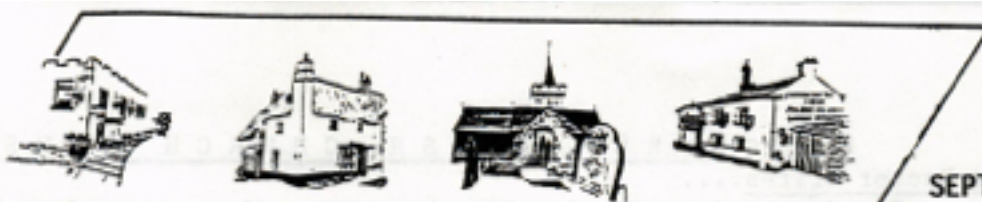


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NO. 85

SEPTEMBER 1992

## RINGMORE PARISH NEWSLETTER

### RINGMORE REVITALISED!

Summer may be nearly over, but Ringmore Parish continues to flourish.....first the National Trust, then the new shop, now the village pub (see 'Local Focal Point'), and an influx of new residents.

Along with others, we are pleased to see these new faces in our community, and hope that all enjoy living here as much as we do!

Rob Batten  
810680

Rosemary Tate  
810238



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### Ringmore Harvest Supper Wednesday 23rd September

If anyone would like to help in the preparations for the supper and/or on the day and evening, please contact either Ella Dodds (810391) or Susan Freeman (810286), who will be very pleased to hear from you.

## R I N G M O R E   P A R I S H   C H U R C H   N E W S

The Rector writes.....

The Church Army Mission Team has come and gone - and we hope they will come back next year! What has been achieved? We can rarely give a proper answer to that question for so often Christian witness yields no immediate results. Most of the Team's daytime work was amongst children (and parents) on Bigbury Beach - in the evenings, team members made themselves available to young people on Challaborough Beach. Mostly, numbers listening were good; some children asked for explanatory leaflets, but it may be years before the blessing of the week becomes apparent.

There was another aspect to the Mission week - it could be described as the "domestic angle". It centred on food! We undertook to supply the Team's food - breakfast was taken in the Ringmore Church Hall or with individual hosts; lunch was eaten on the job, kindly provided by Charles and Louvain Beer of the Henley Hotel. For the evening meal, those working on the Beach enjoyed the Challaborough 'Take-Away', whilst the rest of the team found hospitality and friendship in the homes across our 'patch'. We believe the opening of our homes to the Team to be one of the most significant aspects of the week - perhaps there has been some "entertaining angels unawares"!

A final thought about Christian Mission - the good news of God's love has to be heard, but, more than that, it has to be answered. Like a proposal of marriage, there can be no progress without acceptance. It is wonder enough that God's Son came to this world of ours - it is almost beyond belief that He waits for us to say 'yes' - but, for all that, He does! I guess that most members of the older generation have heard the Gospel, but I have the impression that few have given their answer.

### SUNDAYS THIS MONTH

<u>At Ringmore</u>		<u>Sundays at Bigbury &amp; Kingston</u>
Sept.13th	9.0am Holy Communion	11am Morning Prayer & HC at Bigbury 6pm Evening Prayer at Kingston
Sept.20th	6.0pm Evening Prayer	9am Holy Communion at Bigbury 11am Family Service at Kingston
Sept.27th	9.0am Holy Communion	11am Harvest Service at Bigbury 6pm Harvest Festival at Kingston
Oct. 4th	11.0am Family Service	9am Holy Communion at Kingston 6pm Evening Prayer at Bigbury
Oct. 11th	9.0am Holy Communion	11am Morning Prayer & HC at Bigbury 6pm Evening Prayer at Kingston

### NOTES FOR SEPTEMBER ....

SUNSET PRAISE ends its season on Sunday 6th - we have enjoyed having many visitors to share this informal sing-a-long and look forward to seeing them again  
HARVEST-TIME is here again and celebrations are as follows :-

- at All Hallows Ringmore on Wednesday 23rd at 7pm, with a Supper and slide presentation in Ringmore Church Hall afterwards.
- at St.Lawrence's Bigbury on Sunday 27th at 11am followed by lunch at The Small House, Easton.
- at St.James' Kingston on Sunday 27th at 6pm with supper to follow in the Reading Room.

Details of tickets etc. will be available from the Wardens later.

CHURCH COUNCIL MEETINGS take place this month, again, as follows:-

- Bigbury Council on Thur.17th, 7.30pm at The Small House, Easton
- Ringmore DCC on Frid.18th, 7.30pm in the Church Hall.
- Kingston DCC on Mon. 28th, 7.30pm in the Church Vestry.

The Rectory  
Ringmore TQ7 4HR (810565)

ARTHUR DROWLEY  
Rector



#### REMINDER!

Parish Council Meetings are held on the first Tuesday of each month at 7p.m., in the W.I. Hall.

If you would like to know what is going on in and around the Parish, please feel free to attend all, or part of, the meeting.

Next meeting Tuesday 6th October.

#### PARISH COUNCIL NEWS

All Parish Councillors and five members of the public attended the last meeting, where it was agreed that a Parish Emergency Planning Team should be re-formed (volunteers will be required in due course); and that an Ayrmer Cove Beach Clean would be organised on Saturday 26th September at 10.00 a.m. Volunteers are required to assemble at the cove, bringing plastic sacks and gloves. Book the date in your diary now!

We were also reminded that free trees need to be ordered from our local contact - Ardene Bennett (Tel: 810398) - by the end of September.

Alternative caravan transportation is still under negotiation between the landowner and the South Hams District Council. The Parish Council is pressing for the matter to be resolved with the utmost urgency.

John Tate Vice-Chairman

#### RAINFALL

3rd - 31st August 1992

4 15/16 inches! B.Baughan

#### ROYAL BRITISH LEGION

The next meeting of the Royal British Legion (Men's Section) will be on Friday 11th September 1992 at 7.30p.m. The meeting will take place at Mr. Jack Smith's, Sedgewell Sands, Bigbury-on-Sea. New members always welcome. Guy Eddy.

**NIGEL FROST**  
R.S.M. (Honi) OPTOMETRIST F.R.C.O.

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## EYE! EYE!

It is now more important than ever that we are aware of the potential risk to sight from the eye disease "GLAUCOMA" and the fact that the chronic form of this disease will not give any symptoms to warn of its presence. It is only by having regular eye tests, which include three 'Glaucoma' checks, that people can be sure that the condition, if present, will be detected at the earliest possible time when treatment is far more effective and the prospects of retaining good vision are greatly improved. The simple and painless 5 minute test, checks for signs of 'Glaucoma' by looking into the eye, recording visual activity and measuring pressure in the eye.

Chronic Glaucoma is a major cause of loss of sight. It is an eye disease which goes undetected because of its treacherous nature. There are approximately 125,000 diagnosed cases in this country, but it is estimated that there are also approximately 125,000 more undiagnosed cases. In its early stages there are often no apparent symptoms and this why it is possible for a person to lose some of their field of vision before realising that there is a problem.

### Why do I need to have a Glaucoma test, my sight is excellent?

Approximately 2% of people aged 40 years or over will have Glaucoma. With increasing age the likelihood of Glaucoma also increases. You may well have excellent vision because the central detailed vision is retained until a late stage and because, sometimes, one eye is relatively unaffected and "fills in" for the worse eye. Most people over "40" tend to have an eye test for reading glasses and during that test the Optician will be using an ophthalmoscope to look at the optic disc which could indicate Glaucoma. However, there may well be no indication in the disc until late in the disease and a simple pressure test, plus a field of vision test, may indicate early signs of the disease at a time when treatment would be far more effective and when little or no sight has been lost. Not only that, but in the early stages treatment is much more successful in preserving the sight.

### Treatment

This is usually drops, but sometimes lasers can be used effectively and, occasionally, a surgical operation is necessary. A simple test every time you have an eye test could save your sight.

Margaret Chell  
Occupational Health Nurse



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# LOCAL FOCAL POINT

The Journey's End is a new beginning for James and Gillian Parkin, who are delighted to have become the owners of the village pub.

Interested in purchasing the Journey's End for over two years, James and Gillian can hardly believe that the wait is over!

New beginning it may be, but they have been regular visitors to Ringmore for more than twelve years. In fact, several years ago, having fallen in love with the area, and discovering that Pleasant Cottage (where they were staying) was on the market, they lost no time in purchasing it - and from thereon, they have spent all their spare time here.

Prior to taking over the Journey's End, James was involved in the textile industry in London; Gillian is continuing her work as a school secretary in Sevenoaks, whilst their sons, Donald and Jeremy, complete their education.

Other than extending and updating the kitchen, and some redecoration, our new hosts have no immediate plans to change this 'lovely village pub'. They welcome all locals, whether for a pint of real ale, a cup of coffee, or to enjoy the special Thursday lunchtime discount.

So if you've not yet met 'the management', why not take the opportunity? You will find a very warm and genuine welcome from James and Gillian, who want the Journey's End, above all, to be a thriving village pub, where locals can relax and socialise in a pleasant atmosphere.

Plans for the winter are still in the melting pot, and your suggestions for those long, dark evenings (in front of the log fire!) will be appreciated. And for that special private function or group meeting you'll know where to come!

The Journey's End will be open weekdays from 11.30am to 3.00pm, and 6.30 to 11.00pm. Sunday opening times are 12 noon to 3pm, and 7.00 to 10.30pm.

---

James and Gillian would also like to place on record their thanks to the staff, whose hard work during the last two years helped ensure the survival of the pub.

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**WOMEN IN THE COMMUNITY**

The W.I. are so grateful to EVERYONE who contributed to the success of their fete. The amount raised was £756.89 thanks to the support of local people and visitors.

With only a small membership and our one source of income the Parish Council's monthly meeting, we do rely on a successful Summer Fete for the maintenance and upkeep of the hall and grounds. The W.I also makes donations to national and local charities, including an annual donation to the Cookworthy Museum, Kingsbridge.

Just a reminder that at the next meeting on Thursday 10th September, the Speaker, Mr. D.J. Genken, will be speaking on 'Our Wells and Waters and their Stories'. Guests are welcome at 8.15p.m.

Pam Brunskill

President - Ringmore W.I.

**DEADLINE DEADLINE DEADLINE DEADLINE**

The deadline for items for inclusion in the October newsletter is **Wednesday 7th October**

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