 9RE. Tel: 01786 880669.

The name of the house sounds somewhat pretentious and

hardly conjures the image of a 1970s box which is what it is. 'The Manse' is the unofficial name but will do; the name varies according to which Post Code Data Base is used. My email will remain the same, probably until we find a permanent home.

House-hunting has begun in earnest but there is little from which to choose at the moment. However, something will turn up and it will have a spare bedroom. We shall be delighted to see anyone from 'home'; please don't be shy about getting in touch. Why wait until we have moved again? Come and see us where we are now.

We send warm greetings to everyone until we meet again.

Geof & Anne

YOUR PARISH COUNCIL:

Michael Hammond (Chairman)	810572
Emily Bohnet	811210
Peter Chicken	810575
Jem Deverson	810615
Malcolm Findlay	810181
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DIARY FOR JUNE

BIGBURY FUN RUN WEEKEND

Fri 29th, Sat 30th June & Sun 1st July

Fri 29th - Fun Run Weekend kicks off with Karaoke Disco and live music from TREVOR ACKLAND

Sat 30th - BIGBURY FUN RUN

Run starts at midday. Music in the afternoon with 'THE WILD TWO' and in the evening from the Leicester band 'THE DRAW'

Sun 1st - Annual football match against the Leicester lads, followed by music with 'SIDEKICK'.

Raffle tickets for this year's 'Fun Run Draw' are now on sale at the Oak

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Hello Walnut Tree Cottage

Our thanks to Mike and Jacqueline Patterson for looking after Walnut Tree Cottage for the last 11 years. As the new "custodians" from the 24th May, we are looking forward to a long, happy and involved relationship with the village, after a happy stay at Stoke Gabriel, a few miles east on the Dart estuary.

John and Jane Reynolds

Ringmore Veau

We wish to extend a warm welcome to Steve and Karen Purdy and their children Eleanor and Grace. We hope you have a long and happy time in the Ringmore and we look forward to seeing at parish events

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May Resolution Meeting



There was overwhelming support for this year's Resolution "This Meeting urges H.M. Government to help prevent the closure of Community Hospitals, which provide essential services to local people". Let's hope someone listens.

May Fair

The appalling weather on the Bank Holiday may actually have done us a favour, as everyone was so pleased to get inside the Hall and out of the rain that a most unusual amount of cream teas was consumed! The new chairs must have proved to be comfortable, and sufficient funds were raised to clear the outlay for them, in addition to the microwave and the water heater. The plants enjoyed the rain, even if the stallholders did not, and a large number were sold. There are still plants available for sale for those who missed out at the Fair; just contact Jackie at Chal-laborough Cottage.

June: dates for your diary

Thursday 14th June at 6.30 p.m. – the W.I. barbecue in the W.I. grounds. Cost £3.50 (£2.00 for children), with all profits going to the R.N.L.I.

Sunday 24th June from 11 a.m. to 5 p.m. The **Open Gardens of Ringmore**, organized by the W.I. in conjunction with All Hallows Church. There will be 8 gardens open for you to walk around; entry is by programme obtainable from the W.I. Hall. Cost £5.00 (£2.50 for children aged 10-16, nothing for tiddlers), with refreshments, including ploughman's lunches and cream teas served at the Hall. Look out for the posters, and bring your friends!



Open Farm Sunday 10 June 2007

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The poster at Holywell Stores

www.markstonefarm.co.uk

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Lots to see and fun for all

June

Summer begins at the summer solstice. This is the longest day - and the shortest night of the year, normally around the 21st June. Summer ends at the Autumn equinox. This usually occurs on 22nd September and is one of the two occasions in the year when day and night are of equal length. The summer solstice in the southern hemisphere is the 22nd December.

Father's Day

In 1909 Mrs John Bruce Dodd of Spokane, Washington, had the idea of honouring her father, who had reared his six children on a Washington farm after his wife had died. She asked the Spokane Ministerial Association to set aside June 5th, her father's birthday, as the day for honouring fathers.

It was only in 1972 that a Congressional resolution permanently established the date as the third Sunday in June.

We celebrate Father's Day by giving gifts and having special treats for Fathers, but in Czechoslovakia Father's Day and Mother's Day both fall shortly before Christmas. On Father's Day the children tie the father to a chair and sing "Father's Day, Father's Day, what will you give?" Fathers give gifts to the children or they don't untie him!

Elderflower Cordial

12 large heads of elderflowers (use flowers only, snipped from the stems)

3 large lemons

1350g (3lb) granulated sugar

1.750lt (3pts) water

25g (1oz) citric acid (available from chemists)



1. Pare lemon rind thinly with a potato peeler. Put in a large pan with water. Bring to the boil. Simmer 15 minutes.
2. Add sugar and citric acid and dissolve over low heat then simmer for 5 mins.
3. Remove from heat. Add elderflowers and lemon juice. Cover and cool.
4. Strain into small screw top plastic bottles to within 2cm of top.
5. Either refrigerate for immediate use or freeze. Keeps for at least 1 year if frozen
6. Dilute to taste with water or soda water.

You can also freeze elderflower heads to use later - they discolour but retain flavour. There are 2 sorts of elderflower, I avoid the ones which smell of cat pee!

Many thanks to Ann Bracey for sharing this lovely seasonal recipe with us.

ALL HALLOWS ANNUAL FETE

This year's Fete will be held on the Church House field, Bank Holiday Monday 27th August at 2.30pm. This is a fun day, enjoyed by all in the Village, and once again we are seeking help in arranging and staging this very popular Village event.

To enable the Fete to go ahead we are proposing an open meeting and anyone who is willing to give assistance prior to, and / or on the day is welcome to attend. The meeting will be held in the Parish Room on Wednesday 13th June at 7.30pm.

We would be delighted to see anyone who is keen to lend a hand or who have any exciting new ideas (particularly new comers to the Village) so why not come along to hear our plans washed down with a glass of wine. If for any reason you are unable to attend, but would still like to offer assistance, please give us a ring.

Many thanks

Phill Errett 810547 & Yvonne Sheppard 810341

RAINFALL: Robbie McCarthy
Last month: 3.75
Ten year average: 2.93
Ten year high: 4.25
Ten year low: 0.75

ROYAL BRITISH LEGION

The next meeting is on Wednesday 6 June at the Old Chapel Inn at 7.30pm, there will be a shortened version of 'Verse and Worse' to follow. There will be no meetings in July and August.

100 CLUB Winners

£20 Denis Collinson
£5 Jim McGinley

Neighbourhood Watch

Nothing to report on this month.

If you do have anything to report please contact Barry Old on: 810359



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Aune Conservation Association August Lectures

Monday 6th: The ecology of Bigbury Bay - Brian Ashby & Gordon Waterhouse
Monday 13th: Siltation of the Avon Estuary. Part I: The influences of Land & Sea
- Will Blake & Reg Uncles

Monday 20th: Flushing pollution from the Avon - Stuart Watts & Sally Hope-Johnson

At 7.30pm in

Thurlestone Parish Hall

ALL WELCOME - £3 ENTRY; CHILDREN NO CHARGE

REFRESHMENTS AVAILABLE

*Part II in October: Sedimentation and sea level change

- Gerd Masselink & Roland Gehrels

ACA ANNOUNCEMENTS

Siltation Symposium

It is with great regret that the Aune Conservation Association has to announce the cancellation of the symposium on siltation of the Avon Estuary scheduled for 1 June. The decision was taken owing to the relatively small number of people registering for the meeting by the closing date and is no reflection on the high quality of the work that has been carried out during this research programme.

Much of the work that has not yet been described in public will be presented, instead, as part of the ACA's forthcoming series of evening lectures, as detailed above. The committee hopes you will be able to come along to those lectures as an alternative to attending the symposium. We hope to draw together the different threads of this research and the local observations that John Crawford had so painstakingly collected in the autumn. In addition, a written report will be prepared in due course for general circulation, separate from any academic papers that are likely to be published.

ACA Ram Roast

ACA members and their guests are invited to come along to the ACA Ram Roast that John Tucker has kindly agreed to host at Folly Hill Farm at 6.30pm on Thursday 14 June. BYOB and glasses. The cost will be £6 per person, payable in advance to the ACA c/o Mike Garton-Sprenger (01548 810920 or m.gartonsprenger@btopenworld.com).

SOUTH WEST DEVON CONSERVATIVE ASSOCIATION CHARTERLANDS BRANCH (Bigbury, Ringmore & Kingston)

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My Ten Tors Story by: Oliver Balchin

We arrived at Okehampton camp on the Friday morning just in time for an extremely wet midday. As we entered the military base, through the main entrance and began driving down to our team tents, the very second we rode onto the short, bumpy grass, the truth became clear and reality had finally caught up with us!!! This was not going to be easy and it most certainly wasn't going to be painless! For weeks my mates and I had been eagerly awaiting the event, counting down the endless days in the build up to the final test of all of our hard graft. However the unfortunate truth was that we had recently forgotten about the pain and difficulties that were destined to occur over the next two days. We had been so excited that the work was nearly over and that the big day was getting closer and closer that we had forgotten that we actually had to complete this walk for it all to count! At once the tension began to kick in and then slowly build up inside our inexperienced minds...we had no idea what was going to happen to us out there; it was our first ever attempt at the endurance challenge!!!

Thankfully our confused and clouded minds were put to rest as we approached our team's base camp. Just the sight of my fellow team members reassured me and my other two year 9 colleagues that we could do this and that we were 100% prepared! It was a great shame but the same could not be said for the weather. A thick mist hung over the tors and reached for as far as we could see! Despite the atrocious conditions, we set about planning our route almost instantly. Using the map to navigate the team onto the allocated 10 tors using the most direct and safest route possible! Although slightly tedious at times, the planning would prove vital for the next two days!

Next on the camp checklist was our team's scrutinizing and briefing!!! This was supposedly one of the easiest parts of the event, but the whole team was feeling nervous as they knew that if any of us didn't have the completely correct kit, that we would be forced to be dropped out or queue all over again! As it was we all had the appropriate kit in our bags, despite a few minor queries, but were still forced to queue up outside in the pouring rain with little to do for an unbelievable 4 hours!!!

When we eventually returned back to our mess tents spirits were low and worst of all our clothes intended for the following day were now sodden in rain water! However we were thankfully saved and brought back round to full spirits thanks to a truly out of this world saviour: Mrs Moyesy's cooking!

Finally, after a long hard days work we were put to bed inside our debatably warm and dry tents. It was fair to say that we had had a pretty busy day, but although we didn't know it yet...the next day was going to be a lot, lot harder!

Bang on schedule the army's loud speakers began playing their out of date music at immense volume. Although it didn't really help the moods' of the more lazy team members, it had successfully woken us up in time for the start: 4:00am! There was however no time to lose, within minutes sleeping bags and roll mats had been packed up into bags and teams began swarming out of the tents ready for the 6:00am start! We quickly wolfed down a bowl of Mrs Moyesy's legendary porridge and began to head down to the official starting point of the ten tors 2007. We arrived on time and quickly set about finding our route's starting point; *Kilo 1117*.

The sights were immense and could only be truly appreciated by those who were there. After all 2400 participators all setting off at the same time promises to be quite a spectacle! After a few team photos, the official speeches and the ten tors prayer-given by the mayor-a massive air defence cannon blasted a blank into the sky! The sound was deafening and the gun itself looked like it belonged in the next world war, not an annual walking event! That was the point that I finally realised just how big this event actually was! It was a struggle to keep as a team as thousands of kids swarmed together as they headed for their first Tors.

To our team's shock and disappointment we didn't get off to the best of starts. Our first checkpoint (East Mill Tor) was missed and by the time we had resolved the problem were 20 minutes down on our planned route time and were the second last team to check in over all!!! It wasn't looking good for us; after all we were one of the stronger teams and were expected to finish well! Luckily this and the image of failure only spurred us on to make up about 10 whole places and 13 minutes by the time we reached Shilstone! Even though we had stopped to help a lesser prepared team to cross a fast flowing river and three out of six of our team had fallen into a very deep bog and were not amused! This was extremely good progress and it showed through the team's positive morale and optimistic thinking. After a speedy check in by our team leader, Alex and a quick photo we set off to Watern Tor - wet, but a bit happier now that we had gained the places and made up most of the time!

Just below the huge Tor that was Watern, we were forced to pause for a quick water re-fill from a fast flowing river. During this break we also got out some food and filled up our pockets...the next time we would stop for over 2-3 minutes again was going to be at the camp site!!!

Although we were thankful to reach the top our bad luck was back again! Not only was our whole team knackered, our co-navigator had pulled a stomach muscle and was finding it hard to walk straight, one team member had suffered with extremely bad cramp going up the steep hill and the weather was now coming in heavy!!!

So after a small stop to share out paracetamol and other treatments, we set off for Quintin's Man and then Rough Tor-with myself as our new co-navigator. We struggled on, depressed but still as a complete team and that was the main point. Just then the lightening began for the third time that day! But this time it was here to stay and caused us great problems as Alex and I struggled to read the maps or compasses through clouded map cases!!! The map cases

however wasn't the only fog around: the navigation was made even harder as we could only see a few metres ahead of us!!! It was at this moment that our team member, Tom, lost his discipline and cursed us all! His exact words were: "How can it possibly get any worse now?"

We all could have killed him!!! For just as we approached Rough Tor after a quick change of route at Quintin's Man, I fell and twisted my right ankle, as well as suffering a bang to the same knee!

From then on it was just a matter of getting to the camp quickly! Our plan to camp at our 8th Tor (Lynch) was now looking impossible as now even number 7 was going to be a great struggle! Despite our troubles we managed to get up Rough and then Great Mis Tor, still as a complete team and amazingly only a few minutes behind time! From now on we all knew that it was all going to have to be a final, painful push to the last Tor of the day; number 6 or 7! Determined not to let the team down we all struggled on at quite a pace, considering our injuries-but then just as it looked like we might just make Staple Tor (number 7) disaster struck!!! For about three hours I had been walking on despite a continuous pain in my right leg...but now it was just too much!

Although I couldn't walk properly, after a second quick change over of co-navigator, our team leader Alex and the formally injured Phil slung my wet arms over their tired shoulders and half carried me down the track towards Black Tor!!! This generous sacrifice from Alex and Phil had helped not only me to walk, but the whole team's attitude towards the day. Although we would easily make it in on Sunday before the 5:00pm deadline, we were all very proud with our other team members for persevering through the pain and weather!

So due to our team's amazing strength and ability to help one another, we made it to Black in one piece without any drop outs! Although we reached Black before the normal Tor closing time, to our disappointment we were unable to continue on to the 7th Tor as they had decided to make teams camp earlier than usual due to formidable weather conditions! It didn't bother us much though as we had done well as it was and set up our tents at Black in good time so had plenty of time to gather our strengths and prepare for the following days walking. As we ate our boil in a bag sausage and beans, sitting outside on the cold rocks, our thoughts turned back to the other teams from our school. We had been lucky enough to meet one of them halfway between Great Mis and Black! As soon as we realized it was them, we broke into a run laughing all the way - it was the first familiar sight that we had seen for ages!!! This sudden feeling of joy was what had motivated us to make it to Black! We couldn't wait to see them at the finish now! Alarms sounded...it was 3:45am and time to prepare to leave camp! By 4:00am despite the pain and lack of comfort we packed away our sleeping equipment and ventured out into the rain outside the tent; it was the worst feeling ever...surely!

But then, just as the first two people's meals finished cooking and I was just coming back with Alex from checking in our team, as I was now feeling a lot better and had taken back the co-navigator responsibilities, I heard a member of the military explaining to two teams that they should get back in their tents and keep warm, as no-one was going anywhere in this weather! I thought to myself "they must be 45 mile teams" or perhaps it was because they had had drop outs and only had a few members of their team left?" But then my worst fears became true as I turned to tell my team members the news, to find them sitting down on rocks looking depressed and upset! I joined them silently as another batch of meals had finished cooking. We were all gutted! It seemed like all of our endless training had built up to nothing! We got back inside our tents wet and tired and shared our emotional feelings about what had just happened. All of a sudden our wet clothes didn't feel quite so bad!

An astonishing nine hours later...coaches had arrived to deliver us back to the military camp...we didn't even get a helicopter ride!!!

As we got closer to home our views on the decision to cancel the Ten Tors 2007 had changed an awful lot. Although still very depressed and a bit annoyed and angry, we had been informed on the situation and now understood that the organizers had been given no choice! We all understood that it wasn't their fault.

We arrived and collected our medals, and a further 3 pasties each!!! The finish was very relieving and made you feel very proud of yourself and your team...but it just wasn't the same!

"The things you will value in life the most are not the things which come easily, but those that come hard"

David Chambers

Oh how right he was!!!

Many Thanks To:

The Team - Alex, Phil, Jack, Andy and Tom

The Managers and Trainers - Andrew Mitchell, Jack Barker, Nigel, Jeremy and Ben Moysey!

The Helpers - Mrs Moysey and everyone that helped us at the camp

The Military - and all its volunteers

And everyone else who helped us to prepare for this fantastic experience!

Rest In Peace Charlotte (Shaw)

Letters to the Editors:

I'm sure I'm not alone in wanting to say 'Thank you' to our two new editors for all the hard work they are putting into our Ringmore Parish Newsletter. I really look forward to receiving it every month.

Ann Lambell

Debbie Mercy commented on a fab May newsletter and how she found Frank and Drina's article on dog sleighing most enjoyable and only hopes that she will be up to that sort of adventure when she is their age.

A Prayer for All Hallows

If stainless steel is "up-to-date",
God help us when they change the gate!

James Stevenson

I'm sorry John, I can't agree
That slaves to change we have to be.
Many modern things are hard and crude
And often beauty do exclude.
Most cottages and buildings of times gone by
Are beautiful and please the eye
Which is more than can be said, I feel,
Of slabs of concrete and stainless steel

In this beautiful village of ours, I find,
The words 'In keeping' spring to mind
And some tradition hopefully will
Save us from too much stainless steel.

On a lighter note:

On one thing John you are quite wrong
There still are those who wear a thong.
Now fat and old, I must admit
No longer can find one to fit
And now well past my sell by date
For such things it is far too late
So now my husband, I try to entice
By cooking him something really nice.

Anne Lambell

Toby's Path

Every morning Archie & I take a walk along Toby's Path to enjoy the ever changing spectacular views over Bigbury, Thurleston & Hope Cove in the distance. I feel a vote of thanks should be sent to the National Trust for the very welcomed improvements they have carried out to the village end of the Path. One can now walk along it admiring the views without tripping up or sliding about when it is wet. Once you get off the newly laid path on to the existing part at the far end one can really appreciate the improvements made especially now it has had time to settle down and rolled again. The two seats are also welcomed, allowing time to sit and really enjoy the lovely scenery we are so lucky to have. Thanks I suppose should also go to the Parish Council who I assume assisted in the improvements. The only thing that could spoil it is irresponsible dog owners who allow their dog to mess on the path & don't bother to clear it up. So thanks National Trust from me and Archie who now gets a longer walk in the morning as I sit and watch the sun come up over Bigbury Golf Course.

Phill Errett

Not in the form of a letter but it was asked at the Parish Council meeting that thanks be given to Alan King for his continuing commitment to strimming the lower half of the Town Well. So thank you Alan for all your hard work.

Funny quotes school-children's science answers

H₂O is hot water and CO₂ is cold water.
Blood flows down one leg and up the other.
Artificial insemination is when the farmer does it to the cow instead of the bull.
Mushrooms always grow in damp places and so they look like umbrellas.
A fossil is an extinct animal. The older it is, the more extinct it is.
For a nosebleed, put the nose much lower than the body until the heart stops.
For drowning, climb on top of the person to make artificial perspiration.
For a dog bite, put the dog away for several days. If he has not recovered, then kill it.
For a head cold, use an agoniser to spray the nose until it drops into your throat.

History & Stuff!

It might be thought that the house known as "The Barn" which stands opposite to Higher Manor farmyard, was built as a barn and later converted to a dwelling, as so many barns have been.

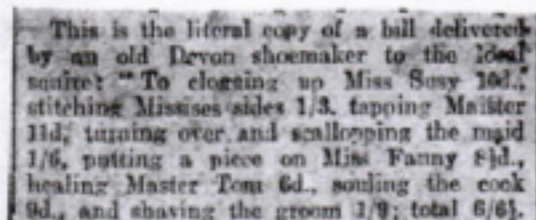
In fact this building had a far more interesting history. It was built in 1759 for the Lord of the Manor, Mr Francis Kirkham, as an almshouse. He gave the building to the poor of the parish for ever - as a house of refuge for their declining years. In those days there were no Social Security payments to maintain the poor in their old age and even the notorious workhouses, such as the Kingsbridge Union, came later. The plight of those too old or ill to work was a sad one. The almshouse in Ringmore provided essential shelter for many years.

Unfortunately the Lord of the Manor left no endowment to keep the building in repair and eventually it was taken in hand by the Overseers of the Poor, who were the local Churchwardens. In 1839 they sold the building for £33 to the Lord of the Manor of that time. He turned it into a cattle house and granary barn for his Higher Farm.

From about 1914 until 1944 the lease was taken over by Mr George Luckraft of Pleasant Cottage Farm. The building was then bought by Mr and Mrs May of Kimberley, who kept cattle there. It then passed to their daughter Mrs Ann Lambell who used it as a stable for her horses until shortly before it was converted to a house and bought by John and Jenny Bourne who still live there.

Contributed by the Ringmore Historical Society

A Cobblers Bill from times gone by.....



This is the literal copy of a bill delivered by an old Devon shoemaker to the local squire: "To closing up Miss Susy 10d., stitching Misses sides 1/3, tapping Master 11d., turning over and scalloping the maid 1/6, putting a piece on Miss Fanny 8d., healing Master Tom 6d., souling the cock 9d., and shaving the groom 1/9; total 6/6}.

Contributed by
The Ringmore Historical Society

Memories of the South Hams half a century ago in May

Ringmore with the orchards seemingly blossoming from top to the bottom of the old village...the double Decker making its way to Bigbury-on-sea on Sundays full of Plymouth families wanting to enjoy a day on the beach. The 93 bus from Plymouth crammed with 5.30p.m commuters and shoppers disgorging at Modbury. Lakeman's the Modbury Grocers with the boxer dog watching slaveringly from an upstairs window. A pile of bicycles early morning at Flete Western Lodge left by Holbeton workers going to the Dockyard to work. the Yealmpton doctor visiting outlying homes and village surgeries by pony and trap. Milk still available in your jug straight from the cow. Villages with their own telephone exchanges. Trains running scenic routes from Plymouth to Yealmpton and a branch from the London line through Gara Bridge to Kingsbridge carrying goods to be collected from the termini, those goods still carried sometimes by horse drawn carrier. Fields

This was an item in the Daily Telegraph last weekend. Apparently, if the name of the property is right, there will be queues of potential buyers.

POPULAR HOUSE NAMES

- 1 The Cottage
- 2 Rose Cottage
- 3 The Bungalow
- 4 The Coach House
- 5 The Barn
- 6 The Lodge
- 7 Ivy Cottage
- 8 Sunnyside
- 9 Orchard House
- 10 Woodlands

Ringmore scores six out of ten, yet of all these names found in the village, none dates later than 1990, which goes to show that Ringmore has always been ahead of the times.

with hedges yet to be enlarged for the benefit of larger agricultural machinery. Children paid in pennies plundering hedgerows so that firms could send fresh primroses to important customers: but the roadside banks still smothered with primroses, bluebells and campion. Saturday afternoons shopping in Ivybridge and able to park on the main road to London running through the village. Still local policeman living with their families in the police houses at Modbury and a mile outside Yealmpton. Acres of emptiness on Bantham beach at the week-end.' These foolish things remind me of you'
From: 'A temporary visitor from London'

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